

USPA Sleighin Weights December 11, 2021 Bremerton, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Open													
	60kg Open																
1	Ariel Starr	WA	60kg	60	36	115	122.5	130	70	75	80	142.5	155	165	375	415.705	
	67.5kg Open																
1	Susan Graham	WA	67.5kg	66.4	41	120	130	140	85	95	100	157.5	175	182.5	417.5	435.159	439.511
2	Isela Juarez	WA	67.5kg	63.5	34	97.5	105	112.5	42.5	50	55	125	135	142.5	297.5	318.434	
	75kg Open																
1	Monica Gengler	WA	75kg	70.6	39	142.5	150	155	77.5	82.5	85	160	172.5	172.5	412.5	415.159	
2	Sarah Haggard	WA	75kg	73.4	34	82.5	87.5	92.5	55	57.5	60	100	105	110	257.5	253.7	
3	Felicia Jepsen	WA	75kg	72.55	32	55	60	60	30	30	32.5	95	97.5	100	185	183.423	
	82.5kg Open																
1	Bri Carter	WA	82.5kg	82.2	30	192.5	202.5	207.5	117.5	120	122.5	192.5	200	206	525	488.129	
2	Hayley Nuval	WA	82.5kg	82.1	27	142.5	147.5	155	67.5	72.5	72.5	162.5	170	175	397.5	369.802	
	90kg Open																
1	Susan Hines	WA	90kg	85.1	54	135	145	150	65	72.5	80	145	150	160	382.5	349.806	421.166
	SHW Open																
1	Christina Crea	WA	SHW	97.95	30	147.5	152.5	157.5	62.5	65	67.5	162.5	175	182.5	407.5	350.589	
	Women Raw Powerlifting			Submaster													
	75kg Submaster																
1	Monica Gengler	WA	75kg	70.6	39	142.5	150	155	77.5	82.5	85	160	172.5	172.5	412.5	415.159	
	82.5kg Submaster																
1	Deanna Limas-Douglas	WA	82.5kg	82.45	35	85	97.5	102.5	52.5	60	65	90	112.5	122.5	290	269.237	
	Women Raw Powerlifting			Master													
	60kg Master 40-44																
1	Jene Grandmont	WA	60kg	59.1	40	80	85	92.5	45	47.5	50	130	142.5	150	292.5	327.374	327.374
	67.5kg Master 40-44																
1	Susan Graham	WA	67.5kg	66.4	41	120	130	140	85	95	100	157.5	175	182.5	417.5	435.159	439.511
2	Lisa Leonard	AL	67.5kg	64.25	44	85	95	102.5	65	67.5	72.5 (75)	125	137.5	142.5	317.5	337.445	351.955
	75kg Master 40-44																
1	Tamara Farber	WA	75kg	69.55	41	87.5	100	115	62.5	67.5	70	100	112.5	125	310	314.627	317.774

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	90kg Master 50-54																
1	Susan Hines	WA	90kg	85.1	54	135	145	150	65	72.5	80	145	150	160	382.5	349.806	421.166
	90kg Master 55-59																
1	Dottie Shaw	WA	90kg	87.9	59	92.5	102.5	107.5	52.5	57.5	57.5	115	132.5	132.5	275	247.771	325.819
	Men Raw Powerlifting			Junior													
	75kg Jr 16-17																
DQ	Spencer Morgan	WA	75kg	72.75	17	142.5	152.5	155	97.5	97.5	97.5	130	142.5	155	0	0	
	75kg Jr 20-23																
1	Gus Brown	WA	75kg	74.25	23	205	215	227.5	137.5	140	90/99	230	245	255	620	447.685	
	82.5kg Jr 16-17																
1	Landen Farber	WA	82.5kg	77.7	16	82.5	90	102.5	47.5	55	65	100	115	125	270	189.468	
	90kg Jr 16-17																
1	Jonah Carson	WA	90kg	88.1	17	150	160	165	100	110	110	180	192.5	197.5	462.5	302.332	
	100kg Jr 13-15																
1	Colin Leonard	WA	100kg	99.95	15	112.5	125	135	92.5	100	112.5	90	125	145	380	233.947	
	110kg Jr 20-23																
1	Abdullah Aldhahi	WA	110kg	108.55	23	197.5	205	210	125	130	137.5	247.5	260	272.5	600	357.157	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Darwin Nato	WA	75kg	74.15	28	187.5	195	197.5	105	115	127.5	230	230	242.5	542.5	392.066	
2	Hardu Virks-Lee		75kg	73.9	30	180	190	202.5	115	122.5	130	190	200	202.5	522.5	378.441	
	82.5kg Open																
1	Erwin Orihuela	WA	82.5kg	80.7	24	195	205	215	135	137.5	142.5	230	240	255	612.5	420.196	
2	Jeremy Meier	WA	82.5kg	81.1	36	125	137.5	145	90	90	100	165	180	190	425	290.728	
	90kg Open																
1	Brandon Peterson	WA	90kg	86.35	32	250	260	270	155	160	90/99	265	277.5	292.5	722.5	477.3	
	100kg Open																
1	Jesse Gaskell	WA	100kg	98.35	45	192.5	205	215	150	160	165	200	227.5	240	615	381.312	402.284
2	Richard Gutierrez	CA	100kg	90.6	36	142.5	160	182.5	92.5	100	105	182.5	182.5	212.5	500	322.226	
3	William Bernbaum	WA	100kg	91.1	31	117.5	132.5	145	82.5	87.5	95	167.5	182.5	190	410	263.503	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Ryan Nelson	WA	110kg	108.8	28	225	242.5	255	185	195	205	240	265	275	715	425.237	
2	Abdullah Aldhahi	WA	110kg	108.55	23	197.5	205	210	125	130	137.5	247.5	260	272.5	600	357.157	
	125kg Open																
1	Jeffrey Harwell	ID	125kg	113.3	36	222.5	235	240	132.5	145	145	222.5	237.5	245	622.5	364.693	
2	Jay Whitmore	WA	125kg	117.35	40	170	182.5	192.5	165	172.5	182.5	225	230	235	590	341.408	341.408
	140kg Open																
1	Chris Ulrich	WA	140kg	139	35	185	195	205	142.5	145	150	187.5	200	215	570	313.002	
	SHW Open																
1	Andrew Kirkland	WA	SHW	141.6	27	255	265	272.5	172.5	180	180	242.5	255	272.5	710	387.861	
	Men Raw Powerlifting		Submaster														
	75kg Submaster																
1	Mike Stadshaug	WA	75kg	74.1	39	100	110	122.5	85	92.5	97.5	160	170	182.5	397.5	287.4	
	82.5kg Submaster																
1	Jeremy Meier	WA	82.5kg	81.1	36	125	137.5	145	90	90	100	165	180	190	425	290.728	
	Men Raw Powerlifting		Master														
	75kg Master 50-54																
1	Dan Hollingsworth	WA	75kg	75	50	120	127.5	132.5	90	95	100	170	180	185	407.5	292.349	330.355
	75kg Master 65-69																
1	Craig Nelson	WA	75kg	74.4	65	70	75	77.5	70	70	75	135	137.5	140	287.5	207.325	306.841
	82.5kg Master 60-64																
1	Terrence Austin	WA	82.5kg	81.3	60	152.5	165	172.5	122.5	130	137.5	195	210	220	530	362.039	485.132
	90kg Master 40-44																
1	Ted Kincaid	WA	90kg	88.65	44	210	220	230	120	130	137.5	220	237.5	237.5	577.5	376.295	392.475
	100kg Master 45-49																
1	Jesse Gaskell	WA	100kg	98.35	45	192.5	205	215	150	160	165	200	227.5	240	615	381.312	402.284
2	Kevin Daniel	WA	100kg	99.9	47	167.5	182.5	202.5	125	130	90	212.5	227.5	227.5	560	344.838	373.115
														(232.5)			
	110kg Master 65-69																
1	Erik Madsen	WA	110kg	101.9	68	130	140	150	102.5	107.5	115	152.5	165	172.5	430	262.553	413.784

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	125kg Master 40-44																
1	Jay Whitmore	WA	125kg	117.35	40	170	182.5	-192.5	165	172.5	-182.5	225	230	235	590	341.408	341.408
	Women Classic Raw Powerlifting			Open													
	SHW Open																
1	Quessndra Catlett	WA	SHW	172	28	210	232.5	242.5	92.5	102.5	-110	185	200	212.5	557.5	436.189	
	Women Classic Raw Powerlifting			Submaster													
	SHW Submaster																
1	Tara Simonson	WA	SHW	116.95	35	132.5	-140	150	70	77.5	-82.5	135	152.5	172.5	400	323.357	
	Men Classic Raw Powerlifting			Open													
	90kg Open																
1	Anthony Lombardi	WA	90kg	85.85	27	180	190	192.5	107.5	112.5	117.5	190	202.5	212.5	522.5	346.249	
	100kg Open																
1	Jt Wingard	WA	100kg	99.95	25	247.5	272.5	-287.5	155	-170	170	232.5	-250	-250	675	415.563	
2	Michael Moon	WA	100kg	99.3	49	172.5	182.5	-192.5	125	-145	145	172.5	192.5	202.5	530	327.222	364.198
	140kg Open																
1	Michael Mitchell	WA	140kg	139.7	26	280	290	302.5	-225	225	227.5	285	-305	-305	815	446.905	
	Men Classic Raw Powerlifting			Master													
	100kg Master 45-49																
1	Michael Moon	WA	100kg	99.3	49	172.5	182.5	-192.5	125	-145	145	172.5	192.5	202.5	530	327.222	364.198
	Men Single Ply Powerlifting			Open													
	82.5kg Open																
1	John Henderson	WA	82.5kg	82.25	28	197.5	207.5	-215	-102.5	102.5	-115	205	220	-227.5	530	359.637	
	110kg Open																
1	John Buck	WA	110kg	100.2	27	237.5	-252.5	-257.5	147.5	160	-165	235	242.5	250	647.5	398.202	
	Women Raw Bench Only			Master													
	SHW Master 45-49																
1	Allison Nathe	WA	SHW	106.9	45				87.5	-95	-95				87.5	72.842	76.848
	Men Raw Bench Only			Open													
	100kg Open																
1	Jt Wingard	WA	100kg	99.95	25				155	-170	170				170	104.66	

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Men Raw Bench Only				Master																
	82.5kg Master 60-64																			
1	Terrence Austin	WA	82.5kg	81.3	60				122.5	130	137.5				137.5	93.925	125.86			
	90kg Master 65-69																			
1	Kevin Oneill	WA	90kg	89.4	68				117.5	120	125				120	77.855	122.7			
	140kg Master 80+																			
1	Gary Thomas	WA	140kg	128.15	80				120	130	99.99				130	73.11	149.876			
Men Single Ply Bench Only				Open																
	82.5kg Open																			
1	John Henderson	WA	82.5kg	82.25	28				102.5	102.5	115				102.5	69.552				
Women Raw Deadlift Only				Junior																
	56kg Jr 13-15																			
1	Summer Farber	WA	56kg	52.4	14							65	80	95	80	96.995				
Men Raw Deadlift Only				Master																
	82.5kg Master 60-64																			
1	Terrence Austin	WA	82.5kg	81.3	60							195	210	220	220	150.28	201.376			
Men Single Ply Deadlift Only				Open																
	82.5kg Open																			
1	John Henderson	WA	82.5kg	82.25	28							205	220	227.5	220	149.283				
Best Lifters														Record Color Codes						
Gus Brown		Raw	PL	Jr	Men													State		
Bri Carter		Raw	PL	Open	Women													National		
Brandon Peterson		Raw	PL	Open	Men															
Susan Graham		Raw	PL	Master	Women															
Terrence Austin		Raw	PL	Master	Men															
Meet Director:		Darleen Tippie																		
Referees																				
National:		Eric Martin, Kim Bernier, Manny Alvarez																		
State:		Darleen Tippie, Ryan Turgano, Kim Koenig, Ray Damasco																		
Spotter/Loaders:		Craig Orwin, Kyle Swartz, John Monroe, Don Knight, Tyler Buxton, Scott Sanchez, Bryan Hatch																		