

USPA Heavy Holiday Open December 19-20, 2020 Garden Grove, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting																	
Junior																	
	56kg Jr 20-23																
1	Jessica Santos	CA	56kg	55.5	23	97.5	102.5	105	50	52.5	52.5	127.5	135.0	142.5	287.5	335.238	
	60kg Jr 20-23																
1	Carleigh Cruz	CA	60kg	60.0	23	115	125	132.5	60	65	65	125	135.0	142.5	332.5	368.591	
2	Wendy Miranda	CA	60kg	58.6	20	112.5	117.5	122.5	60	60	62.5	130	137.5	137.5	312.5	351.665	
	67.5kg Jr 20-23																
1	Leyla De Paz	CA	67.5kg	63.9	21	87.5	92.5	97.5	40	42.5	45	110	115.0	122.5	257.5	274.576	
	75kg Jr 20-23																
1	Rochel Go	CA	75kg	75.0	20	102.5	115	117.5	55	57.5	60	97.5	100.0	102.5	275	267.844	
Women Raw Powerlifting																	
Open																	
	56kg Open																
1	Jessica Santos	CA	56kg	55.5	23	97.5	102.5	105	50	52.5	52.5	127.5	135.0	142.5	287.5	335.238	
	60kg Open																
1	Carleigh Cruz	CA	60kg	60.0	23	115	125	132.5	60	65	65	125	135.0	142.5	332.5	368.591	
2	Wendy Miranda	CA	60kg	58.6	20	112.5	117.5	122.5	60	60	62.5	130	137.5	137.5	312.5	351.665	
3	Dianna Velasquez	CA	60kg	59.0	25	87.5	95	100	50	52.5	55	132.5	137.5	142.5	292.5	327.728	
4	Leslie Aviles	CA	60kg	58.8	28	87.5	92.5	97.5	40	42.5	45	97.5	102.5	110.0	237.5	266.682	
	67.5kg Open																
1	Susan Salazar	CA	67.5kg	66.5	44	175	185	195	85	92.5	97.5	212.5	230.0	235.0	527.5	549.328	572.949
2	Mercedes Dozal	CA	67.5kg	67.2	25	140	150	157.5	80	85	92.5	182.5	192.5	202.5	417.5	432.136	
3	Denise Portillo	CA	67.5kg	63.9	27	127.5	137.5	140	70	80	82.5	185	195.0	200.0	412.5	439.855	
4	Lien Chau Phan	CA	67.5kg	64.9	30	125	135	140	55	60	62.5	137.5	147.5	155.0	345	364.473	
5	Crystal Vongphrasouk	CA	67.5kg	66.5	27	82.5	87.5	95	45	47.5	52.5	115	122.5	130.0	277.5	288.983	
	75kg Open																
1	April Honore	CA	75kg	72.3	33	127.5	135	140	72.5	75	77.5	170	180.0	185.0	385	382.436	
2	Ivy Alvarenga	CA	75kg	73.4	30	127.5	137.5	142.5	67.5	72.5	77.5	160	160.0	172.5	382.5	376.856	
3	Rochel Go	CA	75kg	75.0	20	102.5	115	117.5	55	57.5	60	97.5	100.0	102.5	275	267.844	
	90kg Open																
1	Veronica Gabriel	CA	90kg	86.6	34	127.5	132.5	140	57.5	62.5	65	137.5	145.0	152.5	357.5	324.301	
Women Raw Powerlifting																	
Master																	
	67.5kg Master 40-44																
1	Susan Salazar	CA	67.5kg	66.5	44	175	185	195	85	92.5	97.5	212.5	230.0	235.0	527.5	549.328	572.949

USPA Heavy Holiday Open December 19-20, 2020 Garden Grove, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Junior													
75kg Jr 20-23																	
1	Alex Gonzales	CA	75kg	73.2	22	130	140	-147.5	85	95	-100	152.5	-165.0	-165.0	387.5	282.415	
82.5kg Jr 20-23																	
1	Ethan Heh	CA	82.5kg	81.3	22	192.5	202.5	210	105	110	-117.5	215	227.5	235	555	379.116	
2	Alejandro Naranjo	CA	82.5kg	80.2	20	-185	195	-215	102.5	115	-122.5	182.5	195	215	525	361.48	
90kg Jr 18-19																	
1	Andrew Keys	CA	90kg	84.9	19	160	165	177.5	110	115	122.5	200	210	227.5	527.5	351.674	
90kg Jr 20-23																	
1	Anthony Rodriguez	CA	90kg	90	21	222.5	-235	235	130	137.5	----	245	260	272.5	645	417.058	
100kg Jr 20-23																	
1	Manuel Barragan	CA	100kg	98.6	20	-227.5	227.5	-240	137.5	145	152.5	227.5	240	-250	620	383.981	
2	Nathan Tran	CA	100kg	99.9	20	185	200	-215	110	125	132.5	185	210	-230	542.5	334.062	
3	David Figg	CA	100kg	97.2	22	147.5	162.5	182.5	102.5	-142.5	112.5	185	207.5	227.5	522.5	325.67	
110kg Jr 20-23																	
1	Julio Medina	CA	110kg	107.4	23	-275	285	295	182.5	187.5	-197.5	315	-327.5	-335	797.5	476.681	
SHW Jr 20-23																	
1	Alejandro Larios	CA	SHW	145.5	21	210	220	232.5	110	120	127.5	200	220	-227.5	580	314.482	
Men Raw Powerlifting				Open													
67.5kg Open																	
1	Patrick Franco	CA	67.5kg	65.8	27	165	175	182.5	107.5	112.5	120	212.5	220.0	232.5	535	420.132	
75kg Open																	
1	Martin Olvera	CA	75kg	74.7	26	212.5	-217.5	-217.5	152.5	155	-160	230	-235.0	235.0	602.5	433.358	
2	Pedro Montes	CA	75kg	72.9	21	152.5	157.5	167.5	95	102.5	-105	185	195.0	-210.0	465	339.817	
82.5kg Open																	
1	Christian Williams	CA	82.5kg	81.9	22	232.5	255	272.5	140	150	-157.5	300	322.5	-341	745	506.758	
2	Brian Pankau	CA	82.5kg	80.8	33	162.5	167.5	172.5	112.5	120	-125	215	232.5	-240	525	359.908	
90kg Open																	
1	D.C Clement	CA	90kg	88.1	29	192.5	200	210	150	165	172.5	260	272.5	287.5	670	437.972	
2	Anthony Rodriguez	CA	90kg	90	21	222.5	-235	235	130	137.5	----	245	260	272.5	645	417.058	
3	Tyler Smalley	CA	90kg	87.0	24	192.5	-205	-207.5	142.5	150	-155	235	242.5	252.5	595	391.51	
4	Ruben Deaquino	CA	90kg	87.2	25	197.5	205	-212.5	130	135	142.5	217.5	225	-237.5	572.5	376.25	
5	Marco Barragan	CA	90kg	86.7	24	187.5	200	-210	110	117.5	125	217.5	230	237.5	562.5	370.802	
6	Ross Friedman	CA	90kg	88.4	30	120	125	-137.5	80	-82.5	82.5	162.5	172.5	182.5	390	254.491	

USPA Heavy Holiday Open December 19-20, 2020 Garden Grove, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Shawn Murphy	CA	100kg	98.7	25	280	287.5	300	147.5	157.5	165	282.5	295	305	760	470.475	
2	Nicholas S Adelizzi	CA	100kg	99.9	34	220	225	237.5	177.5	185	192.5	262.5	280	292.5	702.5	432.587	
3	Jordan Ferguson	CA	100kg	98.4	27	230	242.5	245	145	157.5	165	250	265	275	685	424.618	
4	Nathan Tran	CA	100kg	99.9	20	185	200	215	110	125	132.5	185	210	230	542.5	334.062	
	110kg Open																
1	Julio Medina	CA	110kg	107.4	23	275	285	295	182.5	187.5	197.5	315	327.5	335	797.5	476.681	
2	Omar Alba	CA	110kg	109	25	227.5	237.5	245	190	200	205	272.5	287.5	305	750	445.74	
3	Joel Amezcua	CA	110kg	109.2	27	187.5	205	220	127.5	142.5	147.5	242.5	257.5	265	632.5	375.645	
4	William Bastidas	CA	110kg	107.7	37	140	150	155	100	110	115	205	215	225	495	295.55	
	140kg Open																
1	Armando Hernandez	CA	140kg	138.5	24	190	215	235	137.5	150	167.5	225	245	265	667.5	366.916	
DQ	Adrian Arvizu	CA	140kg	138.3	32	272.5	272.5	272.5	---	---	---	---	---	---	0	0	
	Men Raw Powerlifting																
	90kg Submaster																
1	Adam Gerston	CA	90kg	89.6	39	195	205	212.5	127.5	132.5	137.5	222.5	235	245	585	379.113	
	Men Classic Raw Powerlifting																
	100kg Open																
1	Andrew Serrano	CA	100kg	94.6	33	272.5	282.5	287.5	137.5	---	---	200	215	---	635	400.759	
	140kg Open																
1	Codie Rynearson	CA	140kg	133.9	28	280	310	325	150	160	170	290	310	320	815	452.367	
	SHW Open																
1	Gabriel Sanchez	CA	SHW	147	30	235	235	242.5	137.5	145	145	240	250	---	620	335.233	
	Men Classic Raw Powerlifting																
	125kg Submaster																
1	Lorenzo Baldwin	CA	125kg	114.5	30	225	232.5	232.5	130	140	147.5	260	280	287.5	652.5	380.829	
	Women Raw Bench Only																
	90kg Open																
1	Leonetta Richardson	CA	90kg	89.2	43				127.5	137.5	147.5				137.5	123.071	126.886
	Women Raw Bench Only																
	90kg Master 40-44																
1	Leonetta Richardson	CA	90kg	89.2	43				127.5	137.5	147.5				137.5	123.071	126.886

USPA Heavy Holiday Open December 19-20, 2020 Garden Grove, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Bench Only			Open													
	90kg Open																
1	D.C Clement	CA	90kg	88.1	29				150	165	172.5				172.5	112.762	
	Women Raw Deadlift Only			Open													
	67.5kg Open																
1	Denise Portillo	CA	67.5kg	63.9	27							185	195.0	200.0	195	207.931	
	Men Raw Deadlift Only			Submaster													
	140kg Submaster																
1	Henry Hovakimian	CA	140kg	135.3	39							280	292.5	300	292.5	161.862	
	Best Lifters														Record Color Codes		
	Carleigh Cruz	Raw Jr Women PL														National	
	Julio Medina	Raw Jr Men PL															
	Susan Salazar	Raw Open Women PL															
	Christian Williams	Raw Open Men PL															
	Meet Director:	Chris and Brandi Flores															
	Referees																
	International:	Roy Taylor, Kevin Meskew															
	National:	Chris Flores															
	State:	Kat Colson, Ollie Meadows															
	Spotter/Loaders:	Chris Sambrano, Juan Davalos, Charles Carr, Alan Clary															