

USPA Sleighin Weights 2024 December 7, 2024
Bremerton, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Greta Connelly	OR	67.5kg	60.45	38	120	125	130	85	92.5	97.5	135	150	160	372.5	410.996	
82.5kg Open																	
1	Gabe Holten	WA	82.5kg	76	33	85	92.5	102.5	50	55	55	102.5	117.5	137.5	270	261.151	
100kg Open																	
1	michelle abram	wa	100kg	98.5	54	192.5	205	205 (210)	105	115	117.5	192.5	205	210	532.5	457.111	550.362
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Greta Connelly	OR	67.5kg	60.45	38	120	125	130	85	92.5	97.5	135	150	160	372.5	410.996	
Women Raw Powerlifting		Master															
60kg Master 60-64																	
1	Diana Gere	WA	60kg	59.6	60	57.5	62.5	67.5	47.5	50	52.5	97.5	105	110	227.5	253.263	339.373
90kg Master 55-59																	
1	Lori Archuletta	WA	90kg	87.6	57	130	145	152.5	102.5	107.5	107.5	165	180	187.5	440	397.049	503.458
100kg Master 50-54																	
1	michelle abram	wa	100kg	98.5	54	192.5	205	205 (210)	105	115	117.5	192.5	205	210	532.5	457.111	550.362
Men Raw Powerlifting		Open															
90kg Open																	
1	Matthew Ablonczy	WA	90kg	83.4	28	245	260	272.5	140	150	152.5	255	275	295	687.5	462.874	
2	Merlin Hyland	WA	90kg	89.55	34	175	195	200	135	147.5	152.5	230	250	260	592.5	384.083	
Men Raw Powerlifting		Master															
82.5kg Master 60-64																	
1	Terrence Austin	WA	82.5kg	80.25	63	147.5	157.5	167.5	115	125	132.5	185	200	207.5	492.5	338.979	481.689
125kg Master 40-44																	
DQ	zechariah young	wa	125kg	124.6	42	210	215	220	160	167.5	167.5	242.5	257.5	262.5	0	0	0
140kg Master 45-49																	
DQ	Jason Kerr	WA	140kg	134.45	45	192.5	202.5	225	175	175	175	220	237.5	247.5	0	0	0
Men Multi Ply Powerlifting		Submaster															

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	125kg Submaster																
1	Christopher Williamson	WA	125kg	118.6	37	232.5	242.5	250	165	185	192.5	275	285	285	727.5	419.456	
	Women Raw Bench Only			Open													
	100kg Open																
1	michelle abram	wa	100kg	98.5	54				105	115	117.5				117.5	100.865	121.441
	Women Raw Bench Only			Master													
	100kg Master 50-54																
1	michelle abram	wa	100kg	98.5	54				105	115	117.5				117.5	100.865	121.441
	Men Raw Bench Only			Open													
	125kg Open																
1	Jay Whitmore	WA	125kg	119.75	43				180	185	190				185	106.321	109.616
	Men Raw Bench Only			Master													
	82.5kg Master 60-64																
1	Terrence Austin	WA	82.5kg	80.25	63				115	125	132.5				125	86.035	122.256
	125kg Master 40-44																
1	Jay Whitmore	WA	125kg	119.75	43				180	185	190				185	106.321	109.616
	Women Raw Deadlift Only			Open													
	100kg Open																
1	michelle abram	wa	100kg	98.5	54							192.5	205	210	210	180.269	217.044
	Women Raw Deadlift Only			Master													
	100kg Master 50-54																
1	michelle abram	wa	100kg	98.5	54							192.5	205	210	210	180.269	217.044
	Men Raw Deadlift Only			Open													
	125kg Open																
DQ	Jay Whitmore	WA	125kg	119.75	43							---	---	---	0	0	0
	Men Raw Deadlift Only			Master													
	82.5kg Master 60-64																
1	Terrence Austin	WA	82.5kg	80.25	63							185	200	207.5	200	137.656	195.61
	125kg Master 40-44																
DQ	Jay Whitmore	WA	125kg	119.75	43							---	---	---	0	0	0

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															Dots	McC				
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total				
Men Multi Ply Deadlift Only			Submaster																	
125kg Submaster																				
1	Christopher Williamson	WA	125kg	118.6	37						275	285	285	285	164.323					
Women Raw Push-Pull			Master																	
110+ Master 45-49																				
1	Anna Birdseye	WA	110+	117.7	45			87.5	92.5	95	130	140	140	232.5	187.595	119.173				
Meet Director:											Darleen Turgano				Record Color Codes					
															State					
Referees															National					
National:											Ryan Turgano, Ray Damasco, Darleen Turgano									
State:											Audrey LaPoint, Scott Sanchez, Kim Gray, April Blaise, Jon Blaise									
Staff:											Andrea Buckel, Valerie Jenkins									
Spotter/Loaders:											Aaron Means, Aaron Hentges, Joshua Folen, Blake Pickard, Erick Goins, Elvis Robinson									