

## USPA Keen Strength Systems Classic January 19, 2019 Turnersville, NJ

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b>Women Raw Powerlifting</b>															
	SHW Jr 20-23														
1	Kelly Ikalina	NJ	SHW	98.8	21	150	67.5	172.5	390	325.884		330.7	148.8	380.3	859.8
	75kg Open														
1	Karina Freire	NY	75kg	73.6	21	102.5	62.5	120	285	274.199		226	137.8	264.6	628.3
	82.5kg Open														
1	Courtney Fox	NJ	82.5kg	76	27	105	60	122.5	287.5	271.084		231.5	132.3	270.1	633.8
	90kg Open														
1	Carol Hasenbalg	NJ	90kg	84	26	152.5	85	190	427.5	381.202		336.2	187.4	418.9	942.5
	SHW Open														
1	Kelli Thomson	DE	SHW	96.8	28	195	97.5	195	487.5	409.988		429.9	214.9	429.9	1074.7
2	Kimberly Keen	NJ	SHW	100.7	26	95	50	120	265	220.189		209.4	110.2	264.6	584.2
<b>Men Raw Powerlifting</b>															
	60kg Jr 16-17														
1	Cy Damon	NJ	60kg	56.2	17	115	65	175	355	322.056		253.5	143.3	385.8	782.6
	82.5kg Jr 20-23														
1	Tyler Keen	NJ	82.5kg	82.1	23	195	140	272.5	607.5	408.179		429.9	308.6	600.8	1339.3
	90kg Jr 20-23														
1	Omar Zadeh	NJ	90kg	89.39	22	227.5	147.5	247.5	622.5	398.774		501.5	325.2	545.6	1372.4
	100kg Jr 20-23														
1	Sam Arndt	NJ	100kg	99.3	23	215	125	282.5	622.5	379.912		474	275.6	622.8	1372.4
	60kg Open														
1	Brandon Nguyen	NJ	60kg	57.9	18	137.5	85	177.5	400	352.64		303.1	187.4	391.3	881.8
	82.5kg Open														
1	Robert Hughes	NJ	82.5kg	79.2	24	185	132.5	227.5	545	374.47		407.9	292.1	501.5	1201.5
2	Alex Hilario	NY	82.5kg	75.3	41	182.5	112.5	185	480	341.088	344.499	402.3	248	407.9	1058.2
	90kg Open														
1	Joseph Scherer	NJ	90kg	88.5	30	167.5	127.5	187.5	482.5	310.73		369.3	281.1	413.4	1063.7

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	100kg Open														
1	Harun Ates	NJ	100kg	93.8	25	230	167.5	300	697.5	436.426		507.1	369.3	661.4	1537.7
2	Jake Dunn	PA	100kg	90.6	19	245	142.5	255	642.5	408.823		540.1	314.2	562.2	1416.5
3	Sam Arnedt	NJ	100kg	99.3	23	215	125	282.5	622.5	379.912		474	275.6	622.8	1372.4
	110kg Open														
1	Aaron Chapple	PA	110kg	104.5	34	280	222.5	295	797.5	477.384		617.3	490.5	650.4	1758.2
	125kg Open														
1	Marc Masishin	PA	125kg	123.5	30	232.5	187.5	265	685	391.341		512.6	413.4	584.2	1510.2
2	Nino Ramos	NJ	125kg	114.9	33	182.5	125	227.5	535	310.942		402.3	275.6	501.5	1179.5
	140kg Open														
1	Mauricio Galvan	NJ	140kg	132.9	24	215	155	245	615	346.491		474	341.7	540.1	1355.8
	82.5kg Master 40-44														
1	Alex Hilario	NY	82.5kg	75.3	41	182.5	112.5	185	480	341.088	344.499	402.3	248	407.9	1058.2
	82.5kg Master 45-49														
1	Matthew Keen	NJ	82.5kg	82.1	47	165	165	240	570	382.983	414.388	363.8	363.8	529.1	1256.6
	110kg Master 40-44														
1	Barry Tsang	NJ	110kg	108.9	40	210	147.5	242.5	600	354.18	354.18	463	325.2	534.6	1322.8
	<b>Men Classic Raw Powerlifting</b>														
	125kg Open														
1	Patrick McNamara	NY	125kg	116.9	24	287.5	152.5	272.5	712.5	412.253		633.8	336.2	600.8	1570.8
	140kg Open														
DQ	Andrew Fox	NJ	140kg	126.1	30	285	0	272.5	0	0		628.3	0	600.8	0
	<b>Men Single Ply Bench Only</b>														
	125kg Open														
1	Steve Pollock	NJ	125kg	111.2	47		265		265	155.449	168.196		584.2		584.2
	125kg Master 45-49														
1	Steve Pollock	NJ	125kg	111.2	47		265		265	155.449	168.196		584.2		584.2
	<b>Men Raw Deadlift Only</b>														
	82.5kg Open														
1	Abner Nazario	NJ	82.5kg	81.7	26			317.5	317.5	213.963				700	700

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	Best Lifters:														
	Male Open Raw: Aaron Chapple														
	Women Open Raw: Kelli Thompson														
	Thank you for our referees:														
	Adam Ferchen - International														
	Andrew Lamb - National														
	Mike Sarni - State														
	Nicole Balku - State														
	Samantha Cantero - State														
	Thank you to our spotters:														
	Devin Tran, Kevin and Tyler Bachman														