

USPA Powermnia June 10, 2023 Bremerton, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Junior													
	60kg Jr 18-19																
1	Lauren Vargo	WA	60kg	59.45	19	90	95	100	50	52.5	52.5	100	110	122.5	275	306.633	
Men Raw Powerlifting				Junior													
	75kg Jr 13-15																
1	Ethan Gordon	WA	75kg	73.85	15	102.5	110	115	70	77.5	80	125	135	145	337.5	244.555	
	75kg Jr 20-23																
1	Brandon Del Rio	WA	75kg	74	23	175	175	182.5	110	112.5	115	220	225	9999	507.5	367.253	
	82.5kg Jr 20-23																
1	Noah Connor	WA	82.5kg	79.95	20	205	215	222.5	140	145	150	205	215	220	587.5	405.258	
2	Daniel Tchaikovski	WA	82.5kg	78.5	22	157.5	167.5	175	112.5	120	125	165	175	182.5	477.5	332.998	
	90kg Jr 18-19																
1	Seth Carroll	WA	90kg	89.5	18	200	202.5	210	110	112.5	115	220	227.5	242.5	565	366.36	
	90kg Jr 20-23																
1	Daniel Martinez	WA	90kg	89.9	23	227.5	245	250	142.5	150	150	222.5	247.5	265	652.5	422.143	
2	Kevin Eckhoff	ID	90kg	86.5	22	187.5	200	200	110	117.5	120	217.5	222.5	230	535	353.106	
	110kg Jr 20-23																
1	Parker Rosenblum	WA	110kg	108.4	20	210	222.5	235	120	127.5	127.5	242.5	255	272.5	610	363.302	
Men Raw Powerlifting				Open													
	90kg Open																
1	Daniel Martinez	WA	90kg	89.9	23	227.5	245	250	142.5	150	150	222.5	247.5	265	652.5	422.143	
	125kg Open																
1	Jarred Roark	WA	125kg	122.9	28	190	210	230	140	155	157.5	185	210	230	615	350.445	
Men Raw Powerlifting				Master													
	82.5kg Master 60-64																
1	Derek Boyden	WA	82.5kg	78.4	62	92.5	97.5	100	65	67.5	70	130	132.5	135	305	212.864	296.52
	90kg Master 55-59																
1	Ramon Del Rio	WA	90kg	86.8	59	100	105	117.5	110	112.5	112.5	147.5	157.5	160	387.5	255.285	335.7

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	90kg Master 70-74																
1	Kevin Oneill	WA	90kg	88.6	70	100	100	110	115	120	120	137.5	142.5	147.5	362.5	236.271	388.666
Men Classic Raw Powerlifting				Open													
	140kg Open																
1	Kody West	WA	140kg	133.8	26	275	295	320	150	167.5	199	265	277.5	280	767.5	426.095	
Men Raw Bench Only				Open													
	140kg Open																
1	Peter Santie	WA	140kg	126.7	34				255	270	280				280	158.022	
											290						
Men Raw Deadlift Only				Junior													
	75kg Jr 13-15																
1	Ethan Gordon	WA	75kg	73.85	15							125	135	145	145	105.068	
Men Raw Deadlift Only				Open													
	125kg Open																
1	Chris Updegrove	WA	125kg	112.7	50							275	290	297.5	297.5	174.626	197.328
Men Raw Deadlift Only				Master													
	125kg Master 50-54																
1	Chris Updegrove	WA	125kg	112.7	50							275	290	297.5	297.5	174.626	197.328
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Daniel Martinez		Raw	PL	Jr	Men							National					
Meet Director:		Darleen Turgano															
Referees																	
National:		Lauren Plooster, Ray Damasco, Ryan Turgano															
State:		Darleen Turgano, Kimberly Gray, April Blais, Jon Blais															
Spotter/Loaders:		Audrey La Point, Joshua Folen, Christian Folen															