

USPA Northeast Regional Powerlifting Championships August 10, 2019 Allentown, PA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b>Women Raw Powerlifting</b>															
	52kg Jr 20-23														
1	Victoria Bernotas	PA	52kg	50.9	22	97.5	61.5	132.5	291.5	369.418		214.9	135.6	292.1	642.6
	67.5kg Jr 13-15														
1	Aaliyah Fisher	PA	67.5kg	65.8	15	80	42.5	100	222.5	231.333		176.4	93.7	220.5	490.5
	75kg Jr 20-23														
1	Gabrielle Santarosa	PA	75kg	71.1	22	177.5	72.5	185	435	428.171		391.3	159.8	407.9	959
	60kg Open														
1	Kassy Kozel	PA	60kg	59.9	24	142.5	85	180	407.5	454.892		314.2	187.4	396.8	898.4
	67.5kg Open														
1	Kristin Irons	PA	67.5kg	64.6	25	105	62.5	142.5	310	326.709		231.5	137.8	314.2	683.4
	75kg Open														
1	Gabrielle Santarosa	PA	75kg	71.1	22	177.5	72.5	185	435	428.171		391.3	159.8	407.9	959
	90kg Open														
1	Gwen Remaley	PA	90kg	90	23	190	100	180	470	406.127		418.9	220.5	396.8	1036.2
	67.5kg Submaster														
1	Lindsay Brooke Dixon	PA	67.5kg	64.3	39	65	47.5	92.5	205	216.808		143.3	104.7	203.9	451.9
<b>Men Raw Powerlifting</b>															
	67.5kg Jr 13-15														
1	Damian Keyes	PA	67.5kg	66.1	14	90	52.5	105	247.5	194.09		198.4	115.7	231.5	545.6
	75kg Jr 16-17														
1	John Tucker	PA	75kg	73.9	17	182.5	117.5	215	515	370.8		402.3	259	474	1135.4
	75kg Jr 18-19														
1	Daniel Rodgers	PA	75kg	70.3	19	167.5	127.5	200	495	369.716		369.3	281.1	440.9	1091.3
	82.5kg Jr 18-19														
1	Connor Exley	PA	82.5kg	81.9	18	155	117.5	230	502.5	338.132		341.7	259	507.1	1107.8
	90kg Jr 18-19														
1	Camden Boggess	PA	90kg	87.6	18	185	125	240	550	356.125		407.9	275.6	529.1	1212.5
	90kg Jr 20-23														
1	Jordon Rothrock	PA	90kg	83.5	23	187.5	110	255	552.5	367.468		413.4	242.5	562.2	1218

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	110kg Jr 20-23														
1	Danny Bertram	NJ	110kg	106.4	20	245	160	320	725	431.23		540.1	352.7	705.5	1598.3
	125kg Jr 20-23														
1	Robert Giranda	PA	125kg	117.8	22	282.5	190	282.5	755	436.013		622.8	418.9	622.8	1664.5
2	Matt Brussell	PA	125kg	121.5	23	250	172.5	302.5	725	415.643		551.2	380.3	666.9	1598.3
	60kg Open														
1	Sung Kim	OH	60kg	59.2	27	145	115	195	455	392.893		319.7	253.5	429.9	1003.1
	75kg Open														
1	Garret Titus	PA	75kg	72.3	23	162.5	137.5	200	500	365.75		358.2	303.1	440.9	1102.3
2	Daniel Rodgers	PA	75kg	70.3	19	167.5	127.5	200	495	369.716		369.3	281.1	440.9	1091.3
3	Cody Mahon	PA	75kg	68.7	24	87.5	67.5	120	275	209.083		192.9	148.8	264.6	606.3
	82.5kg Open														
1	Curtis Henry	PA	82.5kg	81.2	36	207.5	152.5	252.5	612.5	414.295		457.5	336.2	556.7	1350.3
	90kg Open														
1	Jordon Rothrock	PA	90kg	83.5	23	187.5	110	255	552.5	367.468		413.4	242.5	562.2	1218
	100kg Open														
1	Jake Dunn	PA	100kg	97.2	20	265	160	277.5	702.5	432.6		584.2	352.7	611.8	1548.7
	110kg Open														
1	Ryan Himmelberger	PA	110kg	108.7	36	240	180	280	700	413.49		529.1	396.8	617.3	1543.2
	110kg Submaster														
1	Ryan Himmelberger	PA	110kg	108.7	36	240	180	280	700	413.49		529.1	396.8	617.3	1543.2
	75kg Master 50-54														
1	Gary Teeter	PA	75kg	70	54	140	117.5	170	427.5	320.369	385.724	308.6	259	374.8	942.5
	<b>Men Classic Raw Powerlifting</b>														
	56kg Jr 16-17														
1	Dominick Contard	NJ	56kg	55.1	17	110	70	142.5	322.5	298.313		242.5	154.3	314.2	711
	75kg Jr 18-19														
1	Lance Stevens	PA	75kg	73.5	19	227.5	132.5	242.5	602.5	435.487		501.5	292.1	534.6	1328.3

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<b>Men Single Ply Powerlifting</b>															
	90kg Jr 20-23														
1	Timothy Rohe	NJ	90kg	89.9	20	280	195	245	720	459.936		617.3	429.9	540.1	1587.3
	90kg Open														
1	Timothy Rohe	NJ	90kg	89.9	20	280	195	245	720	459.936		617.3	429.9	540.1	1587.3
	100kg Open														
1	Nicholas Testa	PA	100kg	96.3	26	275	217.5	310	802.5	496.186		606.3	479.5	683.4	1769.2
<b>Men Raw Bench Only</b>															
	52kg Jr 13-15														
1	Joe Messina	PA	52kg	51.2	13		57.5		57.5	57.356			126.8		126.8
							4th: 60								
	90kg Jr 16-17														
1	Kaan Yilmaz	PA	90kg	86.8	17		130		130	84.591			286.6		286.6
	110kg Open														
1	Ryan Himmelberger	PA	110kg	108.7	36		180		180	106.326			396.8		396.8
	110kg Submaster														
1	Ryan Himmelberger	PA	110kg	108.7	36		180		180	106.326			396.8		396.8
	140kg Submaster														
1	David Weiser	PA	140kg	126.8	37		160		160	90.912			352.7		352.7
	67.5kg Master 40-44														
1	John Messina	PA	67.5kg	67.4	43		112.5		112.5	86.839	89.531		248		248
	75kg Master 50-54														
1	Gary Teeter	PA	75kg	70	54		117.5		117.5	88.055	106.018		259		259
	90kg Master 55-59														
1	David Siegfried	PA	90kg	89	55		188		188	120.715	147.876		414.5		414.5
	125kg Master 45-49														
1	David Hall	PA	125kg	118.7	45		157.5		157.5	90.783	95.776		347.2		347.2
	SHW Master 45-49														
1	Scott Kammerer	DE	SHW	157.7	47		142.5		142.5	78.29	84.709		313.5		313.5

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<b>Men Single Ply Bench Only</b>															
	100kg Open														
1	Nicholas Testa	PA	100kg	96.3	26		217.5		217.5	134.48			479.5		479.5
	110kg Master 60-64														
1	John Covert	DE	110kg	104.4	60		160		160	95.808	128.383		352.7		352.7
<b>Women Raw Deadlift Only</b>															
	60kg Open														
1	Stephanie Martin	PA	60kg	58.8	31			157.5	157.5	178.369				347.2	347.2
<b>Men Raw Deadlift Only</b>															
	75kg Jr 18-19														
1	Lance Stevens	PA	75kg	73.5	19			242.5	242.5	175.279				534.6	534.6
	75kg Jr 18-19														
1	Erik Bissell	NJ	75kg	71.5	19			210	210	154.875				463	463
	110kg Open														
1	Ryan Himmelberger	PA	110kg	108.7	36			280	280	165.396				617.3	617.3
	110kg Submaster														
1	Ryan Himmelberger	PA	110kg	108.7	36			280	280	165.396				617.3	617.3
	75kg Master 50-54														
1	Gary Teeter	PA	75kg	70	54			170	170	127.398	153.387			374.8	374.8
<b>Men Single Ply Deadlift Only</b>															
	100kg Open														
1	Nicholas Testa	PA	100kg	96.3	26			310	310	191.673				683.4	683.4

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	Best Lifter Open Men Raw: Jake Dunn														
	Best Lifter Jr Men Raw: Robert Giranda														
	Best Lifter Master Men Raw Bench Press: David Siegfried														
	Meet Director's Choice: Kassy Kozel														
	Meet Director: Eric Kratz														
	Thank you to our officials:														
	National: Jessica Kratz and Eric Kratz														
	State: Patti Coates, Ed Komissar and Ed Harrington														
	Spotter/ Loaders														
	Photis Zographou, Ira Bell, Vanden Grube, Joel Morales, Sergio Andres Jara and Warren Gosdin														
	Announcer: Heather Mutchler														
	Computer: Erica Hill, Jessica Kratz, Ed Komissar, Ed Harrington and Patti Coates														
	Expeditor: Patti Coates, Jessica Kratz, Ed Komissar and Ed Harrington														