

USPA Goddesses of Steel June 12, 2021 Hendersonville, SC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	44kg Jr 20-23																
1	Sophie Mcardle	NC	44kg	43.1	22	57.5	60	67.5	30	32.5	37.5	70	75	80	180	251.911	
	60kg Jr 20-23																
1	Diane Wagler	NC	60kg	59.3	21	112.5	117.5	125	60	65	67.5	125	135	142.5	332.5	371.343	
	75kg Jr 20-23																
1	Rocio Mendez	NC	75kg	71.9	21	130	140	145	60	65	67.5	142.5	157.5	167.5	380	378.615	
	SHW Jr 13-15																
1	Liliann Gasperson	NC	SHW	94.9	15	82.5	92.5	100	40	45	57.5	60	100	107.5	252.5	220.053	
	Women Raw Powerlifting			Open													
	60kg Open																
1	Nadja Simon	NC	60kg	56.8	53	85	90	90	52.5	57.5	57.5	97.5	102.5	107.5	245	281.342	333.109
	67.5kg Open																
1	Heidi Charest	SC	67.5kg	66.7	40	130	135	135	85	92.5	92.5	152.5	160	160	372.5	387.235	387.235
2	Annette Castillo	NC	67.5kg	67.3	32	87.5	92.5	95	47.5	50	52.5	95	102.5	107.5	255	263.712	
	75kg Open																
1	Rocio Mendez	NC	75kg	71.9	21	130	140	145	60	65	67.5	142.5	157.5	167.5	380	378.615	
2	Jennifer Gerdes	NC	75kg	68.7	39	117.5	122.5	125	65	67.5	70	132.5	142.5	147.5	332.5	339.821	
3	Tamara Reynolds	NC	75kg	73.3	45	95	102.5	105	70	72.5	75	137.5	142.5	145	325	320.44	338.064
4	Marissa Eversole	SC	75kg	71.1	34	95	105	110	62.5	65	65	132.5	145	150	322.5	323.311	
5	Victoria Taghavi	SC	75kg	74.8	32	62.5	65	70	50	52.5	52.5	80	82.5	90	205	199.948	
	82.5kg Open																
1	Amanda Tarbescu	NC	82.5kg	82.4	34	165	175	180	105	112.5	118.5	187.5	197.5	202.5	495	459.694	
2	Kerrie Montalvan	SC	82.5kg	77.7	39	145	155	160	80	87.5	87.5	175	185	190	437.5	418.35	
3	Dana Faircloth	NC	82.5kg	78.2	43	105	112.5	112.5	60	67.5	72.5	137.5	142.5	150	330	314.524	324.275
4	Katie Roseman	NC	82.5kg	80	21	105	112.5	115	60	65	65	130	140	152.5	315	296.809	
	90kg Open																
1	Elizabeth Aldridge	GA	90kg	89.0	31	185	192.5	202.5	100	105	112.5	197.5	210	217.5	525	470.378	
2	Tracy Edwards	NC	90kg	87.1	47	132.5	142.5	152.5	95	102.5	107.5	147.5	162.5	172.5	422.5	382.254	413.598
3	Kristin Armstrong	NC	90kg	83.2	35	140	150	160	57.5	62.5	70	152.5	162.5	172.5	375	346.636	
4	Natalie Malafronte	SC	90kg	86.1	27	127.5	137.5	145	67.5	75	77.5	140	150	155	372.5	338.812	
5	Cheryl Willis	NC	90kg	83.5	48	112.5	112.5	127.5	67.5	72.5	75	122.5	137.5	147.5	322.5	297.594	326.461

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	SHW Open																
1	Jennifer Lyle	NC	SHW	112.3	33	172.5	187.5	-193.5	97.5	105	-111	214	230	237.5	530	433.905	
2	Katy Deckard	NC	SHW	100.6	34	120	122.5	-125	62.5	-67.5	67.5	150	157.5	-162.5	347.5	295.852	
3	Tonya Portis	NC	SHW	116.4	47	90	97.5	102.5	57.5	62.5	65	105	115	120	287.5	232.742	251.827
	Women Raw Powerlifting		Submaster														
	75kg Submaster																
1	Jennifer Gerdes	NC	75kg	68.7	39	117.5	122.5	-125	65	67.5	-70	132.5	142.5	-147.5	332.5	339.821	
	82.5kg Submaster																
1	Kerrie Montalvan	SC	82.5kg	77.7	39	145	155	160	80	-87.5	87.5	175	185	190	437.5	418.35	
	90kg Submaster																
1	Kristin Armstrong	NC	90kg	83.2	35	140	150	-160	57.5	62.5	-70	152.5	162.5	-172.5	375	346.636	
	Women Raw Powerlifting		Master														
	56kg Master 50-54																
1	Cherie Montou	NC	56kg	53.3	50	92.5	97.5	-103.5	55	57.5	-62.5	105	110	-115	265	317.555	358.838
	60kg Master 50-54																
1	Nadja Simon	NC	60kg	56.8	53	85	-90	-90	52.5	-57.5	-57.5	97.5	102.5	107.5	245	281.342	333.109
	67.5kg Master 40-44																
1	Heidi Charest	SC	67.5kg	66.7	40	130	-135	135	85	-92.5	-92.5	152.5	-160	-165	372.5	387.235	387.235
	75kg Master 40-44																
1	Kimberly Sloan	SC	75kg	72.5	41	85	-97.5	-97.5	57.5	-62.5	-62.5	107.5	117.5	122.5	265	262.839	265.467
	75kg Master 45-49																
1	Tamara Reynolds	NC	75kg	73.3	45	95	102.5	105	70	72.5	75	137.5	142.5	145	325	320.44	338.064
	82.5kg Master 40-44																
1	Dana Faircloth	NC	82.5kg	78.2	43	105	-112.5	112.5	60	67.5	-72.5	137.5	142.5	150	330	314.524	324.275
	90kg Master 40-44																
1	Clare Cady	NC	90kg	88	41	110	120	125	53	55	57.5	122.5	135	-140	317.5	285.916	288.775
	90kg Master 45-49																
1	Tracy Edwards	NC	90kg	87.1	47	132.5	142.5	-152.5	95	102.5	107.5	147.5	162.5	172.5	422.5	382.254	413.598
2	Cheryl Willis	NC	90kg	83.5	48	-112.5	112.5	-127.5	67.5	72.5	-75	122.5	137.5	-147.5	322.5	297.594	326.461

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	SHW Master 40-44																
1	Jaime Trusty	SC	SHW	102.4	44	95	100	110	65	70	75	100	105	120	305	257.92	269.01
	SHW Master 45-49																
1	Marie Mire	SC	SHW	120.7	49	115	117.5	120	62.5	67.5	70	132.5	132.5	140	320	256.341	285.307
2	Tonya Portis	NC	SHW	116.4	47	90	97.5	102.5	57.5	62.5	65	105	115	120	287.5	232.742	251.827
	Women Classic Raw Powerlifting			Open													
	SHW Open																
1	Shonna Gist	SC	SHW	125.3	35	130	135	157.5	75	85	95	107.5	130	152.5	372.5	295.466	
2	Jessica Lazer	NC	SHW	112.5	35	85	92.5	97.5	42.5	45	47.5	117.5	125	140	267.5	218.873	
	Women Classic Raw Powerlifting			Submaster													
	SHW Submaster																
1	Jessica Lazer	NC	SHW	112.5	35	85	92.5	97.5	42.5	45	47.5	117.5	125	140	267.5	218.873	
	Women Raw Bench Only			Open													
	75kg Open																
1	Sonji Baldwin	GA	75kg	72.3	52				115	125	135				125	124.167	144.655
	90kg Open																
1	Elizabeth Aldridge	GA	90kg	89.0	31				100	105	112.5				112.5	100.795	
	Women Raw Bench Only			Master													
	75kg Master 50-54																
1	Sonji Baldwin	GA	75kg	72.3	52				115	125	135				125	124.167	144.655
	Women Raw Deadlift Only			Open													
	90kg Open																
1	Elizabeth Aldridge	GA	90kg	89.0	31							197.5	210	217.5	210	188.151	
	SHW Open																
1	Taylor Watson	SC	SHW	137.9	29							100	107.5	107.5	100	77.76	
	Women Raw Push-Pull			Open													
	82.5kg Open																
1	Kerrie Montalvan	SC	82.5kg	77.7	39				80	87.5	87.5	175	185	190	277.5	265.353	
	SHW Open																
1	Brittany Gasperson	NC	SHW	102.2	34				42.5	45	50	80	85	100	135	114.245	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Push-Pull		Submaster														
	82.5kg Submaster																
1	Kerrie Montalvan	SC	82.5kg	77.7	39				80	87.5	87.5	175	185	190	277.5	265.353	
	Best Lifters															Record Color Codes	
	Elizabeth Aldridge	Raw	PL	Open	Women											State	
	Tracy Edwards	Raw	PL	Master	Women												
	Meet Director:	Tricia Emrich															
	Referees																
	International:	Tricia Emrich and Gary Emrich															
	National:	Karl Davenport															
	State:	Chelsea Bumgarner, Chelsea Burgess, Valorie Rooke															
	Spotter/Loaders:	Shelby Woodbury, Carina Mone, Omar Foreman, Christianna Galloway															