

USPA Bend the Bar March 20, 2022 Crestview, FL

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
44kg JR																	
GL	Layla Hicks	FL	44kg	40.8	11	55	62.5	70	25	30	35	62.5	72.5	82.5	177.5	259.387	
82.5kg Jr 18-19																	
1	Macy Gauch	IL	82.5kg	76.7	19	92.5	100	110	62.5	67.5	72.5	120	125	132.5	310	298.414	
		(137.5)															
Women Raw Powerlifting		Open															
100kg Open																	
1	Cindy Sakalauski	FL	100kg	93.5	35	92.5	97.5	102.5	42.5	57.5	65	90	100	115	265	232.39	
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Cindy Sakalauski	FL	100kg	93.5	35	92.5	97.5	102.5	42.5	57.5	65	90	100	115	265	232.39	
Men Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
1	Dylan Crawford	FL	67.5kg	66.4	20	142.5	152.5	160	90	97.5	97.5	160	170	182.5	402.5	313.965	
82.5kg Jr 16-17																	
1	Jacob Woodall	FL	82.5kg	79.0	17	192.5	205	212.5	120	127.5	137.5	230	245	255	562.5	390.78	
2	Joseph Welbourn	FL	82.5kg	80.1	17	160	170	182.5	112.5	120	125	170	182.5	190	480	330.739	
90kg Jr 16-17																	
1	Noah Hiers	AL	90kg	88.6	17	175	182.5	190	97.5	102.5	105	217.5	227.5	240	522.5	340.556	
100kg Jr 20-23																	
1	Jack Menzl	FL	100kg	98.2	23	182.5	192.5	197.5	122.5	130	135	257.5	272.5	290	617.5	383.122	
2	Jeremy Black	FL	100kg	95.8	21	145	152.5	165	85	95	105	185	197.5	210	470	294.891	
Men Raw Powerlifting		Open															
60kg Open																	
1	Christopher Marshall	FL	60kg	59.8	30	150	160	165	92.5	102.5	110	205	225	235	495	418.95	
67.5kg Open																	
1	Paul Remedios	LA	67.5kg	63.5	36	165	172.5	172.5	117.5	122.5	127.5	195	207.5	212.5	500	403.383	

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	82.5kg Open																
1	Jacob Woodall	FL	82.5kg	79.0	17	192.5	205	-212.5	120	127.5	-137.5	230	-245	-255	562.5	390.78	
2	Travis Huffman	FL	82.5kg	81.9	35	165	172.5	-177.5	102.5	105	-110	185	197.5	-207.5	475	323.101	
	90kg Open																
1	Kyle Fields	FL	90kg	84.2	36	180	-195	195	132.5	140	-142.5	227.5	242.5	-247.5	577.5	386.76	
	110kg Open																
1	Ryan Kimball	LA	110kg	108.2	34	260	-----	-----	182.5	195	205	265	-----	-----	730	435.081	
2	Christopher Hubbart	FL	110kg	107.5	36	185	-190	190	185	192.5	-205	185	227.5	250	632.5	377.92	
3	Phillip Shifflett	FL	110kg	104.8	28	192.5	200	207.5	120	-125	-125	215	225	-230	552.5	333.467	
	140kg Open																
1	Marvin Williford	AL	140kg	139.5	47	185	-207.5	230	150	-165	-165	180	187.5	197.5	577.5	316.8	342.777
	140+ Open																
1	Matthew Selover	FL	140+	145.3	34	270	290	300	155	165	-172.5	282.5	292.5	300	765	414.946	
	Men Raw Powerlifting Submaster																
	67.5kg Submaster																
1	Paul Remedios	LA	67.5kg	63.5	36	165	-172.5	-172.5	117.5	122.5	-127.5	195	207.5	212.5	500	403.383	
	82.5kg Submaster																
1	Travis Huffman	FL	82.5kg	81.9	35	165	172.5	-177.5	102.5	105	-110	185	197.5	-207.5	475	323.101	
	110kg Submaster																
1	Christopher Hubbart	FL	110kg	107.5	36	185	-190	190	185	192.5	-205	185	227.5	250	632.5	377.92	
	Men Raw Powerlifting Master																
	90kg Master 40-44																
1	Mike Sakalauski	FL	90kg	89.7	41	137.5	150	-170	122.5	127.5	-135	182.5	195	205	482.5	312.511	315.636
	100kg Master 60-64																
DQ	Dennis Smith	FL	100kg	97	62	220	227.5	232.5	-142.5	-142.5	-----	220	230	235	0	0	0
								(237.5)									
	110kg Master 50-54																
1	Mark Wagner	FL	110kg	103.5	52	127.5	137.5	147.5	112.5	122.5	127.5	142.5	152.5	175	450	272.988	318.031

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	140kg Master 45-49																
1	Marvin Williford	AL	140kg	139.5	47	185	207.5	230	150	165	165	180	187.5	197.5	577.5	316.8	342.777
	Men Classic Raw Powerlifting			Open													
	110kg Open																
1	Zack Bingaman	LA	110kg	104.5	34	290	305	305	147.5	152.5	152.5	242.5	255	265	692.5	418.451	
	140kg Open																
1	John Severson	FL	140kg	132.4	32	307.5	327.5	327.5	172.5	185	197.5	307.5	320	325	817.5	455.259	
	Men Raw Bench Only			Junior													
	75kg Jr 13-15																
1	Isaac Deatherage	NC	75kg	74	14				112.5	122.5	132.5				122.5	88.647	
	82.5kg Jr 16-17																
1	Joseph Welbourn	FL	82.5kg	80.1	17				112.5	120	125				120	82.685	
	Men Raw Bench Only			Open													
	110kg Open																
1	Christopher Hubbart	FL	110kg	107.5	36				185	192.5	205				192.5	115.019	
	140kg Open																
1	Marvin Williford	AL	140kg	139.5	47				150	165	165				150	82.286	89.033
	Men Raw Bench Only			Submaster													
	110kg Submaster																
1	Christopher Hubbart	FL	110kg	107.5	36				185	192.5	205				192.5	115.019	
	Men Raw Bench Only			Master													
	140kg Master 45-49																
1	Marvin Williford	AL	140kg	139.5	47				150	165	165				150	82.286	89.033
	Men Raw Deadlift Only			Junior													
	90kg Jr 16-17																
1	George Buckhold	FL	90kg	89.8	17							202.5	215	215	215	139.175	
	Men Raw Deadlift Only			Open													
	125kg Open																
1	Aaron Pruette	FL	125kg	123.7	35							220	227.5	237.5	237.5	135.053	

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140kg Open																
1 Marvin Williford	AL	140kg	139.5	47							180	187.5	197.5	197.5	108.343	117.227
140+ Open																
1 Andrew Williams	FL	140+	180.0	34							242.5	272.5	280	242.5	124.372	
Men Raw Deadlift Only			Submaster													
125kg Submaster																
1 Aaron Pruette	FL	125kg	123.7	35							220	227.5	237.5	237.5	135.053	
Men Raw Deadlift Only			Master													
82.5kg Master 45-49																
1 Lincoln Bond	MS	82.5kg	80.3	47							182.5	197.5	205	197.5	135.886	147.029
140kg Master 45-49																
1 Marvin Williford	AL	140kg	139.5	47							180	187.5	197.5	197.5	108.343	117.227
Men Raw Push-Pull			Junior													
90kg Jr 16-17																
1 George Buckhold	FL	90kg	89.8	17				107.5	115	120	202.5	215	---	330	213.618	
Men Raw Push-Pull			Master													
82.5kg Master 45-49																
1 Lincoln Bond	MS	82.5kg	80.3	47				112.5	120	127.5	182.5	197.5	205	317.5	218.45	147.029
Best Lifters												Record Color Codes				
Name		Equip	Events	Comp	Sex											State
Jacob Woodall		Raw	PL	Jr	Men											
Ryan Kimball		Raw	PL	Open	Men											
Meet Director:		John Micka														
Referees																
International:		John Micka, Amanda Micka														
National:		Roger Fox, Vicky Fox, Jay Goussett														
State:		Reese Allemore, Persephonie Vigil, Monica New, Paul Wallis, Bryan May														
Spotter/Loaders:		Thomas Bjorvig, David Meneely, Kyle Flores, Christian Suggs, Draven Reed, Jeff Cantillon														