

USPA 22nd Street Barbell Open August 1, 2020 Des Moines, IA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
women Raw Powerlifting				Open														
60kg Open																		
1	Karina Cordova	IA	60kg	58.2	35	125.0	-135	-135	65	70.0	-72.5	150	157.5	160.0	355	477.937		
67.5kg Open																		
1	Hannah Hesse	IA	67.5kg	64.3	25	122.5	130	135	70	75.0	-77.5	137.5	145.0	-150.0	355	448.294		
2	Nina Tesene	IA	67.5kg	63.7	40	115.0	120	-125	57.5	60.0	62.5	142.5	150.0	155.0	337.5	428.625	428.625	
3	Chelsea Hedlund	NC	67.5kg	64.8	30	102.5	112.5	-117.5	72.5	77.5	82.5	117.5	130.0	140.0	335	421.095		
4	Chloe Allyn	IA	67.5kg	67.2	29	112.5	117.5	120	72.5	77.5	-82.5	125	-130.0	130.0	327.5	403.153		
75kg Open																		
1	Morgan Rutherford	IA	75kg	73.0	25	110.0	115	-120	65	70.0	-75.0	140	150.0	160.0	345	406.721		
women Raw Powerlifting				Submaster														
60kg Submaster																		
1	Karina Cordova	IA	60kg	58.2	35	125.0	-135	-135	65	70.0	-72.5	150	157.5	160.0	355	477.937		
2	Brynn Dempster	IA	60kg	58.8	39	87.5	-97.5	97.5	-57.5	57.5	-62.5	135	142.5	147.5	302.5	404.412		
women Raw Powerlifting				Master														
56kg Master 40-44																		
1	Laura Haering	IA	56kg	54.4	40	85.0	90	95	42.5	47.5	-52.5	90	95.0	100.0	242.5	342.628	342.628	
60kg Master 70-74																		
1	Sue Heaton	IL	60kg	56.3	71	45.0	52.5	60	45	47.5N	50.0	60	62.5	65.0	167.5	230.815	388	
67.5kg Master 40-44																		
1	Nina Tesene	IA	67.5kg	63.7	40	115.0	120	-125	57.5	60.0	62.5	142.5	150.0	155.0	337.5	428.625	428.625	
men Raw Powerlifting				Junior														
67.5kg Jr 13-15																		
1	Bradyn Blair	IA	67.5kg	62.0	13	67.5	85	92.5	45	50.0	57.5	112.5	127.5	-137.5	277.5	269.924		
82.5kg Jr 16-17																		
1	Daniel Christensen	IA	82.5kg	79.3	17	107.5	120	130.0	100	115.0	-117.5	167.5	177.5	-190.0	422.5	347.929		
82.5kg Jr 18-19																		
1	Jahmen Zimmerman	IA	82.5kg	79.7	18	200.0	-207.5	-207.5	110	-110.0	110.0	240	247.5	257.5	567.5	465.918		
82.5kg Jr 20-23																		
1	Roman DeLisi	IA	82.5kg	77.7	21	160.0	162.5	-165.0	100.0	105.0	-107.5	185	187.5	192.5	460	383.548		
110kg Jr 20-23																		
DQ	Dylan Stepp	IA	110kg	109.4	21	190.0	-197.5	200.0	127.5	-135	-135.0	-220	-220.0	0	0	0		

USPA 22nd Street Barbell Open August 1, 2020 Des Moines, IA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
men Raw Powerlifting				Open														
	60kg Open																	
DQ	Aulis Martinez	IA	60kg	59.8	28	-155.0	-157.5	-157.5	-----	-----	-----	-----	-----	-----	0	0		
	75kg Open																	
1	Alex Beninga	IA	75kg	72	26	140.0	-150	150.0	97.5	-102.5	107.5	187.5	197.5	205.0	462.5	404.919		
	82.5kg Open																	
DQ	Gary Pratt	IA	82.5kg	80.0	28	180.0	185.0	-187.5	-120	-122.5	-122.5	230	240.0	-245.0	0	0		
	90kg Open																	
1	Luke Arrowood	IA	90kg	87.9	26	232.5	242.5	-255	147.5	155.0	157.5	300	312.5	-325.0	712.5	553.256		
	100kg Open																	
1	Seth Kelly	IA	100kg	98.5	28	215.0	220.0	222.5	145	150.0	152.5	260	272.5	282.5	657.5	482.737		
2	Jade Leonard	IA	100kg	97.7	40	192.5	205.0	-222.5	165	180.0	-185.0	225	242.5	255.0	640	471.68		
3	Daniel Williams	IA	100kg	97.7	23	182.5	192.5	-197.5	125	130.0	132.5	200	210.0	220.0	545	401.665		
	110kg Open																	
1	Rob Detmering	IA	110kg	100.8	39	230.0	-240	-240	-135	135	-155.0	237.5	250.0	-257.5	615	446.982		
	125kg Open																	
1	Lance Sisson	IA	125kg	124.4	28	232.5	240	252.5	165	175.0	182.5	265.0	272.5	282.5	717.5	483.882		
	SHW Open																	
1	Zach Severin	IA	SHW	173.1	28	340.0	365	-375	220	237.5	245.0	282.5	300.0	-310.0	910	569.478		
men Raw Powerlifting				Submaster														
	110kg Submaster																	
1	Rob Detmering	IA	110kg	100.8	39	230.0	-240	-240	-135	135	-155.0	237.5	250.0	-257.5	615	446.982		
men Classic Raw Powerlifting				Junior														
	90kg Jr 20-23																	
1	Noah Graham	IA	90kg	87.4	21	-227.5	-227.5	227.5	142.5	152.5	-160.0	252.5	265.0	-275.0	645	502.391		
	100kg Jr 16-17																	
1	Austin VanScoy	IL	100kg	98.8	17	220.0	232.5	235	142.5	152.5	-160.0	255	270.0	280.0	667.5	489.411		
men Classic Raw Powerlifting				Open														
	100kg Open																	
1	Dylan Thielen	IA	100kg	98.9	24	250.0	265	275	-145	145.0	-150.0	270	285.0	292.5	712.5	522.191		
	110kg Open																	
1	Mitch Foster	IA	110kg	109.7	31	250.0	255	260	160	165.0	172.5	255	260	267.5	700	491.82		

USPA 22nd Street Barbell Open August 1, 2020 Des Moines, IA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total				
2	Mark Ramirez	IA	110kg	104.4	24	225.0	250	262.5	142.5	150.0	150.0	250	265.0	272.5	677.5	485.226					
men Raw Bench Press Only				Junior																	
	90kg Jr 20-23																				
	Dylan Landess	IA	90kg	89.7	23				190.0	0	0				190.0	145.919					
men Raw Deadlift Only				Master																	
	125kg Master 40-44																				
1	Travis McDaniel	IA	125kg	119.3	42							230	242.5	245.0	230	157.067	160.208				
men Raw Push-Pull				Master																	
	110kg Master 60-64																				
1	Nick Simmons	IA	110kg	103.9	61				125	135	137.5	182.5	205.0	205.0	320	229.632	178.894				
Best Lifters														Record Color Codes							
Karina Cordova														Raw Open Women PL				State			
Zach Severin														Raw Open Men PL				National			
Meet Director:		Wes Keith and Jake Hartman																			
Referees																					
National:		Jake Hartman, Kiersten Scurlock, Albert Alvarado																			
State:		Anthony Brooks, Josh Lentz																			
Spotter/Loaders:		Scot Stadola, Jon Lazear, Eric Main, Ethan Radin, Greg Huse																			