

USPA 2025 Ohio State Championships April 5, 2025 North Canton, Ohio

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior													
	75kg Jr 18-19															
1	Brooke Holmer	OH	75kg	68.3	18	90	100	110	45	52.5	60	110	125	-132.5	287.5	294.811
	110+ Jr 20-23															
1	Mary Murray	OH	110+	115.5	23	150	157.5	167.5	82.5	87.5	92.5	162.5	170	182.5	442.5	359.069
Women Raw Powerlifting				Open												
	56kg Open															
1	Liz Smith	FL	56kg	55.5	34	75	82.5	90	47.5	52.5	57.5	122.5	132.5	140	287.5	335.238
	60kg Open															
1	Jacque Kennedy Zazo	OH	60kg	59.6	32	105	105	110	37.5	42.5	45	110	117.5	117.5	257.5	286.661
	67.5kg Open															
1	Mackenzie Harris	OH	67.5kg	65.2	21	110	120	127.5	50	55	57.5	115	120	135	295	310.798
DQ	Heidi Henderson	OH	67.5kg	66.9	39	95	100	105	105	110	115	120	125	130	0	0
	75kg Open															
1	Marisa Tilton	OH	75kg	72.3	32	132.5	137.5	142.5	77.5	80	82.5	155	165	170	390	387.402
2	Julian Mai	OH	75kg	73.0	35	142.5	142.5	147.5	67.5	70	75	142.5	150	160	382.5	377.969
3	Brooke Holmer	OH	75kg	68.3	18	90	100	110	45	52.5	60	110	125	132.5	287.5	294.811
4	Christi Strauch	OH	75kg	68.8	37	80	87.5	92.5	40	45	50	90	105	115	247.5	252.74
	82.5kg Open															
1	Devin Grida	OH	82.5kg	77.5	31	132.5	137.5	147.5	55	62.5	65	140	150	160	362.5	347.091
2	Rachel Hosler	OH	82.5kg	81.1	43	125	130	135	50	55	60	142.5	152.5	162.5	357.5	334.586
3	Cara Calland	OH	82.5kg	79.8	29	112.5	117.5	127.5	47.5	55	60	137.5	152.5	167.5	335	316.048
	90kg Open															
1	Deidra Thompson	OH	90kg	85.9	31	137.5	145	150	90	92.5	92.5	180	187.5	195	437.5	398.363
2	Kristin Darby	OH	90kg	87.4	30	140	150	155	67.5	72.5	72.5	165	172.5	177.5	400	361.329
3	Kelsey Puma	OH	90kg	86.5	34	62.5	70	75	80	35	40	90	100	110	225	204.214
	100kg Open															
1	Annamaria Christian	OH	100kg	97.5	23	35	42.5	50	25	30	30	75	82.5	90	165	142.218

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110+ Open																
1	Lindsey Bowman	OH	110+	115.7	32	107.5	112.5	120	60	62.5	67.5	117.5	127.5	137.5	325	263.583	
	Women Raw Powerlifting			Submaster													
	56kg Submaster																
1	Brooklyn Knapp	OH	56kg	53.1	39	75	80	82.5	40	47.5	52.5	85	97.5	106.5	241.5	290.141	
	60kg Submaster																
1	Jennifer Hill	OH	60kg	57.3	37	102.5	107.5	112.5	50	55	60	102.5	112.5	120	287.5	328.26	
	67.5kg Submaster																
DQ	Heidi Henderson	OH	67.5kg	66.9	39	95	100	105	42.5	47.5	47.5	105	---	---	0	0	
	75kg Submaster																
1	Julian Mai	OH	75kg	73.0	35	142.5	142.5	147.5	67.5	70	75	142.5	150	160	382.5	377.969	
2	Christi Strauch	OH	75kg	68.8	37	80	87.5	92.5	40	45	50	90	105	115	247.5	252.74	
	100kg Submaster																
1	Brittany Border	OH	100kg	92.0	38	107.5	115	122.5	55	55	57.5	127.5	137.5	147.5	315	278.15	
	Women Raw Powerlifting			Master													
	56kg Master 40-44																
1	Rachel Rector	SC	56kg	53.3	41	70	77.5	77.5	45	50	55	87.5	95	100	225	269.623	272.319
	56kg Master 55-59																
1	Nalana Kardos	OH	56kg	53.3	56	62.5	67.5	70	40	45	45	80	87.5	97.5	212.5	254.644	317.286
	60kg Master 40-44																
1	Amanda Salzwimmer	OH	60kg	58.0	44	75	82.5	85	47.5	55	60	97.5	107.5	112.5	257.5	291.699	304.242
2	Kelly Chapman	OH	60kg	59.4	44	75	80	82.5	40	45	50	102.5	112.5	117.5	237.5	264.961	276.354
	60kg Master 45-49																
1	Lori Lucius	OH	60kg	59.7	48	77.5	82.5	85	47.5	52.5	57.5	117.5	125	130	265	294.697	323.283
	75kg Master 40-44																
1	Kristen Zwick	OH	75kg	72.0	42	125	130	132.5	62.5	67.5	72.5	125	135	140	345	343.481	350.351
	75kg Master 45-49																
1	Margaret Rhodes	OH	75kg	73.7	48	105	105	110	47.5	55	60	97.5	110	117.5	287.5	282.637	310.053
2	Alexandra Zwisler	OH	75kg	74.5	45	57.5	62.5	67.5	30	35	40	75	82.5	87.5	190	185.713	195.927

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	75kg Master 65-69																
1	Debra Joseph	OH	75kg	70.3	66	67.5	70	70	35	40	42.5	90	100	110	222.5	224.467	339.169
	82.5kg Master 40-44																
1	Brooke Lagrasso	OH	82.5kg	81.9	43	115	125	125	72.5	80	85	150	172.5	185	395	367.912	379.317
	100kg Master 40-44																
DQ	Tiffany Miller	OH	100kg	91.1	40	135	135	135	60	67.5	72.5	135	147.5	152.5	0	0	0
	Men Raw Powerlifting			Junior													
	67.5kg Jr 18-19																
1	Isaac Brinley	OH	67.5kg	66.6	19	162.5	177.5	190	80	90	95	205	222.5	235	502.5	391.104	
	67.5kg Jr 20-23																
1	Gabriel Virosteck	OH	67.5kg	67.1	23	172.5	172.5	182.5	120	127.5	133	177.5	185	192.5	492.5	381.232	
	75kg Jr 13-15																
1	Alex Blood	OH	75kg	74.0	15	147.5	155	165	80	90	100	170	185	190	450	325.643	
	75kg Jr 20-23																
1	Isaac Ridgway	OH	75kg	74.9	22	175	185	190	105	112.5	120	217.5	230	237.5	540	387.739	
	82.5kg Jr 13-15																
1	Asher Wilmlink	OH	82.5kg	76.9	15	137.5	142.5	142.5	100	105	105	165	170	177.5	420	296.611	
	82.5kg Jr 20-23																
1	Karam Abuhelal	OH	82.5kg	81.1	22	195	210	220	137.5	145	150	235	245	257.5	627.5	429.251	
2	Brice Bankhead	OH	82.5kg	81.4	21	197.5	220	227.5	120	132.5	142.5	210	230	250	620	423.217	
	90kg Jr 16-17																
1	Preston Orewiler	OH	90kg	89.3	17	245	245	262.5	135	142.5	150	250	267.5	285	690	447.922	
	90kg Jr 20-23																
1	Jonathan Davis	OH	90kg	89.0	20	200	217.5	230	112.5	127.5	137.5	270	285	305	642.5	417.803	
2	Aidan Roberts	IL	90kg	87.0	21	210	220	227.5	127.5	137.5	142.5	237.5	257.5	265	627.5	412.895	
	100kg Jr 20-23																
1	Joseph Biedenbach	OH	100kg	99.9	22	205	217.5	230	150	160	162.5	240	255	265	647.5	398.719	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Open													
	67.5kg Open																
1	Isaac Brinley	OH	67.5kg	66.6	19	162.5	177.5	190	80	90	95	205	222.5	235	502.5	391.104	
	75kg Open																
1	Josue Reyes	OH	75kg	73.8	25	125	135	147.5	125	132.5	140	150	172.5	192.5	467.5	338.903	
	82.5kg Open																
1	Calerb D'Haiti	OH	82.5kg	81.9	27	245	250	252.5	142.5	145	147.5	287.5	290	292.5	692.5	471.047	
	90kg Open																
1	Preston Orewiler	OH	90kg	89.3	17	245	245	262.5	135	142.5	150	250	267.5	285	690	447.922	
2	Nicholas Sinicropi	OH	90kg	86.7	26	197.5	210	217.5	170	177.5	182.5	245	265	272.5	660	435.074	
3	Carl Donati	PA	90kg	88.8	50	145	155	167.5	125	140	155	190	205	220	527.5	343.417	388.061
	100kg Open																
1	Zach Krohn	OH	100kg	94.6	27	270	287.5	292.5	182.5	195	202.5	285	300	317.5	812.5	512.782	
2	Luke Pullins	OH	100kg	97.8	29	285	295	305	175	185	187.5	300	317.5	330	807.5	501.918	
3	Isaiah Terrell	OH	100kg	96.6	28	240	255	280	165	172.5	180	280	302.5	315	750	468.782	
4	John Trumpower	OH	100kg	93.6	24	235	245	252.5	145	155	160	275	285	290	690	437.664	
5	Kirk Vincent	OH	100kg	99.4	33	202.5	217.5	227.5	147.5	152.5	157.5	267.5	287.5	297.5	672.5	415.019	
6	Joseph Biedenbach	OH	100kg	99.9	22	205	217.5	230	150	160	162.5	240	255	265	647.5	398.719	
	110kg Open																
1	Tyler Keating	OH	110kg	110	30	245	265	272.5	185	192.5	192.5	285	297.5	310	747.5	442.72	
2	Matthew Morrow	OH	110kg	108.7	24	220	237.5	240	140	152.5	155	260	285	290	680	404.564	
	125kg Open																
1	Gregory Szentkiralyi	OH	125kg	120.1	34	185	200	217.5	117.5	125	132.5	235	255	272.5	622.5	357.406	
	140kg Open																
1	Ray Buffington	OH	140kg	134.7	42	265	282.5	290	182.5	195	197.5	272.5	292.5	297.5	777.5	430.804	
Men Raw Powerlifting			Submaster														
	90kg Submaster																
1	Tony Kasmar	OH	90kg	85.9	38	177.5	180	182.5	92.5	102.5	107.5	187.5	202.5	220	510	337.86	
Men Raw Powerlifting			Master														
	67.5kg Master 70-74																
1	Keith Malcuit	OH	67.5kg	65.0	70	80	87.5	87.5	50	55	60	117.5	127.5	140	282.5	223.886	368.293

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2024 USA National Championships																	
Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Deadlift Only			Junior													
	125kg Jr 13-15																
1	Waylan Miller	OH	125kg	115	13							190	200	215.5	215.5	125.582	
	Men Raw Deadlift Only			Open													
	100kg Open																
1	Isaiah Terrell	OH	100kg	96.6	28							280	302.5	315	315	196.889	
	110kg Open																
1	Charles Ellis	OH	110kg	106.8	28							240	250	257.5	250	149.758	
	Men Raw Deadlift Only			Master													
	67.5kg Master 70-74																
1	Keith Malcuit	OH	67.5kg	65.0	70							117.5	127.5	140	140	110.952	182.517
	82.5kg Master 55-59																
1	Elwood Hannold	OH	82.5kg	78.4	58							137.5	152.5	165	165	115.156	148.666
	90kg Master 45-49																
1	Mike Quintus	OH	90kg	89.7	46							225	250.5	250.5	225	145.731	155.64
	Best Lifters											Record Color Codes					
	Name	Equip	Events	Comp	Sex							State					
	Preston Orewiler	Raw	PL	Jr	Men							National					
	Deidra Thompson	Raw	PL	Open	Women												
	Zach Krohn	Raw	PL	Open	Men												
	Brooke Lagrasso	Raw	PL	Master	Women												
	Kevin Cochenour	Raw	PL	Master	Men												
	Julian Mai	Raw	PL	Submaster	Women												
	Darcy Thompson	Raw	BPO	Master	Women												
	Meet Director:	Kylee Craig, Chuck Kaezyk, Sara Kelley															
	Referees																
	International:	Kylee Craig, Sara Kelley															
	National:	Chuck Kaezyk, Megan Moore															
	State:	Brittany Border, Taylor DeLeon, Joe Fowler, Francis Snyder, Jen Wolf, Kathy Wolf															
	Spotter/Loaders:	Justin Clark,Patrick Cochrane, Cameron Overton, Gabe Overton, Lukas Shinaver, Joram Valare															