

USPA Tested Northwest Power Cup IV May 31, 2025 Lynwood, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
	67.5kg Jr 18-19																
1	Clara Hickman	WA	67.5kg	66.1	18	132.5	140	147.5	55	60.0	62.5	132.5	147.5	157.5	367.5	384.062	
Women Raw Powerlifting		Open															
	52kg Open																
1	Joyce Macfarlane	WA	52kg	51.05	72	52.5	60	65	40	42.5	45.0	62.5	70	77.5	187.5	231.509	397.733
	56kg Open																
1	Josephine Facio	WA	56kg	52.05	34	87.5	95	100	47.5	52.5	55.0	100	110	112.5	260	316.703	
	60kg Open																
1	Adrianne Alino	WA	60kg	59.4	26	140	147.5	150	90	95.0	95.0	182.5	193	197.5	442.5	493.664	
2	Tyona Santos	WA	60kg	59.9	29	130	142.5	145	77.5	82.5	90.0	127.5	137.5	147.5	365	405.046	
	67.5kg Open																
1	Olivia Crusoe	WA	67.5kg	66.8	32	172.5	180	187.5	85	90.0	95.0	187.5	197.5	202.5	467.5	485.569	
2	Amanda Mealer	WA	67.5kg	67.5	31	132.5	145	152.5	67.5	67.5	72.5	160	170	182.5	382.5	394.891	
3	Jade Yu-Ju Chang	WA	67.5kg	63.7	38	95	105	112.5	47.5	52.5	55.0	137.5	147.5	152.5	317.5	339.196	
4	Ava Viscarra	WA	67.5kg	62.5	25	92.5	102.5	110	52.5	60.0	62.5	125	137.5	142.5	307.5	332.334	
	75kg Open																
1	Avery Vander Veen	WA	75kg	71.75	24	107.5	120	130	60	67.5	75	140	152.5	157.5	355	354.112	
	82.5kg Open																
1	Adaeze Medani	WA	82.5kg	79.65	31	137.5	145	155	72.5	80	85	182.5	195.0	200.0	435	410.776	
	90kg Open																
1	Shannon Mudd	TX	90kg	86.4	35	155	162.5	167.5	72.5	77.5	82.5	182.5	190.0	195.0	445	404.105	
	110+ Open													(200.0)			
1	Iva Liou	TX	110+	119.4	41	215	232.5	245	110	120	127.5	227.5	237.5	255	620	498.176	503.158
Women Raw Powerlifting		Submaster															
	67.5kg Submaster																
1	Jade Yu-Ju Chang	WA	67.5kg	63.7	38	95	105	112.5	47.5	52.5	55.0	137.5	147.5	152.5	317.5	339.196	
2	Emily Hopkins	ID	67.5kg	61.3	39	75	80	82.5	50	52.5	55.0	97.5	97.5	102.5	235	257.035	

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	90kg Submaster																
1	Shannon Mudd	TX	90kg	86.4	35	155	162.5	167.5	72.5	77.5	82.5	182.5	190.0	195.0	445	404.105	
														(200.0)			
2	Betty Cao	WA	90kg	85.3	37	152.5	160	162.5	75	80.0	82.5	162.5	170.0	172.5	417.5	381.395	
	110+ Submaster																
1	Katie Fischer	WA	110+	135.4	36	100	110	122.5	72.5	80	87.5	142.5	157.5	173	383	298.745	
											(90)			(180)			
	Women Raw Powerlifting			Master													
	52kg Master 70-74																
1	Joyce Macfarlane	WA	52kg	51.05	72	52.5	60	65	40	-42.5	45.0	62.5	70	77.5	187.5	231.509	397.733
	56kg Master 50-54																
1	Thanhngoc Nguyen	WA	56kg	54.9	52	105	-115	-117.5	65	-72.5	-72.5	162.5	170	-175	340	399.346	465.238
	56kg Master 70-74																
1	Deborah Williams	WA	56kg	53.2	71	57.5	65	70	30	32.5	35.0	72.5	80	87.5	192.5	230.974	388.267
	60kg Master 50-54																
1	Sheri Putzke	WA	60kg	59.3	50	55	62.5	67.5	-40	42.5	-45.0	90	97.5	-102.5	207.5	231.74	261.866
	67.5kg Master 55-59																
1	Marie Shobe	WA	67.5kg	66.5	57	65	72.5	75	42.5	45.0	-47.5	92.5	100	107.5	227.5	236.914	300.407
	75kg Master 45-49																
1	Belinda Moon	WA	75kg	73.25	45	110	-115	120	45	47.5	55	110	120.0	-125.0	295	290.968	306.971
	82.5kg Master 40-44																
1	Kirsten Jones	WA	82.5kg	82.1	41	115	122.5	128	65	70.5	75	110	120.0	-125.0	323	300.493	303.498
	82.5kg Master 55-59																
1	Debbie Nelson	WA	82.5kg	81.75	59	100	107.5	115.5	42.5	45	47.5	125	135.0	140.5	303.5	282.939	372.065
	90kg Master 45-49																
1	Samm Oluo	WA	90kg	87	45	100	107.5	112.5	-62.5	-62.5	62.5	107.5	110.0	117.5	292.5	264.776	279.339
	110+ Master 40-44																
1	Iva Liou	TX	110+	119.4	41	215	232.5	245	110	120	-127.5	227.5	237.5	255	620	498.176	503.158

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting			Junior													
	60kg Jr 16-17																
1	Davien Anthony	ID	60kg	59.1	17	-137.5	137.5	-142.5	-95	-95	95	142.5	-150.0	150.0	382.5	326.908	
	75kg Jr 13-15																
1	Drew Westfall	OR	75kg	71.7	14	140	150	160	95	100	107.5	157.5	165.0	175.0	442.5	326.977	
														(185.0)			
	75kg Jr 16-17																
DQ	Sujith Bevara	WA	75kg	72.6	16	-60	62.5	67.5	-50	-50	-50	-100	-100	-	0	0	
	82.5kg Jr 18-19																
1	Rithvik Madupuru	WA	82.5kg	80.5	18	207.5	-217.5	220	132.5	137.5	142.5	-200	210.0	220.0	582.5	400.194	
2	Nick Webber	WA	82.5kg	80.2	19	175	190	195	100	-107.5	-107.5	175	-185.0	-	470	323.611	
	82.5kg Jr 20-23																
1	Tymber Shelton	WA	82.5kg	80.8	22	185	202.5	-205	112.5	125	-132.5	-225	237.5	-247.5	565	387.33	
	100kg Jr 16-17																
DQ	Easton Gardner	WA	100kg	93.1	16	-127.5	-127.5	-127.5	82.5	-87.5	87.5	127.5	135	140	0	0	
	Men Raw Powerlifting			Open													
	60kg Open																
1	Davien Anthony	ID	60kg	59.1	17	-137.5	137.5	-142.5	-95	-95	95	142.5	-150.0	150.0	382.5	326.908	
	67.5kg Open																
1	Nicholas Johnson	WA	67.5kg	64.5	30	-115	115	122.5	-115	-117.5	120	165	167.5	-175.0	410	326.836	
	75kg Open																
1	Dustin Nguyen	WA	75kg	73.5	24	225	235	240	-145	-145	145	-205	282.5	-287.5	667.5	485.178	
DQ	Sujith Bevara	WA	75kg	72.6	16	-60	62.5	67.5	-50	-50	-50	-100	-100	-	0	0	
	82.5kg Open																
1	Joseph Kosgey	WA	82.5kg	80.9	30	275	290	300	147.5	162.5	-172.5	295	310.0	320.0	782.5	536.049	
	90kg Open																
1	Michael Miller	WA	90kg	83	29	290	305	320	185	195.0	205.0	290.0	310.0	330.0	855	577.2	
2	Victor Amupitan	WA	90kg	86.3	27	227.5	235	242.5	157.5	162.5	170.0	235	245.0	255.0	667.5	441.102	
3	Jordan Covarrubias	WA	90kg	84.6	26	205	212.5	220	130	137.5	-150.0	235	245.0	-260.0	602.5	402.453	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Kris Woods	WA	100kg	98.1	29	215	227.5	235	145	152.5	-160.0	272.5	-287.5	-287.5	660	409.676	
2	Justin Lee	WA	100kg	94.7	24	195	210	225	145	152.5	160.0	220	240.0	-255.0	625	394.253	
	110kg Open																
1	Dmytro Timrov	WA	110kg	106.5	30	227.5	235	240	145	155	160	245	255	262.5	662.5	397.298	
2	Abhishek Shankar	WA	110kg	102	28	110	125	132.5	55	60	65	142.5	155	-160	352.5	215.144	
	125kg Open																
1	Cassean Eccles	WA	125kg	119.3	37	255	270	280	170	177.5	182.5	275	287.5	302.5	765	440.204	
	140kg Open																
1	Bo Lamb	WA	140kg	134.1	34	195	205	212.5	160	167.5	177.5	242.5	257.5	270	660	366.174	
	140+ Open																
1	Maalona Mataiumu	WA	140+	201.5	30	317.5	342.5	362.5	220	230	-242.5	332.5	345	-365	937.5	468.269	
	Men Raw Powerlifting		Submaster														
	75kg Submaster																
1	Jason Fritts	OR	75kg	71.3	39	125	130	135	75	77.5	80	132.5	142.5	150.0	365	270.733	
	90kg Submaster																
1	Ajlaan Bridle	WA	90kg	89	36	200	210	217.5	127.5	132.5	137.5	200	210.0	220.0	575	373.909	
	Men Raw Powerlifting			Master													
	90kg Master 40-44																
1	Marcelo Eden Siqueira	WA	90kg	88.8	40	142.5	155	165	-92.5	92.5	-105.0	177.5	190.0	200.0	457.5	297.845	297.845
	100kg Master 50-54																
1	Scott Meulen	WA	100kg	94	54	97.5	110	120	87.5	-95	95	120	132.5	145	360	227.885	274.373
	Women Raw Bench Only			Open													
	110+ Open																
1	Amy Schnirring	WA	110+	111.45	41				72.5	77.5	-82.5				77.5	63.606	64.242
	Women Raw Bench Only		Submaster														
	100kg Submaster																
1	Caitlynn Leach	WA	100kg	90.6	36				57.5	60	62.5				62.5	55.557	

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Bench Only			Master													
	110+ Master 40-44																
1	Amy Schnirring	WA	110+	111.45	41				72.5	77.5	82.5				77.5	63.606	64.242
	Men Raw Bench Only			Junior													
	67.5kg Jr 13-15																
1	Jacob Petosa	WA	67.5kg	66.1	15				93	93.0	93.0				93	72.786	
	75kg Jr 16-17																
DQ	Sujith Bevara	WA	75kg	72.6	16				50	50	50				0	0	
	Men Raw Bench Only			Open													
	75kg Open																
DQ	Sujith Bevara	WA	75kg	72.6	16				50	50	50				0	0	
	90kg Open																
1	Michael Miller	WA	90kg	83	29				185	195.0	205.0				205	138.393	
	Women Raw Deadlift Only			Open													
	67.5kg Open																
1	Olivia Crusoe	WA	67.5kg	66.8	32							187.5	197.5	202.5	197.5	205.134	
2	Amanda Mealer	WA	67.5kg	67.5	31							160	170	182.5	170	175.507	
	110+ Open																
1	Amy Schnirring	WA	110+	111.45	41							145	155	160	160	131.316	132.629
	Women Raw Deadlift Only			Submaster													
	100kg Submaster																
1	Caitlynn Leach	WA	100kg	90.6	36							125	137.5	145	145	128.893	
	Women Raw Deadlift Only			Master													
	82.5kg Master 55-59																
1	Debbie Nelson	WA	82.5kg	81.75	59							125	135.0	140.5	140.5	130.982	172.241
	110+ Master 40-44																
1	Amy Schnirring	WA	110+	111.45	41							145	155	160	160	131.316	132.629
	Men Raw Deadlift Only			Junior													
	75kg Jr 16-17																
DQ	Sujith Bevara	WA	75kg	72.6	16							100	100	100	0	0	

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2025 USA National Championships																	
Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Deadlift Only			Open													
	75kg Open																
DQ	Sujith Bevara	WA	75kg	72.6	16							100	100	100	0	0	
	90kg Open																
1	Michael Miller	WA	90kg	83	29							290.0	310.0	330.0	330	222.779	
	Men Raw Deadlift Only			Master													
	82.5kg Master 45-49																
1	Richard June	WA	82.5kg	82.5	45							185	200.0	212.5	212.5	143.946	151.863
	Best Lifters											Record Color Codes					
	Name	Equip	Events	Comp	Sex							State					
	Rithvik Madupuru	Raw	PL	Jr	Men							National					
	Iva Liou	Raw	PL	Open	Women												
	Michael Miller	Raw	PL	Open	Men												
	Iva Liou	Raw	PL	Master	Women												
	Shannon Mudd	Raw	PL	Submaster	Women												
	Meet Director:	Zach Miller															
	Referees																
	International:	Zach Miller															
	National:	Lauren Plooster, April Blais, Jonathan Blais, Raymond Damasco, Darleen Turgano															
	State:	Alexa Dimaano															
	Practical	Shamra Smith															
	Spotter/Loaders:	Jaris Beasley, Stella Han, Isidro Solis, Zachary Hall, Zane Johnson, Jim McCurry Jr.															
	Tested Lifters:	Adrianne Alino, Olivia Crusoe, Iva Liou, Dustin Nguyen, Joseph Kosgey, Michael Miller															