

USPA North Dakota Open October 1, 2022 Fargo, ND

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
56kg Jr 13-15																	
1	Caoimhe Doyle	ND	56kg	52.5	13	47.5	57.5	65.0	25	27.5	30.0	52.5	62.5	70.0	165	199.79	
82.5kg Jr 20-23																	
1	Abigail Olson	ND	82.5kg	81.6	23	147.5	152.5	160.0	72.5	82.5	87.5	150	162.5	167.5	415	387.233	
90kg Jr 16-17																	
1	Kyree Lacina	ND	90kg	89.9	17	102.5	105.0	110.0	35	37.5	45.0	132.5	137.5	142.5	297.5	265.358	
100kg Jr 20-23																	
1	Keanna Thesenvitz	SD	100kg	95.5	22	97.5	102.5	107.5	50	55.0	60.0	112.5	120.0	127.5	285	247.73	
Women Raw Powerlifting		Open															
56kg Open																	
1	Megan Blacksmith	ND	56kg	55.6	33	97.5	97.5	100.0	60	60.0	62.5	110	115.0	120.0	277.5	323.19	
60kg Open																	
1	Ashley Omsberg	ND	60kg	58.8	36	102.5	112.5	120.0	62.5	65.0	70.0	60.0	----	----	237.5	266.682	
67.5kg Open																	
1	Maisie Bach	MN	67.5kg	67.2	19	57.5	62.5	65.0	47.5	50.0	52.5	97.5	105.0	112.5	222.5	230.3	
82.5kg Open																	
1	Abigail Olson	ND	82.5kg	81.6	23	147.5	152.5	160.0	72.5	82.5	87.5	150	162.5	167.5	415	387.233	
100kg Open																	
1	Keanna Thesenvitz	SD	100kg	95.5	22	97.5	102.5	107.5	50	55.0	60.0	112.5	120.0	127.5	285	247.73	
110kg Open																	
1	Erin Miller	MN	110kg	102.1	25	117.5	122.5	130.0	90	95.0	97.5	160	170.0	175.0	400	338.63	
2	Lisa Mulvaney	MN	110kg	109.7	56	92.5	102.5	107.5	50	55.0	60.0	102.5	115.0	122.5	285	235.145	292.991
Women Raw Powerlifting		Submaster															
60kg Submaster																	
1	Ashley Omsberg	ND	60kg	58.8	36	102.5	112.5	120.0	62.5	65.0	70.0	60.0	----	----	237.5	266.682	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Master													
	100kg Master 40-44																
1	Cameon Eisenzimmer	ND	100kg	92.0	41	35.0	35.0	35.0	42.5	50.0	60.0	47.5	55.0	60.0	140	123.622	124.859
	110kg Master 55-59																
1	Lisa Mulvaney	MN	110kg	109.7	56	92.5	102.5	107.5	50	55.0	60.0	102.5	115.0	122.5	285	235.145	292.991
Men Raw Powerlifting				Junior													
	75kg Jr 16-17																
1	Brandon Helde	MN	75kg	71.8	16	130.0	137.5	142.5	85	90.0	95.0	152.5	162.5	165.0	392.5	289.759	
	75kg Jr 20-23																
1	Justin Ng	CA	75kg	73.7	21	167.5	177.5	190.0	95	105.0	110.0	205	222.5	235.0	522.5	379.109	
	82.5kg Jr 16-17																
1	Aiden Wayne	ND	82.5kg	78.4	16	135.0	142.5	160.0	92.5	100.0	100.0	180	192.5	205.0	465	324.53	
	82.5kg Jr 20-23																
DQ	Jonah Thomas	ND	82.5kg	82.5	20	167.5	167.5	167.5	95	97.5	102.5	187.5	200.0	205.0	0	0	
	90kg Jr 18-19																
1	Dalton Seidel	ND	90kg	87.9	18	200.0	212.5	215.0	130	135.0	142.5	200	210.0	215.0	565	369.771	
2	Cameron Hintz	ND	90kg	83.2	18	117.5	127.5	140.0	70	77.5	82.5	157.5	177.5	190.0	407.5	274.727	
	90kg Jr 20-23																
1	Brock Holm	MN	90kg	89.1	20	247.5	252.5	262.5	145	150.0	152.5	250	257.5	260.0	672.5	437.061	
2	Ryan Bridenthal	ND	90kg	85.4	23	147.5	152.5	160.0	70	77.5	85.0	190	202.5	217.5	455	302.374	
	100kg Jr 20-23																
1	Bryce Kuznia	ND	100kg	91.4	22	255.0	270.0	280.0	135	142.5	152.5	340	360.0	370.0	792.5	508.506	
2	Alejandro Rodriguez	ND	100kg	99.4	23	182.5	187.5	190.0	117.5	122.5	130.0	192.5	200.0	210.0	510	314.736	
	110kg Jr 20-23																
1	Jason Dudley	ND	110kg	100.1	21	172.5	177.5	192.5	102.5	105.0	115.0	227.5	237.5	242.5	540	332.235	
	140kg Jr 20-23																
1	Michael Moreno	ND	140kg	125.6	22	195.0	202.5	202.5	120	125.0	130.0	202.5	210.0	220.0	545	308.417	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting			Open													
	75kg Open																
DQ	Brody Schmidt	MN	75kg	74.2	24	-170.0	-170.0	-170.0	-112.5	-112.5	-112.5	230	240.0	-250.0	0	0	
	82.5kg Open																
1	Daniel Davila	ND	82.5kg	82.5	26	220.0	227.5	240.0	135	145.0	150.0	215	230.0	-240.0	620	419.983	
2	Zane Thielbar	ND	82.5kg	82.2	25	207.5	215.0	227.5	125.0	132.5	140.0	220	230.0	237.5	592.5	402.186	
3	Nathan Samudzi	SD	82.5kg	82.5	26	165.0	177.5	195.0	120	135.0	140.0	185	197.5	212.5	547.5	370.872	
4	Christian Hanson	ND	82.5kg	80.1	22	167.5	175.0	182.5	112.5	-117.5	122.5	210	220.0	230.0	535	368.636	
5	Benjamin Prochniak	ND	82.5kg	80.9	25	162.5	172.5	-182.5	112.5	122.5	127.5	215	225.0	-232.5	525	359.649	
	90kg Open																
1	Thomas O'Hotzke	ND	90kg	88.9	26	230.0	255.0	-272.5	145	-165.0	-165.0	275	302.5	-322.5	702.5	457.083	
2	Brock Holm	MN	90kg	89.1	20	247.5	252.5	262.5	145	150.0	-152.5	250	257.5	260.0	672.5	437.061	
3	Jordan Houdek	SD	90kg	88.8	27	105.0	150.0	-170.0	100	112.5	-117.5	180	200.0	215.0	477.5	310.865	
4	Ryan Bridenthal	ND	90kg	85.4	23	147.5	152.5	160.0	70	77.5	-85.0	190	202.5	217.5	455	302.374	
DQ	Morgen Grady	ND	90kg	85.1	28	110.0	-115.0	120.0	-97.5	-102.5	-102.5	157.5	162.5	177.5	0	0	
	100kg Open																
1	Cole Gau	ND	100kg	94.3	25	267.5	280.0	290.0	155	165.0	-170.0	282.5	300.0	-322.5	755	477.206	
2	Saul Cruz	ND	100kg	90.5	25	207.5	220.0	230.0	127.5	135.0	-145.0	252.5	267.5	280.0	645	415.9	
3	Alejandro Rodriguez	ND	100kg	99.4	23	182.5	187.5	-190.0	117.5	122.5	-130.0	192.5	200.0	-210.0	510	314.736	
4	Matthew Howling Wolf	ND	100kg	96.1	31	-150.0	150.0	157.5	112	-120.0	120.0	190	205.0	-210.0	482.5	302.299	
	110kg Open																
1	Jermece Slappy	ND	110kg	108.5	35	272.5	297.5	317.5	165	175.0	182.5	317.5	330.0	-340.0	830	494.154	
2	Paul Foss	SD	110kg	106.5	29	162.5	170.0	177.5	125	130.0	-132.5	235	240.0	250.0	557.5	334.33	
	125kg Open																
1	Raul Navarro	MN	125kg	118.9	28	185.0	197.5	210.0	135	145.0	150.0	210	230.0	245.0	605	348.529	
2	Garret Anderson	ND	125kg	124.0	31	145.0	160.0	170.0	100	-107.5	-107.5	160	175.0	185.0	455	258.532	
	140+ Open																
1	Cody Chapel	ND	140+	150.8	34	320.0	-330.0	330.0	252.5	260.0	265.0	342.5	367.5	-375.0	962.5	516.857	
2	Devin Lawrimore	ND	140+	151.3	39	175.0	-200.0	200.0	92.5	-107.5	-107.5	167.5	182.5	190.0	482.5	258.871	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Men Raw Powerlifting			Submaster															
	140+ Submaster																	
1	Devin Lawrimore	ND	140+	151.3	39	175.0	200.0	200.0	92.5	107.5	107.5	167.5	182.5	190.0	482.5	258.871		
Men Raw Powerlifting			Master															
	82.5kg Master 45-49																	
1	Eric Sampson	ND	82.5kg	81.9	46	187.5	197.5	207.5	112.5	125.0	135.0	195	207.5	220.0	552.5	375.817	401.373	
	125kg Master 45-49																	
1	John Williams	ND	125kg	114.8	46	212.5	212.5	227.5	102.5	115.0	122.5	227.5	245.0	257.5	600	349.863	373.654	
	140kg Master 45-49																	
1	Matt Mages	MN	140kg	129.3	46	175.0	195.0	205.0	110	117.5	125.0	227.5	240.0	252.5	575	322.492	344.422	
Men Classic Raw Powerlifting			Junior															
	82.5kg Jr 20-23																	
1	Kody Barron	ND	82.5kg	81.3	21	145.0	152.5	165.0	75	80.0	87.5	160	172.5	182.5	427.5	292.022		
	140+ Jr 20-23																	
1	Andre Baguma	ND	140+	142.3	22	317.5	317.5	332.5	175	180.0	185.0	275	285.0	292.5	810	441.884		
Men Classic Raw Powerlifting			Open															
	82.5kg Open																	
DQ	Nick Schaefer	ND	82.5kg	82.1	31	182.5	187.5	187.5	127.5	127.5	----	200	210.0	220.0	0	0		
	100kg Open																	
1	Corey Birkholz	MN	100kg	96.6	29	217.5	225.0	235.0	150	160.0	167.5	255	267.5	280.0	682.5	426.592		
	140kg Open																	
1	Calvin Honl	MN	140kg	133.9	28	305.0	322.5	337.5	177.5	190.0	197.5	300	322.5	335.0	850	471.793		
	140+ Open																	
1	Michael Acton	ND	140+	158.7	38	225.0	235.0	237.5	135	145.0	147.5	207.5	212.5	----	592.5	313.896		
Men Classic Raw Powerlifting			Submaster															
	140+ Submaster																	
1	Michael Acton	ND	140+	158.7	38	225.0	235.0	237.5	135	145.0	147.5	207.5	212.5	----	592.5	313.896		

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Bench Only				Junior													
	140kg Jr 20-23																
1	Michael Moreno	ND	140kg	125.6	22				120	125.0	130.0				130	73.567	
Men Raw Bench Only				Open													
	75kg Open																
1	Josh Caswell	ND	75kg	74.9	38				125	125.0	125.0				125	89.754	
	140+ Open																
1	Devin Lawrimore	ND	140+	151.3	39				92.5	107.5	107.5				92.5	49.628	
Men Raw Bench Only				Submaster													
	75kg Submaster																
1	Josh Caswell	ND	75kg	74.9	38				125	125.0	125.0				125	89.754	
	140+ Submaster																
1	Devin Lawrimore	ND	140+	151.3	39				92.5	107.5	107.5				92.5	49.628	
Men Raw Bench Only				Master													
	125kg Master 50-54																
1	Matthew Helde	MN	125kg	110.8	53				155	157.5	160.0				160	94.506	111.895
Men Raw Deadlift Only				Junior													
	110kg Jr 20-23																
1	Jason Dudley	ND	110kg	100.1	21							227.5	237.5	242.5	242.5	149.198	
	140kg Jr 20-23																
1	Michael Moreno	ND	140kg	125.6	22							202.5	210.0	220.0	220	124.499	
Men Raw Deadlift Only				Open													
	140+ Open																
1	Devin Lawrimore	ND	140+	151.3	39							167.5	182.5	190.0	190	101.939	
Men Raw Deadlift Only				Submaster													
	140+ Submaster																
1	Devin Lawrimore	ND	140+	151.3	39							167.5	182.5	190.0	190	101.939	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Deadlift Only				Master													
140kg Master 45-49																	
1	Matt Mages	MN	140kg	129.3	46							227.5	240.0	252.5	252.5	141.616	151.246
Men Raw Push-Pull				Junior													
140kg Jr 20-23																	
1	Michael Moreno	ND	140kg	125.6	22				120	125.0	130.0	202.5	210.0	220.0	350	198.066	
Men Raw Push-Pull				Open													
140+ Open																	
1	Devin Lawrimore	ND	140+	151.3	39				92.5	-107.5	-107.5	167.5	182.5	190.0	282.5	151.567	
Men Raw Push-Pull				Submaster													
140+ Submaster																	
1	Devin Lawrimore	ND	140+	151.3	39				92.5	-107.5	-107.5	167.5	182.5	190.0	282.5	151.567	

Best Lifters	
Name	Equip Events Comp Sex Record Color Codes
Bryce Kuznia	Raw PL Jr Men State
Abigail Olson	Raw PL Open Women
Cody Chapel	Raw PL Open Men
Meet Director:	David Stensland & Katie Stensland
Referees	
National:	David Stensland, Katie Stensland
State:	Matthew Klemmer, Kathy Johnson, Brianna Hauck, Jennifer Barber, Danielle Iverson, Megan Schwalbe
Spotter/Loaders:	Shawn Dirks, Steve Rice, Evan Johnsen, Tucker Salander, Arthur Zavala