

USPA Tested Masters Of Iron 3 December 14, 2024 Clearwater, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	75kg Jr 18-19																
1	Viki Skoularakos	FL	75kg	70.0	19	92.5	102.5	115	60	67.5	72.5	95	105	120	302.5	305.905	
2	Abigail Mcguin	FL	75kg	72.5	19	92.5	97.5	102.5	62.5	67.5	70	115	125	127.5	297.5	295.074	
								(107.5)									
	90kg Jr 20-23																
1	Milena Daza	FL	90kg	87.1	22	170.0	185	192.5	90	97.5	102.5	190	195	202.5	490	443.324	
Women Raw Powerlifting			Open														
	67.5kg Open																
1	Dilmarys Gabin Fernande	FL	67.5kg	67.3	27	110.0	117.5	122.5	62.5	65	67.5	132.5	142.5	142.5	315	325.762	
2	Jaclynn Parker	FL	67.5kg	67.2	30	75.0	75	80	32.5	37.5	42.5	70	82.5	92.5	215	222.537	
	75kg Open																
1	Kaylee Emmons	FL	75kg	74.0	26	105.0	110	112.5	50	57.5	60	117.5	130	137.5	302.5	296.738	
	82.5kg Open																
1	Sydney Ward	OH	82.5kg	77.4	27	92.5	102.5	110	55	62.5	67.5	122.5	132.5	132.5	300	287.438	
2	Hailey Briski	FL	82.5kg	78.6	23	80	90	97.5	62.5	72.5	77.5	100	112.5	125	300	285.192	
3	Jessica Avila	FL	82.5kg	80.4	28	75.0	77.5	82.5	47.5	52.5	55	102.5	107.5	115	245	230.28	
	90kg Open																
1	Milena Daza	FL	90kg	87.1	22	170.0	185	192.5	90	97.5	102.5	190	195	202.5	490	443.324	
Women Raw Powerlifting			Submaster														
	90kg Submaster																
1	Dawn Bowman	FL	90kg	84.9	53	102.5	102.5	112.5	57.5	62.5	62.5	142.5	152.5	157.5	312.5	286.105	
Women Raw Powerlifting			Master														
	75kg Master 55-59																
1	Carey Cramer	FL	75kg	74.2	59	75	82.5	90	40	45	50	102.5	107.5	115	242.5	237.538	312.362
	110+ Master 45-49																
1	Kristin Lucia	FL	110+	118.7	47	150.0	162.5	175	80	87.5	92.5	165	177.5	190	452.5	364.203	394.067
Men Raw Powerlifting			Junior														
	67.5kg Jr 13-15																
1	Charles Cain	FL	67.5kg	66.0	15	90.0	95	100	62.5	67.5	72.5	110	120	132.5	295	231.14	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Open													
	67.5kg Open																
1	Anthony Empuno	FL	67.5kg	67.0	36	192.5	197.5	202.5	145	150	155	192.5	200	205	562.5	435.89	
	82.5kg Open																
1	Caleb Efurd	AL	82.5kg	80.8	29	165.0	-182.5	-182.5	125	132.5	135	185	187.5	192.5	492.5	337.628	
	90kg Open																
DQ	Kristopher Reilly	FL	90kg	89.5	26	-177.5	-177.5	---	75	82.5	87.5	187.5	197.5	202.5	0	0	
	100kg Open																
1	Christian Coombes	FL	100kg	99.6	27	205.0	220	---	127.5	137.5	142.5	220	227.5	245	607.5	374.577	
	110kg Open																
1	Robert Danet	FL	110kg	105.6	25	200.0	205	215	120	130	142.5	180	192.5	205	562.5	338.467	
2	Abraham Saucedo	FL	110kg	105.6	32	175.0	-190	197.5	102.5	110	-117.5	180	195	212.5	520	312.894	
	140+ Open																
1	William Atterbury Jr	FL	140+	161.6	28	280.0	295	302.5	160	170	175	285	302.5	-312.5	780	411.277	
Men Raw Powerlifting			Submaster														
	67.5kg Submaster																
1	Anthony Empuno	FL	67.5kg	67.0	36	192.5	197.5	202.5	145	150	155	192.5	200	205	562.5	435.89	
	110kg Submaster																
1	Craig Schauble	AL	110kg	105.0	36	-147.5	147.5	-170	125	-142.5	-142.5	185	190	-205	462.5	278.932	
DQ	Pedro Antonio Ahuatzin	FL	110kg	106.8	35	182.5	185	187.5	-142.5	-142.5	-142.5	225	227.5	230	0	0	
Men Raw Powerlifting			Master														
	60kg Master 65-69																
1	Mark Evans	KY	60kg	59.5	69	102.5	115	-120	-77.5	77.5	82.5	175	190	-198	387.5	329.33	530.222
Men Classic Raw Powerlifting			Open														
	125kg Open																
1	Brett Wood	FL	125kg	119.7	43	210.0	230	240	190	-202.5	202.5	210	230	245	687.5	395.165	407.415
Men Classic Raw Powerlifting			Submaster														
	100kg Submaster																
1	Lucas Maliwacki	FL	100kg	99.3	39	205.0	-227.5	-227.5	137.5	-145	-145	215	---	---	557.5	344.201	

2025 State Championships																				
Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total			
	Men Classic Raw Powerlifting			Master																
	125kg Master 40-44																			
1	Brett Wood		FL	125kg	119.7	43	210.0	230	240	190	-202.5	202.5	210	230	245	687.5	395.165 407.415			
	Men Raw Bench Only			Open																
	140kg Open																			
1	Hakeem Christian		FL	140kg	131.6	50				210	-215	-215				210	117.158			
	Women Raw Bench Only			Master																
	100kg Master 40-44																			
1	Jane Brewer		FL	100kg	92.6	42				102.5	-107.5	107.5				107.5	94.66 96.553			
	Men Raw Deadlift Only			Master																
	60kg Master 65-69																			
1	Mark Evans		KY	60kg	59.5	69							175	190	-198	190	161.478 259.98			
	82.5kg Master 65-69																			
1	Walter Kaniefski		FL	82.5kg	81.0	65							135	150	160	160	109.529 162.103			
	Women Raw Push-Pull			Master																
	75kg Master 55-59																			
1	Carey Cramer		FL	75kg	74.2	59				40	45	50	102.5	-107.5	-115	152.5	149.38 132.029			
	Best Lifters												Record Color Codes							
	Name		Equip	Events	Comp	Sex							State							
	Milena Daza		Raw	PL	Open	Women							National							
	Anthony Empuno		Raw	PL	Open	Men														
	Meet Director:		Scott Simonson																	
	Referees																			
	International:		Scott Simonson Richard Ficca Andrew Yerrakadu																	
	National:		Mike Walker Molly Yerrakadu Tora Miller																	
	State:		Liss Osmolinski Ericka Young (Practical)																	
	Staff:		Beck Simonson																	
	Spotter/Loaders:		Brad / Jose / Sam / Chris / KeShawn / Steven																	
	Tested Lifters:		Milena Daza / Anthony Empuno / Kaylee Emmons																	