

USPA Connecticut State Championships November 19, 2022 North Haven, CT

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
67.5kg Jr 20-23																	
1	Mia Angelini	CT	67.5kg	61.7	20	130	137.5	145	57.5	62.5	65	152.5	162.5	167.5	377.5	411.235	
Women Raw Powerlifting			Open														
52kg Open																	
1	Morgan Wilderman	CT	52kg	50.9	26	95	100	105	50	55	-57.5	130	135	137.5	297.5	368.089	
56kg Open																	
1	Kirslyn Foster-Yee	CT	56kg	55	28	92.5	97.5	102.5	47.5	-52.5	52.5	140	147.5	150	305	357.8	
60kg Open																	
1	Kelly Ieronimo	CT	60kg	58.2	36	90	100	107.5	52.5	57.5	62.5	125	137.5	-147.5	307.5	347.566	
67.5kg Open																	
1	Mia Angelini	CT	67.5kg	61.7	20	130	137.5	145	57.5	62.5	65	152.5	162.5	167.5	377.5	411.235	
2	Sarah Sweney	CT	67.5kg	64.5	29	112.5	117.5	122.5	80	85	87.5	132.5	140	145	355	376.424	
3	Monique Mount	CT	67.5kg	65.2	38	102.5	-110	-110	60	65	-70	120	-127.5	127.5	295	310.798	
4	Rachel Ward	CT	67.5kg	67.1	27	87.5	-97.5	97.5	52.5	-57.5	-57.5	95	100	107.5	257.5	266.757	
75kg Open																	
1	Lauren Brown	CT	75kg	74.4	32	142.5	155	-167.5	72.5	77.5	-80	140	150	157.5	390	381.472	
2	Sydney Corneau	CT	75kg	70.4	26	122.5	130	-137.5	65	70	-72.5	140	147.5	157.5	357.5	360.374	
3	Renee Bauer	CT	75kg	69.4	45	92.5	97.5	-102.5	52.5	55	57.5	132.5	142.5	147.5	302.5	307.389	324.296
82.5kg Open																	
1	Mubarakah Ibrahim	CT	82.5kg	77	46	125	132.5	142.5	62.5	67.5	-70	135	142.5	150	360	345.847	369.364
90kg Open																	
1	Jess Lemachko	CT	90kg	86.5	28	130	140	142.5	87.5	92.5	-95	147.5	152.5	160	395	358.509	
2	Grace Tomasko	CT	90kg	83.4	25	97.5	105	112.5	52.5	57.5	-62.5	132.5	140	-145	310	286.224	
100kg Open																	
1	Stephanie Matthews	CT	100kg	98.5	40	140	145	150	70	-75	75	157.5	165	-177.5	390	334.786	334.786
110kg Open																	
1	Stephanie Smith	CT	110kg	108.9	30	112.5	120	-130	62.5	-65	65	110	120	-125	305	252.274	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Submaster														
	60kg Submaster																
1	Kelly Ieronimo	CT	60kg	58.2	36	90	100	107.5	52.5	57.5	62.5	125	137.5	-147.5	307.5	347.566	
	67.5kg Submaster																
1	Monique Mount	CT	67.5kg	65.2	38	102.5	-110	-110	60	65	-70	120	-127.5	127.5	295	310.798	
Women Raw Powerlifting			Master														
	56kg Master 50-54																
1	Kimberly Starbard	CT	56kg	54.2	54	42.5	-50	-50	30	35	-37.5	70	77.5	-85	155	183.636	221.098
	60kg Master 60-64																
1	Shari Mirman Karoll	CT	60kg	56.3	60	60	65	-67.5	50	55	-57.5	90	97.5	102.5	222.5	256.995	344.373
	75kg Master 45-49																
1	Renee Bauer	CT	75kg	69.4	45	92.5	97.5	-102.5	52.5	55	57.5	132.5	142.5	147.5	302.5	307.389	324.296
	82.5kg Master 45-49																
1	Mubarakah Ibrahim	CT	82.5kg	77	46	125	132.5	142.5	62.5	67.5	-70	135	142.5	150	360	345.847	369.364
	100kg Master 40-44																
1	Stephanie Matthews	CT	100kg	98.5	40	140	145	150	70	-75	75	157.5	165	-177.5	390	334.786	334.786
Men Raw Powerlifting			Junior														
	75kg Jr 16-17																
1	Ethan Berman	CT	75kg	70.1	16	120	130	-132.5	80	82.5	-87.5	155	167.5	175	387.5	290.785	
	82.5kg Jr 20-23																
1	Evan Starbard	CT	82.5kg	79.4	23	175	185	195	117.5	122.5	125	225	240	-255	560	387.872	
	90kg Jr 20-23																
1	Jacob Schultz	CT	90kg	89.9	22	70	---	---	145	150	-157.5	180	197.5	212.5	432.5	279.812	
	100kg Jr 20-23																
1	Jake Casey	CT	100kg	96.4	22	250	262.5	275	162.5	172.5	177.5	290	307.5	322.5	775	484.866	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Jr 20-23																
1	Jimmy Doutney	CT	110kg	108.5	22	225	245	252.5	140	150	-155	262.5	280	292.5	695	413.78	
	140+ Jr 20-23																
1	Nicholas Blardo	CT	140+	185	23	280	300	317.5	170	180	-187.5	265	280	295	792.5	403.693	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Michael Velasquez	CT	67.5kg	65.9	32	125	132.5	140	85	90	-95	167.5	177.5	182.5	412.5	323.569	
	75kg Open																
1	Eric Nardone	CT	75kg	72.4	24	220	230	-237.5	-165	-165	165	285	295	300	695	510.224	
	82.5kg Open																
1	Kyle Horton	CT	82.5kg	80.4	25	200	220	-230	145	157.5	-165	250	275	280	657.5	452.05	
2	Justin Mcenroe	CT	82.5kg	81.7	37	227.5	245	-252.5	125	135	140	242.5	255	-260	640	435.946	
	90kg Open																
1	Evan Golebiewski	CT	90kg	89.6	27	225	235	245	142	147.5	-155	290	302.5	-310	695	450.4	
2	Lucas Ieronimo	CT	90kg	89.2	34	220	227.5	235	160	-172.5	172.5	187.5	200	217.5	625	405.958	
3	Keneth Caraballo	CT	90kg	88.7	29	190	200	210	130	140	147.5	230	245	257.5	615	400.613	
4	Patriel Dunford	CT	90kg	89.2	29	185	200	210	-122.5	122.5	-132.5	232.5	245	260	592.5	384.848	
	100kg Open																
1	Dan Nyenhuis	CT	100kg	97.9	30	265	285	295	147.5	157.5	-165	272.5	290	302.5	755	469.072	
2	Matthew Lacroix	NJ	100kg	92.9	31	175	190	202.5	127.5	137.5	-145	215	237.5	252.5	592.5	377.174	
3	Ian Sweeney	CT	100kg	95.5	31	147.5	157.5	167.5	95	102.5	107.5	185	192.5	200	475	298.461	
	110kg Open																
1	Will Myers	CT	110kg	109.1	33	272.5	285	295	205	215	220	295	307.5	-322.5	822.5	488.657	
	125kg Open																
1	Jimmy Drozd	CT	125kg	118.6	34	270	282.5	-287.5	-190	195	-200	300	310	-317.5	787.5	454.051	
2	Jakob Maurer	CT	125kg	118.4	24	230	242.5	255	160	172.5	-180	290	305	320	747.5	431.234	
3	Andrew Valaskatgis	CT	125kg	119.5	23	215	230	240	167.5	-177.5	-177.5	245	255	-260	662.5	381.008	
4	Brandon Olson	CT	125kg	121.6	25	200	212.5	227.5	152.5	165	-175	225	242.5	-252.5	635	363.094	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Open																
1	Kurt Warcholic	CT	140kg	135.3	39	257.5	275	277.5	127.5	137.5	---	257.5	275	275	687.5	380.446	
	140+ Open																
1	Nicholas Blardo	CT	140+	185	23	280	300	317.5	170	180	187.5	265	280	295	792.5	403.693	
	Men Raw Powerlifting																
	82.5kg Submaster																
1	Justin Mcenroe	CT	82.5kg	81.7	37	227.5	245	252.5	125	135	140	242.5	255	260	640	435.946	
	Men Raw Powerlifting																
	110kg Master 45-49																
1	Rich Ministro	CT	110kg	100.6	47	137.5	150	165	97.5	105	105	152.5	165	182.5	427.5	262.455	283.977
2	Jason Riha	CT	110kg	103.9	49	110	115	120	102.5	102.5	112.5	157.5	167.5	175	390	236.216	262.908
	140kg Master 40-44																
1	Jerod Civitello	CT	140kg	137	41	190	200	207.5	135	140	145	250	267.5	272.5	620	341.863	345.282
	140+ Master 50-54																
1	Roy Lacroix	RI	140+	143.2	54	120	132.5	150	107.5	117.5	125	147.5	175	190	442.5	240.979	290.139
	Women Classic Raw Powerlifting																
	82.5kg Master 45-49																
1	Veronica Campos	CT	82.5kg	82.1	47	102.5	102.5	110	65	67.5	67.5	102.5	107.5	115	290	269.792	291.915
	Men Classic Raw Powerlifting																
	100kg Open																
1	Justin Potter	MA	100kg	95.4	34	192.5	192.5	215	130	140	147.5	230	247.5	262.5	625	392.902	
	Women Raw Bench Only																
	82.5kg Master 45-49																
1	Veronica Campos	CT	82.5kg	82.1	47				65	67.5	67.5				65	60.471	65.429

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters																
Name	Equip	Events	Comp	Sex								Record Color Codes				
Jake Casey	Raw	PL	Jr	Men								State				
Will Myers	Raw	PL	Open	Men												
Mia Angelini	Raw	PL	Open	Women												
Mubarakah Ibrahim	Raw	PL	Master	Women												
Meet Director:																
Dillon Anderson																
Referees																
National:																
Dillon Anderson, Brigette Zacharczenko																
State:																
Michael Jurgelewicz, Gina Caiafa, Maria Ryan, Tyla Serro																
Spotter/Loaders:																
Julio Hernandez, Cody Rodriguez, Lauren Vassallo, Paul Milano, Emmet Mead, Julie Balis, Hailey Tucker, Andrew Lacroix, Bobby Gendron, Eric Pick																