

USPA DT Pennsylvania State Powerlifting Championships October 6, 2018 Allentown, PA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	SHW Jr 16-17														
1	Victoria Moccio-Bell	PA	SHW	111.8	16	102.5	57.5	127.5	287.5	232.961		226	126.8	281.1	633.8
	56kg Open														
1	Casey Jo Hill	PA	56kg	53	27	110	80	120	310	380.804		242.5	176.4	264.6	683.4
	67.5kg Open														
1	Elena Viscomi	PA	67.5kg	64.8	33	112.5	55	140	307.5	323.336		248	121.3	308.6	677.9
	82.5kg Open														
1	Linda Arvey	PA	82.5kg	80.4	68	80	62.5	102.5	245	223.563	352.335	176.4	137.8	226	540.1
	67.5kg Master 40-44														
1	Erika Hill	PA	67.5kg	66.3	43	112.5	60	140	312.5	323.094	333.11	248	132.3	308.6	688.9
	67.5kg Master 50-54														
1	Patricia Boberski	PA	67.5kg	65.4	51	50	42.5	77.5	170	177.548	203.648	110.2	93.7	170.9	374.8
	67.5kg Master 60-64														
1	Ruth Golden	NJ	67.5kg	64.7	63	65	45	112.5	222.5	234.226	332.835	143.3	99.2	248	490.5
	75kg Master 60-64														
1	Clare Suhanich	PA	75kg	74	62	100	60	107.5	267.5	256.452	357.238	220.5	132.3	237	589.7
	82.5kg Master 65-69														
1	Linda Arvey	PA	82.5kg	80.4	68	80	62.5	102.5	245	223.563	352.335	176.4	137.8	226	540.1
	Men Raw Powerlifting														
	52kg Jr 13-15														
1	Tristan Kratz	PA	52kg	51.6	13	92.5	52.5	137.5	282.5	279.477		203.9	115.7	303.1	622.8
	67.5kg Jr 20-23														
1	Mike Connolly	PA	67.5kg	65.9	21	175	110	227.5	512.5	402.928		385.8	242.5	501.5	1129.9
	75kg Jr 18-19														
1	Jordan Evans	NJ	75kg	74.1	18	197.5	107.5	207.5	512.5	368.283		435.4	237	457.5	1129.9
	82.5kg Jr 16-17														
1	Tyler Bachman	NJ	82.5kg	82.5	17	187.5	127.5	220	535	358.397		413.4	281.1	485	1179.5

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	82.5kg Jr 20-23														
1	Jason Ciesielski	PA	82.5kg	82.4	21	205	127.5	250	582.5	390.508		451.9	281.1	551.2	1284.2
2	Joel Morales	PA	82.5kg	81.1	22	120	80	155	355	240.3		264.6	176.4	341.7	782.6
	90kg Jr 16-17														
1	Alec Chen	PA	90kg	89.8	17	230	127.5	252.5	610	389.851		507.1	281.1	556.7	1344.8
2	Andrew Shuman	PA	90kg	89	16	162.5	100	192.5	455	292.156		358.2	220.5	424.4	1003.1
3	Nathaniel Norris	PA	90kg	88	17	80	52.5	115	247.5	159.86		176.4	115.7	253.5	545.6
	90kg Jr 20-23														
1	Brandon Sales	PA	90kg	88.8	23	205	150	265	620	398.536		451.9	330.7	584.2	1366.9
2	Donald White	PA	90kg	88.3	21	187.5	130	272.5	590	380.373		413.4	286.6	600.8	1300.7
3	Nicholas Boletto	PA	90kg	88	23	177.5	127.5	215	520	335.868		391.3	281.1	474	1146.4
4	Cameron Shollenberger	PA	90kg	89.8	20	175	110	217.5	502.5	321.148		385.8	242.5	479.5	1107.8
	100kg Jr 20-23														
1	Vanden Grube	PA	100kg	98.4	20	285	175	322.5	782.5	479.36		628.3	385.8	711	1725.1
	67.5kg Open														
1	Raleigh Dia	PA	67.5kg	64.8	25	165	125	232.5	522.5	416.589		363.8	275.6	512.6	1151.9
2	Mike Connolly	PA	67.5kg	65.9	21	175	110	227.5	512.5	402.928		385.8	242.5	501.5	1129.9
	82.5kg Open														
1	Kris Novak	PA	82.5kg	80.1	29	197.5	137.5	220	555	378.621		435.4	303.1	485	1223.6
2	Sergio Jara	PA	82.5kg	79.2	24	112.5	77.5	147.5	337.5	231.896		248	170.9	325.2	744.1
	90kg Open														
1	Alec Chen	PA	90kg	89.8	17	230	127.5	252.5	610	389.851		507.1	281.1	556.7	1344.8
2	Matthew Newberry	PA	90kg	86.3	36	180	135	235	550	359.04		396.8	297.6	518.1	1212.5
3	Nicholas Boletto	PA	90kg	88	23	177.5	127.5	215	520	335.868		391.3	281.1	474	1146.4
4	Ethan Coolidge	PA	90kg	88.4	24	172.5	127.5	205	505	325.422		380.3	281.1	451.9	1113.3
5	Al Arvey	PA	90kg	85	72	80	65	92.5	237.5	156.346	268.603	176.4	143.3	203.9	523.6
	100kg Open														
1	Vanden Grube	PA	100kg	98.4	20	285	175	322.5	782.5	479.36		628.3	385.8	711	1725.1
2	Justin Eckert	PA	100kg	98.8	38	175	122.5	182.5	480	293.568		385.8	270.1	402.3	1058.2
3	Jeffrey Espinola	PA	100kg	98.6	27	120	85	182.5	387.5	237.189		264.6	187.4	402.3	854.3
	110kg Open														
1	James Mingle	MD	110kg	107.8	50	205	127.5	237.5	570	337.611	381.5	451.9	281.1	523.6	1256.6
	75kg Submaster														
DQ	Robert Bejeski	PA	75kg	69.7	37	125	0	155	0	0		275.6	0	341.7	0

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	90kg Submaster														
1	Kevin Louvierre	PA	90kg	85.9	35	187.5	145	187.5	520	340.34		413.4	319.7	413.4	1146.4
	100kg Submaster														
1	Roland Wilder	PA	100kg	98.6	39	200	175	210	585	358.079		440.9	385.8	463	1289.7
2	Justin Eckert	PA	100kg	98.8	38	175	122.5	182.5	480	293.568		385.8	270.1	402.3	1058.2
	67.5kg Master 50-54														
1	Kristopher Troup	PA	67.5kg	65.9	50	132.5	92.5	157.5	382.5	300.722	339.815	292.1	203.9	347.2	843.3
	90kg Master 40-44														
1	Ron Zsido	PA	90kg	89.1	44	190	165	220	575	368.978	384.844	418.9	363.8	485	1267.6
	90kg Master 70-74														
1	Al Arvey	PA	90kg	85	72	80	65	92.5	237.5	156.346	268.603	176.4	143.3	203.9	523.6
	110kg Master 50-54														
1	James Mingle	MD	110kg	107.8	50	205	127.5	237.5	570	337.611	381.5	451.9	281.1	523.6	1256.6
	125kg Master 45-49														
1	David Contestabile	PA	125kg	124.9	47	165	125	182.5	472.5	269.278	291.359	363.8	275.6	402.3	1041.7
	Women Classic Raw Powerlifting														
	67.5kg Jr 20-23														
1	Elizabeth Ferg	PA	67.5kg	66.6	21	120	57.5	137.5	315	324.639		264.6	126.8	303.1	694.4
	67.5kg Open														
1	Elizabeth Ferg	PA	67.5kg	66.6	21	120	57.5	137.5	315	324.639		264.6	126.8	303.1	694.4
	82.5kg Open														
1	Gwen Remaley	PA	82.5kg	81	22	190	92.5	185	467.5	424.864		418.9	203.9	407.9	1030.7
	Men Classic Raw Powerlifting														
	90kg Jr 20-23														
1	Bruce Mitchell	PA	90kg	86.9	22	225	145	252.5	622.5	404.812		496	319.7	556.7	1372.4
	100kg Jr 20-23														
1	Timothy Persad	PA	100kg	99.3	23	265	185	305	755	460.777		584.2	407.9	672.4	1664.5
	67.5kg Open														
1	Peyton Holt	MD	67.5kg	65.1	24	180	120	190	490	389.158		396.8	264.6	418.9	1080.3

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	Best Lifter Male Open Raw: Vanden Grube														
	Best lifter Female Open Raw: Casey Jo Hill														
	Best Lifter Male Open Classic Raw: Timothy Persad														
	Meet Director: Eric Kratz														
	Thank you to our judges:														
	National: Eric Kratz, Jessica Kratz and Bobby Bowlin														
	State: Ed Komissar, Samantha Hanna, Tim Fritz and Shay Larrisey														
	Announcer: Ed Komissar														
	Computer: Gabby Eckert														
	Expeditor: Bobby Bowlin, Samantha Hanna and Shay Larrisey														
	Spotter/ Loaders:														
	Ben Borakove														
	Warren Gosdin														
	William Georges														
	Zachary Scharnikow														
	Mario Lozano														