

USPA Southern Washington Championships February 27, 2021 Vancouver, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	48kg Jr																
1	Kiley Deuel	WA	48kg	47.0	12	30.0	40.0	40.0	20	25.0	25.0	50	55.0	60.0	110	144.162	
	60kg Jr 20-23																
1	Danielle Garrod	WA	60kg	59.8	22	132.5	140.0	147.5	80	82.5	85.0	142.5	150.0	157.5	380	422.137	
2	Jane Flegel	WA	60kg	59.8	22	97.5	105.0	115.0	52.5	55.0	55.0	135	152.5	165.0	332.5	369.37	
	Women Raw Powerlifting			Open													
	60kg Open																
1	Tyona Santos	WA	60kg	58.4	25	122.5	127.5	137.5	65	70.0	72.5	132.5	137.5	145.0	345	389.092	
2	Jane Flegel	WA	60kg	59.8	22	97.5	105.0	115.0	52.5	55.0	55.0	135	152.5	165.0	332.5	369.37	
	67.5kg Open																
1	Elizabeth Fragione	WA	67.5kg	66.2	27	155.0	163.0	170.0	75	80.0	82.5	147.5	155.0	162.5	405	422.877	
	82.5kg Open																
1	Kaela Dark	WA	82.5kg	82.2	35	162.5	172.5	182.5	105	105.0	110.0	192.5	205.0	215.0	497.5	462.56	
2	Lauren Plooster	WA	82.5kg	81.6	37	120.0	127.5	132.5	60	65.0	70.0	145	155.0	165.0	367.5	342.911	
3	Rebecca Deuel	WA	82.5kg	77.4	34	75.0	85.0	85.0	47.5	52.5	52.5	90	95.0	100.0	232.5	222.764	
	SHW Open																
1	Kristine McMahon	WA	SHW	120.4	34	140.0	150.0	157.5	90	97.5	100.0	180	192.5	205.0	450	360.729	
2	Meghan Cooke	MO	SHW	97.0	25	122.5	130.0	137.5	60	65.0	70.0	142.5	152.5	160.0	367.5	317.416	
	Women Raw Powerlifting			Submaster													
	82.5kg Submaster																
1	Kaela Dark	WA	82.5kg	82.2	35	162.5	172.5	182.5	105	105.0	110.0	192.5	205.0	215.0	497.5	462.56	
2	Lauren Plooster	WA	82.5kg	81.6	37	120.0	127.5	132.5	60	65.0	70.0	145	155.0	165.0	367.5	342.911	
	Women Raw Powerlifting			Master													
	82.5kg Master 40-44																
1	Amy Gagnon	WA	82.5kg	80.2	41	125.5	135.0	142.5	65	70.0	72.5	120	130.0	142.5	357.5	336.436	339.801
	Men Raw Powerlifting			Junior													
	75kg Jr 20-23																
1	Sam Garcia	WA	75kg	75.0	23	152.5	160.0	175.0	125	135.0	145.5	220	220	232.5	542.5	389.201	
2	William Bizub	WA	75kg	72.6	23	150.0	165.0	172.5	105	110.0	117.5	190	187.5	202.5	492.5	360.898	
DQ	Gus Brown	WA	75kg	74.4	22	197.5	210.0	215.0	130	137.5	145.0	---	---	---	0	0	
	90kg Jr 13-15																
1	Seth Carroll	WA	90kg	88.4	15	135.0	155.0	160.0	87.5	93.0	93.0	170	187.5	205	435	283.855	

USPA Southern Washington Championships February 27, 2021 Vancouver, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Jr 20-23																
1	Will Goddard	OR	110kg	102.4	23	212.5	222.5	232.5	145	152.5	157.5	245	262.5	272.5	657.5	400.638	
Men Raw Powerlifting			Open														
	75kg Open																
1	Hugo Baixeras	WA	75kg	75.0	28	200.0	200.0	215.0	132.5	140.0	140.0	252.5	272.5	272.5	607.5	435.834	
2	William Bizub	WA	75kg	72.6	23	150.0	165.0	172.5	105	110.0	117.5	190	187.5	202.5	492.5	360.898	
	82.5kg Open																
1	Brandon Peterson	WA	82.5kg	81.6	31	255.0	270.0	---	157.5	165.0	175.0	265	275	280	710	483.968	
2	Jestoni Gabuyo	WA	82.5kg	82.0	29	157.5	167.5	175.0	120	127.5	132.5	195	205	215	507.5	344.967	
	90kg Open																
1	Jaris Beasley	WA	90kg	89.6	26	200.0	215.0	222.5	140	152.5	155.0	260	280	287.5	657.5	426.098	
2	Dustin Irelan	WA	90kg	87.4	29	175.0	187.5	192.5	140	150.0	160.0	200	220	230	562.5	369.233	
	100kg Open																
1	Christopher Clonch	OR	100kg	97.4	41	262.5	272.5	280.0	170	182.5	185	262.5	267.5	275.0	700	435.9	440.259
2	Javad Bakhshinejad	WA	100kg	90.8	26	205.0	217.5	227.5	125	132.5	137.5	250	265.0	277.5	632.5	407.168	
	110kg Open																
1	Max Moon	WA	110kg	100.4	26	227.5	242.5	255.0	157.5	167.5	175	250	265.0	277.5	707.5	434.728	
2	Dylan Diggs	WA	110kg	105.6	27	190.0	200.0	215.0	132.5	142.5	150	240	262.5	277.5	642.5	386.604	
	125kg Open																
1	Jason Vandenberg	WA	125kg	115.8	25	235.0	250.0	262.5	157.5	172.5	180	275	300	317.5	760	441.81	
Men Raw Powerlifting			Submaster														
	82.5kg Submaster																
1	Tim Lease	WA	82.5kg	81.6	38	190.0	207.5	217.5	142.5	150.0	157.5	235	250	262.5	637.5	434.549	
2	James Deuel	WA	82.5kg	81.6	37	130.0	135.0	140.0	140	147.5	155	160	175	180	475	323.781	
Men Raw Powerlifting			Master														
	100kg Master 40-44																
1	Christopher Clonch	OR	100kg	97.4	41	262.5	272.5	280.0	170	182.5	185	262.5	267.5	275.0	700	435.9	440.259
	110kg Master 45-49																
DQ	Christopher Smith	WA	110kg	100.6	45	240.0	240.0	---	150	---	---	---	---	---	0	0	0

USPA Southern Washington Championships February 27, 2021 Vancouver, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Master 45-49																
1	Steven Chilcote	WA	140kg	128.8	45	182.5	195.0	210.0	132.5	142.5	150	230	245	257.5	617.5	346.737	365.807
														(265.0)			
	Men Classic Raw Powerlifting			Junior													
	90kg Jr 13-15																
1	Andrew Turner	OR	90kg	83.6	15	165.0	182.5	197.5	102.5	107.5	112.5	165	175.0	182.5	470	316.015	
	90kg Jr 16-17																
1	Jackson Turner	OR	90kg	85.0	17	165.0	205.0	205.0	102.5	112.5	125.0	165	182.5	195	472.5	314.805	
	Men Classic Raw Powerlifting			Open													
	82.5kg Open																
1	Jacob Flury	OR	82.5kg	81.0	27	190.0	197.5	205.0	115	125.0	125.0	195	202.5	210	530	362.814	
	100kg Open																
1	Cameron Martinot	WA	100kg	96.6	29	280.0	300.0	310.0	165	175	180	280	300.0	312.5	775	484.408	
	140kg Open																
1	Sam Ionesi	OR	140kg	134.6	29	192.5	220.0	220.0	125	137.5	142.5	192.5	222.5	227.5	545	302.043	
	Men Classic Raw Powerlifting			Submaster													
	125kg Submaster																
1	Brad Hornback	OR	125kg	122.4	38	235.0	252.5	272.5	160	172.5	182.5	220	227.5	240.0	665	379.437	
	SHW Submaster																
1	Brandon Lyons	OR	SHW	147.5	36	275.0	307.5	320.0	165	182.5	187.5	247.5	272.5	285.0	775	418.656	
	Women Raw Bench Only			Open													
	SHW Open																
1	Lisa Herrera	WA	SHW	126.0	33				92.5	100.0	105.0				105	83.171	
											(112.5)						
	Men Raw Bench Only			Submaster													
	82.5kg Submaster																
1	Tim Lease	WA	82.5kg	81.6	38				142.5	150.0	157.5				157.5	107.359	
2	James Deuel	WA	82.5kg	81.6	37				140	147.5	155				155	105.655	

USPA Southern Washington Championships February 27, 2021 Vancouver, WA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Deadlift Only			Master													
	140kg Master 45-49																
1	Steven Chilcote	WA	140kg	128.8	45							230	245	257.5	257.5	144.591	152.543
														(265.0)			
	Men Raw Push-Pull			Open													
	110kg Open																
1	Nate Holthe	WA	110kg	106.8	33				165	175	182.5	227.5	245.0	267.5	450	269.564	
	Men Raw Push-Pull			Submaster													
	82.5kg Submaster																
1	James Deuel	WA	82.5kg	81.6	37				140	147.5	155	160	175	180	335	228.351	
	Best Lifters														Record Color Codes		
	Kaela Dark	Raw Open Women PL													State		
	Brandon Peterson	Raw Open Men PL															
	Meet Director:	Craig Recore															
	Referees																
	International:	Larry Shamblin															
	National:	Brad Shellman															
	State:	Craig Recore, Stark Ledbetter, Jamison Faith. Practical: Joey Stampke															
	Spotter/Loaders:	Bryant Roach, Cody Perry, Joe Kiser, Vlad Kobylnik, Tom Ramirez															