

USPA Drug Tested NOVA Fall Classic Invitational and Virginia State Championships November 13, 2021 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
<b>Women Raw Powerlifting</b>																	
<b>Junior</b>																	
	75kg Jr 18-19																
1	Emma Olgers	VA	75kg	72.9	19	127.5	132.5	137.5	67.5	70	<del>72.5</del>	145	152.5	162.5	370	365.888	
	82.5kg Jr 18-19																
1	Amy Portillo	VA	82.5kg	80.2	19	<del>102.5</del>	115	122.5	47.5	52.5	<del>57.5</del>	112.5	120	127.5	302.5	284.677	
<b>Women Raw Powerlifting</b>																	
<b>Open</b>																	
	56kg Open																
1	Alexandra Lemoine	VA	56kg	53.9	37	95	100	<del>105</del>	45	47.5	50	110	117.5	122.5	272.5	324.061	
2	Courtney Dixon	DC	56kg	53.5	31	82.5	87.5	90	52.5	<del>55</del>	<del>55</del>	107.5	112.5	117.5	260	310.768	
3	Avylyn Cress	VA	56kg	53.6	26	80	95	100	42.5	<del>50</del>	<del>50</del>	95	105	115	257.5	307.388	
4	Emily Bautista	VA	56kg	53.5	25	52.5	60	65	40	45	<del>47.5</del>	95	102.5	112.5	222.5	265.945	
	67.5kg Open																
1	Laura Mae Lucas	AL	67.5kg	65.8	36	107.5	115	<del>120</del>	55	57.5	<del>60</del>	130	137.5	142.5	315	330.077	
2	Kendra Brooks	VA	67.5kg	64.3	41	70	82.5	87.5	45	<del>47.5</del>	47.5	100	115	122.5	257.5	273.548	276.284
3	Lydia Olsen	VA	67.5kg	62.0	26	80	90	95	42.5	50	<del>52.5</del>	90	102.5	107.5	252.5	274.242	
	75kg Open																
1	Emma Olgers	VA	75kg	72.9	19	127.5	132.5	137.5	67.5	70	<del>72.5</del>	145	152.5	162.5	370	365.888	
2	Vanessa Schaffer	VA	75kg	72.8	39	117.5	122.5	<del>127.5</del>	60	62.5	65	140	147.5	155	342.5	338.946	
3	Katherine Theissen	VA	75kg	74.7	37	100	107.5	115	60	65	<del>70</del>	100	110	<del>117.5</del>	290	283.053	
	82.5kg Open																
1	Miranda Kenneally	VA	82.5kg	79.5	39	115	<del>125</del>	<del>125</del>	50	52.5	<del>55</del>	137.5	<del>150</del>	150	317.5	300.103	
	90kg Open																
1	Melissa Coombs	VA	90kg	88.2	37	100	117.5	125	77.5	82.5	85	<del>137.5</del>	147.5	157.5	367.5	330.602	
2	Cristina Mendez	DC	90kg	85.4	36	75	<del>85</del>	<del>95</del>	47.5	<del>52.5</del>	<del>52.5</del>	100	110	117.5	240	219.125	
	SHW Open																
1	Brinlin Maki	VA	SHW	107.8	36	130	140	145	72.5	77.5	80	137.5	<del>147.5</del>	<del>147.5</del>	362.5	300.887	
<b>Women Raw Powerlifting</b>																	
<b>Submaster</b>																	
	56kg Submaster																
1	Alexandra Lemoine	VA	56kg	53.9	37	95	100	<del>105</del>	45	47.5	50	110	117.5	122.5	272.5	324.061	
	67.5kg Submaster																
1	Laura Mae Lucas	AL	67.5kg	65.8	36	107.5	115	<del>120</del>	55	57.5	<del>60</del>	130	137.5	142.5	315	330.077	

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	75kg Submaster																
1	Vanessa Schaffer	VA	75kg	72.8	39	117.5	122.5	<del>127.5</del>	60	62.5	65	140	147.5	155	342.5	338.946	
2	Katherine Theissen	VA	75kg	74.7	37	100	107.5	115	60	65	<del>70</del>	100	110	<del>117.5</del>	290	283.053	
	82.5kg Submaster																
1	Miranda Kenneally	VA	82.5kg	79.5	39	115	<del>125</del>	<del>125</del>	50	52.5	<del>55</del>	137.5	<del>150</del>	150	317.5	300.103	
	90kg Submaster																
1	Melissa Coombs	VA	90kg	88.2	37	100	117.5	125	77.5	82.5	85	<del>137.5</del>	147.5	157.5	367.5	330.602	
2	Cristina Mendez	DC	90kg	85.4	36	75	<del>85</del>	<del>95</del>	47.5	<del>52.5</del>	<del>52.5</del>	100	110	117.5	240	219.125	
	SHW Submaster																
1	Brinlin Maki	VA	SHW	107.8	36	130	140	145	72.5	77.5	80	137.5	<del>147.5</del>	<del>147.5</del>	362.5	300.887	
2	Jacqueline Davison	VA	SHW	98.3	37	92.5	97.5	102.5	47.5	50	52.5	110	117.5	122.5	277.5	238.405	
	Women Raw Powerlifting																
	67.5kg Master 40-44																
1	Kendra Brooks	VA	67.5kg	64.3	41	70	82.5	87.5	45	<del>47.5</del>	47.5	100	115	122.5	257.5	273.548	276.284
	67.5kg Master 70-74																
1	Lenore Gelb	AL	67.5kg	66.9	71	57.5	62.5	67.5	42.5	45	47.5	102.5	107.5	112.5	227.5	236.088	396.863
	82.5kg Master 40-44																
1	Verlinda Dority	VA	82.5kg	81.6	44	102.5	105	112.5	62.5	<del>67.5</del>	<del>67.5</del>	120	125	<del>132.5</del>	300	279.927	291.964
	Women Raw Bench Only																
	67.5kg Open																
1	Gina Corteselli	VA	67.5kg	60.8	62				37.5	40	42.5				42.5	46.723	
	75kg Open																
1	Katherine Theissen	VA	75kg	74.7	37				60	65	<del>70</del>				65	63.443	
	90kg Open																
1	Mona (Esperanza) Espinosa	VA	90kg	83.6	40				80	83.5	87.5				87.5	80.697	80.697
	Women Raw Bench Only																
	75kg Submaster																
1	Katherine Theissen	VA	75kg	74.7	37				60	65	<del>70</del>				65	63.443	
	Women Raw Bench Only																
	90kg Master 40-44																
1	Mona (Esperanza) Espinosa	VA	90kg	83.6	40				80	83.5	87.5				87.5	80.697	80.697

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
<b>Men Raw Powerlifting</b>																	
<b>Junior</b>																	
75kg Jr 13-15																	
1	Michael McLaughlin	GA	75kg	72.8	15	105	115	<del>125</del>	87.5	95	<del>97.5</del>	135	147.5	160	370	270.637	
75kg Jr 20-23																	
1	Alfred Aucedá	AL	75kg	74.2	23	<del>192.5</del>	<del>215</del>	215	120	127.5	<del>137.5</del>	235	247.5	<del>265</del>	590	426.208	
2	Mahiteme Tigabu	VA	75kg	72.8	22	155	167.5	<del>177.5</del>	87.5	102.5	<del>110</del>	185	195	205	475	347.44	
3	John Alvarez	FL	75kg	73.4	23	125	135	142.5	80	<del>85</del>	85	135	145	162.5	390	283.728	
90kg Jr 16-17																	
1	Ivan Candanoza	VA	90kg	90.0	17	202.5	<del>210</del>	<del>215</del>	117.5	125	132.5	190	<del>202.5</del>	<del>202.5</del>	525	339.465	
<b>Men Raw Powerlifting</b>																	
<b>Open</b>																	
75kg Open																	
1	Quan Myers	NC	75kg	74.8	24	200	<del>210</del>	215	155	160	<del>165</del>	237.5	245	252.5	627.5	450.952	
2	Alfred Aucedá	AL	75kg	74.2	23	<del>192.5</del>	<del>215</del>	215	120	127.5	<del>137.5</del>	235	247.5	<del>265</del>	590	426.208	
3	Long Tran	VA	75kg	70.6	31	137.5	150	160	132.5	140	<del>142.5</del>	187.5	200	215	515	384.574	
4	Ali Ahmad	VA	75kg	72.8	24	142.5	152.5	160	90	95	<del>100</del>	200	217.5	225	480	351.097	
5	Muhammad Qureshi	VA	75kg	73.4	32	137.5	140	142.5	105	110	<del>112.5</del>	190	200	202.5	455	331.016	
82.5kg Open																	
1	Mookie Simon	MD	82.5kg	80.2	27	215	225	230	160	170	175	230	245	260	665	457.875	
2	Stephen Gerdner	DE	82.5kg	82.3	25	212.5	225	227.5	140	<del>150</del>	<del>150</del>	255	272.5	282.5	650	440.912	
3	David Shaw	VA	82.5kg	82.4	29	197.5	210	220	142.5	150	155	222.5	230	235	610	413.494	
4	Valjean Lemoine	VA	82.5kg	81.4	38	160	170	177.5	125	130	135	220	230	237.5	550	375.435	
5	Michael Gapinske	VA	82.5kg	79.4	26	150	160	170	95	100	105	155	165	175	450	311.683	
90kg Open																	
1	Jonah Liwag	MD	90kg	89.4	25	252.5	265	280	160	<del>170</del>	170	275	295	<del>305</del>	745	483.35	
2	Buckley Mckay	DC	90kg	89.1	33	172.5	<del>182.5</del>	185	120	<del>125</del>	<del>125</del>	222.5	235	242.5	547.5	355.823	
100kg Open																	
1	Cody Kidd	VA	100kg	92.5	26	235	<del>242.5</del>	<del>242.5</del>	142.5	150	155	255	272.5	<del>275</del>	662.5	422.615	
110kg Open																	
1	Alexander Mccall	VA	110kg	109.0	34	222.5	230	240	160	167.5	<del>172.5</del>	247.5	<del>260</del>	<del>260</del>	655	389.28	
2	Brian Grierson	VA	110kg	109.9	25	215	227.5	235	125	132.5	<del>137.5</del>	257.5	<del>272.5</del>	272.5	640	379.181	
<b>Men Raw Powerlifting</b>																	
<b>Submaster</b>																	
82.5kg Submaster																	
1	Valjean Lemoine	VA	82.5kg	81.4	38	160	170	177.5	125	130	135	220	230	237.5	550	375.435	

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<b>Men Raw Powerlifting</b>				<b>Master</b>													
	75kg Master 50-54																
1	Christopher Stewart	VA	75kg	73.8	52	140	150	<del>-157.5</del>	97.5	<del>-107.5</del>	107.5	170	185	<del>-197.5</del>	442.5	320.78	373.709
	90kg Master 40-44																
1	Zak Sahraie	VA	90kg	89.5	40	202.5	215	<del>-227.5</del>	137.5	<del>-142.5</del>	<del>-142.5</del>	232.5	242.5	252.5	605	392.297	392.297
	100kg Master 40-44																
1	Jamel Clark	VA	100kg	98.7	43	157.5	170	185	137.5	<del>-155</del>	<del>-155</del>	190	210	240	562.5	348.214	359.008
<b>Men Classic Raw Powerlifting</b>				<b>Open</b>													
	140kg Open																
1	Michael Deshazo	VA	140kg	137.8	35	<del>-212.5</del>	212.5	<del>-</del>	150	162.5	165	247.5	257.5	<del>-262.5</del>	635	349.553	
<b>Men Classic Raw Powerlifting</b>				<b>Submaster</b>													
	140kg Submaster																
1	Michael Deshazo	VA	140kg	137.8	35	<del>-212.5</del>	212.5	<del>-</del>	150	162.5	165	247.5	257.5	<del>-262.5</del>	635	349.553	
<b>Men Raw Deadlift Only</b>				<b>Open</b>													
	140kg Open																
1	Michael Deshazo	VA	140kg	137.8	35							247.5	257.5	<del>-262.5</del>	257.5	141.748	
<b>Men Raw Deadlift Only</b>				<b>Submaster</b>													
	140kg Submaster																
1	Michael Deshazo	VA	140kg	137.8	35							247.5	257.5	<del>-262.5</del>	257.5	141.748	
<b>Best Lifters</b>																	
	Alfred Auceda	Raw	PL	Jr	Men												
	Jonah Liwag	Raw	PL	Open	Men												
	Emma Olgers	Raw	PL	Open	Women												
	Vanessa Schaffer	Raw	PL	Submaster	Women												
	Meet Director:	Ken Stewart															
	Referees																
	National:	Ethan Dew, Lucas Stephens, Luke Selover, Ken Stewart															
	State:	Daniel Dixon															
	Spotter/Loaders:	Jordan Griffen, Garrett Lang, Peter Husisian, Omar El-Muqayed															
	Tested Lifters:	Alfred Auceda, Jonah Liwag, Vanessa Schaffer, Emma Olgers, Mookie Simon															

Record Color Codes
State
National