

USPA Rise of the Valkyrie July 31, 2021 Vista, CA

| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|---|-------------------------|-------|--------|--------|-----|---------------|-------------------|-------------------|------------------|------------------|------------------|-------------------|-------------------|-------------------|----------|------------|-----------|
| | Women Raw Powerlifting | | | Junior | | | | | | | | | | | | | |
| | 60kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Marlene Olivas-Gradias | CA | 60kg | 57.8 | 23 | 95 | 100 | -102.5 | 50 | 55 | 57.5 | 102.5 | 107.5 | 112.5 | 270 | 306.543 | |
| | 75kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Hannah Gutierrez | CA | 75kg | 71.1 | 21 | 82.5 | -87.5 | 90 | 47.5 | 50 | 50 | 110 | 115 | 120 | 257.5 | 258.147 | |
| | Women Raw Powerlifting | | | Open | | | | | | | | | | | | | |
| | 52kg Open | | | | | | | | | | | | | | | | |
| 1 | Erica Landry | CA | 52kg | 51.2 | 24 | 100 | -110 | -110 | 52.5 | 60 | 65 | -105 | 105 | 107.5 | 267.5 | 329.606 | |
| | 56kg Open | | | | | | | | | | | | | | | | |
| 1 | Sarahdane Lara | CA | 56kg | 55.4 | 38 | 110 | 115 | 120 | 50 | 55 | 57.5 | 130 | 137.5 | -142.5 | 315 | 367.746 | |
| 2 | Christine De Lara | CA | 56kg | 55.8 | 28 | 82.5 | 87.5 | 92.5 | 30 | 35 | -37.5 | 105 | 112.5 | 120 | 247.5 | 287.563 | |
| | 60kg Open | | | | | | | | | | | | | | | | |
| 1 | Miranda Derosa | CA | 60kg | 59.0 | 29 | 110 | 115 | 117.5 | 62.5 | 67.5 | 72.5 | 110 | 120 | 130 | 320 | 358.54 | |
| 2 | Marlene Olivas-Gradias | CA | 60kg | 57.8 | 23 | 95 | 100 | -102.5 | 50 | 55 | 57.5 | 102.5 | 107.5 | 112.5 | 270 | 306.543 | |
| 3 | Leslie Aviles | CA | 60kg | 59.5 | 28 | 95 | 100 | 105 | 45 | 47.5 | 50 | 100 | 107.5 | 112.5 | 265 | 295.325 | |
| 4 | Marissa Jennings | CA | 60kg | 59 | 26 | 67.5 | 70 | -77.5 | -32.5 | 32.5 | 35 | 90 | 97.5 | -100 | 202.5 | 226.889 | |
| | 67.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Mercedes Dozl | CA | 67.5kg | 67.5 | 26 | 145 | 155 | 160 | 80 | 85 | 90 | 190 | -197.5 | 197.5 | 442.5 | 456.834 | |
| 2 | Alisha Oseguera | CA | 67.5kg | 67.5 | 26 | 127.5 | 135 | -137.5 | 77.5 | 80 | -82.5 | -157.5 | 160 | -165 | 375 | 387.148 | |
| 3 | Aleciah Gonzales | CA | 67.5kg | 67.2 | 24 | 95 | 102.5 | 110 | 60 | 65 | 70 | 147.5 | 165 | 172.5 | 352.5 | 364.857 | |
| 4 | Emily Schmidt | CA | 67.5kg | 66.4 | 26 | 115 | 125 | -135 | 60 | 65 | 65 | 140 | 145 | -155 | 330 | 343.958 | |
| 5 | Kiana Lambert | CA | 67.5kg | 67.1 | 24 | 107.5 | 112.5 | -115 | 57.5 | 62.5 | 65 | 130 | 137.5 | 145 | 322.5 | 334.094 | |
| 6 | Lauren Butao | CA | 67.5kg | 67.2 | 27 | 102.5 | 110 | 117.5 | 47.5 | 50 | 55 | 105 | 112.5 | 122.5 | 295 | 305.342 | |
| 7 | Samantha Ito | CA | 67.5kg | 66 | 30 | 92.5 | 97.5 | 102.5 | 57.5 | 62.5 | 65 | 110 | 117.5 | 122.5 | 287.5 | 300.724 | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Evanisse Lorenzo | CA | 75kg | 74 | 26 | 142.5 | 150 | 162.5 | 85 | 90 | 92.5 | 160 | 170 | 182.5 | 437.5 | 429.166 | |
| 2 | Camille Masica | CA | 75kg | 74.5 | 30 | 97.5 | 105 | 115 | 52.5 | 57.5 | 62.5 | 125 | 132.5 | 140 | 312.5 | 305.449 | |
| 3 | Dominique Rose Gregorio | CA | 75kg | 72.5 | 24 | 97.5 | 102.5 | -105 | 47.5 | 52.5 | -57.5 | 110 | 120 | 132.5 | 287.5 | 285.156 | |
| 4 | Annika Fleagle | CA | 75kg | 70.7 | 31 | 80 | 82.5 | 100 | 45 | 47.5 | 55 | 97.5 | 105 | 112.5 | 260 | 261.47 | |
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Monica Benavides | CA | 82.5kg | 81.0 | 31 | 152.5 | 160 | -170 | 95 | -97.5 | 97.5 | 182.5 | 192.5 | -200 | 450 | 421.413 | |
| 2 | Samantha Branum | NV | 82.5kg | 80.55 | 25 | 120 | 127.5 | 137.5 | 75 | 77.5 | --- | 137.5 | 155 | -167.5 | 370 | 347.449 | |
| 3 | Damaris Rogers | CA | 82.5kg | 79.1 | 27 | 137.5 | -147.5 | -147.5 | 57.5 | -62.5 | -62.5 | 155 | 167.5 | -172.5 | 362.5 | 343.506 | |
| 4 | Ahide Nepomuceno | CA | 82.5kg | 79.8 | 28 | 130 | 135 | 137.5 | 57.5 | 60 | 62.5 | 130 | 142.5 | -150 | 342.5 | 323.124 | |
| 5 | Ashlin Winkler | CA | 82.5kg | 76.9 | 27 | 95 | 102.5 | 110 | 65 | 70 | 77.5 | 132.5 | 142.5 | 150 | 337.5 | 324.449 | |

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|----|--------------------------------|-------|--------|--------|-----|----------------|----------------|-----------------|------|-----------------|-----------------|-------|-------|------------------|----------|------------|-----------|
| | 90kg Open | | | | | | | | | | | | | | | | |
| 1 | Latrice Henderson | CA | 90kg | 88.85 | 30 | 125 | 132.5 | 142.5 | 80 | 87.5 | 95 | 155 | 170 | 182.5 | 400 | 358.653 | |
| 2 | Tina Dominguez | CA | 90kg | 84.1 | 42 | 105 | 120 | 127.5 | 62.5 | 67.5 | 72.5 | 115 | 130 | 142.5 | 342.5 | 314.975 | 321.274 |
| 3 | Charlotte George | CA | 90kg | 85.1 | 32 | 87.5 | 100 | 100 | 62.5 | 67.5 | 72.5 | 105 | 117.5 | 127.5 | 300 | 274.357 | |
| 4 | Alexandra Turk | CA | 90kg | 85.4 | 31 | 62.5 | 70 | 77.5 | 57.5 | 67.5 | 67.5 | 92.5 | 100 | 112.5 | 232.5 | 212.277 | |
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Jessica Garrison | CA | SHW | 100.6 | 31 | 130 | 137.5 | 155 | 70 | 77.5 | 82.5 | 142.5 | 150 | 160 | 397.5 | 338.42 | |
| 2 | Rachel Pulido | CA | SHW | 113.4 | 34 | 137.5 | 152.5 | 155 | 55 | 62.5 | 65 | 150 | 162.5 | 165 | 382.5 | 312.168 | |
| 3 | Fabiola Velasco Alvarez | TX | SHW | 107.8 | 34 | 115 | 125 | 130 | 57.5 | 60 | 62.5 | 140 | 152.5 | 160 | 342.5 | 284.287 | |
| 4 | Denise Cabrera | CA | SHW | 90.6 | 30 | 85 | 87.5 | 92.5 | 55 | 60 | 60 | 127.5 | 132.5 | 137.5 | 275 | 244.453 | |
| | Women Raw Powerlifting | | | | | | | | | | | | | | | | |
| | 56kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Sarahdane Lara | CA | 56kg | 55.4 | 38 | 110 | 115 | 120 | 50 | 55 | 57.5 | 130 | 137.5 | 142.5 | 315 | 367.746 | |
| | 90kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Jennifer Minnich | CA | 90kg | 89.3 | 36 | 145 | 152.5 | 157.5 | 65 | 70 | 72.5 | 145 | 157.5 | 165 | 392.5 | 351.136 | |
| | Women Raw Powerlifting | | | | | | | | | | | | | | | | |
| | 60kg Master 55-59 | | | | | | | | | | | | | | | | |
| DQ | Renee Jeffrey | CA | 60kg | 59.6 | 56 | 80 | 80 | 80 | 47.5 | 50 | 52.5 | 95 | 97.5 | 102.5 | 0 | 0 | 0 |
| | 82.5kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | Michelle Lawing | CA | 82.5kg | 82.4 | 46 | 105 | 122.5 | 125 | 60 | 70 | 75 | 150 | 160 | 167.5 | 367.5 | 341.288 | 364.496 |
| | 90kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Tina Dominguez | CA | 90kg | 84.1 | 42 | 105 | 120 | 127.5 | 62.5 | 67.5 | 72.5 | 115 | 130 | 142.5 | 342.5 | 314.975 | 321.274 |
| | SHW Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jenn Robinson | CA | SHW | 97.6 | 40 | 105 | 105 | 115 | 52.5 | 57.5 | 60 | 125 | 137.5 | 142.5 | 305 | 262.78 | 262.78 |
| | Women Classic Raw Powerlifting | | | | | | | | | | | | | | | | |
| | 60kg Open | | | | | | | | | | | | | | | | |
| 1 | Olivia Devoto | CA | 60kg | 59.3 | 27 | 150 | 160 | 165 | 67.5 | 72.5 | 72.5 | 182.5 | 195 | 205 | 432.5 | 483.025 | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Alexis Huntley-Suasti | AZ | 75kg | 72.2 | 24 | 75 | 87.5 | 92.5 | 40 | 47.5 | 50 | 115 | 125 | 130 | 270 | 268.404 | |
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Leah Calimlim | CA | 82.5kg | 80.3 | 39 | 165 | 175 | 182.5 | 87.5 | 92.5 | 97.5 | 152.5 | 160 | 165 | 440 | 413.819 | |

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| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|--------------------------------|-------------------------|-------|-----------|--------|-----|----------------|-------|-------|------|-----------------|-----------------|-------|----------------|----------------|----------|------------|-----------|
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Tish Horne | CA | SHW | 107.3 | 53 | 110 | 112.5 | 117.5 | 70 | 75 | 75 | 110 | 120 | 125 | 312.5 | 259.807 | 307.612 |
| Women Classic Raw Powerlifting | | | Submaster | | | | | | | | | | | | | | |
| | 82.5kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Leah Calimlim | CA | 82.5kg | 80.3 | 39 | 165 | 175 | 182.5 | 87.5 | 92.5 | 97.5 | 152.5 | 160 | 165 | 440 | 413.819 | |
| | SHW Submaster | | | | | | | | | | | | | | | | |
| 1 | Amanda Serna | CA | SHW | 113.7 | 38 | 147.5 | 155 | 165 | 80 | 87.5 | 87.5 | 155 | 165 | 165 | 400 | 326.177 | |
| Women Classic Raw Powerlifting | | | Master | | | | | | | | | | | | | | |
| | 82.5kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | Brooke Verrill | CA | 82.5kg | 76.8 | 49 | 135 | 147.5 | 150 | 70 | 77.5 | 82.5 | 147.5 | 157.5 | 162.5 | 390 | 375.171 | 417.565 |
| | SHW Master 50-54 | | | | | | | | | | | | | | | | |
| 1 | Tish Horne | CA | SHW | 107.3 | 53 | 110 | 112.5 | 117.5 | 70 | 75 | 75 | 110 | 120 | 125 | 312.5 | 259.807 | 307.612 |
| Women Raw Bench Only | | | Open | | | | | | | | | | | | | | |
| | SHW Open | | | | | | | | | | | | | | | | |
| 1 | Tish Horne | CA | SHW | 107.3 | 53 | | | | 70 | 75 | 75 | | | | 70 | 58.197 | 68.905 |
| Women Raw Bench Only | | | Master | | | | | | | | | | | | | | |
| | SHW Master 50-54 | | | | | | | | | | | | | | | | |
| 1 | Tish Horne | CA | SHW | 107.3 | 53 | | | | 70 | 75 | 75 | | | | 70 | 58.197 | 68.905 |
| Women Raw Deadlift Only | | | Open | | | | | | | | | | | | | | |
| | 60kg Open | | | | | | | | | | | | | | | | |
| 1 | Olivia Devoto | CA | 60kg | 59.3 | 27 | | | | | | | 182.5 | 195 | 205 | 205 | 228.948 | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Dominique Rose Gregorio | CA | 75kg | 72.5 | 24 | | | | | | | 110 | 120 | 132.5 | 132.5 | 131.42 | |

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|--|------------------|---|-------|--------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|---------------------------|------------|-----------|--|--------------|--|--|
| | Best Lifters | | | | | | | | | | | | | | Record Color Codes | | | | | | |
| | Mercedes Dozl | Raw | PL | Open | Women | | | | | | | | | | | | | | State | | |
| | Meet Director: | Donny Tudahl & Rick Simmons | | | | | | | | | | | | | | | | | | | |
| | Referees | | | | | | | | | | | | | | | | | | | | |
| | National: | Jessica Richer, Rick Simmons, Donny Tudahl, Tenaya Tuteur | | | | | | | | | | | | | | | | | | | |
| | State: | Kelsey Hirte, Kyle Young | | | | | | | | | | | | | | | | | | | |
| | Staff: | Kris Martinson | | | | | | | | | | | | | | | | | | | |
| | Spotter/Loaders: | Rebekah Crooks, Montana Frey, Tara Drake, Katie Newgard | | | | | | | | | | | | | | | | | | | |