

USPA Tested Winter Classic In The Valley 2024 December 8, 2024 Waianae, Hawaii

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	44kg Jr 13-15																
1	Lindsey Lau	HI	44kg	43.6	14	60	72.5	82.5	45	55	60	92.5	105	110	252.5	350.233	
2	Shaley Lau	HI	44kg	43.3	14	60	72.5	80 (82.5)	45	52.5	55	92.5	105	110	245	341.649	
	67.5kg Jr 20-23																
DQ	Asialy Racho	HI	67.5kg	67	23	110	115	125	47.5	50	52.5	145	145	145	0	0	
Women Raw Powerlifting				Open													
	44kg Open																
1	Katie Rubin	HI	44kg	43.5	34	77.5	82.5	87.5	52.5	58	60	102.5	112.5	121 (122.5)	268.5	373.087	
2	Lindsey Lau	HI	44kg	43.6	14	60	72.5	82.5	45	55	60	92.5	105	110	252.5	350.233	
	48kg Open																
1	Hannah Kuntemeyer	HI	48kg	47.75	30	87.5	95	98	52.5	58	60	117.5	125	133	280	362.708	
	60kg Open																
1	Alexandria Cabacungan	HI	60kg	59.6	29	112.5	112.5	117.5	52.5	55	57.5	135	142.5	142.5	305	339.54	
2	Lindsay Ikei	HI	60kg	60	30	102.5	102.5	105	57.5	57.5	60	135	140	142.5	300	332.564	
	67.5kg Open																
1	Kristanne Ibus	WA	67.5kg	65	23	105	112.5	120	55	62.5	67.5	167.5	177.5	185	367.5	387.888	
DQ	Asialy Racho	HI	67.5kg	67	23	110	115	125	47.5	50	52.5	145	145	145	0	0	
	75kg Open																
1	Sherilynn Ancheta	HI	75kg	74.7	38	70	75	82.5	40	42.5	42.5	65	70	75	200	195.209	
	82.5kg Open																
1	Raeanne Ranada	HI	82.5kg	75.6	33	95	97.5	107.5	65	67.5	67.5	135	137.5	140	300	290.97	
2	Emma Ornellas	HI	82.5kg	79.3	24	110	110	115	42.5	45	47.5	120	125	132.5	282.5	267.358	
3	Arielle Bautista	HI	82.5kg	82.5	29	92.5	97.5	97.5	47.5	50	52.5	102.5	107.5	115	265	245.955	
	90kg Open																
1	Raena Cabacungan	HI	90kg	82.8	30	125	130	135	60	62.5	67.5	142.5	147.5	152.5	350	319.645	
2	Cassie Bagood	HI	90kg	83.2	25	117.5	125	130	50	57.5	65	120	135	142.5	317.5	293.485	
3	Laryce Visitacion	HI	90kg	85.3	29	102.5	107.5	115	42.5	45	50	105	112.5	117.5	277.5	253.502	
4	Nescia Pearl Ponce	HI	90kg	84.5	34	100	105	110	47.5	52.5	57.5	102.5	107.5	115	272.5	250.038	

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	100kg Open																
1	Narita San Meana	HI	100kg	99.5	44	112.5	-117.5	117.5	65	-70	70	117.5	130	-137.5	317.5	271.468	283.141
2	Casslyn Merritt	HI	100kg	99.5	32	-112.5	112.5	-120	52.5	55	60	115	120	127.5	300	256.505	
	Women Raw Powerlifting			Submaster													
	75kg Submaster																
1	Sherilynn Ancheta	HI	75kg	74.7	38	70	75	82.5	40	-42.5	42.5	65	70	75	200	195.209	
	Women Raw Powerlifting			Master													
	52kg Master 60-64																
1	Diana Nelson	HI	52kg	52	61	87.5	-95	97.5	50	52.5	-57.5	115	120	122.5	272.5	332.151	453.718
	100kg Master 40-44																
1	Narita San Meana	HI	100kg	99.5	44	112.5	-117.5	117.5	65	-70	70	117.5	130	-137.5	317.5	271.468	283.141
	110kg Master 55-59																
1	Rowena Bagayas	HI	110kg	104	56	137.5	145	-150	70	-75	75	115	120	-125	340	285.863	356.185
	Men Raw Powerlifting			Junior													
	52kg JR																
1	Allen Mahoe	HI	52kg	42.5	12	62.5	67.5	72.5	32.5	37.5	42.5	100	105	-107.5	220	260.247	
	110kg Jr 20-23																
1	David Vincent Yanagawa	HI	110kg	107.3	23	210	220	230	130	140	-145	230	242.5	253	623	372.514	
	Men Raw Powerlifting			Open													
	60kg Open																
1	Constantino Ordorica	HI	60kg	58.95	43	60	62.5	-67.5	65	70	-72.5	102.5	105	110	242.5	207.696	214.134
	75kg Open																
1	John Martin	HI	75kg	75	32	175	180	187.5	140	145	-150	245	260	272.5	605	434.04	
	82.5kg Open																
1	Makani Bosque	HI	82.5kg	82.5	31	210	225	-227.5	132.5	-140	-140	250	265	-272.5	622.5	421.677	
2	Kyle James Uson	HI	82.5kg	81.4	26	137.5	145	150	92.5	-100	-100	160	-172.5	172.5	415	283.282	
	Men Raw Powerlifting			Submaster													
	67.5kg Submaster																
1	Henry Silva	HI	67.5kg	67	39	170	182.5	190	115	120	125	205	220	-227.5	535	414.58	

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Men Raw Powerlifting				Master													
	60kg Master 40-44																
1	Constantino Ordorica	HI	60kg	58.95	43	60	62.5	67.5	65	70	72.5	102.5	105	110	242.5	207.696	214.134
Women Raw Bench Only				Junior													
	44kg Jr 13-15																
1	Lindsey Lau	HI	44kg	43.6	14				45	55	60				60	83.224	
Women Raw Bench Only				Open													
	44kg Open																
1	Lindsey Lau	HI	44kg	43.6	14				45	55	60				60	83.224	
	60kg Open																
1	Lindsay Ikei	HI	60kg	60	30				57.5	57.5	60				57.5	63.741	
Men Raw Bench Only				Open													
	100kg Open																
1	Gavyn Takamori	HI	100kg	93.2	35				157.5	175	182.5				175	111.229	
Women Raw Deadlift Only				Junior													
	44kg JR																
1	Allecie Mahoe	HI	44kg	28.4	10							45	55	60	60	120.471	
	44kg Jr 13-15																
1	Lindsey Lau	HI	44kg	43.6	14							92.5	105	110	110	152.577	
Women Raw Deadlift Only				Open													
	44kg Open																
1	Lindsey Lau	HI	44kg	43.6	14							92.5	105	110	110	152.577	
	60kg Open																
1	Lindsay Ikei	HI	60kg	60	30							135	140	142.5	140	155.196	
Men Raw Deadlift Only				Open													
	60kg Open																
1	Anthony Vargas	HI	60kg	59.85	41							177.5	182.5	190	190	160.698	162.305
Men Raw Deadlift Only				Master													
	60kg Master 40-44																
1	Anthony Vargas	HI	60kg	59.85	41							177.5	182.5	190	190	160.698	162.305

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Best Lifters												Record Color Codes				
	Name	Equip	Events	Comp	Sex								State				
	Kristanne Ibus	Raw	PL	Open	Women								National				
	Meet Director:	Allen Mahoe Jr.															
	Referees																
	International:	Darren Matsumoto															
	National:	Luvi Agpaoa															
	State:	Tiffany Yoro, Allen Mahoe Jr., David George, Nestor Bagayas															
	Staff:	Makaloa Yim															
	Spotter/Loaders:	Troy Nakasuji, Sterling Kahumoku, Allen Mahoe III															
	Tested Lifters:	Kristanne Ibus, Katie Rubin															