

USPA Oklahoma State Championship March 12-13, 2022 Tulsa, OK

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Junior													
	56kg Jr 18-19																
1	Alysa Symsack	OK	56kg	54.4	19	67.5	72.5	75	37.5	40	42.5	90	92.5	95	207.5	245.224	
	60kg Jr 20-23																
1	Rachel Vasquez	OK	60kg	59.5	20	80	85	90	37.5	42.5	45	80	87.5	90	220	245.175	
	75kg Jr 18-19																
1	Parker Ashworth	OK	75kg	73.5	19	115	122.5	125	57.5	60	62.5	120	127.5	132.5	320	315.047	
	90kg Jr 20-23																
1	Oritza Delgado	OK	90kg	87.7	21	142.5	152.5	165	60	70	75	150	150	172.5	407.5	367.531	
Women Raw Powerlifting				Open													
	67.5kg Open																
1	Haley Connor	OK	67.5kg	65.6	31	87.5	97.5	100	55	57.5	60	110	115	117.5	277.5	291.305	
	75kg Open																
1	Miranda Ruffcorn	OK	75kg	73.9	28	82.5	87.5	92.5	45	47.5	50	110	115	120	260	255.232	
	82.5kg Open																
1	Izy Spencer	OK	82.5kg	78.5	26	87.5	92.5	95	47.5	50	52.5	110	115	117.5	262.5	249.704	
	90kg Open																
DQ	Kylie Holden	OK	90kg	85	27	130	130	130	70	72.5	72.5	120	125	125	0	0	
Women Raw Powerlifting				Submaster													
	60kg Submaster																
1	Kendra Lahmeyer	OK	60kg	58.4	35	82.5	90	95	45	52.5	57.5	87.5	92.5	97.5	250	281.951	
	82.5kg Submaster																
1	Stephanie Prewett	OK	82.5kg	81.5	37	72.5	77.5	82.5	42.5	45	47.5	100	100	105	232.5	217.074	
	90kg Submaster																
1	Michaela Smith	OK	90kg	86.8	36	135	142.5	152.5	75	77.5	82.5	135	148	155	385	348.877	
	110kg Submaster																
1	Megan Bojko	OK	110kg	103	38	92.5	92.5	92.5	52.5	55	60	107.5	115	120	267.5	225.714	
Men Raw Powerlifting				Junior													
	60kg Jr 16-17																
1	Ramsey Hamilton	OK	60kg	56.9	16	125	130	130	77.5	80	85	170	172.5	172.5	377.5	333.209	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Open													
67.5kg Open																	
1	Alexander Tirado	OK	67.5kg	67.4	25	177.5	190	195	137.5	145	-150	205	212.5	-215	552.5	426.294	
75kg Open																	
1	Richie Perrin	OK	75kg	74.6	36	187.5	192.5	-197.5	145	-150	-150	227.5	235	237.5	575	413.934	
2	Bradley Goss	OK	75kg	74.6	33	165	175	185	117.5	125	-130	180	190	200	510	367.142	
3	Dakota Knaption	OK	75kg	74.2	27	150	160	167.5	87.5	92.5	97.5	195	210	220	485	350.358	
DQ	Nghia Dinh	OK	75kg	74.1	24	202.5	212.5	220	-160	-160	---	222.5	235	-247.5	0	0	
82.5kg Open																	
1	Angel Gonzalez	OK	82.5kg	82.2	33	220	-230	-230	145	150	-155	230	235	-240	605	410.671	
2	Ryan Goss	FL	82.5kg	80.6	35	170	185	-192.5	117.5	130	-135	182.5	200	215	530	363.861	
90kg Open																	
1	Calvin Johnson	OK	90kg	89.8	39	205	212.5	217.5	147.5	152.5	155	260	-272.5	272.5	645	417.526	
2	William Brennan	OK	90kg	88.7	27	190	202.5	210	135	142.5	145	257.5	272.5	-282.5	627.5	408.756	
3	Benjamin Munday	OK	90kg	88.4	29	215	227.5	-232.5	140	147.5	152.5	215	227.5	-232.5	607.5	396.419	
4	Matt Cookson	KS	90kg	87.6	27	215	-225	-225	125	135	-137.5	250	-260	-260	600	393.378	
5	Josh Layer	OK	90kg	84.1	35	175	182.5	-197.5	130	135	-147.5	212.5	222.5	232.5	550	368.585	
6	Juan Limon	OK	90kg	87.4	26	182.5	195	-200	122.5	130	-132.5	192.5	202.5	-210	527.5	346.259	
7	Vince Chavez li	OK	90kg	90	34	165	170	-182.5	-115	115	120	205	-220	-220	495	320.067	
DQ	Drake Hilyard	KS	90kg	87.1	24	200	205	-210	-127.5	-132.5	-132.5	205	-207.5	---	0	0	
100kg Open																	
1	Alex Sheikh	KS	100kg	98.3	24	215	225	237.5	137.5	145	-150	235	-250	-255	617.5	382.949	
2	Sean Young	OK	100kg	95.2	24	212.5	220	-227.5	120	125	127.5	192.5	200	-210	547.5	344.518	
110kg Open																	
1	Seth Juby	OK	110kg	110	25	265	280	-287.5	160	165	170	260	277.5	285	735	435.316	
2	Thomas Blakeley	OK	110kg	108.2	34	145	155	157.5	125	-137.5	-137.5	185	192.5	210	492.5	293.531	
DQ	Johnny Murphy	OK	110kg	103.7	31	-192.5	192.5	-200	-145	-145	-145	230	237.5	-247.5	0	0	
DQ	Zachary Craddock	OK	110kg	105.1	28	---	---	---	---	---	---	---	---	---	0	0	
DQ	Zacch Jackson	OK	110kg	110	29	-272.5	-277.5	-277.5	---	---	---	---	---	---	0	0	
125kg Open																	
1	Jerryd Nelson	OK	125kg	111.4	28	187.5	200	215	137.5	152.5	162.5	192.5	210	227.5	605	356.635	
140kg Open																	
1	John Cuevas	OK	140kg	132.3	36	290	320	---	160	175	-182.5	275	295	-300	790	440.043	
2	Lance Young	OK	140kg	128.7	34	192.5	205	220	130	142.5	147.5	207.5	220	230	597.5	335.586	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting		Submaster															
90kg Submaster																	
1	Calvin Johnson	OK	90kg	89.8	39	205	212.5	217.5	147.5	152.5	155	260	272.5	272.5	645	417.526	
2	John Shadid	NM	90kg	88	35	180	187.5	195	120	125	130	222.5	232.5	232.5	552.5	361.377	
3	Josh Layer	OK	90kg	84.1	35	175	182.5	197.5	130	135	147.5	212.5	222.5	232.5	550	368.585	
100kg Submaster																	
1	Seth Vanover	OK	100kg	95.7	36	155	155	155	125	125	140	190	195	205	500	313.865	
140kg Submaster																	
1	John Cuevas	OK	140kg	132.3	36	290	320	330	160	175	182.5	275	295	300	790	440.043	
Men Raw Powerlifting		Master															
82.5kg Master 45-49																	
1	Damon Ford	OK	82.5kg	81.7	46	145	160	165	125	132.5	137.5	175	185	190	492.5	335.474	358.286
110kg Master 45-49																	
1	Jd Lindstrom	OK	110kg	103	46	160	167.5	172.5	125	125	130	195	205	210	502.5	305.447	326.218
110kg Master 55-59																	
1	Steven Biery	OK	110kg	106.5	56	220	230	240	175	185	185	210	220	220	625	374.809	467.012
125kg Master 50-54																	
1	Matt Day	OK	125kg	125	51	152.5	162.5	162.5	122.5	130	130	175	185	192.5	467.5	264.959	303.907
Women Classic Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
1	Hannah Duda	MO	67.5kg	66.1	22	150	160	165	67.5	72.5	75	162.5	167.5	180	400	418.026	
Women Classic Raw Powerlifting		Open															
67.5kg Open																	
1	Hannah Duda	MO	67.5kg	66.1	22	150	160	165	67.5	72.5	75	162.5	167.5	180	400	418.026	
82.5kg Open																	
1	Rebekah Replogle	OK	82.5kg	78.6	31	132.5	137.5	150	77.5	82.5	87.5	127.5	140	150	382.5	363.62	
110+ Open																	
1	Samantha Boen	OK	110+	113.8	31	187.5	187.5	197.5	90	95	100	170	182.5	187.5	470	383.151	
2	Hannah Mullett	OK	110+	127	28	165	175	182.5	70	75	80	142.5	155	167.5	425	336.001	

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Men Classic Raw Powerlifting				Junior													
	90kg Jr 18-19																
DQ	Draven Pierce	OK	90kg	90	19	212.5	212.5	222.5	102.5	110	125	212.5	212.5	212.5	0	0	
	90kg Jr 20-23																
1	Brayden Morgan	OK	90kg	88.6	20	220	227.5	237.5	125	132.5	140	195	200	202.5	570	371.516	
2	Jeremy Li	OK	90kg	86.3	23	95	105	130	70	85	100	105	140	140	355	234.593	
	100kg Jr 20-23																
1	Nathan Treadway	OK	100kg	96.9	20	180	190	197.5	105	112.5	117.5	210	215	215	525	327.686	
	110kg Jr 20-23																
1	Joshua Poahway	OK	110kg	106.4	20	185	192.5	200	160	165	167.5	152.5	162.5	172.5	537.5	322.455	
	140kg Jr 16-17																
1	Tanner Newman	OK	140kg	138.2	16	265	280	280	145	152.5	152.5	242.5	250	275	707.5	389.142	
Men Classic Raw Powerlifting				Open													
	75kg Open																
1	Kyle Kirby	AR	75kg	74.6	28	192.5	200	210	105	110	112.5	217.5	230	235	540	388.738	
	82.5kg Open																
1	Patrick Whitehead	OK	82.5kg	82.1	25	185	190	190	125	125	125	185	200	205	510	346.426	
	90kg Open																
1	Michael Minigell	CA	90kg	89.4	28	235	242.5	245	125	132.5	142.5	245	260	272.5	660	428.203	
2	Daniel J Durant	KS	90kg	88.8	27	217.5	225	237.5	140	142.5	142.5	215	222.5	240	605	393.871	
3	Brayden Morgan	OK	90kg	88.6	20	220	227.5	237.5	125	132.5	140	195	200	202.5	570	371.516	
DQ	William Maddex	OK	90kg	83.6	31	220	227.5	227.5	152.5	160	167.5	277.5	277.5	277.5	0	0	
	100kg Open																
1	Edward Layton	OK	100kg	100	28	247.5	247.5	252.5	155	160	160	267.5	270	275	672.5	413.934	
	110kg Open																
1	Nate Norton	OK	110kg	103.1	36	285	300	310	185	195	207.5	282.5	292.5	300	787.5	478.494	
	140kg Open																
1	Tanner Newman	OK	140kg	138.2	16	265	280	280	145	152.5	152.5	242.5	250	275	707.5	389.142	
	140+ Open																
1	Tyler Autry	OK	140+	164.7	30	320	320	327.5	137.5	142.5	150	205	215	227.5	697.5	365.962	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Classic Raw Powerlifting						Submaster											
	110kg Submaster																
1	Nate Norton	OK	110kg	103.1	36	285	300	310	185	195	207.5	282.5	292.5	300	787.5	478.494	
	140+ Submaster																
1	Jeremiah Duda	OK	140+	174	35	280	295	295	170	177.5	185	232.5	242.5	260	740	382.803	
Men Classic Raw Powerlifting						Master											
	82.5kg Master 45-49																
1	Ray Mack	OK	82.5kg	81.8	48	182.5	192.5	200	100	105	110.5	182.5	190	192.5	490	333.537	365.89
	90kg Master 40-44																
1	Robby Adcock	OK	90kg	88.1	42	220	230	235	145	152.5	160	240	250	257.5 (265)	645	421.63	430.063
	140kg Master 45-49																
1	James Black	OK	140kg	131	45	192.5	195	225	142.5	142.5	142.5	232.5	245	262.5	630	351.952	371.31
Women Single Ply Powerlifting						Open											
	110kg Open																
1	Julie Roman	OK	110kg	104.3	47	182.5	192.5	192.5	100	108	112.5	170	180	182.5	485	407.344	440.746
Women Single Ply Powerlifting						Submaster											
	75kg Submaster																
1	Erin Monks	OK	75kg	69.3	38	132.5	140	145.5	85	90	90	137.5	145	150	375.5	381.88	
Women Single Ply Powerlifting						Master											
	110kg Master 45-49																
1	Julie Roman	OK	110kg	104.3	47	182.5	192.5	192.5	100	108	112.5	170	180	182.5	485	407.344	440.746
Men Single Ply Powerlifting						Open											
	110kg Open																
1	Codey Williams	OK	110kg	103.6	24	275	290	295	210	222.5	222.5	282.5	295	317.5	800	485.12	
Men Raw Bench Only						Junior											
	110kg Jr 20-23																
1	Joshua Poahway	OK	110kg	106.4	20				160	165	167.5				165	98.986	

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Men Raw Bench Only				Open														
	100kg Open																	
1	Benny Justice	OK	100kg	98.7	40				160	167.5	172.5				172.5	106.785	106.785	
2	David Harrington	OK	100kg	97.2	28				170	-182.5	-182.5				170	105.96		
	110kg Open																	
1	Nate Norton	OK	110kg	103.1	36				185	195	-207.5				195	118.484		
Men Raw Bench Only				Submaster														
	110kg Submaster																	
1	Nate Norton	OK	110kg	103.1	36				185	195	-207.5				195	118.484		
Men Raw Bench Only				Master														
	82.5kg Master 45-49																	
1	Ray Mack	OK	82.5kg	81.8	48				100	105	-110.5				105	71.472	78.405	
	90kg Master 40-44																	
1	Michael Cooper	OK	90kg	89.4	44				185	190	192.5				192.5	124.893	130.263	
2	Derrick Olson	OK	90kg	89.7	40				172.5	-180	-180				172.5	111.727	111.727	
3	Robby Adcock	OK	90kg	88.1	42				145	152.5	-180				152.5	99.688	101.681	
	100kg Master 40-44																	
1	Benny Justice	OK	100kg	98.7	40				160	167.5	172.5				172.5	106.785	106.785	
Women Single Ply Bench Only				Open														
	110kg Open																	
1	Julie Roman	OK	110kg	104.3	47				100	108	112.5				112.5	94.487	102.235	
Women Single Ply Bench Only				Master														
	110kg Master 45-49																	
1	Julie Roman	OK	110kg	104.3	47				100	108	112.5				112.5	94.487	102.235	
Women Raw Deadlift Only				Open														
	110+ Open																	
1	Samantha Boen	OK	110+	113.8	31							170	182.5	187.5	187.5	152.853		
Women Raw Deadlift Only				Master														
	90kg Master 55-59																	
1	Angela Koch	TX	90kg	85.8	59							87.5	105	-115	105	95.659	125.791	

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	Men Raw Deadlift Only			Open													
	110kg Open																
1	Nate Norton	OK	110kg	103.1	36							282.5	292.5	300	292.5	177.726	
	Men Raw Deadlift Only			Submaster													
	110kg Submaster																
1	Nate Norton	OK	110kg	103.1	36							282.5	292.5	300	292.5	177.726	
	Men Raw Deadlift Only			Master													
	82.5kg Master 45-49																
1	Ray Mack	OK	82.5kg	81.8	48							182.5	190	192.5	192.5	131.032	143.743
	90kg Master 40-44																
1	Robby Adcock	AL	90kg	88.1	42							240	250	257.5 (265)	257.5	168.325	171.692
	140kg Master 60-64																
1	Bruce Koch	TX	140kg	128.1	60							257.5	280	295 (300)	295	165.924	222.338
	Women Raw Push-Pull			Open													
	110+ Open																
1	Amanda Shook	OK	110+	116.3	33				45	50	57.5	102.5	110	117.5	175	141.706	
	Women Raw Push-Pull			Submaster													
	110kg Submaster																
DQ	Misty Cox	OK	110kg	102.6	36				90	97.5	97.5	180	190	190	0	0	
	Men Raw Push-Pull			Open													
	100kg Open																
1	Justin Vester	OK	100kg	98	31				145	157.5	162.5	237.5	255	255	412.5	256.164	
	Men Raw Push-Pull			Submaster													
	100kg Submaster																
1	Seth Vanover	OK	100kg	95.7	36				125	125	140	190	195	205	345	216.567	
	Men Raw Push-Pull			Master													
	110kg Master 60-64																
1	James Murphy	OK	110kg	102.3	64				115	122.5	127.5	170	182.5	190	310	188.971	161.311
	140kg Master 45-49																
1	James Black	OK	140kg	131	45				142.5	142.5	142.5	232.5	245	262.5	405	226.255	154.712

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	Best Lifters																
	John Cuevas	Raw	PL	Open	Men												
	John Cuevas	Raw	PL	Submaste	Men												
	Michael Cooper	Raw	BPO	Master	Men												
	Tanner Newman	Clraw	PL	Jr	Men												
	Nate Norton	Clraw	PL	Open	Men												
	Meet Director:	Robert Adams															
	Referees																
	International:	Robert Adams, Victoria Powell															
	National:	Babette Adams, Garry Claflin, Debra Hofer, Ashton Parsons, MaryLin Woodman															
	State:	Linda Badillo, Thomas Maher, Eric Martin, Jake Parsons, Destinee Setzler, Zachary Woodman															
	Spotter/Loaders:	Shelby Horton, Tayler Claflin, Landon, Shane Woodworth, Ethan Winn, Uziel Graviato															