

USPA Awakening of the Frost Giants February 16, 2019 Anchorage, AK

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	67.5kg Open														
1	Shadra Green	AK	67.5kg	63.8	25	117.5	77.5	125	320	340.416		259	170.9	275.6	705.5
2	Mandie Abrams	AK	67.5kg	62.9	26	112.5	50	125	287.5	309.149		248	110.2	275.6	633.8
3	Jasmine Feltman	AK	67.5kg	67.5	36	80	60	92.5	232.5	237.29		176.4	132.3	203.9	512.6
	SHW Open														
1	Noelle Dale	AK	SHW	113.7	46	137.5	75	160	372.5	300.868	321.327	303.1	165.3	352.7	821.2
2	Elizabeth Clark	AK	SHW	113.6	33	102.5	70	100	272.5	220.126		226	154.3	220.5	600.8
	67.5kg Submaster														
1	Jasmine Feltman	AK	67.5kg	67.5	36	80	60	92.5	232.5	237.29		176.4	132.3	203.9	512.6
	SHW Master 45-49														
1	Noelle Dale	AK	SHW	113.7	46	137.5	75	160	372.5	300.868	321.327	303.1	165.3	352.7	821.2
	Men Raw Powerlifting														
	82.5kg Jr. 20-23														
1	Damian McKinsey	AK	82.5kg	82	22	182.5	125	257.5	565	379.9		402.3	275.6	567.7	1245.6
	75kg Open														
1	Kyle Moffat	AK	75kg	72.1	33	160	112.5	170	442.5	324.353		352.7	248	374.8	975.5
	82.5kg Open														
1	Justin Cox	AK	82.5kg	81.9	38	202.5	142.5	227.5	572.5	385.235		446.4	314.2	501.5	1262.1
2	Damian McKinsey	AK	82.5kg	82	22	182.5	125	257.5	565	379.9		402.3	275.6	567.7	1245.6
	90kg Open														
1	Joseph Rotar	AK	90kg	88.9	29	185	140	202.5	527.5	338.866		407.9	308.6	446.4	1162.9
	110kg Open														
1	Joe Brunson	AK	110kg	110	35	215	130	227.5	572.5	336.916		474	286.6	501.5	1262.1
	125kg Open														
1	Caleb Lovelace	AK	125kg	116.4	31	175	115	195	485	280.912		385.8	253.5	429.9	1069.2
	140kg Open														
1	Basa Faletagoai	AK	140kg	127.5	35	305	200	287.5	792.5	449.823		672.4	440.9	633.8	1747.1
	SHW Open														
1	Robert Moody	AK	SHW	150	39	272.5	185	290	747.5	413.592		600.8	407.9	639.3	1647.9

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	82.5kg Submaster														
1	Justin Cox	AK	82.5kg	81.9	38	202.5	142.5	227.5	572.5	385.235		446.4	314.2	501.5	1262.1
	SHW Submaster														
1	Robert Moody	AK	SHW	150	39	272.5	185	290	747.5	413.592		600.8	407.9	639.3	1647.9
Women Raw Bench Only															
	67.5kg Open														
1	Jasmine Feltman	AK	67.5kg	67.5	36		60		60	61.236			132.3		132.3
	SHW Open														
1	Elizabeth Clark	AK	SHW	113.6	33		70		70	56.546			154.3		154.3
	67.5kg Submaster														
1	Jasmine Feltman	AK	67.5kg	67.5	36		60		60	61.236			132.3		132.3
Men Raw Bench Only															
	125kg Master 60-64														
1	Nick Danger	AK	125kg	116.6	63		180		180	104.22	148.097		396.8		396.8
Women Raw Deadlift Only															
	67.5kg Open														
1	Jasmine Feltman	AK	67.5kg	67.5	36			92.5	92.5	94.406				203.9	203.9
	SHW Open														
1	Elizabeth Clark	AK	SHW	113.6	33			100	100	80.78				220.5	220.5
	67.5kg Submaster														
1	Jasmine Feltman	AK	67.5kg	67.5	36			92.5	92.5	94.406				203.9	203.9
Women Raw Push-Pull															
	52kg Open														
1	Amy Shaffron	FL	52kg	51.1	29		52.5	115	167.5	211.636			115.7	253.5	369.3
Men Raw Push-Pull															
	100kg Master 45-49														
1	Nathan Zdunich	AK	100kg	98.4	49		140	180	320	196.032	218.184		308.6	396.8	705.5

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	Best Lifters:														
	Open Women Raw: Shadra Green														
	Open Men Raw: Basa Faletagoai														
	Thank you to our referees:														
	State: Jerem Feltman, Bryce Cross, Brandon Miller and Danny Autrey														
	Practical: Morgan Ashraft and Matthew Sadler														