

USPA Tested 2024 Santa  
Cruz Final Showdown December 7, 2024 Santa Cruz, California

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior													
56kg Jr 20-23																
1 Linh Phung	CA	56kg	54.1	22	75.0	-85	85	37.5	42.5	-45	82.5	-92.5	-92.5	210	249.108	
67.5kg Jr 18-19																
1 Diamond Wheeler	CA	67.5kg	64.6	18	87.5	97.5	105	42.5	45	50	100	115	125	280	296.623	
67.5kg Jr 20-23																
1 Jessica Yan	CA	67.5kg	66.45	21	112.5	117.5	122.5	75	80	-85	155	165	175	377.5	393.294	
82.5kg Jr 20-23																
1 Jennyfer Chavez	CA	82.5kg	78.9	20	110.0	120	130	60	-65	65	110	120	125	320	303.62	
Women Raw Powerlifting			Open													
60kg Open																
1 Shay Calderon	CA	60kg	58.9	31	117.5	125	132.5	52.5	57.5	-62.5	145	160	172.5	362.5	406.599	
2 Lexi Medeiros	CA	60kg	59.4	24	85.0	95	-105	57.5	62.5	-72.5	115	127.5	-137.5	285	317.953	
67.5kg Open																
1 Mikayla Reed	CA	67.5kg	65.65	26	147.5	162.5	170	65	72.5	77.5	147.5	162.5	170	417.5	438.072	
2 Cat Bechtold	CA	67.5kg	66.55	47	115.0	120	120	72.5	77.5	82.5	170	185	192.5	395	411.165	444.88
3 Catherine Van Brande	CA	67.5kg	63.10	30	115.0	122.5	127.5	77.5	82.5	-87.5	130	140	150	360	386.812	
4 Diamond Wheeler	CA	67.5kg	64.6	18	87.5	97.5	105	42.5	45	50	100	115	125	280	296.623	
75kg Open																
1 Angelique Semonian	CA	75kg	70.4	25	80.0	85	-90	47.5	50	-52.5	97.5	102.5	107.5	242.5	244.449	
90kg Open																
1 Teresa Locascio	CA	90kg	88.65	39	142.5	150	-----	75	80	82.5	165	177.5	-185	410	367.991	
100kg Open																
1 Emily Davidson	CA	100kg	95.0	33	110.0	117.5	127.5	70	75	-77.5	127.5	142.5	152.5	355	309.247	
Women Raw Powerlifting			Submaster													
90kg Submaster																
1 Teresa Locascio	CA	90kg	88.65	39	142.5	150	-----	75	80	82.5	165	177.5	-185	410	367.991	
Women Raw Powerlifting			Master													
67.5kg Master 45-49																
1 Cat Bechtold	CA	67.5kg	66.55	47	115.0	120	120	72.5	77.5	82.5	170	185	192.5	395	411.165	444.88
67.5kg Master 60-64																
1 Cindy Reeves	HI	67.5kg	64.5	63	57.5	60	65	40	42.5	-47.5	100	105	110	217.5	230.626	327.72

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	<b>Men Raw Powerlifting</b>			<b>Junior</b>													
	60kg Jr 13-15																
1	Miles Hughes	CA	60kg	59.0	15	70.0	77.5	-82.5	57.5	62.5	-67.5	92.5	105	115	255	218.247	
	67.5kg Jr 20-23																
1	Andrew Prater	CA	67.5kg	64	23	120.0	122.5	125	77.5	82.5	-95	-172.5	172.5	-182.5	380	304.726	
	75kg Jr 13-15																
1	Jett Alexander	CA	75kg	68.80	14	85.0	97.5	102.5	42.5	50	52.5	102.5	120	-142.5	275	209.084	
	75kg Jr 20-23																
1	Jose Alvarado	CA	75kg	72.5	20	110.0	120	-142.5	102.5	-117.5	-117.5	147.5	170	-190	392.5	287.883	
	82.5kg Jr 18-19																
1	Mohammad Alshemari	CA	82.5kg	80.0	19	152.5	-162.5	-165	110	120	-127.5	130	142.5	147.5	420	289.61	
	82.5kg Jr 20-23																
1	Chris Guinto	CA	82.5kg	81	23	205	220	227.5	130	140	145	265	282.5	-295	655	448.384	
2	Jacob Pena	CA	82.5kg	81.75	23	207.5	217.5	-225	115	-122.5	122.5	210	220	-230	560	381.319	
	90kg Jr 20-23																
1	Johnny Craggs	CA	90kg	88.1	23	220.0	227.5	-232.5	142.5	-150	150	235	250	260	637.5	416.727	
	100kg Jr 18-19																
1	Thaddeus Binkley	CA	100kg	98.35	18	190.0	200	-212.5	110	117.5	-120	207.5	220	227.5	545	337.911	
	100kg Jr 20-23																
1	Zachary Barthlow	CA	100kg	98.7	22	212.5	222.5	227.5	182.5	187.5	-192.5	220	230	240	655	405.475	
	140+ Jr 18-19																
1	Jayden Youm	CA	140+	152.0	19	210.0	220	222.5	125	-135	-142.5	215	230	-242.5	577.5	309.458	
	<b>Men Raw Powerlifting</b>			<b>Open</b>													
	75kg Open																
1	Kiwan Gu	CA	75kg	67.75	32	175.0	185	187.5	85	90	92.5	-205	205	207.5	487.5	374.739	
2	Jose Alvarado	CA	75kg	72.5	20	110.0	120	-142.5	102.5	-117.5	-117.5	147.5	170	-190	392.5	287.883	
	82.5kg Open																
1	Chris Guinto	CA	82.5kg	81	23	205	220	227.5	130	140	145	265	282.5	-295	655	448.384	
2	Jacob Pena	CA	82.5kg	81.75	23	207.5	217.5	-225	115	-122.5	122.5	210	220	-230	560	381.319	
	90kg Open																
1	Tony Sosa	CA	90kg	89.95	25	-200	210	240	175	-182.5	-182.5	-310	310	-335	725	468.917	
3	Johnny Craggs	CA	90kg	88.1	23	220.0	227.5	-232.5	142.5	-150	150	235	250	260	637.5	416.727	

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	100kg Open																
1	Zachary Barthlow	CA	100kg	98.7	22	212.5	222.5	227.5	182.5	187.5	-192.5	220	230	240	655	405.475	
2	Joseph Muia-Cook	CA	100kg	94.25	28	192.5	207.5	220	130	-137.5	-----	227.5	237.5	250	600	379.331	
	110kg Open																
1	Michael Wheeler	CA	110kg	104.8	43	202.5	215	227.5	147.5	155	160	250	260	275	662.5	399.859	412.255
2	Mekhi Hicks	CA	110kg	108.0	28	220.0	230	240	117.5	125	-132.5	220	240	250	615	366.803	
	125kg Open																
1	Nicholas Bailey	CA	125kg	117.5	24	227.5	237.5	245	100	-----	-----	265	-280	280	625	361.503	
	<b>Men Raw Powerlifting</b>			<b>Submaster</b>													
	100kg Submaster																
1	Adrian Rodarte	CA	100kg	98.3	39	190.0	200	205	125	130	-137.5	195	210	225	560	347.29	
	140+ Submaster																
1	William Hexberg	CA	140+	174.4	38	170	185	200	180.5	-190.5	190.5	180	190	200	590.5	305.287	
	<b>Men Raw Powerlifting</b>			<b>Master</b>													
	90kg Master 55-59																
1	Robert Khatchaturian	CA	90kg	89.6	55	162.5	172.5	-180	-125	130	-132.5	172.5	185	187.5	490	317.548	388.996
	100kg Master 55-59																
1	David Sally	CA	100kg	99.3	56	215.0	220	225	127.5	132.5	-137.5	240	-255	255	612.5	378.158	471.184
	110kg Master 40-44																
1	Michael Wheeler	CA	110kg	104.8	43	202.5	215	227.5	147.5	155	160	250	260	275	662.5	399.859	412.255
	140kg Master 50-54																
1	Todd Alexander	CA	140kg	133.80	53	162.5	170	175	110	117.5	120	197.5	205	215	510	283.138	335.235
	<b>Men Classic Raw Powerlifting</b>			<b>Junior</b>													
	140kg Jr 20-23																
1	Roberto Bosquez	CA	140kg	138.0	20	212.5	240	-242.5	110	-120	-120	202.5	-225	-225	552.5	304.013	
	<b>Men Classic Raw Powerlifting</b>			<b>Submaster</b>													
	140+ Submaster																
1	Ray Rodriguez	CA	140+	150.1	38	247.5	275.5	277.5	140	145	147.5	242.5	260	-267.5	685	368.3	
	<b>Women Single Ply Powerlifting</b>			<b>Master</b>													
	67.5kg Master 40-44																
1	Michelle Gumba	CA	67.5kg	63.4	42	137.5	-142.5	-142.5	75	-77.5	-77.5	137.5	142.5	-147.5	355	380.343	387.95

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Women Raw Bench Only			Master													
60kg Master 55-59																
1 Lori Cartwright	CA	60kg	59.0	59				57.5	60	62.5				62.5	70.027	92.086
Men Raw Bench Only			Junior													
75kg Jr 20-23																
1 Grant Bobeda	CA	75kg	71.4	21				132.5	147.5	-152.5				147.5	109.302	
2 Jose Alvarado	CA	75kg	72.5	20				102.5	-117.5	-117.5				102.5	75.18	
82.5kg Jr 18-19																
1 Matthew Ng	CA	82.5kg	81.45	19				127.5	-148	-148				127.5	87.002	
Men Raw Bench Only			Open													
75kg Open																
1 Jose Alvarado	CA	75kg	72.5	20				102.5	-117.5	-117.5				102.5	75.18	
Women Raw Deadlift Only			Open													
67.5kg Open																
1 Cat Bechtold	CA	67.5kg	66.55	47							170	185	192.5	192.5	200.378	216.809
Women Raw Deadlift Only			Master													
60kg Master 55-59																
1 Lori Cartwright	CA	60kg	59.0	59							120	-125	-----	120	134.452	176.805
67.5kg Master 45-49																
1 Cat Bechtold	CA	67.5kg	66.55	47							170	185	192.5	192.5	200.378	216.809
Men Raw Deadlift Only			Junior													
75kg Jr 20-23																
1 Jose Alvarado	CA	75kg	72.5	20							147.5	170	-190	170	124.688	
Men Raw Deadlift Only			Open													
75kg Open																
1 Jose Alvarado	CA	75kg	72.5	20							147.5	170	-190	170	124.688	
Men Raw Deadlift Only			Submaster													
140+ Submaster																
1 Ray Rodriguez	CA	140+	150.1	38							242.5	260	-267.5	260	139.793	

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												<b>Record Color Codes</b>				
Name	Equip	Events	Comp	Sex									<b>State</b>			
Chris Guinto	Raw	PL	Jr	Men									<b>National</b>			
Mikayla Reed	Raw	PL	Open	Women												
Tony Sosa	Raw	PL	Open	Men												
	s															
Meet Director:	Keith Kanemoto															
Referees																
International:	Keith Kanemoto															
National:	Gerald Omictin															
State:	Stace Otlin, Ashton Urda, Michelle Gumba															
Spotter/Loaders:	Nightmare Muscle															
Tested Lifters:	Lori Cartwright, Mikayla Reed, Tony Sosa, Chris Guinto, Alfonso Chavez, David Sally															