

USPA Alabama State Championships February 22, 2020 Northport, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	60kg Jr 20-23																
1	Addison Didcoct	AL	60kg	59.85	23	90	95	<del>100</del>	<del>57.5</del>	<del>57.5</del>	57.5	102.5	110	117.5	270	301.617	
	67.5kg Jr 18-19																
1	Maddie Macchi	AL	67.5kg	67.35	19	115	125	130	62.5	<del>67.5</del>	67.5	152.5	160	<del>170</del>	357.5	365.472	
								4th: 137.5									
	90kg Jr 20-23																
1	Kelli Smith	AL	90kg	83.65	21	82.5	87.5	92.5	45	<del>50</del>	<del>50</del>	100	102.5	112.5	250	223.4	
	52kg Open																
1	Michelle Tyrie	AL	52kg	49.35	34	62.5	70	75	42.5	50	<del>55</del>	92.5	107.5	120	245	317.863	
	56kg Open																
DQ	Crystal Elmore	AL	56kg	56	37	137.5	142.5	145	<del>72.5</del>	<del>75</del>	<del>75</del>	132.5	137.5	140	0	0	
	67.5kg Open																
1	Ashley Wallace	GA	67.5kg	66.2	31	110	120	130	<del>72.5</del>	77.5	82.5	147.5	155	<del>165</del>	367.5	380.399	
	75kg Open																
1	Jenn Tubb	AL	75kg	73.3	45	105	110	115	60	62.5	<del>65</del>	142.5	147.5	152.5	330	318.318	335.825
														4th: 157.5			
	56kg Submaster																
DQ	Crystal Elmore	AL	56kg	56	37	137.5	142.5	145	<del>72.5</del>	<del>75</del>	<del>75</del>	132.5	137.5	140	0	0	
	75kg Master 45-49																
1	Jenn Tubb	AL	75kg	73.3	45	105	110	115	60	62.5	<del>65</del>	142.5	147.5	152.5	330	318.318	335.825
														4th: 157.5			
<b>Men Raw Powerlifting</b>																	
	82.5kg Jr 16-17																
DQ	Jack Gable	AL	82.5kg	80.2	16	<del>167.5</del>	<del>172.5</del>	<del>180</del>	105	107.5	112.5	187.5	195	202.5	0	0	
	110kg Jr 20-23																
1	Mauricio Hernandez	AL	110kg	104.5	23	207.5	217.5	<del>227.5</del>	102.5	110	112.5	215	230	250	580	347.188	
														4th: 263			
	125kg Jr 20-23																
1	Thomas Khun	AL	125kg	117.5	22	182.5	192.5	202.5	130	<del>137.5</del>	<del>137.5</del>	222.5	240	250	582.5	336.569	
	82.5kg Open																
1	Jordan Gore	AL	82.5kg	82.1	24	205	<del>215</del>	<del>215</del>	<del>130</del>	130	<del>135</del>	222.5	230	235	570	382.983	
2	Carter Mitchell	AL	82.5kg	80.0	27	160	172.5	182.5	110	125	<del>130</del>	200	215	<del>220</del>	522.5	356.711	
	90kg Open																
1	Aaron Maples	AL	90kg	86.2	31	160	180	185	120	<del>135</del>	<del>135</del>	145	160	175	480	313.536	

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	100kg Open																
1	Ronald Tarvin	AL	100kg	96.2	30	275	302.5	<del>320</del>	182.5	197.5	202.5	267.5	287.5	295	800	494.88	
2	Matthew Burgett	AL	100kg	96.2	36	262.5	275	<del>282.5</del>	192.5	<del>200</del>	<del>200</del>	265.5	280	<del>290</del>	747.5	462.404	
	110kg Open																
1	Nicarlto Oliver	AL	110kg	108.0	34	227.5	237.5	247.5	162.5	182.5	185	287.5	302.5	320.5	753	445.701	
	125kg Open																
1	Trey Godbold	AL	125kg	122.7	29	225	230	240	<del>265</del>	275	<del>288</del>	272.5	307.5	320	835	477.704	
2	Thomas Khun	AL	125kg	117.5	22	182.5	192.5	202.5	130	<del>137.5</del>	<del>137.5</del>	222.5	240	250	582.5	336.569	
	140kg Open																
1	Dustin Joiner	AL	140kg	134.1	29	227.5	<del>245</del>	<del>250</del>	182.5	192.5	<del>200</del>	272.5	287.5	<del>302.5</del>	707.5	398.04	
	100kg Submaster																
1	Matthew Burgett	AL	100kg	96.2	36	262.5	275	<del>282.5</del>	192.5	<del>200</del>	<del>200</del>	265.5	280	<del>290</del>	747.5	462.404	
	90kg Master 45-49																
1	Jimmy Newton	AL	90kg	84.8	45	117.5	130	155	112.5	127.5	<del>137.5</del>	<del>157.5</del>	165	175	457.5	301.584	318.171
	100kg Master 40-44																
1	Chris Webster	AL	100kg	97.4	43	185	197.5	210	140	147.5	<del>152.5</del>	232.5	245	<del>272.5</del>	602.5	370.658	382.148
	100kg Master 45-49																
1	Chris Heinrich	AL	100kg	95.1	45	192.5	197.5	205	175	182.5	187.5	230	245	257.5	650	404.105	426.331
	125kg Master 50-54																
1	Scott Tomlinson	AL	125kg	121.0	52	<del>140</del>	<del>140</del>	140	125	130	<del>140</del>	180	195	225	495	284.031	330.896
	140kg Master 40-44																
1	Bradley Saylor	AL	140kg	129.8	41	160	182.5	195	<del>125</del>	137.5	142.5	160	182.5	200	537.5	304.118	307.159
	<b>Women Classic Raw Powerlifting</b>																
	75kg Jr 13-15																
1	Chloe Carter	AL	75kg	74.5	15	45	57.5	67.5	27.5	<del>33</del>	<del>33</del>	<del>97.5</del>	97.5	<del>105</del>	192.5	183.78	
								4th: 70									
	60kg Open																
1	Sara "Nikki" Jones	AL	60kg	56.1	28	100	102.5	110	<del>55</del>	60	<del>65</del>	125	130	137.5	307.5	361.313	
	90kg Open																
1	Abby Hand	AL	90kg	90.0	28	<del>122.5</del>	122.5	130	67.5	<del>72.5</del>	75	135	<del>147.5</del>	152.5	350	302.435	
DQ	Kathryn Ford	AL	90kg	86.75	25	<del>125</del>	<del>125</del>	<del>125</del>	57.5	65	75	125	145	<del>160</del>	0	0	
	82.5kg Submaster																
1	Cassie Carter	AL	82.5kg	76.4	38	87.5	95	<del>102.5</del>	45.5	50	<del>55</del>	118	127.5	<del>137.5</del>	272.5	256.123	

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<b>Men Classic Raw Powerlifting</b>																	
	110kg Jr 13-15																
1	Will Bishop	AL	110kg	107.30	14	<del>182.5</del>	182.5	192.5	120	133	<del>137.5</del>	165	185	<del>192.5</del>	510.5	302.829	
	82.5kg Open																
1	Evan Lemons	AL	82.5kg	79.7	29	252.5	272.5	<del>280</del>	<del>167.5</del>	157.5	<del>167.5</del>	252.5	<del>272.5</del>	272.5	702.5	480.721	
	90kg Open													4th: 275			
1	Jacob Summers	AL	90kg	85.9	33	235	250	265	145	150	160	245	265	277.5	702.5	459.786	
	100kg Open																
1	Zackary Sanders	TN	100kg	95.2	25	310	325	340	185	195	<del>200</del>	320	340	355	890	553.046	
2	Brian Duncan	AL	100kg	98.3	40	<del>190</del>	190	210	150	<del>167.5</del>	<del>175</del>	215	230	250	610	373.869	373.869
	125kg Open																
1	Nicholas Mccoy	AL	125kg	118.1	35	365	387.5	<del>400</del>	202.5	210	<del>220</del>	290	310	<del>320</del>	907.5	523.718	
2	Adam Clair	AL	125kg	121.0	25	210	222.5	230	125	132.5	<del>137.5</del>	255	272.5	280	642.5	368.667	
	125kg Submaster																
1	Nicholas Mccoy	AL	125kg	118.1	35	365	387.5	<del>400</del>	202.5	210	<del>220</del>	290	310	<del>320</del>	907.5	523.718	
	100kg Master 40-44																
1	Brian Duncan	AL	100kg	98.3	40	<del>190</del>	190	210	150	<del>167.5</del>	<del>175</del>	215	230	250	610	373.869	373.869
	110kg Master 45-49																
1	Erik Whitfield	MS	110kg	103	46	257.5	272.5	282.5	147.5	155	160	<del>277.5</del>	277.5	<del>282.5</del>	720	433.224	462.683
<b>Women Raw Bench Only</b>																	
	82.5kg Master 55-59																
1	Kelley Browning	AL	82.5kg	76.2	59				<del>42.5</del>	45	47.5				47.5	44.717	58.802
<b>Men Raw Bench Only</b>																	
	90kg Open																
1	Jared Stoops	GA	90kg	86.0	47				187.5	195	200				200	130.8	141.526
	110kg Open																
1	Joe Frankl	GA	110kg	106.5	48				<del>185</del>	185	<del>190</del>				185	110.001	120.671
	140kg Open																
1	Demetrius Murray	AL	140kg	140	38				205	215	<del>227.5</del>				215	120.142	
	140kg Submaster																
1	Demetrius Murray	AL	140kg	140	38				205	215	<del>227.5</del>				215	120.142	
	67.5kg Master 80+																
1	Len Bryson	AL	67.5kg	63.85	80				65	70	<del>72.5</del>				70	56.511	115.848
	90kg Master 45-49																
1	Jared Stoops	GA	90kg	86.0	47				187.5	195	200				200	130.8	141.526

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	100kg Master 40-44																
1	Chad Davis	AL	100kg	97	40				182.5	188.5	<del>190</del>				188.5	116.173	116.173
	110kg Master 45-49																
1	Joe Frankln	GA	110kg	106.5	48				<del>185</del>	185	<del>190</del>				185	110.001	120.671
	140kg Master 55-59																
1	Phil Deaton	AL	140kg	138.5	55				172.5	<del>177.5</del>	177.5				177.5	99.347	121.7
<b>Women Raw Deadlift Only</b>																	
	52kg Open																
1	Michelle Tyrie	AL	52kg	49.35	34							92.5	107.5	120	120	155.688	
	67.5kg Open																
1	Ashley Wallace	GA	67.5kg	66.2	31							147.5	155	<del>165</del>	155	160.441	
	82.5kg Master 55-59																
1	Kelley Browning	AL	82.5kg	76.2	59							102.5	107.5	<del>110</del>	107.5	101.201	133.079
<b>Men Raw Deadlift Only</b>																	
	110kg Open																
1	Nicarlto Oliver	AL	110kg	108.0	34							287.5	302.5	320.5	320.5	189.704	
Best Lifters:																	
Ronald Tarvin		Raw Open Men PL														<b>Record Color Codes:</b> State National	
Chris Heinrich		Raw Master Men PL															
Jared Stoops		Raw Master Men BPO															
Zackary Sanders		Craw Open Men PL															
Meet Director/Promoter: Charlie Lyons																	
Meet Announcer(s): John Micka																	
Score Keepers: Ashley Lyons, Katelyn Duke, Heidi Dehnel and Connor Shelton																	
Thank you to our officials:																	
International: Charlie Lyons and John Micka																	
National: Gary Brewer																	
State: Lauren Broadwater, Tracy Sparks, Courtney Jenkins, Connor Shelton, Tyler Frost, Michael Petyak and Heidi Dehnel																	
Practical: Marcus McCord																	