

USPA Open 2026 National Bench Press Championships March 28, 2026 Phoenix, Arizona

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Bench Only		Open															
75kg Open																	
1	Isabella Mayer	CA	75kg	70.7	25				35	37.5	40				40	40.226	
90kg Open																	
1	Donna Lovetro	AZ	90kg	88.9	69				75	80.5	82.5				82.5	73.954	119.065
100kg Open																	
1	Vanessa Romero	AZ	100kg	93.5	38				107.5	115	117.5				117.5	103.041	
110kg Open																	
1	Gizel Morales	TX	110kg	108.0	33				117.5	125	130				130	107.835	
110+ Open																	
1	Hilary Mahoney	AZ	110+	128.7	46				87.5	92.5	92.5				87.5	68.962	73.652
Women Raw Bench Only		Submaster															
100kg Submaster																	
1	Vanessa Romero	AZ	100kg	93.5	38				107.5	115	117.5				117.5	103.041	
Women Raw Bench Only		Master															
90kg Master 65-69																	
1	Donna Lovetro	AZ	90kg	88.9	69				75	80.5	82.5				82.5	73.954	119.065
110+ Master 45-49																	
1	Hilary Mahoney	AZ	110+	128.7	46				87.5	92.5	92.5				87.5	68.962	73.652
Men Raw Bench Only		Open															
82.5kg Open																	
1	Sigfrido Bobonis	CA	82.5kg	79.4	38				162.5	170	175				175	121.21	
2	Damon Ford	OK	82.5kg	81.2	50				150	160	160				150	102.537	115.867
90kg Open																	
1	Jason Smith	AL	90kg	86.1	40				195	202.5	202.5				195	129.021	129.021
2	Michael Hanley	AZ	90kg	89.2	34				167.5	175	180				175	113.668	
100kg Open																	
1	John Lindsey	AZ	100kg	99.0	43				235	242.5	248				248	153.318	158.071
		(250)															

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
2	Anthony Barbour	GA	100kg	98.7	43			230	240	-247.5				240	148.571	153.177
3	Jeremy Cox	GA	100kg	98.3	35			192.5	207.5	210				210	130.234	
4	Frank Sewell	AZ	100kg	97.4	27			185	195	205				195	121.429	
5	Asa Barnes	AZ	100kg	96.1	62			162.5	-167.5	-----				162.5	101.811	141.822
6	Kyle Blessinger	AZ	100kg	97.1	39			115	-120	-120				115	71.712	
	110kg Open															
1	Brett Cohen	AZ	110kg	107.5	39			190	202.5	207.5				207.5	123.982	
	125kg Open															
1	Alex Woychik	WI	125kg	123.7	30			192.5	207.5	-215				207.5	117.993	
2	Miguel Hernandez	AZ	125kg	124.3	32			192.5	200	-217.5				200	113.553	
3	Jason Ballard	AL	125kg	116.5	45			187.5	192.5	197.5				197.5	114.572	120.873
4	Matt Imwalle	AZ	125kg	116.3	43			170	185	192.5				192.5	111.738	115.202
	140kg Open															
1	Samuel Druchniak	NH	140kg	138.6	29			227.5	240	-245				240	131.898	
2	Jerrid Kramer	ID	140kg	137.2	37			215	230	-237.5				230	126.767	
3	Cory Christianson	MN	140kg	130.1	36			185	202.5	-215				202.5	113.362	
	140+ Open															
1	David Douglas	CA	140+	151.6	39			247.5	-257.5	-257.5				247.5	132.718	
2	Kirk Ondracek	MN	140+	141.7	45			232.5	245	-255				245	133.813	141.173
	Men Raw Bench Only															
	82.5kg Submaster															
1	Sigfrido Bobonis	CA	82.5kg	79.4	38			162.5	170	175				175	121.21	
	100kg Submaster															
1	Jeremy Cox	GA	100kg	98.3	35			192.5	207.5	210				210	130.234	
2	Kyle Blessinger	AZ	100kg	97.1	39			115	-120	-120				115	71.712	
	110kg Submaster															
1	Brett Cohen	AZ	110kg	107.5	39			190	202.5	207.5				207.5	123.982	
	140kg Submaster															
1	Cory Christianson	MN	140kg	130.1	36			185	202.5	-215				202.5	113.362	
	140+ Submaster															
1	David Douglas	CA	140+	151.6	39			247.5	-257.5	-257.5				247.5	132.718	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Bench Only				Master													
	75kg Master 50-54																
1	Steve Knowles	MO	75kg	74.5	54				110	115	117.5				117.5	84.66	101.93
	82.5kg Master 50-54																
1	Damon Ford	OK	82.5kg	81.2	50				150	160	160				150	102.537	115.867
	82.5kg Master 55-59																
1	Keith Daniels	HI	82.5kg	80.9	58				140	145	145				145	99.332	128.237
	82.5kg Master 75-79																
1	Jerry Younge	CO	82.5kg	78.2	77				90	90	90				90	62.91	120.661
	90kg Master 40-44																
1	Jason Smith	AL	90kg	86.1	40				195	202.5	202.5				195	129.021	129.021
	90kg Master 50-54																
1	Steven Dunn	NC	90kg	85.9	51				152.5	160	160				152.5	101.027	115.878
	90kg Master 60-64																
1	Stephen Schauer	AZ	90kg	84.0	63				110	120	130				120	80.471	114.35
	90kg Master 65-69																
1	Jeff Graham	CA	90kg	89.9	65				182.5	182.5	182.5				182.5	118.071	174.745
	100kg Master 40-44																
1	John Lindsey	AZ	100kg	99.0	43				235	242.5	248				248	153.318	158.071
										(250)							
2	Anthony Barbour	GA	100kg	98.7	43				230	240	247.5				240	148.571	153.177
	100kg Master 50-54																
1	August Schmidt	AZ	100kg	99.2	51				150	160	167.5				167.5	103.46	118.669
2	Michael Desrosiers	AZ	100kg	99.7	53				140	147.5	147.5				140	86.285	102.161
	100kg Master 55-59																
1	Ian Chapman	CA	100kg	98.7	55				177.5	185	190				185	114.524	140.291
	100kg Master 60-64																
1	Asa Barnes	AZ	100kg	96.1	62				162.5	167.5	167.5				162.5	101.811	141.822
2	Morris Angel	CA	100kg	94.8	62				130	140	140				140	88.269	122.959

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 50-54																
1	Tony Summers	OR	110kg	108.9	53				175	182.5	190				182.5	108.501	128.466
	110kg Master 60-64																
1	Robert Hoaglund	CO	110kg	102.1	61				160	170	182.5				182.5	111.341	152.091
	125kg Master 40-44																
1	Matt Imwalle	AZ	125kg	116.3	43				170	185	192.5				192.5	111.738	115.202
	125kg Master 45-49																
1	Jason Ballard	AL	125kg	116.5	45				187.5	192.5	197.5				197.5	114.572	120.873
	125kg Master 60-64																
1	David Earp	FL	125kg	121.9	62				142.5	152.5	165				165	94.271	131.32
	125kg Master 70-74																
1	Kurt Grimm	TX	125kg	118.8	72				142.5	150	155				155	86.437	148.498
	140+ Master 45-49																
1	Kirk Ondracek	MN	140+	141.7	45				232.5	245	255				245	133.813	141.173
2	Matthew Vasquez	AZ	140+	179.7	45				195	200	205				205	105.183	110.968
	Men Single Ply Bench Only			Open													
	100kg Open																
1	Asa Barnes	AZ	100kg	96.1	62				232.5	247.5					232.5	145.668	202.915
	Men Single Ply Bench Only			Master													
	100kg Master 60-64																
1	Asa Barnes	AZ	100kg	96.1	62				232.5	247.5					232.5	145.668	202.915
	Men Multi Ply Bench Only			Open													
	100kg Open																
1	Asa Barnes	AZ	100kg	96.1	62				272.5	290					290	181.693	253.098
	140+ Open																
1	Santiago (Jimmy) Vasque	AZ	140+	151.0	29				272.5	285	285				272.5	146.279	
	Men Multi Ply Bench Only			Master													
	100kg Master 60-64																
1	Asa Barnes	AZ	100kg	96.1	62				272.5	290					290	181.693	253.098

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
Gizel Morales	Raw	BPO	Open	Women							National					
John Lindsey	Raw	BPO	Open	Men							World					
Jeff Graham	Raw	BPO	Master	Men												
David Douglas	Raw	BPO	Submaste	Men												
Meet Director:	Mike Magee															
Referees																
International:	Mike Magee, Kat Colson, Jon Hare, Steve Denison, Danny Sawaya															
National:	Dan Purdom, Heather Sappington, Chrystal Garcia, Jess VanAsselberg, Kris Kobza															
State:	Matt Foreman, Steven Figueroa, Nattie Cragen, Meghan McKee, Jake Hutchinson, Benji Seller, Brittney Hoyt, Kristina Martin															
Staff:	Sarah Magee															
Spotter/Loaders:	Gilbert Garcia, Wes Bantillan, Marcelino, Stephen Lyon, Stacy Whitman, Allen Wu, John Flores															