

USPA House of Power Road to Valhalla June 19, 2021 Westminster, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Open													
	56kg Open																
1	Corrie Gill	CA	56kg	55.40	26	72.5	75	80	52.5	57.5	62.5	97.5	102.5	110	240	280.187	
	60kg Open																
1	Diana Godinez	CA	60kg	59.65	27	112.5	120	125	65	67.5	70	130	142.5	155	350	389.429	
2	Spike Duarte	CA	60kg	58.90	29	85	87.5	92.5	45	50	55	110	120	122.5	270	302.846	
	67.5kg Open																
1	Lisette Carrera	CA	67.5kg	65.80	26	105	110	115	52.5	55	57.5	125	132.5	140	312.5	327.458	
	75kg Open																
1	Sarah Gonzalez	CA	75kg	74.20	35	115	122.5	130	57.5	57.5	62.5	120	130	137.5	317.5	311.003	
	SHW Open																
1	Rosio Gonzalez	CA	SHW	113.37	35	147.5	157.5	167.5	87.5	92.5	97.5	175	182.5	192.5	432.5	353.005	
2	Reyna Taamu	CA	SHW	149.95	25	137.5	137.5	150	82.5	87.5	92.5	165	182.5	200	430	331.43	
3	Carmen Aivera	CA	SHW	102.9	32	145	150	160	65	67.5	72.5	165	175	182.5	392.5	331.308	
	Men Raw Powerlifting			Junior													
	67.5kg Jr 18-19																
1	Gabriel Villegas	CA	67.5kg	66.45	19	137.5	137.5	145	87.5	87.5	100	177.5	192.5	195	427.5	333.282	
	75kg Jr 18-19																
1	Saharat Raksanoh	CA	75kg	73.75	19	150	160	167.5	92.5	97.5	100	192.5	202.5	210	462.5	335.427	
2	Scott Cookson	CA	75kg	72.30	18	140	150	150	90	95	105	180	190	192.5	425	312.295	
	75kg Jr 20-23																
1	Elgin Vasquez	CA	75kg	73.25	20	185	197.5	207.5	115	115	125	185	197.5	207.5	540	393.382	
	82.5kg Jr 16-17																
1	Matthew Dominguez	CA	82.5kg	81.15	16	130	132.5	150	87.5	92.5	100	150	165	170	420	287.205	
	82.5kg Jr 20-23																
1	Dominic Adams	CA	82.5kg	80.15	22	170	177.5	185	112.5	115	125	197.5	205	212.5	515	354.725	
	90kg Jr 16-17																
1	Aedan Nguyen	CA	90kg	84.65	17	135	142.5	150	77.5	85	90	185	192.5	207.5	427.5	285.466	
	90kg Jr 18-19																
1	Christian Valdovinos	CA	90kg	87.40	18	172.5	180	187.5	115	120	122.5	192.5	205	210	507.5	333.13	

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	100kg Jr 18-19																
1	Allan Garcia	CA	100kg	95	18	157.5	167.5	180	-110	110	-120	190	195	-202.5	485	305.488	
	Men Raw Powerlifting			Open													
	60kg Open																
1	Shorty Sadang	CA	60kg	58.95	32	167.5	177.5	187.5	120	130	-142.5	185	205	227.5	545	466.78	
	75kg Open																
1	Elgin Vasquez	CA	75kg	73.25	20	185	197.5	207.5	-115	115	125	185	197.5	207.5	540	393.382	
2	Saharat Raksanoh	CA	75kg	73.75	19	150	160	-167.5	92.5	-97.5	100	192.5	202.5	-210	462.5	335.427	
	82.5kg Open																
DQ	Brandon Mills	CA	82.5kg	81.35	25	142.5	150	155	-----	-----	-----	-----	-----	-----	0	0	
	90kg Open																
1	Shane Anslinger	TX	90kg	86.90	29	-227.5	227.5	-237.5	165	172.5	182.5	250	265	280	690	454.296	
2	David Sok	CA	90kg	89.55	24	220	235	245	125	-142.5	142.5	240	260	-272.5	647.5	419.736	
3	Richard Martinez	CA	90kg	89.65	30	180	197.5	-200	145	152.5	-162.5	207.5	217.5	-227.5	567.5	367.669	
	100kg Open																
1	Adrian Allen	CA	100kg	97	35	260	272.5	-275	157.5	160	-167.5	282.5	-307.5	-307.5	715	446.068	
2	Mike Jones	CA	100kg	96.0	37	170	177.5	185	150	157.5	-165	237.5	247.5	-255	590	369.828	
3	Marcelo Santana	CA	100kg	98.90	24	195	205	-215	110	117.5	-122.5	237.5	252.5	-260	575	355.634	
4	Matthew Gonzalez	CA	100kg	99.50	34	197.5	202.5	207.5	-117.5	120	-127.5	232.5	242.5	-252.5	570	351.609	
DQ	Lance Mills	CA	100kg	99.65	27	227.5	-240	-----	-----	-----	-----	-----	-----	-----	0	0	
	110kg Open																
1	Matthew Hayashi	CA	110kg	109.0	24	217.5	227.5	237.5	170	177.5	185	222.5	232.5	245	667.5	396.709	
2	Jose Gomez	CA	110kg	108.5	27	200	215	227.5	140	147.5	-157.5	197.5	210	220	595	354.243	
3	Savador Cortes	CA	110kg	107.15	28	182.5	195	210	115	125	132.5	190	200	210	552.5	330.54	
	125kg Open																
1	Ray Audelo	CA	125kg	114.25	44	250	-----	-----	192.5	202.5	-210	250	-272.5	-----	702.5	410.331	427.975
	Men Raw Powerlifting			Submaster													
	100kg Submaster																
1	Adrian Allen	CA	100kg	97	35	260	272.5	-275	157.5	160	-167.5	282.5	-307.5	-307.5	715	446.068	
	Men Raw Powerlifting			Master													
	82.5kg Master 50-54																
1	Raul Garcia	CA	82.5kg	81.45	53	90	102.5	-130	75	82.5	87.5	125	140	172.5	362.5	247.358	292.872

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 40-44																
DQ	Greg Leland	CA	110kg	106.20	41	185	190	200	105	120	120	225	232.5	240	0	0	0
	125kg Master 40-44																
1	Ray Audelo	CA	125kg	114.25	44	250	250	250	192.5	202.5	210	250	272.5	272.5	702.5	410.331	427.975
	Women Classic Raw Powerlifting			Open													
	60kg Open																
1	Maia Narciso	CA	60kg	59.85	26	125	125	137.5	57.5	62.5	65	142.5	145	160	360	399.708	
	Men Classic Raw Powerlifting			Open													
	75kg Open																
1	Jesus Garcia	CA	75kg	71.30	34	157.5	162.5	165	115	120	120	207.5	220	232.5	505	374.575	
	100kg Open																
1	Carlos Camargo	CA	100kg	99.25	24	182.5	195	200	130	135	142.5	225	240	257.5	592.5	365.89	
	Men Classic Raw Powerlifting			Master													
	100kg Master 55-59																
1	Allan Taylor	CA	100kg	97.60	55	215	232.5	232.5	160	167.5	167.5	220	230	235	627.5	390.393	478.232
	Men Raw Bench Only			Open													
	60kg Open																
1	Nathan Connolly	CA	60kg	57.65	32				50	52.5	57.5				57.5	50.185	
	100kg Open																
DQ	Lance Mills	CA	100kg	99.65	27				100	100	100				0	0	
	SHW Open																
1	Will Horton	CA	SHW	158.65	39				182.5	187.5	192.5				192.5	101.992	
	Men Raw Bench Only			Submaster													
	SHW Submaster																
1	Will Horton	CA	SHW	158.65	39				182.5	187.5	192.5				192.5	101.992	
	Men Raw Deadlift Only			Open													
	60kg Open																
1	Nathan Connolly	CA	60kg	57.65	32							37.5	42.5	45	45	39.275	
	100kg Open																
DQ	Lance Mills	CA	100kg	99.65	27							100	100	100	0	0	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Alfred Gonzales	CA	110kg	108.10	51							260	282.5	282.5	260	155.016	177.803
	SHW Open																
1	Will Horton	CA	SHW	158.65	39							245	272.5	272.5	245	129.808	
	Men Raw Deadlift Only			Submaster													
	SHW Submaster																
1	Will Horton	CA	SHW	158.65	39							245	272.5	272.5	245	129.808	
	Men Raw Deadlift Only			Master													
	110kg Master 50-54																
1	Alfred Gonzales	CA	110kg	108.10	51							260	282.5	282.5	260	155.016	177.803
	Men Raw Push-Pull			Open													
	60kg Open																
1	Nathan Connolly	CA	60kg	57.65	32				50	52.5	57.5	37.5	42.5	45	102.5	89.46	
	Best Lifters																
	Elgin Vasquez	Raw	PL	Jr	Men												
	Diana Godinez	Raw	PL	Open	Women												
	Shorty Sadang	Raw	PL	Open	Men												
	Meet Director:	Lord Elliott															
	Referees																
	International:	Lord Elliott															
	National:	Ceasar Amado, Justin Pascual															
	State:	Peyton Elliott, Justin Leibster															
	Staff:	Kiana Elliott															
	Spotter/Loaders:	Luis Miranda, Michael Villalpando, David Garcia, Brooks Soliz															

Record Color Codes
State