

USPA Ironborn Birthday Bash January 11, 2020 Yuba City, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	67.5kg Jr 20-23																
1	Taylor Wolgamott	CA	67.5kg	66.6	23	107.5	107.5	107.5	52.5	55	57.5	112.5	122.5	130	295	304.027	
2	Madison Rayon	CA	67.5kg	62.8	21	85.0	92.5	100	47.5	50	55	115	122.5	127.5	282.5	304.111	
	SHW Jr 20-23																
1	Rebecca Peacock	CA	SHW	138.05	22	75.0	80	92.5	40	45	47.5	85	92.5	102.5	242.5	189.053	
	67.5kg Open																
1	Taylor Wolgamott	CA	67.5kg	66.6	23	107.5	107.5	107.5	52.5	55	57.5	112.5	122.5	130	295	304.027	
2	Natalie Moore	CA	67.5kg	66.25	25	95.0	110	125	55	55	57.5	107.5	117.5	125	292.5	302.591	
3	Oriana Oanh Hua	CA	67.5kg	62.6	24	82.5	90	95	32.5	37.5	40	100	105	110	240	259.008	
	75kg Open																
1	Jayda Ramadan	CA	75kg	70.5	27	105.0	110	120	55	60	67.5	140	145	150	330	326.7	
	82.5kg Open																
1	Taylor Hallera	CA	82.5kg	75.3	23	117.5	125	125	45	47.5	47.5	120	130	135	300	284.49	
2	Lydia Clemens	CA	82.5kg	76.35	26	90.0	97.5	100	45	50	60	100	110	115	265	249.153	
	90kg Open																
1	Randee Kotlar	CA	90kg	90.0	25	130.0	135	142.5	77.5	80	82.5	160	167.5	182.5	405	349.961	
	SHW Open																
1	Kristen Galiste	CA	SHW	107.08	42	70.0	115	117.5	60	62.5	70	150	152.5	155	342.5	280.131	285.733
	82.5kg Submaster																
1	Kristy Gregory	CA	82.5kg	81.2	39	120.0	127.5	132.5	85	87.5	87.5	150	157.5	165	372.5	338.081	
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	87.05	46	102.5	105	107.5	60	62.5	65	140	142.5	147.5	320	280.544	299.621
	SHW Master 40-44																
1	Kristen Galiste	CA	SHW	107.08	42	70.0	115	117.5	60	62.5	70	150	152.5	155	342.5	280.131	285.733
Men Raw Powerlifting																	
	67.5kg Jr 20-23																
DQ	Alberto Jr Lara	CA	67.5kg	64.6	21	190.0	197.5	197.5	192.5	192.5	192.5	220.0	227.5	232.5	0	0	
	75kg Jr 16-17																
1	Wyatt Biehle	CA	75kg	73.25	16	150.0	170	180	105	120.0	125.0	182.5	200	205	500	362.3	
	75kg Jr 20-23																
1	Jose Gonzalez	CA	75kg	74.95	23	142.5	155	155	95	100.0	105.0	187.5	197.5	215	457.5	326.152	
	82.5kg Jr 20-23																
1	Jason Raceles	CA	82.5kg	76.35	20	182.5	190	200	112.5	115.0	120.0	245	267.5	267.5	587.5	413.541	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Jr 18-19																
1	Joshua Pittman	CA	90kg	87.8	19	182.5	182.5	190	120	125.0	127.5	227.5	237.5	247.5	562.5	363.769	
	100kg Jr 20-23																
1	Andre Blugh	CA	100kg	99.8	22	265.0	287.5	300.0	170	182.5	185	240	257.5	267.5	730	444.643	
	110kg Jr 20-23																
1	Anthony Martinez	CA	110kg	104.2	23	215.0	230.0	232.5	167.5	175	177.5	247.5	262.5	265	672.5	402.962	
2	Dean Lagazo	CA	110kg	102.65	21	185.0	197.5	205.0	87.5	95.0	105	185	205	227.5	537.5	323.844	
	56kg Open																
1	Taylor Pina	CA	56kg	55.9	24	137.5	150	152.5	95	105	107.5	175	187.5	195	452.5	412.635	
	82.5kg Open																
1	Ryan Mendoza	CA	82.5kg	80.0	34	180.0	187.5	192.5	125	132.5	137.5	217.5	230	235	555	378.899	
2	Jeremy Andrews	CA	82.5kg	79.5	20	140.0	142.5	145	95	100.0	107.5	142.5	147.5	160	402.5	275.874	
	90kg Open																
1	Aaron Medrano	CA	90kg	89.55	28	225.0	232.5	242.5	160	165.0	170.0	260	272.5	282.5	685	438.4	
2	Xavier Lopez	CA	90kg	87.2	26	215.0	225	230	155	165.0	170.0	222.5	227.5	232.5	622.5	404.065	
	100kg Open																
1	Andre Blugh	CA	100kg	99.8	22	265.0	287.5	300.0	170	182.5	185	240	257.5	267.5	730	444.643	
2	Abe Kirschenbaum	CA	100kg	98.2	47	195.0	210	217.5	152.5	157.5	162.5	220	232.5	237.5	617.5	378.589	409.634
3	Michael Garcia	CA	100kg	98.35	26	187.5	202.5	217.5	100	110.0	122.5	182.5	195	205	530	324.731	
4	Samai Shir	CA	100kg	99.35	28	160.0	172.5	182.5	105.0	112.5	120	195	210	220	512.5	312.728	
5	Timothy Thorsen	CA	100kg	97.65	28	137.5	152.5	155	100	107.5	115	152.5	175	187.5	442.5	271.961	
6	Dan Nguyen	CA	100kg	96.0	35	142.5	147.5	152.5	95	95.0	100.0	157.5	165	165	410	253.831	
	110kg Open																
1	Samuel Diaz	CA	110kg	100.95	34	115.0	117.5	120.0	90	92.5	102.5	105	182.5	187.5	400	242.52	
	100kg Submaster																
1	Tim Klein	CA	100kg	98.85	37	200.0	212.5	220.0	157.5	165	165	257.5	270	282.5	655	400.467	
	100kg Master 40-44																
1	Mike Casey	CA	100kg	98.75	42	175.0	185.0	190.0	160	172.5	180	230	235	245	615	376.196	383.719
	100kg Master 45-49																
1	Abe Kirschenbaum	CA	100kg	98.2	47	195.0	210	217.5	152.5	157.5	162.5	220	232.5	237.5	617.5	378.589	409.634
	110kg Master 50-54																
1	Steven Albrecht	CA	110kg	105.2	51	185.0	195.0	205.0	140	150	160	205	220	230	585	349.362	400.718
	125kg Master 40-44																
1	Alfred Gomes Jr	CA	125kg	123.55	44	145.0	150.0	155.0	87.5	92.5	95	205	220	227.5	457.5	261.324	272.561

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Classic Raw Powerlifting																	
	67.5kg Open																
DQ	Leena Feightner	CA	67.5kg	65.8	24	112.5	120	127.5	67.5	67.5	67.5	---	---	---	0	0	
	82.5kg Open																
1	Dannielle Mondragon	CA	82.5kg	81.7	34	95.0	100	105	52.5	57.5	60	140	147.5	147.5	310	280.426	
	SHW Open																
1	Cindy Gonzalez	CA	SHW	114.15	40	197.5	220	240	100	110	112.5	190	215	220	565	455.955	455.955
2	Tish Horne	CA	SHW	111.7	51	107.5	112.5	115	72.5	77.5	77.5	130	137.5	140	327.5	265.439	304.458
	75kg Submaster																
1	Katrina Gossage	CA	75kg	67.6	36	110.0	115	117.5	60	62.5	65	120	127.5	132.5	310	316.045	
	82.5kg Submaster																
1	Kristina Diaz	CA	82.5kg	79.1	36	120.0	122.5	127.5	52.5	57.5	60	132.5	142.5	147.5	330	303.897	
	SHW Master 40-44																
1	Cindy Gonzalez	CA	SHW	114.15	40	197.5	220	240	100	110	112.5	190	215	220	565	455.955	455.955
	SHW Master 50-54																
1	Tish Horne	CA	SHW	111.7	51	107.5	112.5	115	72.5	77.5	77.5	130	137.5	140	327.5	265.439	304.458
Men Classic Raw Powerlifting																	
	100kg Jr 20-23																
1	Daniel Rayon-Medina	CA	100kg	93.65	22	195.0	205.0	215.0	110	117.5	125	240	250	265	597.5	374.095	
	125kg Jr 20-23																
1	Robert Anderson	CA	125kg	114.45	21	255.0	265.0	275.0	165	170	177.5	300	317.5	327.5	772.5	449.441	
	110kg Open																
1	Carlos Flores	CA	110kg	100.05	32	160.0	185.0	205.0	115	140	157.5	205	227.5	240	565	343.803	
Women Raw Bench Only																	
	82.5kg Open																
1	Michelle Vandeburgh	CA	82.5kg	78.0	36				105	107.5	107.5				105	97.472	
	SHW Open																
1	Tish Horne	CA	SHW	111.7	51				72.5	77.5	77.5				72.5	58.761	67.399
	82.5kg Submaster																
1	Michelle Vandeburgh	CA	82.5kg	78.0	36				105	107.5	107.5				105	97.472	
	SHW Master 50-54																
1	Tish Horne	CA	SHW	111.7	51				72.5	77.5	77.5				72.5	58.761	67.399

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Men Raw Bench Only																	
	90kg Jr 20-23																
1	David Alziebler	CA	90kg	89.05	22				102.5	115.0	120.0				120	77.028	
	90kg Open																
1	Jacob Greenstein	CA	90kg	87.7	25				125	135.0	137.5				137.5	88.976	
	140kg Open																
1	Riccardo Cook	CA	140kg	130.75	32				217.5	225	230				225	127.125	
	67.5kg Master 40-44																
1	Arvin Silvestre	CA	67.5kg	65.25	44				102.5	115	120				120	95.124	99.214
Women Raw Deadlift Only																	
	82.5kg Open																
1	Ritika Mehta	CA	82.5kg	82.5	24							112.5	122.5	127.5	127.5	114.75	
Men Raw Deadlift Only																	
	90kg Jr 20-23																
1	David Alziebler	CA	90kg	89.05	22							200	215	227.5	215	138.009	
Best Lifters:																	
Andre Blugh		Raw PL Jr Men													Record Color Codes:		
Ranee Kotlar		Raw PL Open Women													State		
Andre Blugh		Raw PL Open Men															
Meet Director: Darren Monahan, Eric Cranage and Chandra Jenkins																	
Thank you to our officials:																	
National:		Eric Cranage, Darren Monahan and Mike Koufos															
State:		Tenaya Tuteur, Daniel Melgoza, Javier Tinoco and Shawneen Felix															
Spotter/Loaders: Tom Pheil, Edwardo Castaneda, Danny Cogovan, Tasha Hinesley, Peter Morrow, Kristen Bird																	