

USPA Shogun Showdown December 2, 2023 South Portland, Maine

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
52kg Jr 20-23																	
1	Abigail Thibeau	ME	52kg	51.8	22	67.5	75	80	42.5	47.5	52.5	65	70	80	207.5	253.601	
60kg Jr 18-19																	
1	Nelly Popov	ME	60kg	57.3	19	80	87.5	87.5	47.5	50	55	117.5	127.5	135	272.5	311.134	
67.5kg Jr 20-23																	
1	Grace Robichaud	ME	67.5kg	64	22	120	127.5	132.5	65	65	67.5	152.5	160	162.5	360	383.512	
90kg Jr 20-23																	
1	Sydney Roy	ME	90kg	87.9	20	127.5	142.5	150	80	85	87.5	167.5	180	187.5	425	382.919	
Women Raw Powerlifting		Open															
60kg Open																	
1	Samantha Johnson	ME	60kg	59.7	28	140	147.5	152.5	65	67.5	67.5	140	147.5	155	375	417.024	
67.5kg Open																	
1	Colleen Mathews	ME	67.5kg	66.2	26	127.5	135	142.5	82.5	87.5	87.5	155	165	175	400	417.656	
2	Grace Robichaud	ME	67.5kg	64	22	120	127.5	132.5	65	65	67.5	152.5	160	162.5	360	383.512	
3	Caitlin Gusk	ME	67.5kg	66.7	30	110	122.5	132.5	65	70	75	137.5	147.5	152.5	360	374.241	
4	Billie Walter	ME	67.5kg	66.9	24	85	100	110	67.5	77.5	82.5	135	145	157.5	345	358.023	
5	Annie Mills	ME	67.5kg	64.9	34	102.5	107.5	107.5	50	52.5	57.5	130	137.5	145	305	322.216	
6	Daisy Burr	ME	67.5kg	67.3	34	92.5	97.5	97.5	57.5	57.5	60	115	122.5	130	280	289.566	
7	Allison Hallock	ME	67.5kg	67.5	25	92.5	97.5	105	50	55	55	100	105	115	270	278.746	
75kg Open																	
1	Amanda Budwick	NY	75kg	73.5	38	140	145	150	92.5	95	97.5	162.5	172.5	180	417.5	411.038	
2	Lindsey Dyer	ME	75kg	74	32	100	107.5	112.5	72.5	77.5	77.5	117.5	125	127.5	317.5	311.452	
82.5kg Open																	
1	Hadley Moore	ME	82.5kg	80.9	26	147.5	150	155	77.5	82.5	85	160	170	180	420	393.558	
2	Lauren Thompson	ME	82.5kg	81.4	28	117.5	127.5	140	72.5	77.5	85	135	145	155	372.5	347.994	
3	Sacharis Tirado	ME	82.5kg	77.9	28	115	125	132.5	70	77.5	82.5	130	140	147.5	362.5	346.178	
90kg Open																	
1	Athena Pappalardo	ME	90kg	86	24	127.5	140	145	67.5	77.5	82.5	135	145	155	377.5	343.545	
2	Elizabeth Bernier	NH	90kg	87.0	28	125	132.5	137.5	72.5	77.5	80	130	140	150	365	330.405	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Mary Riley	ME	100kg	94.6	29	112.5	120	125	57.5	62.5	65	122.5	130	137.5	327.5	285.792	
2	Ashley Winslow	ME	100kg	94.3	33	115	117.5	120	57.5	60	60	112.5	117.5	122.5	302.5	264.326	
	Women Raw Powerlifting		Submaster														
	75kg Submaster																
1	Amanda Budwick	NY	75kg	73.5	38	140	145	150	92.5	95	97.5	162.5	172.5	180	417.5	411.038	
	100kg Submaster																
1	Ashley Winslow	ME	100kg	94.3	33	115	117.5	120	57.5	60	60	112.5	117.5	122.5	302.5	264.326	
	Women Raw Powerlifting		Master														
	56kg Master 65-69																
1	Karen Schilling	ME	56kg	55.7	67	70	80	82.5	45	50	52.5	105	112.5	117.5	250	290.814	448.726
2	Jean Bingham	ME	56kg	54.7	65	65	67.5	70	30	32.5	35	77.5	82.5	95	195	229.599	339.807
	60kg Master 60-64																
1	Anita Graviss	ME	60kg	58.4	62	37.5	42.5	47.5	35	40	42.5	77.5	82.5	85	165	186.087	259.22
	82.5kg Master 55-59																
1	Inger Cyr	ME	82.5kg	81.9	58	85	85	85	50	55	60	110	130	140	280	260.798	336.691
	Men Raw Powerlifting		Junior														
	75kg Jr 16-17																
1	Hayden Lecompte	ME	75kg	72.55	17	147.5	165	165	100	110	110	165	175	182.5	430	315.243	
	75kg Jr 18-19																
1	Nathan Hatch	ME	75kg	69.02	19	192.5	200	210	110	117.5	122.5	227.5	240	242.5	560	424.813	
	125kg Jr 13-15																
1	Rush Morrison	ME	125kg	114	15	217.5	227.5	235	112.5	122.5	127.5	197.5	207.5	220	575	336.121	
	125kg Jr 18-19																
1	Tyler Honeycutt	MA	125kg	115	18	182.5	197.5	205	105	117.5	125	182.5	200	205	535	311.769	
	Men Raw Powerlifting		Open														
	67.5kg Open																
1	Loc Nguyen	ME	67.5kg	66.6	33	155	155	162.5	110	115	120	160	162.5	162.5	437.5	340.513	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Open																
1	Nathan Hatch	ME	75kg	69.02	19	192.5	200	210	110	117.5	122.5	227.5	240	242.5	560	424.813	
2	Raz Baltazar	ME	75kg	74.25	25	175	185	195	125	135	142.5	190	207.5	207.5	527.5	380.893	
	82.5kg Open																
1	Derek Miller	ME	82.5kg	80.35	31	200	212.5	220	137.5	142.5	142.5	225	240	245	602.5	414.387	
2	Nicholas Hawk	ME	82.5kg	79.3	26	170	180	187.5	122.5	132.5	137.5	207.5	222.5	230	550	381.231	
3	Eric Verrill	ME	82.5kg	82.45	30	175	187.5	195	115	120	125	200	215	227.5	535	362.53	
4	Austin Robichaud	ME	82.5kg	82.0	26	135	135	142.5	87.5	95	102.5	160	170	195	432.5	293.987	
5	Zachary Boubel	ME	82.5kg	76.9	28	122.5	130	132.5	85	92.5	97.5	130	152.5	170	400	282.487	
	90kg Open																
1	Teejay Sinclair	ME	90kg	86.9	32	180	190	197.5	132.5	140	147.5	250	260	275	590	388.456	
2	John Karwacki	ME	90kg	84.85	35	185	190	197.5	100	107.5	115	190	202.5	220	525	350.12	
3	Michael Ricigliano	ME	90kg	87.9	32	155	160	167.5	110	120	120	212.5	222.5	237.5	507.5	332.139	
4	Richard Vaccaro	ME	90kg	83.6	32	145	160	160	90	97.5	97.5	190	192.5	207.5	457.5	307.611	
5	Austin Traweek	ME	90kg	88.7	24	160	165	170	85	90	95	157.5	170	180	440	286.618	
DQ	Frederick Walker	ME	90kg	88.6	25	202.5	205	205	125	125	125	222.5	230	240	0	0	
	100kg Open																
1	Zachary Milot	MA	100kg	96.8	26	207.5	220	227.5	135	145	152.5	220	232.5	245	612.5	382.479	
2	Joseph Thompson	ME	100kg	98.05	31	142.5	155	172.5	140	152.5	165	175	187.5	210	547.5	339.922	
3	Alexander Trainor	ME	100kg	90.5	25	135	145	150	75	90	97.5	150	152.5	170	417.5	269.207	
	110kg Open																
1	Cal Seekins	ME	110kg	109.1	28	207.5	217.5	227.5	160	170	182.5	245	260	272.5	682.5	405.482	
2	Jonathon Grames	ME	110kg	108.6	28	225	237.5	247.5	152.5	157.5	162.5	237.5	245	260	665	395.779	
3	Erick Pickett	ME	110kg	104.1	28	205	212.5	217.5	147.5	155	160	240	252.5	262.5	635	384.305	
4	Amadeus Florendo	ME	110kg	108.8	31	215	220	220	150	150	152.5	210	215	220	587.5	349.408	
	125kg Open																
1	Mike Risti	ME	125kg	113	26	300	320	335	200	200	210	345	365	385	930	545.364	
	140kg Open																
1	Ben Ducharme	ME	140kg	137.1	38	215	230	245	170	185	185	250	250	275	665	366.599	
	140+ Open																
1	Hunter Collins	ME	140+	142.5	27	272.5	285	295	195	205	212.5	275	290	302.5	802.5	437.622	

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Men Raw Powerlifting			Submaster															
	110kg Submaster																	
1	Donald Hardy	ME	110kg	104.9	38	170	180	187.5	117.5	127.5	140	195	207.5	220	547.5	330.322		
	125kg Submaster																	
1	Robert Budwick	NY	125kg	122.8	37	200	207.5	212.5	150	157.5	165	235	247.5	257.5	635	361.937		
	140kg Submaster																	
1	Ben Ducharme	ME	140kg	137.1	38	215	230	---	170	185	185	250	250	275	665	366.599		
Men Raw Powerlifting			Master															
	140+ Master 40-44																	
1	John Lynch	MA	140+	181	42	190	195	210	105	107.5	115	205	215	227.5	545	279.129	284.711	
Men Classic Raw Powerlifting			Master															
	90kg Master 75-79																	
1	Martin Joyce Iii	ME	90kg	88.2	76	152.5	152.5	167.5	85	85	90	200	212.5	212.5	442.5	289.088	542.329	
Women Raw Bench Only			Open															
	82.5kg Open																	
1	Lauren Thompson	ME	82.5kg	81.4	28				72.5	77.5	85				77.5	72.401		
Men Raw Bench Only			Open															
	90kg Open																	
1	Teejay Sinclair	ME	90kg	86.9	32				132.5	140	147.5				140	92.176		
	100kg Open																	
1	Joseph Thompson	ME	100kg	98.05	31				140	152.5	165				165	102.442		
Men Raw Bench Only			Master															
	82.5kg Master 60-64																	
DQ	Mike Deltergo	ME	82.5kg	79.7	60				110	---	---				0	0	0	
Men Raw Deadlift Only			Open															
	90kg Open																	
1	Teejay Sinclair	ME	90kg	86.9	32							250	260	275	260	171.184		

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Colleen Mathews		Raw	PL	Open	Women							National					
Mike Risti		Raw	PL	Open	Men												
Meet Director:		Lucas Craig, Ann Hall															
Referees																	
International:		Richard Deleon, Ann Hall															
National:		Phil Craven, Lucas Craig															
State:		Raymond Saraiva, Matt Ingargiola															
Practical :		Amy Silvia, Heather Hilton															
Spotter/Loaders:		Liz Perreia, Aliza Write, Matt Hopkins, Jared Withers, Nate Kulus															
MC:		Dane Bonin															