

IPL Multi-Ply National Championship November 14, 2021 Salt Lake City, UT

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Multi Ply Powerlifting			Open													
	56kg Open																
1	Lisa Macdonald	UT	56kg	54.8	33	215.0	<del>227.5</del>	<del>227.5</del>	110	<del>120</del>	<del>120</del>	175	185	<del>192.5</del>	510	599.753	
	75kg Open																
1	Elizabeth Freel	CA	75kg	72.5	46	205.0	220	232.5	115	122.5	125	205	217.5	<del>232.5</del>	575	570.311	609.092
	SHW Open																
1	Hillary Waldron	UT	SHW	95.6	33	212.5	227.5	247.5	157.5	<del>182.5</del>	<del>182.5</del>	170	<del>182.5</del>	<del>182.5</del>	575	499.591	
	Women Multi Ply Powerlifting			Submaster													
	75kg SubMaster																
1	Kristin Butcher	UT	75kg	72.6	35	165.0	182.5	197.5	85	<del>102.5</del>	<del>105</del>	102.5	125	<del>142.5</del>	407.5	403.874	
								(205)									
	Women Multi Ply Powerlifting			Master													
	75kg Master 45-49																
1	Elizabeth Freel	CA	75kg	72.5	46	205.0	220	232.5	115	122.5	125	205	217.5	<del>232.5</del>	575	570.311	609.092
	SHW Master 40-44																
1	Laura Kramer	UT	SHW	138.2	44	125.0	142.5	<del>162.5</del>	85	100	<del>115</del>	85	102.5	125	367.5	285.669	297.953
	Men Multi Ply Powerlifting			Junior													
	90kg Jr 13-15																
1	Mason Scadden	UT	90kg	87.4	15	125.0	142.5	172.5	87.5	107.5	<del>112.5</del>	102.5	125	153	433	284.228	
	140kg Jr 20-23																
1	Navy Mitchell	UT	140kg	139.0	23	307.5	345	365	165	192.5	<del>227.5</del>	182.5	207.5	<del>240.5</del>	765	420.082	
	Men Multi Ply Powerlifting			Open													
	75kg Open																
1	Townes Falcon	UT	75kg	74.0	26	<del>175.0</del>	175	192.5	85	102.5	<del>125</del>	202.5	<del>217.5</del>	227.5	522.5	378.108	
	90kg Open																
1	Ed Kinsey	UT	90kg	88.9	40	355.0	392.5	<del>420</del>	255	<del>267.5</del>	<del>267.5</del>	<del>255</del>	255	272.5	920	598.599	598.599
	100kg Open																
1	Joshua Nemcek	UT	100kg	97.5	31	320.0	337.5	<del>337.5</del>	182.5	205	<del>215</del>	<del>242.5</del>	242.5	252.5	795	494.83	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Joshua Maw	UT	125kg	114.3	27	330.0	365	<del>375</del>	62.5	237.5	<del>240</del>	295	317.5	322.5	925	540.209	
2	Shay McQuiston	UT	125kg	116.3	40	317.5	355	367.5	62.5	245	<del>287.5</del>	102.5	142.5	195	807.5	468.719	
3	Eric Farr	UT	125kg	121.8	32	322.5	332.5	355	162.5	<del>250</del>	<del>255</del>	<del>272.5</del>	285	<del>292.5</del>	802.5	458.624	
	SHW Open																
1	Jeremy Clifford	UT	SHW	142.5	35	365.0	382.5	390	235.0	<del>245</del>	<del>9999</del>	347.5	<del>350</del>	<del>9999</del>	972.5	530.327	
	Men Multi Ply Powerlifting			Submaster													
	125kg Submaster																
1	Shay McQuiston	UT	125kg	116.3	40	317.5	355	367.5	62.5	245	<del>287.5</del>	102.5	142.5	195	807.5	468.719	
	SHW Submaster																
1	Jeremy Clifford	UT	SHW	142.5	35	365.0	382.5	390	235.0	<del>245</del>	<del>9999</del>	347.5	<del>350</del>	<del>9999</del>	972.5	530.327	
	Men Multi Ply Powerlifting			Master													
	90kg Master 40-44																
1	Ed Kinsey	UT	90kg	88.9	40	355.0	392.5	<del>420</del>	255	<del>267.5</del>	<del>267.5</del>	<del>255</del>	255	272.5	920	598.599	598.599
	110kg Master 55-59																
1	Archie Smith	UT	110kg	107.3	55	182.5	205	237.5	142.5	167.5	<del>190</del>	142.5	160	195	600	358.761	439.483
	Men Multi Ply Bench Only			Open													
	90kg Open																
1	Ed Kinsey	UT	90kg	88.9	40				255	<del>267.5</del>	<del>267.5</del>				255	165.916	165.916
	Men Multi Ply Bench Only			Master													
	90kg Master 40-44																
1	Ed Kinsey	UT	90kg	88.9	40				255	<del>267.5</del>	<del>267.5</del>				255	165.916	165.916
	Men Multi Ply Deadlift Only			Open													
	60kg Open																
1	Jaxon Tijerina	UT	60kg	59.8	23							202.5	212.5	<del>220</del>	212.5	179.852	
	90kg Open																
1	Sam Ivey	UT	90kg	89.5	27							275	<del>285</del>	285	285	184.801	
2	Ed Kinsey	UT	90kg	88.9	40							<del>255</del>	255	272.5	272.5	177.303	177.303
	Men Multi Ply Deadlift Only			Master													
	90kg Master 40-44																
1	Ed Kinsey	UT	90kg	88.9	40							<del>255</del>	255	272.5	272.5	177.303	177.303

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total			
	Best Lifters														<b>Record Color Codes</b>					
	Ed Kinsey	Mply	PL	Open	Men														State	
															National					
	Meet Director:	Chris McGrail													World					
	Referees																			
	International:	Jon Cunningham, Kehaulani Richardson																		
	National:	Chris McGrail, Austin Jones																		
	State:	Joseph Nielsen, Kristen Smith, Jake Snyder																		
	Staff:	Steven DeBoom, Joseph Nielsen																		
	Spotter/Loaders:	Adam Asay, Klayton Johnson, Anthony Poole, Jon Skinner																		