

USPA Drug Tested My Iron Valentine Powerlifting Championship February 16, 2019 Allentown, PA

| | Name | State | Wt class | Weight | Age | SQ Kg | BP Kg | DL Kg | Total Kg | Wilks Total | McC Total | SQ Lbs | BP Lbs | DL Lbs | Total Lbs |
|----|-------------------------------|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| | Women Raw Powerlifting | | | | | | | | | | | | | | |
| | 90kg Jr 13-15 | | | | | | | | | | | | | | |
| 1 | Haley Moccio-Bell | PA | 90kg | 85.7 | 14 | 80 | 40 | 95 | 215 | 189.867 | | 176.4 | 88.2 | 209.4 | 474 |
| | SHW Jr 16-17 | | | | | | | | | | | | | | |
| 1 | Victoria Moccio-Bell | PA | SHW | 111.7 | 16 | 132.5 | 65 | 142.5 | 340 | 275.57 | | 292.1 | 143.3 | 314.2 | 749.6 |
| | 56kg Open | | | | | | | | | | | | | | |
| 1 | Patricia Coates | PA | 56kg | 55.1 | 48 | 110 | 57.5 | 145 | 312.5 | 372.375 | 408.495 | 242.5 | 126.8 | 319.7 | 688.9 |
| | 60kg Open | | | | | | | | | | | | | | |
| 1 | Stephanie Hanson | NJ | 60kg | 59.1 | 27 | 137.5 | 82.5 | 175 | 395 | 445.6 | | 303.1 | 181.9 | 385.8 | 870.8 |
| | 67.5kg Open | | | | | | | | | | | | | | |
| 1 | Kristin Irons | PA | 67.5kg | 65.5 | 24 | 100 | 62.5 | 132.5 | 295 | 307.744 | | 220.5 | 137.8 | 292.1 | 650.4 |
| 2 | Sarah Gosdin | PA | 67.5kg | 61.1 | 36 | 110 | 62.5 | 115 | 287.5 | 316.078 | | 242.5 | 137.8 | 253.5 | 633.8 |
| 3 | Dana Follweiler | PA | 67.5kg | 66.2 | 24 | 62.5 | 30 | 82.5 | 175 | 181.143 | | 137.8 | 66.1 | 181.9 | 385.8 |
| | 82.5kg Open | | | | | | | | | | | | | | |
| 1 | Dakota Duffy | MD | 82.5kg | 80.2 | 26 | 140 | 62.5 | 155 | 357.5 | 326.648 | | 308.6 | 137.8 | 341.7 | 788.1 |
| 2 | Kristyn Whisman | PA | 82.5kg | 79.7 | 35 | 112.5 | 60 | 145 | 317.5 | 291.116 | | 248 | 132.3 | 319.7 | 700 |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Heather Mutchler | PA | SHW | 112.2 | 28 | 132.5 | 97.5 | 157.5 | 387.5 | 313.79 | | 292.1 | 214.9 | 347.2 | 854.3 |
| | 67.5kg Submaster | | | | | | | | | | | | | | |
| 1 | Sarah Gosdin | PA | 67.5kg | 61.1 | 36 | 110 | 62.5 | 115 | 287.5 | 316.078 | | 242.5 | 137.8 | 253.5 | 633.8 |
| | 82.5kg Submaster | | | | | | | | | | | | | | |
| 1 | Kristyn Whisman | PA | 82.5kg | 79.7 | 35 | 112.5 | 60 | 145 | 317.5 | 291.116 | | 248 | 132.3 | 319.7 | 700 |
| | 56kg Master 45-49 | | | | | | | | | | | | | | |
| 1 | Patricia Coates | PA | 56kg | 55.1 | 48 | 110 | 57.5 | 145 | 312.5 | 372.375 | 408.495 | 242.5 | 126.8 | 319.7 | 688.9 |
| | 67.5kg Master 40-44 | | | | | | | | | | | | | | |
| 1 | Erika Hill | PA | 67.5kg | 66.4 | 44 | 115 | 60 | 142.5 | 317.5 | 327.914 | 342.014 | 253.5 | 132.3 | 314.2 | 700 |
| | Men Raw Powerlifting | | | | | | | | | | | | | | |
| | 52kg Jr | | | | | | | | | | | | | | |
| GL | Rowan Kratz | PA | 52kg | 47.1 | 12 | 72.5 | 40 | 100 | 212.5 | 232.369 | | 159.8 | 88.2 | 220.5 | 468.5 |
| | 56kg Jr 13-15 | | | | | | | | | | | | | | |
| 1 | Tristan Kratz | PA | 56kg | 54.4 | 14 | 95 | 57.5 | 142.5 | 295 | 276.386 | | 209.4 | 126.8 | 314.2 | 650.4 |

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|---------------------------------------|---------------------|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| | 82.5kg Jr 16-17 | | | | | | | | | | | | | | |
| 1 | Nathaniel Norris | PA | 82.5kg | 80.4 | 17 | 92.5 | 55 | 130 | 277.5 | 188.867 | | 203.9 | 121.3 | 286.6 | 611.8 |
| | 82.5kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Joel Morales | PA | 82.5kg | 81.3 | 23 | 132.5 | 90 | 182.5 | 405 | 273.74 | | 292.1 | 198.4 | 402.3 | 892.9 |
| | 82.5kg Open | | | | | | | | | | | | | | |
| 1 | Christopher Burgess | MD | 82.5kg | 80.9 | 28 | 210 | 150 | 255 | 615 | 416.909 | | 463 | 330.7 | 562.2 | 1355.8 |
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Seth Davis | PA | 90kg | 88.9 | 36 | 232.5 | 147.5 | 242.5 | 622.5 | 399.894 | | 512.6 | 325.2 | 534.6 | 1372.4 |
| | 100kg Open | | | | | | | | | | | | | | |
| 1 | Roland Wilder | PA | 100kg | 99.7 | 39 | 215 | 170 | 222.5 | 607.5 | 370.15 | | 474 | 374.8 | 490.5 | 1339.3 |
| | 110kg Open | | | | | | | | | | | | | | |
| 1 | John Ignatovich | PA | 110kg | 108.8 | 28 | 225 | 182.5 | 295 | 702.5 | 414.826 | | 496 | 402.3 | 650.4 | 1548.7 |
| 2 | Adam Soley | PA | 110kg | 109.2 | 29 | 250 | 165 | 285 | 700 | 412.86 | | 551.2 | 363.8 | 628.3 | 1543.2 |
| 3 | Jake Holmes | VA | 110kg | 105.7 | 24 | 182.5 | 155 | 240 | 577.5 | 344.306 | | 402.3 | 341.7 | 529.1 | 1273.2 |
| | 125kg Open | | | | | | | | | | | | | | |
| 1 | William Johnson | PA | 125kg | 123.6 | 25 | 272.5 | 200 | 330 | 802.5 | 458.388 | | 600.8 | 440.9 | 727.5 | 1769.2 |
| 2 | Ryan Mahovich | PA | 125kg | 125 | 32 | 180 | 140 | 197.5 | 517.5 | 294.872 | | 396.8 | 308.6 | 435.4 | 1140.9 |
| | 90kg Submaster | | | | | | | | | | | | | | |
| 1 | Seth Davis | PA | 90kg | 88.9 | 36 | 232.5 | 147.5 | 242.5 | 622.5 | 399.894 | | 512.6 | 325.2 | 534.6 | 1372.4 |
| | 100kg Submaster | | | | | | | | | | | | | | |
| 1 | Roland Wilder | PA | 100kg | 99.7 | 39 | 215 | 170 | 222.5 | 607.5 | 370.15 | | 474 | 374.8 | 490.5 | 1339.3 |
| | 82.5kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Al Arvey | PA | 82.5kg | 81.2 | 72 | 90 | 82.5 | 117.5 | 290 | 196.156 | 336.996 | 198.4 | 181.9 | 259 | 639.3 |
| | 100kg Master 40-44 | | | | | | | | | | | | | | |
| 1 | Ron Zsido | PA | 100kg | 94.4 | 44 | 205 | 160 | 227.5 | 592.5 | 369.602 | 385.494 | 451.9 | 352.7 | 501.5 | 1306.2 |
| Women Classic Raw Powerlifting | | | | | | | | | | | | | | | |
| | 75kg Open | | | | | | | | | | | | | | |
| 1 | Fina Matranga | NJ | 75kg | 71.9 | 30 | 182.5 | 77.5 | 170 | 430 | 420.067 | | 402.3 | 170.9 | 374.8 | 948 |

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|-------------------------------------|---------------------|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| Men Classic Raw Powerlifting | | | | | | | | | | | | | | | |
| | 100kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Jim Mckenna | PA | 100kg | 97.3 | 70 | 75 | 140 | 127.5 | 342.5 | 210.809 | 346.78 | 165.3 | 308.6 | 281.1 | 755.1 |
| Women Raw Bench Only | | | | | | | | | | | | | | | |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Heather Mutchler | PA | SHW | 112.2 | 28 | | 97.5 | | 97.5 | 78.956 | | | 214.9 | | 214.9 |
| Men Raw Bench Only | | | | | | | | | | | | | | | |
| | 90kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Zack Scharnikow | PA | 90kg | 87.1 | 21 | | 157.5 | | 157.5 | 102.296 | | | 347.2 | | 347.2 |
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Zack Scharnikow | PA | 90kg | 87.1 | 21 | | 157.5 | | 157.5 | 102.296 | | | 347.2 | | 347.2 |
| | 140kg Open | | | | | | | | | | | | | | |
| 1 | David Alvarez | NY | 140kg | 131.7 | 45 | | 230 | | 230 | 129.789 | 136.927 | | 507.1 | | 507.1 |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Pedro Mejias | NY | SHW | 204.3 | 40 | | 282.5 | | 282.5 | 150.177 | 150.177 | | 622.8 | | 622.8 |
| 2 | Ryheen Anderson | NY | SHW | 179.6 | 33 | | 192.5 | | 192.5 | 103.642 | | | 424.4 | | 424.4 |
| | 82.5kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Al Arvey | PA | 82.5kg | 81.2 | 72 | | 82.5 | | 82.5 | 55.803 | 95.87 | | 181.9 | | 181.9 |
| | 100kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Jim Mckenna | PA | 100kg | 97.3 | 70 | | 140 | | 140 | 86.17 | 141.75 | | 308.6 | | 308.6 |
| | 140kg Master 45-49 | | | | | | | | | | | | | | |
| 1 | David Alvarez | NY | 140kg | 131.7 | 45 | | 230 | | 230 | 129.789 | 136.927 | | 507.1 | | 507.1 |
| | SHW Master 40-44 | | | | | | | | | | | | | | |
| 1 | Pedro Mejias | NY | SHW | 204.3 | 40 | | 282.5 | | 282.5 | 150.177 | 150.177 | | 622.8 | | 622.8 |
| Women Raw Deadlift Only | | | | | | | | | | | | | | | |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Heather Mutchler | PA | SHW | 112.2 | 28 | | | 157.5 | 157.5 | 127.544 | | | | 347.2 | 347.2 |
| Men Raw Deadlift Only | | | | | | | | | | | | | | | |
| | 56kg Jr 13-15 | | | | | | | | | | | | | | |
| 1 | Tristan Kratz | PA | 56kg | 54.4 | 14 | | | 142.5 | 142.5 | 133.508 | | | | 314.2 | 314.2 |

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|---|---|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| | Men Raw Deadlift Only | | | | | | | | | | | | | | |
| | 82.5kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Al Arvey | PA | 82.5kg | 81.2 | 72 | | | 117.5 | 117.5 | 79.477 | 136.541 | | | 259 | 259 |
| | | | | | | | | | | | | | | | |
| | Meet Director: Eric Kratz | | | | | | | | | | | | | | |
| | Best Lifter Male Open Raw: William Johnson | | | | | | | | | | | | | | |
| | Best Lifter Female Open Raw: Stephanie Hanson | | | | | | | | | | | | | | |
| | Best Lifter Male Bench Press Only: Pedro Mejias | | | | | | | | | | | | | | |
| | Best Lifter Junior: Tristan Kratz | | | | | | | | | | | | | | |
| | Judges: | | | | | | | | | | | | | | |
| | National: Jessican Kratz and Eric Kratz | | | | | | | | | | | | | | |
| | State: Marc Masishin, Ed Komissar and Shay Larrisey | | | | | | | | | | | | | | |
| | Announcer: Justin Eckert | | | | | | | | | | | | | | |
| | Computer: Gabby Eckert | | | | | | | | | | | | | | |
| | Expeditor: Jessica Vasquez | | | | | | | | | | | | | | |
| | Spotter/ Loaders: David Contesible, William Smith, Mario Lozano and Warren Gosdin | | | | | | | | | | | | | | |