

## USPA 6th IBC Classic WV State Championship March 23rd, 2019 Fairmont, West Virginia

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	52kg Jr 20-23														
1	Lizzy Youkers	MD	52kg	51.4	23	80	55	97.5	232.5	292.439		176.4	121.3	214.9	512.6
	67.5kg Jr 20-23														
1	Jessica Farlow	VA	67.5kg	66	23	110	52.5	145	307.5	319.001		242.5	115.7	319.7	677.9
	75kg Jr 20-23														
1	Morgan Neeley	WV	75kg	68.8	22	132.5	77.5	135	345	347.381		292.1	170.9	297.6	760.6
2	Caitlyn Lampinen	WV	75kg	74.3	20	107.5	42.5	130	280	267.764		237	93.7	286.6	617.3
	90kg Jr 18-19														
1	Sydney Toler	WV	90kg	89.7	18	105	55	130	290	250.937		231.5	121.3	286.6	639.3
	56kg Open														
1	Dakota Green	OH	56kg	52.3	30	80	65	125	270	335.097		176.4	143.3	275.6	595.2
	60kg Open														
1	Ayngelia Ara	WV	60kg	59.5	37	140	97.5	197.5	435	488.114		308.6	214.9	435.4	959
2	MyKeisha Young	MD	60kg	59.3	26	135	75	172.5	382.5	430.351		297.6	165.3	380.3	843.3
3	Kayla Riggs	MD	60kg	59.4	28	100	75	132.5	307.5	345.507		220.5	165.3	292.1	677.9
4	Julie Bartos	OH	60kg	59.6	30	107.5	67.5	120	295	330.607		237	148.8	264.6	650.4
DQ	Allison Whorton	MD	60kg	58.8	24	115	0	0	0	0		253.5	0	0	0
	67.5kg Open														
1	Jessica Farlow	VA	67.5kg	66	23	110	52.5	145	307.5	319.001		242.5	115.7	319.7	677.9
	75kg Open														
1	Kellie Snyder	WV	75kg	72.8	35	120	77.5	160	357.5	346.382		264.6	170.9	352.7	788.1
2	Kayleigh Del Cotto	PA	75kg	69.2	30	120	72.5	140	332.5	333.431		264.6	159.8	308.6	733
3	April Shamblin	WV	75kg	73.3	43	102.5	65	145	312.5	301.438	310.782	226	143.3	319.7	688.9
	90kg Open														
1	Devon Efaw	WV	90kg	89.3	26	137.5	62.5	150	350	303.415		303.1	137.8	330.7	771.6
	SHW Open														
1	Kaitlin Bedekovich	WV	SHW	105.1	33	147.5	70	165	382.5	314.224		325.2	154.3	363.8	843.3
	60kg Submaster														
1	Ayngelia Ara	WV	60kg	59.5	37	140	97.5	197.5	435	488.114		308.6	214.9	435.4	959
	90kg Submaster														
1	Sarah Ott	WV	90kg	84.5	36	147.5	75	175	397.5	353.417		325.2	165.3	385.8	876.3

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	56kg Master 40-44														
1	Kathleen Scrabis	PA	56kg	52.8	43	82.5	47.5	127.5	257.5	317.24	327.074	181.9	104.7	281.1	567.7
	60kg Master 55-59														
1	Paula Cochenour	WV	60kg	59.6	57	80	37.5	92.5	210	235.347	298.42	176.4	82.7	203.9	463
	75kg Master 40-44														
1	April Shamblin	WV	75kg	73.3	43	102.5	65	145	312.5	301.438	310.782	226	143.3	319.7	688.9
	82.5kg Master 40-44														
1	Misty Garlow	WV	82.5kg	75.5	44	97.5	57.5	125	280	265.076	276.474	214.9	126.8	275.6	617.3
	90kg Master 50-54														
1	Lisa Barsom	PA	90kg	86.3	50	120	52.5	142.5	315	277.263	313.307	264.6	115.7	314.2	694.4
	<b>Men Raw Powerlifting</b>														
	60kg Jr 18-19														
1	Anthony Lee	WV	60kg	58.3	19	142.5	90	165	397.5	348.17		314.2	198.4	363.8	876.3
	67.5kg Jr 20-23														
1	Jared Lake	WV	67.5kg	65.4	21	177.5	115	215	507.5	401.483		391.3	253.5	474	1118.8
	75kg Jr 20-23														
1	Cody Byers	WV	75kg	72.6	20	142.5	102.5	172.5	417.5	304.483		314.2	226	380.3	920.4
	82.5kg Jr 20-23														
1	Nathan Matthiesen	VA	82.5kg	80.5	21	165	125	167.5	457.5	311.1		363.8	275.6	369.3	1008.6
	90kg Jr 13-15														
1	Jonathan Angell	WV	90kg	87.9	15	162.5	97.5	197.5	457.5	295.682		358.2	214.9	435.4	1008.6
	90kg Jr 18-19														
1	Nathan Grimmatt	WV	90kg	89	19	242.5	137.5	292.5	672.5	431.812		534.6	303.1	644.8	1482.6
2	Roger Mayne	WV	90kg	84.3	18	192.5	135	247.5	575	380.363		424.4	297.6	545.6	1267.6
3	Seth Chasteen	WV	90kg	88.8	19	205	130	217.5	552.5	355.147		451.9	286.6	479.5	1218
	90kg Jr 20-23														
1	Connor Alderman	VA	90kg	88.6	20	187.5	122.5	200	510	328.236		413.4	270.1	440.9	1124.3
	100kg Jr 18-19														
1	Ronald Allan	WV	100kg	98.5	19	190	142.5	242.5	575	352.073		418.9	314.2	534.6	1267.6
2	Marcus McGuire	WV	100kg	91.5	18	182.5	130	210	522.5	330.795		402.3	286.6	463	1151.9



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	SHW Open														
1	Eric Jett	WV	SHW	145.9	30	295	170	305	770	427.735		650.4	374.8	672.4	1697.5
DQ	Matt Arthur	WV	SHW	172.1	45	265	0	0	0	0	0	584.2	0	0	0
	75kg Master 40-44														
1	Steve Snyder	OH	75kg	73.6	41	110	115	137.5	362.5	261.761	264.379	242.5	253.5	303.1	799.2
	90kg Master 40-44														
1	Brian Lego	WV	90kg	86.8	43	180	130	210	520	338.364	348.853	396.8	286.6	463	1146.4
2	Bill Allen	WV	90kg	85.1	41	155	112.5	205	472.5	310.858	313.966	341.7	248	451.9	1041.7
	90kg Master 45-49														
1	Michael Taylor	WV	90kg	87.4	45	147.5	97.5	205	450	291.735	307.78	325.2	214.9	451.9	992.1
	100kg Master 50-54														
1	Ron Green	OH	100kg	95.6	50	180	145	185	510	316.353	357.479	396.8	319.7	407.9	1124.3
	110kg Master 40-44														
1	Matt Holbert	WV	110kg	106.3	42	220	160	232.5	612.5	364.438	371.726	485	352.7	512.6	1350.3
	140kg Master 45-49														
1	James Shifflett	MD	140kg	135.4	48	250	225	272.5	747.5	419.871	460.598	551.2	496	600.8	1647.9
	SHW Master 45-49														
DQ	Matt Arthur	WV	SHW	172.1	45	265	0	0	0	0	0	584.2	0	0	0
	<b>Women Classic Raw Powerlifting</b>														
	56kg Master 55-59														
DQ	Kimberly Akers	WV	56kg	56	58	87.5	0	120	0	0	0	192.9	0	264.6	0
	<b>Men Classic Raw Powerlifting</b>														
	90kg Jr 18-19														
1	Michael Gallagher	OH	90kg	87.8	19	232.5	142.5	272.5	647.5	418.738		512.6	314.2	600.8	1427.5
	100kg Jr 16-17														
DQ	Jakob Barrows	WV	100kg	97.7	17	0	0	0	0	0		0	0	0	0
	100kg Jr 20-23														
DQ	Jacob Starcher	WV	100kg	99.7	21	267.5	0	0	0	0		589.7	0	0	0
	110kg Jr 20-23														
1	Zachariah Grady	WV	110kg	108.5	22	290	177.5	270	737.5	435.863		639.3	391.3	595.2	1625.9
2	Colin Burns	WV	110kg	105.9	21	260	182.5	272.5	715	425.997		573.2	402.3	600.8	1576.3

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	SHW Jr 20-23														
1	Joseph Masi	WV	SHW	145.2	23	318	222.5	295	835.5	464.371		701.1	490.5	650.4	1841.9
	75kg Open														
1	Joshua Beitzel	MD	75kg	73.7	25	205	135	190	530	382.342		451.9	297.6	418.9	1168.4
	82.5kg Open														
1	Micaiah Branch	WV	82.5kg	81.9	27	242.5	150	275	667.5	449.161		534.6	330.7	606.3	1471.6
2	Joey Reid	PA	82.5kg	80.3	25	227.5	132.5	230	590	401.849		501.5	292.1	507.1	1300.7
	100kg Open														
1	Antonio Carter	WV	100kg	97.2	30	282.5	207.5	320	810	498.798		622.8	457.5	705.5	1785.7
2	Steven Six	WV	100kg	100	61	220	155	232.5	607.5	369.725	505.044	485	341.7	512.6	1339.3
DQ	Mike Thorne	WV	100kg	95.7	49	0	0	0	0	0	0	0	0	0	0
	110kg Open														
1	Colin Burns	WV	110kg	105.9	21	260	182.5	272.5	715	425.997		573.2	402.3	600.8	1576.3
	125kg Open														
1	Clayton Workman	WV	125kg	124.7	43	275	167.5	285	727.5	414.748	427.605	606.3	369.3	628.3	1603.8
	140kg Open														
1	Spencer Flanagan	WV	140kg	139.4	25	320	172.5	320	812.5	454.35		705.5	380.3	705.5	1791.2
	110kg Submaster														
1	Lawrence Maday	PA	110kg	109.6	37	265	167.5	297.5	730	430.116		584.2	369.3	655.9	1609.4
	100kg Master 45-49														
DQ	Mike Thorne	WV	100kg	95.7	49	0	0	0	0	0	0	0	0	0	0
	100kg Master 60-64														
1	Steven Six	WV	100kg	100	61	220	155	232.5	607.5	369.725	505.044	485	341.7	512.6	1339.3
	125kg Master 40-44														
1	Clayton Workman	WV	125kg	124.7	43	275	167.5	285	727.5	414.748	427.605	606.3	369.3	628.3	1603.8
<b>Men Single Ply Powerlifting</b>															
	100kg Master 70-74														
DQ	Bud Samples	WV	100kg	92.2	71	50	0	0	0	0	0	110.2	0	0	0
<b>Men Raw Bench Only</b>															
	90kg Open														
1	James Longinotti	PA	90kg	87.4	56		110		110	71.313	88.856		242.5		242.5

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DQ	100kg Open Mike Thorne	WV	100kg	95.7	49		0		0	0	0		0		0
1	110kg Open Ryan Upole	MD	110kg	108.3	34		142.5		142.5	84.275			314.2		314.2
1	125kg Open Samuel Garner	WV	125kg	119.3	37		210		210	120.897			463		463
1	82.5kg Master 60-64 Scott Phillips	WV	82.5kg	80.8	60		112.5		112.5	76.331	102.284		248		248
1	90kg Master 55-59 James Longinotti	PA	90kg	87.4	56		110		110	71.313	88.856		242.5		242.5
DQ	100kg Master 45-49 Mike Thorne	WV	100kg	95.7	49		0		0	0	0		0		0
1	110kg Master 45-49 Michael Miller	MD	110kg	108.4	48		162.5		162.5	96.07	105.389		358.2		358.2
<b>Men Single Ply Bench Only</b>															
1	SHW Open Zach Howerton	WV	SHW	147.4	26		287.5		287.5	159.476			633.8		633.8
<b>Men Raw Push-Pull</b>															
1	75kg Jr 18-19 Chris Forren	WV	75kg	68.2	18		112.5	150	262.5	200.734			248	330.7	578.7
1	SHW Jr 20-23 Thomas Evans	WV	SHW	167.7	21		115	192.5	307.5	167.372			253.5	424.4	677.9
1	67.5kg Open Micah Moore	PA	67.5kg	66.9	27		112.5	182.5	295	229.097			248	402.3	650.4
1	82.5kg Open Ryan McGrew	WV	82.5kg	79.9	24		120	200	320	218.624			264.6	440.9	705.5
1	90kg Open Drake Stephens	WV	90kg	88.2	28		200	285	485	312.874			440.9	628.3	1069.2
1	100kg Open Danny Walls	WV	100kg	93.7	30		177.5	332.5	510	319.26			391.3	733	1124.3
2	100kg Open Joe Whytsell	WV	100kg	91	36		200	250	450	285.705			440.9	551.2	992.1

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	100kg Submaster														
1	Joe Whytsell	WV	100kg	91	36		200	250	450	285.705			440.9	551.2	992.1
	110kg Submaster														
1	Randy Moore	OH	110kg	106.8	34		160	227.5	387.5	230.214			352.7	501.5	854.3
	82.5kg Master 40-44														
1	Mark Yenchenko	MD	82.5kg	79.1	43		90	125	215	147.834	152.417		198.4	275.6	474
	100kg Master 45-49														
1	Tomas Garcia Tulla	PA	100kg	97	48		92.5	175	267.5	164.86	180.851		203.9	385.8	589.7
	110kg Master 55-59														
1	Michael Hill	DE	110kg	109.1	55		20	65	85	50.15	61.434		44.1	143.3	187.4
	<b>Powerlifting Best Lifters:</b>														
	Women's Junior Raw	Morgan Neeley													
	Women's Open Raw	Ayngelia Ara													
	Women's Master Raw	Kathleen Scrabis													
	Men's Junior Raw	Nathan Grimmett													
	Men's Open Raw	Zac Meyers													
	Men's Master Raw	James Shifflett													
	Men's Open Classic Raw	Antonio Carter													
	<b>Judges:</b>														
	International	Johnny Layne and Mindy Layne													
	National	Danny Miller, Ethan Dew and Bobby Bowlin													
	State	Jamon Coulter, Steve Thompson and Kylee Craig													
		Tyler Castel, Megan Thompson, Samantha Cantero and Michael Sarni													
	<b>Support Staff:</b>														
	Spotter/Loaders	Matt Maloney, Steve Oberle, Ben Wilson, Vasant Saladi, Matt Brockman													
		Logan Davis, Randy Durr, Jeremy Lilly, Daniel Shaver, Grant Judy													
	Announcer	Johnny Layne, Mindy Layne, Spencer Flanagan and Rev Matt Holbert													
	Meet Director:	Johnny Layne and Mindy Layne													
	Sponsors:	Bench Blokz, Intense Attire, Platform Ready & Combined Insurance and Pioneer Leathercraft													