

USPA Open 2026 Midwest Regionals at Outlaw March 28, 2026 Lubbock, Texas

| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|---|-------------------------|-------|--------|--------|-----|----------------|----------------|------------------|-------|----------------|------------------|-------|----------------|----------------|----------|------------|-----------|
| Women Raw Powerlifting Open | | | | | | | | | | | | | | | | | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Danielle "David" Dostal | TX | 75kg | 71.4 | 20 | 120 | 130 | 135 | 67.5 | 72.5 | 77.5 | 140 | 155 | 162.5 | 370 | 370.069 | |
| Women Raw Powerlifting Submaster | | | | | | | | | | | | | | | | | |
| | 82.5kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Jessica Kent | TX | 82.5kg | 77.4 | 38 | 95 | 97.5 | 102.5 | 50 | 52.5 | 55 | 112.5 | 117.5 | 130 | 285 | 273.066 | |
| Men Raw Powerlifting Junior | | | | | | | | | | | | | | | | | |
| | 125kg Jr 16-17 | | | | | | | | | | | | | | | | |
| 1 | Ian Sepeda | TX | 125kg | 120.3 | 16 | 155 | 170 | 182.5 | 85 | 87.5 | 92.5 | 182.5 | 192.5 | 200 | 475 | 272.569 | |
| Men Raw Powerlifting Open | | | | | | | | | | | | | | | | | |
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Anthony Heckart | TX | 82.5kg | 79.4 | 31 | 250 | 250 | 250 | 152.5 | 160 | 167.5 | 260 | 265 | 265 | 670 | 464.061 | |
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Jason Harrington | TX | 100kg | 99.6 | 33 | 207.5 | 227.5 | 232.5 | 137.5 | 155 | 155 | 215 | 232.5 | 242.5 | 612.5 | 377.66 | |
| 2 | Alex Wilkins | TX | 100kg | 96.8 | 30 | 130 | 142.5 | 160 | 85 | 95 | 105 | 142.5 | 165 | 185 | 440 | 274.76 | |
| | 125kg Open | | | | | | | | | | | | | | | | |
| 1 | Terrell Thompson | OK | 125kg | 116.2 | 33 | 215.0 | 235 | 250 | 172.5 | 187.5 | 192.5 | 235 | 245 | 257.5 | 695 | 403.538 | |
| 2 | Ian Sepeda | TX | 125kg | 120.3 | 16 | 155 | 170 | 182.5 | 85 | 87.5 | 92.5 | 182.5 | 192.5 | 200 | 475 | 272.569 | |
| | 140kg Open | | | | | | | | | | | | | | | | |
| 1 | Dustin Rogers | TX | 140kg | 128.1 | 38 | 257.5 | 267.5 | 277.5 | 177.5 | 187.5 | 190 | 245 | 257.5 | 262.5 | 730 | 410.591 | |
| | 140+ Open | | | | | | | | | | | | | | | | |
| 1 | Jose Alonzo | TX | 140+ | 158.4 | 25 | 295 | 307.5 | 317.5 | 180 | 190 | 200 | 310 | 325 | 335 | 842.5 | 446.564 | |
| 2 | Ray Hixon | TX | 140+ | 143.7 | 62 | 252.5 | 262.5 | 272.5 | 157.5 | 165 | 175 | 272.5 | 285 | --- | 700 | 380.844 | 530.515 |
| Men Raw Powerlifting Submaster | | | | | | | | | | | | | | | | | |
| | 125kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Stewart Shrauner | TX | 125kg | 113.5 | 36 | 230 | 235 | --- | 157.5 | 172.5 | 182.5 | 182.5 | --- | --- | 590 | 345.433 | |
| | 140kg Submaster | | | | | | | | | | | | | | | | |
| 1 | Dustin Rogers | TX | 140kg | 128.1 | 38 | 257.5 | 267.5 | 277.5 | 177.5 | 187.5 | 190 | 245 | 257.5 | 262.5 | 730 | 410.591 | |

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|--------------------------------|---------------------|-------|--------|-----------|-----|-------|-------|------------------|-------|-------|------------------|-------|------------------|------------------|----------|------------|-----------|--|
| Men Raw Powerlifting | | | | Master | | | | | | | | | | | | | | |
| | 90kg Master 40-44 | | | | | | | | | | | | | | | | | |
| 1 | Jeff Grisham | OK | 90kg | 88.3 | 43 | 175 | 192.5 | 205 | 110 | 122.5 | 132.5 | 232.5 | 257.5 | 272.5 | 585 | 381.96 | 393.801 | |
| 140+ Master 60-64 | | | | | | | | | | | | | | | | | | |
| 1 | Ray Hixon | TX | 140+ | 143.7 | 62 | 252.5 | 262.5 | 272.5 | 157.5 | 165 | 175 | 272.5 | 285 | --- | 700 | 380.844 | 530.515 | |
| Women Classic Raw Powerlifting | | | | Open | | | | | | | | | | | | | | |
| | 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Autumn Ford | TX | 67.5kg | 67.1 | 45 | 110 | 115 | 122.5 | 60 | 65 | 70 | 137.5 | 152.5 | 152.5 | 337.5 | 349.633 | 368.863 | |
| Women Classic Raw Powerlifting | | | | Master | | | | | | | | | | | | | | |
| | 67.5kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Autumn Ford | TX | 67.5kg | 67.1 | 45 | 110 | 115 | 122.5 | 60 | 65 | 70 | 137.5 | 152.5 | 152.5 | 337.5 | 349.633 | 368.863 | |
| | 75kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Linda Gardner | TX | 75kg | 73.7 | 59 | 52.5 | 57.5 | 60 | 42.5 | 47.5 | 52.5 | 70 | 77.5 | 92.5 | 202.5 | 199.075 | 261.784 | |
| Men Classic Raw Powerlifting | | | | Open | | | | | | | | | | | | | | |
| | 75kg Open | | | | | | | | | | | | | | | | | |
| 1 | Jesse Zambrano | TX | 75kg | 73.5 | 38 | 220 | 235 | 240 | 152.5 | 160 | 165 | 212.5 | 222.5 | 225 | 630 | 457.921 | | |
| Men Classic Raw Powerlifting | | | | Submaster | | | | | | | | | | | | | | |
| | 75kg Submaster | | | | | | | | | | | | | | | | | |
| 1 | Jesse Zambrano | TX | 75kg | 73.5 | 38 | 220 | 235 | 240 | 152.5 | 160 | 165 | 212.5 | 222.5 | 225 | 630 | 457.921 | | |
| | 100kg Submaster | | | | | | | | | | | | | | | | | |
| 1 | Devon Benavidez | TX | 100kg | 97.0 | 37 | 262.5 | 282.5 | 292.5 | 145 | 155 | 160 | 267.5 | 290 | 300 | 752.5 | 469.463 | | |
| Men Classic Raw Powerlifting | | | | Master | | | | | | | | | | | | | | |
| | 100kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Kaiser Young | TX | 100kg | 97.8 | 55 | 182.5 | 205 | 215 | 157.5 | 167.5 | 175.5 (182.5) | 192.5 | 205 | 215 | 605.5 | 376.361 | 461.042 | |
| | 100kg Master 60-64 | | | | | | | | | | | | | | | | | |
| 1 | Scott Gardner | TX | 100kg | 94.1 | 63 | 102.5 | 112.5 | 120 | 142.5 | 150 | 155 | 160 | 170 | 182.5 | 445 | 281.549 | 400.081 | |
| | 125kg Master 40-44 | | | | | | | | | | | | | | | | | |
| 1 | Joseph Ferguson | TX | 125kg | 116.7 | 43 | 250 | 272.5 | --- | 192.5 | 213 | 217.5 | 270 | 302.5 | 305 | 795 | 460.914 | 475.202 | |

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| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|--------------------------|------------------|-------|--------|-----------|-----|-----|-----|-----|-------|-------|-------------------|-------|-------------------|-----------------|----------|------------|-----------|
| Women Raw Bench Only | | | | Open | | | | | | | | | | | | | |
| 1 | Elizabeth Braid | TX | 110+ | 125.6 | 35 | | | | 97.5 | 107.5 | -112.5 | | | | 107.5 | 85.218 | |
| Men Raw Bench Only | | | | Open | | | | | | | | | | | | | |
| 1 | Jesse Zambrano | TX | 75kg | 73.5 | 38 | | | | 152.5 | 160 | 165 | | | | 165 | 119.932 | |
| 1 | Terrell Thompson | OK | 125kg | 116.2 | 33 | | | | 172.5 | 187.5 | -192.5 | | | | 187.5 | 108.868 | |
| 1 | Ray Hixon | TX | 140+ | 143.7 | 62 | | | | 157.5 | 165 | -175 | | | | 165 | 89.77 | 125.05 |
| Men Raw Bench Only | | | | Submaster | | | | | | | | | | | | | |
| 1 | Jesse Zambrano | TX | 75kg | 73.5 | 38 | | | | 152.5 | 160 | 165 | | | | 165 | 119.932 | |
| Men Raw Bench Only | | | | Master | | | | | | | | | | | | | |
| 1 | Scott Gardner | TX | 100kg | 94.1 | 63 | | | | 142.5 | 150 | 155 | | | | 155 | 98.068 | 139.354 |
| 1 | Ray Hixon | TX | 140+ | 143.7 | 62 | | | | 157.5 | 165 | -175 | | | | 165 | 89.77 | 125.05 |
| Men Multi Ply Bench Only | | | | Master | | | | | | | | | | | | | |
| 1 | William Nadzak | TX | 110kg | 102.9 | 76 | | | | 120 | 125 | 127.5 | | | | 127.5 | 77.533 | 145.452 |
| Women Raw Deadlift Only | | | | Open | | | | | | | | | | | | | |
| 1 | Autumn Ford | TX | 67.5kg | 67.1 | 45 | | | | | | | 137.5 | -152.5 | 152.5 | 152.5 | 157.982 | 166.671 |
| Women Raw Deadlift Only | | | | Master | | | | | | | | | | | | | |
| 1 | Autumn Ford | TX | 67.5kg | 67.1 | 45 | | | | | | | 137.5 | -152.5 | 152.5 | 152.5 | 157.982 | 166.671 |
| Men Raw Deadlift Only | | | | Open | | | | | | | | | | | | | |
| 1 | Ray Hixon | TX | 140+ | 143.7 | 62 | | | | | | | 272.5 | -285 | -300 | 272.5 | 148.257 | 206.522 |

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| | | | | | | | | | | | | | | | Dots | McC | | |
|------------------------------|---------------|---|---------------|-------|-----|-----|-------|-----|-------|-----|---------------------------|-------|----------------|------------------|-------|---------|---------|--|
| Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Total | Total | | |
| Men Raw Deadlift Only | | | Master | | | | | | | | | | | | | | | |
| 90kg Master 40-44 | | | | | | | | | | | | | | | | | | |
| 1 | Jeff Grisham | OK | 90kg | 88.3 | 43 | | | | | | | 232.5 | 257.5 | 272.5 | 257.5 | 168.128 | 173.34 | |
| 100kg Master 60-64 | | | | | | | | | | | | | | | | | | |
| 1 | Scott Gardner | TX | 100kg | 94.1 | 63 | | | | | | | 160 | 170 | 182.5 | 170 | 107.558 | 152.84 | |
| 140+ Master 60-64 | | | | | | | | | | | | | | | | | | |
| 1 | Ray Hixon | TX | 140+ | 143.7 | 62 | | | | | | | 272.5 | 285 | --- | 272.5 | 148.257 | 206.522 | |
| Men Raw Push-Pull | | | Master | | | | | | | | | | | | | | | |
| 100kg Master 60-64 | | | | | | | | | | | | | | | | | | |
| 1 | Scott Gardner | TX | 100kg | 94.1 | 63 | | | | 142.5 | 150 | 155 | 160 | 170 | 182.5 | 325 | 205.626 | 152.84 | |
| 125kg Master 50-54 | | | | | | | | | | | | | | | | | | |
| 1 | John Pena | TX | 125kg | 118.2 | 53 | | | | 95 | 105 | 115 | 102.5 | 115 | 125 | 240 | 138.536 | 85.43 | |
| Best Lifters | | | | | | | | | | | Record Color Codes | | | | | | | |
| Name | | Equip | Events | Comp | Sex | | | | | | State | | | | | | | |
| Anthony Heckart | | Raw | PL | Open | Men | | | | | | National | | | | | | | |
| | | | | | | | World | | | | | | | | | | | |
| Meet Director: | | Garett Sosa, Gary Hunter | | | | | | | | | | | | | | | | |
| Referees | | | | | | | | | | | | | | | | | | |
| International: | | Derek Gibson, James Waldrop | | | | | | | | | | | | | | | | |
| National: | | Caitlin Sosa, Logan Durham, Linda Badillo, Laura Williams | | | | | | | | | | | | | | | | |
| State: | | Jordan Olivas, Erika Lamb, Alexis Durham, Sara Gibson | | | | | | | | | | | | | | | | |
| Spotter/Loaders: | | Kaleb Chassie, Ryan Juarez, Jaileel Ross, Matthew Lamar, Thorben Wischmann, Xaine Soliz | | | | | | | | | | | | | | | | |