

USPA Tested 2024 Wyoming State Championship April 27 2024 Laramie, Wyoming

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
90kg Jr 16-17																	
1	Danielle Gilbert	WY	90kg	84.2	17	117.5	127.5	137.5	57.5	62.5	65	122.5	135	145	347.5	319.393	
Women Raw Powerlifting		Open															
56kg Open																	
1	Alexa Echevarria	CO	56kg	55.5	29	95	100	100	65	70	75	142.5	147.5	155 (160)	325	378.964	
60kg Open																	
1	Caitlyn Urhammer	WY	60kg	59.4	32	117.5	120.0	120	55	57.5	57.5	140	150	157.5	325	362.578	
67.5kg Open																	
1	Amanda Jeffers	WY	67.5kg	66.0	37	125	132.5	132.5	75	80	82.5	155	167.5	170	385	402.708	
90kg Open																	
1	Lynette Hartman	WY	90kg	86.5	41	135	142.5	150 (152.5)	70	77.5	82.5	140	150	160 (162.5)	387.5	351.702	355.219
2	Danielle Gilbert	WY	90kg	84.2	17	117.5	127.5	137.5	57.5	62.5	65	122.5	135	145	347.5	319.393	
3	Brooklyn Ridenhower	WY	90kg	86.0	25	95	102.5	102.5	52.5	57.5	57.5	110	120	137.5	290	263.915	
100kg Open																	
1	Chandra Watson	WY	100kg	93.8	36	150	157.5	165 (167.5)	82.5	85	87.5	142.5	147.5	152.5	397.5	348.114	
110kg Open																	
1	Megan Crocker	WY	110kg	107	31	110	122.5	132.5	52.5	60	65	142.5	160	167.5	355	295.432	
110+ Open																	
1	Emma Anderson	WY	110+	129.4	27	137.5	145	147.5	70	75	82.5	140	147.5	160	370	291.257	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Amanda Jeffers	WY	67.5kg	66.0	37	125	132.5	132.5	75	80	82.5	155	167.5	170	385	402.708	
100kg Submaster																	
1	Myriah Phelps	WY	100kg	94.9	37	95	102.5	112.5	52.5	60	65	110	120	125	302.5	263.628	
Women Raw Powerlifting		Master															
67.5kg Master 65-69																	
1	Tana Stith	WY	67.5kg	62.5	68	62.5	65	67.5	42.5	45	47.5	97.5	100	110	225	243.171	383.238

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Master 40-44																
DQ	Alicia Ruiz	WY	75kg	72.7	41	-117.5	-127.5	-127.5	67.5	70	-75	115	135	-140	0	0	0
	82.5kg Master 60-64																
1	Janann Nelson	WY	82.5kg	80.9	63	60	67.5	70	27.5	32.5	37.5	97.5	102.5	107.5	215	201.464	286.281
	90kg Master 40-44																
1	Lynette Hartman	WY	90kg	86.5	41	135	142.5	150	70	77.5	-82.5	140	-150	160	387.5	351.702	355.219
								(152.5)						(162.5)			
2	Brooke Heine	NE	90kg	90	40	102.5	105	112.5	52.5	55	-60	137.5	147.5	157.5	325	289.744	289.744
	Men Raw Powerlifting			Junior													
	60kg Jr 20-23																
1	Nycholas Melchor	WY	60kg	60.0	21	155	162.5	167.5	100	-105	107.5	-190	195	200	475	400.92	
											(110.5)			(210)			
	82.5kg Jr 20-23																
1	Joe Kerber	IA	82.5kg	80.4	20	157.5	172.5	-185	112.5	-122.5	122.5	202.5	220	227.5	522.5	359.234	
	90kg Jr 13-15																
1	Brady Hartman	WY	90kg	87.7	14	142.5	155	-170	80	85	-92.5	152.5	167.5	182.5	422.5	276.839	
	90kg Jr 18-19																
1	Pedro Ramirez	CO	90kg	87.4	19	210	225	235	117.5	-127.5	-127.5	220	227.5	-235	580	380.721	
	110kg Jr 16-17																
1	Randal Reddon	WY	110kg	103.4	17	155	-172.5	197.5	110	130	145	160	200	227.5	570	345.923	
											(152.5)						
2	Oskar Neubauer	WY	110kg	109.5	17	147.5	185	-195	100	-110	110	145	155	170	465	275.878	
	110kg Jr 20-23																
1	Keaton Heyneman	CO	110kg	106.9	21	237.5	247.5	260	142.5	-152.5	-152.5	272.5	285	297.5	700	419.167	
														(302.5)			
	140+ Jr 20-23																
1	Jacob Elliott	WY	140+	147.0	22	-110	110	-135	60	70	-80	100	110	117.5	297.5	160.858	
														(140)			
	Men Raw Powerlifting			Open													
	52kg Open																
DQ	Justin Carlton	WY	52kg		37	00.0	00.0	00.0	00.0	00.0	00.0				0	0	

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	60kg Open																
1	Nycholas Melchor	WY	60kg	60.0	21	155	162.5	167.5	100	-105	107.5 (110.5)	-190	195	200 (210)	475	400.92	
	67.5kg Open																
1	Jonathan Hamrick	CO	67.5kg	65.9	39	140	150	155	80	82.5	-87.5	200	215	227.5	465	364.75	
	75kg Open																
1	Jaryn Johnson	WY	75kg	74.7	27	142.5	160	170	102.5	112.5	-115	142.5	160	-162.5	442.5	318.275	
	90kg Open																
1	Mitch Ertle	CO	90kg	89.1	36	220	-232.5	-232.5	127.5	-137.5	-137.5	276	-305	-305	623.5	405.215	
	100kg Open																
1	Payten Gilmore	WY	100kg	92.7	27	212.5	227.5	232.5	110	117.5	-122.5	245	257.5	262.5 (265)	612.5	390.311	
2	Caleb Miiller	WY	100kg	96.3	35	160	190	195	115	122.5	-127.5	182.5	217.5	-222.5	535	334.873	
	110kg Open																
1	Jerry Schmidt	WY	110kg	108.3	26	240	247.5	255	167.5	-172.5	-172.5	215	225	235	657.5	391.731	
2	Riley Sanchez	WY	110kg	106.0	29	220	232.5	240	155	-170	-170	215	230	240	635	381.516	
3	Randal Reddon	WY	110kg	103.4	17	155	-172.5	197.5	110	130	145 (152.5)	160	200	227.5	570	345.923	
	125kg Open																
1	Jordan Hakala	WY	125kg	121.2	30	217.5	230	237.5	162.5	172.5	-185	260	275	285 (295)	695	397.831	
2	Matthew Crandall	WY	125kg	124.3	32	187.5	200	210	147.5	155	-167.5	197.5	210	220	585	332.143	
3	Benjamin March	WY	125kg	123.3	33	155	170	-187.5	110	125	137.5	180	-205	-205	487.5	277.501	
DQ	Ethan Smith	WY	125kg	116.3	28	225	242.5	-250	-165	-175	-175				0	0	
	140kg Open																
1	Chris Hintz	WY	140kg	127.2	38	220	232.5	242.5	160	175	-185	275	290	-300	707.5	398.8	
2	Victor Gutierrez Arciga	WY	140kg	128	30	85	92.5	107.5	75	97.5	-105	125	142.5	150	355	199.719	
	Men Raw Powerlifting																
	67.5kg Submaster																
1	Jonathan Hamrick	CO	67.5kg	65.9	39	140	150	155	80	82.5	-87.5	200	215	227.5	465	364.75	
2	Bud Mitchell	WY	67.5kg	65.7	36	-115	122.5	130	85	-90	-90	170	182.5	-192.5	397.5	312.508	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Submaster																
1	Mitch Ertle	CO	90kg	89.1	36	220	232.5	232.5	127.5	137.5	137.5	276	305	305	623.5	405.215	
2	Adrian Quintana	WY	90kg	89.4	35	197.5	202.5	205	122.5	127.5	135	200	205	210	542.5	351.97	
3	Christopher Dutcher	WY	90kg	89.1	37	142.5	165	182.5	110	115	120	197.5	215	227.5	507.5	329.826	
														(230)			
	140kg Submaster																
1	Chris Hintz	WY	140kg	127.2	38	220	232.5	242.5	160	175	185	275	290	300	707.5	398.8	
	Men Raw Powerlifting			Master													
	110kg Master 40-44																
1	Adam Fiscus	CO	110kg	109.2	40	142.5	147.5	160	137.5	142.5	150	192.5	200	212.5	522.5	310.315	310.315
	Men Raw Bench Only			Junior													
	100kg Jr 20-23																
1	Joe Larsen	WY	100kg	95.4	21				102.5	107.5	112.5				112.5	70.722	
	140+ Jr 20-23																
1	Jacob Elliott	WY	140+	147.0	22				60	70	80				70	37.849	
	Men Raw Bench Only			Open													
	52kg Open																
DQ	Justin Carlton	WY	52kg		37				00.0	00.0	00.0				0	0	
	75kg Open																
1	Jaryn Johnson	WY	75kg	74.7	27				102.5	112.5	115				112.5	80.917	
	90kg Open																
1	Don Burris	CO	90kg	88.8	54				115	122.5	125				125	81.378	97.98
	140kg Open																
1	Chris Hintz	WY	140kg	127.2	38				160	175	185				175	98.643	
	Men Raw Bench Only			Submaster													
	90kg Submaster																
1	Christopher Dutcher	WY	90kg	89.1	37				110	115	120				115	74.739	
	140kg Submaster																
1	Chris Hintz	WY	140kg	127.2	38				160	175	185				175	98.643	

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Men Raw Bench Only				Master													
	90kg Master 50-54																
1	Don Burris	CO	90kg	88.8	54				115	122.5	125				125	81.378	97.98
Men Single Ply Bench Only				Open													
	110kg Open																
1	David Krohn	CO	110kg	105.6	27				232.5	237.5	240 (242.5)				240	144.413	
Men Single Ply Bench Only				Master													
	110kg Master 60-64																
1	Richard Byars	CO	110kg	102.2	62				192.5	197.5	202.5				202.5	123.492	172.024
Men Raw Deadlift Only				Junior													
	140+ Jr 20-23																
1	Jacob Elliott	WY	140+	147.0	22							100	110	117.5 (140)	117.5	63.532	
Men Raw Deadlift Only				Open													
	52kg Open																
DQ	Justin Carlton	WY	52kg		37											0	
	90kg Open																
1	Don Burris	CO	90kg	88.8	54							165	185	187.5	187.5	122.068	146.969
	100kg Open																
1	Payten Gilmore	WY	100kg	92.7	27							245	257.5	262.5 (265)	262.5	167.276	
	140kg Open																
1	Chris Hintz	WY	140kg	127.2	38							275	290	300	290	163.466	
Men Raw Deadlift Only				Submaster													
	90kg Submaster																
1	Christopher Dutcher	WY	90kg	89.1	37							197.5	215	227.5 (230)	227.5	147.853	

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	140kg Submaster																
1	Chris Hintz	WY	140kg	127.2	38							275	290	300	290	163.466	
Men Raw Deadlift Only				Master													
	90kg Master 50-54																
1	Don Burris	CO	90kg	88.8	54							165	185	187.5	187.5	122.068	146.969
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Keaton Heyneman		Raw	PL	Jr	Men							National					
Amanda Jeffers		Raw	PL	Open	Women												
Mitch Ertle		Raw	PL	Open	Men												
Mitch Ertle		Raw	PL	Submaste	Men												
Meet Director:		Jeremiah and Melissa Meek															
Referees																	
National:		Melissa Meek, Jeremiah Meek, Debbie Wood, Marty Killion															
State:		Justin Jeffers, Mary Shepard, Jim Russell															
Spotter/Loaders:		Josh Smith, Josh Nichols, Brock Leenerman, Edward Rodrigues, Ashton Swinsco, Garrett Miller, Matt Travis, Ian Farrell															
Tested Lifters:		Mitch Ertle, Keaton, Heyneman, Riley Sanchez, Amanda Jeffers															