

USPA Iron Mongers Pro Day February 22, 2020 Vista, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Classic Raw Powerlifting</b>																	
	52kg Open																
1	Serena Moreno	CA	52kg	52	34	112.5	115	117.5	62.5	67.5	70	130	142.5	147.5	335	417.611	
2	Jannel Lamangan	CA	52kg	49.7	27	57.5	105	<del>110</del>	55	57.5	60	135	140	<del>145</del>	305	393.603	
	60kg Open																
1	Sara Silva	CA	60kg	59.6	26	135	145	<del>152.5</del>	80	<del>85</del>	<del>85</del>	135	142.5	<del>150</del>	367.5	411.857	
2	Sarah Strong	CA	60kg	58.4	31	122.5	<del>132.5</del>	<del>132.5</del>	60	62.5	65	<del>130</del>	130	<del>137.5</del>	317.5	361.506	
	75kg Open																
1	Ashley Contorno	CA	75kg	74.9	31	202.5	215	227.5	115	120	<del>125</del>	195	207.5	<del>210</del>	555	528.027	
2	Kelly Lenahan	CA	75kg	75	30	142.5	152.5	<del>160</del>	70	80	<del>87.5</del>	182.5	192.5	210	442.5	420.641	
	82.5kg Open																
1	Kelsey Perrault	CA	82.5kg	79.3	27	157.5	170	175	85	92.5	100	205	217.5	<del>227.5</del>	492.5	452.854	
2	Holly Stanley	CA	82.5kg	77.9	39	155	167.5	<del>177.5</del>	102.5	107.5	<del>112</del>	175	185	195	470	436.63	
<b>Men Classic Raw Powerlifting</b>																	
	82.5kg Open																
1	Johnathon Carlisle	CA	82.5kg	80.6	25	235	<del>242.5</del>	<del>247.5</del>	182.5	187.5	190	280	287.5	295	720	489.24	
2	Jen Juico	CA	82.5kg	80.9	34	235	<del>245</del>	<del>245</del>	147.5	155	157.5	257.5	<del>275</del>	275	667.5	452.498	
	90kg Open																
1	Charles Dunkelman	CO	90kg	89.6	25	317.5	<del>330</del>	<del>330</del>	202.5	212.5	217.5	285	300	<del>305</del>	835	534.233	
	125kg Open																
1	Curtis Grigsby Jr	CA	125kg	117.3	26	310	325	337.5	172.5	182.5	192.5	390	412.5	423.5	953.5	551.218	
2	Donny Tudahl	MT	125kg	124.5	29	295	312.5	<del>320</del>	205	217.5	227.5	70	<del>-----</del>	<del>-----</del>	610	347.883	
	140kg Open																
1	Abraham Ramirez	CA	140kg	132.4	29	270	292.5	302.5	<del>197.5</del>	202.5	210	317.5	337.5	<del>347.5</del>	850	479.23	

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	Best Lifters:																
	Ashley Contorno	Clraw Open Women PL												Record Color Codes: State National			
	Curtis Grigsby Jr	Clraw Open Men PL															
	Meet Director:	Rick Simmons															
	Thank you to our officials:																
	International:	Jim Merlino															
	National:	Rick Simmons															
	State:	Christina Sisk, Joel Baiz, George LeBlanc and Jessica Richer															
	Staff Official:	Kris Martinson															
	Spotter/Loaders:	Johnny Mojica, Ali Munoz, Tim Thorton, Zach Powell and Xavier Romero															