

USPA Drug Tested ROC Grand Prix March 30th, 2019 Rochester, NY

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	67.5kg Jr 20-23														
1	Stormy Mendez	NY	67.5kg	67.4	22	130	82.5	142.5	355	362.704		286.6	181.9	314.2	782.6
2	Julia Green	NY	67.5kg	64.9	23	115	70	165	350	367.605		253.5	154.3	363.8	771.6
3	Abigail Hooker	NY	67.5kg	66.2	22	97.5	50	140	287.5	297.591		214.9	110.2	308.6	633.8
	52kg Open														
1	Jillian Ramos	NY	52kg	50.4	26	102.5	60	137.5	300	383.07		226	132.3	303.1	661.4
	60kg Open														
1	Sarah Hocking	MA	60kg	58.4	28	115	67.5	160	342.5	389.971		253.5	148.8	352.7	755.1
	67.5kg Open														
1	Stormy Mendez	NY	67.5kg	67.4	22	130	82.5	142.5	355	362.704		286.6	181.9	314.2	782.6
2	Julia Green	NY	67.5kg	64.9	23	115	70	165	350	367.605		253.5	154.3	363.8	771.6
3	Kelsey Fink	NY	67.5kg	65.3	29	107.5	75	152.5	335	350.243		237	165.3	336.2	738.5
4	Sharon Rau	NY	67.5kg	65.9	24	127.5	52.5	142.5	322.5	334.916		281.1	115.7	314.2	711
5	Ashley Perry	NY	67.5kg	66	31	107.5	72.5	142.5	322.5	334.562		237	159.8	314.2	711
6	Abigail Hooker	NY	67.5kg	66.2	22	97.5	50	140	287.5	297.591		214.9	110.2	308.6	633.8
	82.5kg Open														
1	Nichole Colonna	NY	82.5kg	81	37	120	50	125	295	268.096		264.6	110.2	275.6	650.4
	90kg Open														
1	Ashley Dancoe	NY	90kg	83.4	25	130	57.5	135	322.5	288.638		286.6	126.8	297.6	711
2	Diane Dunning	NY	90kg	85.7	62	100	57.5	132.5	290	256.099	356.746	220.5	126.8	292.1	639.3
	82.5kg Submaster														
1	Nichole Colonna	NY	82.5kg	81	37	120	50	125	295	268.096		264.6	110.2	275.6	650.4
	90kg Master 60-64														
1	Diane Dunning	NY	90kg	85.7	62	100	57.5	132.5	290	256.099	356.746	220.5	126.8	292.1	639.3
Men Raw Powerlifting															
	56kg Jr 16-17														
1	Simeon Kenney	NY	56kg	55.1	16	80	52.5	107.5	240	222		176.4	115.7	237	529.1
								4th: 110							
	82.5kg Jr 20-23														
1	Joseph Diment	NY	82.5kg	79.8	23	175	117.5	217.5	510	348.738		385.8	259	479.5	1124.3
	100kg Jr 18-19														
1	Robert Wesley	NY	100kg	94.9	19	200	130	227.5	557.5	346.932		440.9	286.6	501.5	1229.1

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	100kg Jr 20-23														
1	Brandon Zeh	NY	100kg	99	22	200	130	250	580	354.438		440.9	286.6	551.2	1278.7
	110kg Jr 20-23														
1	Kyle Jacksic	NY	110kg	106.7	22	200	105	237.5	542.5	322.408		440.9	231.5	523.6	1196
	125kg Jr 20-23														
1	Dillon Brew	NY	125kg	111.5	20	155	95	202.5	452.5	265.21		341.7	209.4	446.4	997.6
DQ	Riley Martin	NY	125kg	120.9	21	227.5	160	0	0	0		501.5	352.7	0	0
	67.5kg Open														
1	Alex Graffagnino	NY	67.5kg	66.5	25	187.5	125.5	247.5	560.5	437.414		413.4	276.7	545.6	1235.7
	75kg Open														
1	Jarrid Ringer	NY	75kg	68.3	26	142.5	105	210	457.5	349.439		314.2	231.5	463	1008.6
	82.5kg Open														
1	Austin Skeeters	NY	82.5kg	78.4	25	190	135	250	575	397.67		418.9	297.6	551.2	1267.6
	90kg Open														
1	Michael Lear	NY	90kg	87.9	35	272.5	140	320	732.5	473.415		600.8	308.6	705.5	1614.9
								4th: 328							
2	Kevin Papaj	NY	90kg	84.6	26	260	162.5	277.5	700	462.07		573.2	358.2	611.8	1543.2
3	Ricardo Martinez	NY	90kg	89.7	29	250	140	272.5	662.5	423.669		551.2	308.6	600.8	1460.5
4	Terrence Rooney	MA	90kg	87.3	27	215	155	230	600	389.22		474	341.7	507.1	1322.8
5	Johnathan Trunzo	NY	90kg	89.9	31	195	120	230	545	348.146		429.9	264.6	507.1	1201.5
6	Keith Ramos	NY	90kg	84.9	28	195	120	210	525	345.87		429.9	264.6	463	1157.4
7	David Sam	NY	90kg	89.4	31	180	105	215	500	320.3		396.8	231.5	474	1102.3
8	Keith Honeycutt	NY	90kg	84.8	33	180	107.5	190	477.5	314.768		396.8	237	418.9	1052.7
	100kg Open														
1	Victor Calamaro	NY	100kg	98.4	29	242.5	147.5	265	655	401.253		534.6	325.2	584.2	1444
2	Patrick Castile	NY	100kg	93.4	23	235	155	240	630	394.947		518.1	341.7	529.1	1388.9
3	Kyle Meyers	NY	100kg	97.4	32	212.5	142.5	272.5	627.5	386.038		468.5	314.2	600.8	1383.4
4	Kevin Goldsmith	NY	100kg	93.1	26	205	135	280	620	389.298		451.9	297.6	617.3	1366.9
5	David Williams	NY	100kg	95.8	29	210	145	252.5	607.5	376.468		463	319.7	556.7	1339.3
	110kg Open														
1	Jose Mondolis	NY	110kg	106.7	32	265	162.5	262.5	690	410.067		584.2	358.2	578.7	1521.2
2	Bradley Speers	NY	110kg	106.4	23	250	147.5	250	647.5	385.133		551.2	325.2	551.2	1427.5
3	Gerald Calton	NY	110kg	105.9	26	210	142.5	215	567.5	338.117		463	314.2	474	1251.1

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	125kg Open														
1	Adrian Myers	NY	125kg	121.3	29	280	150	332.5	762.5	437.294		617.3	330.7	733	1681
DQ	Riley Martin	NY	125kg	120.9	21	227.5	160	0	0	0		501.5	352.7	0	0
	140kg Open														
1	Tobin Bush	NY	140kg	127.4	39	202.5	112.5	237.5	552.5	313.654		446.4	248	523.6	1218
	SHW Open														
1	Oluwatofunmi Fadesire	MD	SHW	161.6	30	375	165	320	860	470.764		826.7	363.8	705.5	1896
DQ	Timothy Maid	NY	SHW	142.6	31	227.5	0	250	0	0		501.5	0	551.2	0
	90kg Submaster														
1	Michael Lear	NY	90kg	87.9	35	272.5	140	320	732.5	473.415		600.8	308.6	705.5	1614.9
								4th: 328							
	100kg Submaster														
1	Cody McConnell	NY	100kg	91.6	35	155	112.5	215	482.5	305.326		341.7	248	474	1063.7
	125kg Master 40-44														
1	Ray Reynolds	NY	125kg	123.2	42	220	127.5	240	587.5	335.815	342.531	485	281.1	529.1	1295.2
	Women Classic Raw Powerlifting														
	60kg Open														
1	Jennifer Spafford	NY	60kg	59.9	34	132.5	65	160	357.5	399.077		292.1	143.3	352.7	788.1
	Men Classic Raw Powerlifting														
	110kg Jr 20-23														
1	Carson Beardsley	NY	110kg	106.5	22	230	137.5	227.5	595	353.787		507.1	303.1	501.5	1311.7
	67.5kg Open														
1	Sean Fagan	NY	67.5kg	67	35	227.5	145.5	260	633	490.955		501.5	320.8	573.2	1395.5
	75kg Open														
1	Eric Colon	NY	75kg	74.6	24	240	140	217.5	597.5	427.332		529.1	308.6	479.5	1317.2
2	Samuel Zito	NY	75kg	71.6	33	160	112.5	165	437.5	322.306		352.7	248	363.8	964.5
	82.5kg Open														
1	Emmett Williamson	NY	82.5kg	80.3	25	185	110	202.5	497.5	338.847		407.9	242.5	446.4	1096.8
	90kg Open														
1	Josh Smith	NY	90kg	88.3	24	170	115	215	500	322.35		374.8	253.5	474	1102.3

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	100kg Open														
1	Charles Yarrington	NY	100kg	97.1	29	240	135	265	640	394.304		529.1	297.6	584.2	1410.9
2	Nahid Carter	NY	100kg	98.1	31	225	117.5	255	597.5	366.507		496	259	562.2	1317.2
	125kg Open														
1	Damien Mila	NY	125kg	118.8	31	232.5	155	240	627.5	361.628		512.6	341.7	529.1	1383.4
	90kg Master 60-64														
1	Phil Buchiero	NY	90kg	89.7	61	155	117.5	182.5	455	290.973	397.468	341.7	259	402.3	1003.1
	100kg Master 50-54														
1	Tom Crego	PA	100kg	98.8	53	215	155	237.5	607.5	371.547	439.912	474	341.7	523.6	1339.3
	Men Single Ply Powerlifting														
	90kg Master 45-49														
1	Michael Kenney	NY	90kg	89.5	46	217.5	140	250	607.5	388.922	415.368	479.5	308.6	551.2	1339.3
	Men Raw Bench Only														
	90kg Open														
1	Josh Smith	NY	90kg	88.3	24		115		115	74.141			253.5		253.5
	140kg Master 40-44														
1	Frank Grant	MA	140kg	127.6	41		147.5		147.5	83.706	84.543		325.2		325.2
	Men Raw Deadlift Only														
	90kg Open														
1	Michael Lear	NY	90kg	87.9	35			320	320	206.816				705.5	705.5
								4th: 328							
2	Josh Smith	NY	90kg	88.3	24			215	215	138.611				474	474
	100kg Open														
1	Kyle Meyers	NY	100kg	97.4	32			272.5	272.5	167.642				600.8	600.8
	90kg Submaster														
1	Michael Lear	NY	90kg	87.9	35			320	320	206.816				705.5	705.5
								4th: 328							
	140kg Master 40-44														
1	Frank Grant	MA	140kg	127.6	41			225	225	127.688	128.965			496	496

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<u>Best Lifter:</u>														
	Male JR Raw: Brandon Zeh														
	Female JR Raw: Julia Green														
	Male Open Raw: Michael Lear														
	Male Open Classic Raw: Sean Fagan														
	Female Open Raw: Sarah Hocking														
	<u>Thank to our judges:</u>														
	Adam Ferchen - International														
	Dene Dainotto - National														
	Andrew Lamb - National														
	Dan Zanho - National														
	Jeffrey Dell - State														
	Maria Bright - Practical/Weigh in assistance														
	<u>Thank you to our spotters:</u>														
	Korey Strzelczyk														
	Preston Reynolds														
	Wayne Schmitt														
	John Sepelli														
	Eugene Ring														
	Everly Blank														
	<u>Thank you to our sponsors:</u>														
	Elite Fitness & Personal Training														
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