

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
<b>Women Raw Powerlifting</b>				<b>Junior</b>														
	52kg Jr 20-23																	
1	Heather Grimes	AL	52kg	51.4	21	105	<del>-115</del>	117.5	55	60	<del>65</del>	135	<del>-142.5</del>	142.5	320	393.219		
	67.5kg Jr 20-23																	
1	Bronte Ray	AL	67.5kg	63.5	22	115	120	127.5	57.5	60	62.5	135	142.5	147.5	337.5	361.248		
														(155)				
<b>Women Raw Powerlifting</b>				<b>Open</b>														
	52kg Open																	
1	Heather Grimes	AL	52kg	51.4	21	105	<del>-115</del>	117.5	55	60	<del>65</del>	135	<del>-142.5</del>	142.5	320	393.219		
	56kg Open																	
1	Sabrina Mitchell	AL	56kg	55.2	24	77.5	85	92.5	42.5	<del>-47.5</del>	47.5	77.5	82.5	<del>-87.5</del>	222.5	260.385		
	60kg Open																	
1	Amberly Kuhlmann	AL	60kg	59.4	37	122.5	130	<del>-137.5</del>	65	67.5	70	<del>-155</del>	<del>-165</del>	165	365	407.203		
2	Holly Fisher	AL	60kg	59.7	27	70	82.5	92.5	27.5	37.5	45	85	97.5	107.5	245	272.456		
	67.5kg Open																	
1	Bronte Ray	AL	67.5kg	63.5	22	115	120	127.5	57.5	60	62.5	135	142.5	147.5	337.5	361.248		
														(155)				
	75kg Open																	
1	Beatrice Wade Holloway	GA	75kg	72.5	40	85	97.5	105	<del>50</del>	55	60	137.5	150	<del>-</del>	315	312.431	312.431	
								(112.5)										
2	Schyler Arnold	AL	75kg	74.5	28	85	95	<del>-100</del>	57.5	<del>-62.5</del>	<del>-62.5</del>	102.5	112.5	<del>-120</del>	265	259.021		
	82.5kg Open																	
1	Bethany Gamble	AL	82.5kg	80.5	39	107.5	112.5	117.5	67.5	70	72.5	137.5	145	147.5	337.5	317.027		
	100kg Open																	
1	Gabriela Mcneill	AL	100kg	98.8	34	85	100	110	45	50	<del>-57.5</del>	92.5	105	120	280	240.07		
DQ	Elizabeth Baird	AL	100kg	99.1	40	<del>-147.5</del>	<del>-147.5</del>	<del>-147.5</del>	85	90	92.5	160	165	<del>-182.5</del>	0	0		
<b>Women Raw Powerlifting</b>				<b>Submaster</b>														
	60kg Submaster																	
1	Amberly Kuhlmann	AL	60kg	59.4	37	122.5	130	<del>-137.5</del>	65	67.5	70	<del>-155</del>	<del>-165</del>	165	365	407.203		
	82.5kg Submaster																	
1	Bethany Gamble	AL	82.5kg	80.5	39	107.5	112.5	117.5	67.5	70	72.5	137.5	145	147.5	337.5	317.027		

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
<b>Women Raw Powerlifting</b>				<b>Master</b>														
60kg Master 40-44																		
1	Terri Smith	AL	60kg	59.8	40	52.5	<del>55</del>	<del>55</del>	<del>42.5</del>	42.5	45	77.5	80	82.5	180	199.96	199.96	
75kg Master 40-44																		
1	Beatrice Wade Holloway	GA	75kg	72.5	40	85	97.5	105	<del>50</del>	55	60	137.5	150	<del>150</del>	315	312.431	312.431	
110+ Master 50-54																		
1	Michelle Hall	AL	110+	139.7	52	57.5	62.5	<del>67.5</del>	47.5	<del>50</del>	50	102.5	110	115	227.5	176.555	205.687	
<b>Men Raw Powerlifting</b>				<b>Junior</b>														
60kg Jr 13-15																		
1	Connor Hwang	AL	60kg	58.7	15	97.5	<del>105</del>	110	57.5	62.5	65	<del>117.5</del>	122.5	132.5	307.5	264.306		
67.5kg Jr 16-17																		
1	Mason Faulkner	AL	67.5kg	67	16	<del>132.5</del>	<del>132.5</del>	132.5	70	77.5	<del>82.5</del>	155	160	167.5	377.5	292.531		
2	Branson Boler	AL	67.5kg	66.3	16	110	120	122.5	72.5	85	<del>92.5</del>	130	142.5	145	352.5	275.269		
67.5kg Jr 20-23																		
1	Jeffery Varnon	AL	67.5kg	67.3	21	142.5	165	172.5	97.5	105	<del>110</del>	227.5	242.5	<del>250</del>	520	401.65		
75kg Jr 13-15																		
1	Seth McConnell	AL	75kg	72.7	15	107.5	115	122.5	70	77.5	82.5	107.5	122.5	137.5	342.5	250.751		
75kg Jr 16-17																		
1	Stratton Rutherford	AL	75kg	70.7	16	142.5	<del>150</del>	152.5	87.5	92.5	95	167.5	177.5	182.5	430	320.789		
82.5kg Jr 13-15																		
1	Bryce Byrd	AL	82.5kg	79.3	14	107.5	<del>120</del>	<del>137.5</del>	52.5	60	<del>67.5</del>	102.5	110	120	287.5	199.28		
82.5kg Jr 18-19																		
1	Jason "Malachi" Mcspadden	AL	82.5kg	81.9	19	187.5	197.5	205	115	122.5	<del>127.5</del>	197.5	210	220	547.5	372.416		
90kg Jr 13-15																		
1	Connor Guida	AL	90kg	82.9	14	137.5	157.5	170	85	97.5	102.5	147.5	165	187.5	460	310.751		
90kg Jr 18-19																		
1	Luke Ciccola	AL	90kg	87.5	19	<del>197.5</del>	197.5	215	112.5	120	127.5	215	230	<del>240</del>	572.5	375.572		
100kg Jr 16-17																		
1	Lane Kurpes	AL	100kg	98.1	16	<del>147.5</del>	147.5	192.5	<del>100</del>	115	<del>122.5</del>	192.5	<del>227.5</del>	227.5	535	332.086		
100kg Jr 18-19																		
1	Zachary Griffin	MS	100kg	100	18	190	200	205	115	<del>122.5</del>	<del>122.5</del>	217.5	227.5	237.5	557.5	343.15		

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 20-23																
1	Austin Turner	AL	100kg	98.8	20	160	167.5	177.5	97.5	102.5	<del>110</del>	205	212.5	<del>222.5</del>	492.5	304.744	
	125kg Jr 20-23																
1	Lance Pickett	AL	125kg	124.7	23	<del>265</del>	265	<del>277.5</del>	170	<del>182.5</del>	<del>182.5</del>	230	255	265	700	397.031	
2	Curtis Stephens	AL	125kg	113.3	21	215	232.5	<del>245</del>	110	<del>120</del>	120	235	<del>242.5</del>	<del>242.5</del>	587.5	344.188	
	140kg Jr 13-15																
1	Charles Wagar	AL	140kg	138.1	15	160	167.5	175	<del>85</del>	85	95	165	175	185	455	250.312	
								(182.5)						(192.5)			
Men Raw Powerlifting																	
67.5kg Open																	
1	Jeffery Varnon	AL	67.5kg	67.3	21	142.5	165	172.5	97.5	105	<del>110</del>	227.5	242.5	<del>250</del>	520	401.65	
	75kg Open																
1	Jason Haas-Christian	AL	75kg	73.9	36	185	195	202.5	120	125	130	230	242.5	252.5	585	423.709	
	82.5kg Open																
1	Ryan Kuhlmann	AL	82.5kg	78.2	36	195	207.5	215	117.5	125	130	245	262.5	272.5	617.5	431.63	
	90kg Open																
1	Johnathan Tentoni	MS	90kg	89.5	31	237.5	250	<del>257.5</del>	165	172.5	<del>175</del>	305	317.5	<del>322.5</del>	740	479.834	
2	Benjamin Chambers	AL	90kg	90.0	29	205	217.5	<del>227.5</del>	127.5	132.5	<del>137.5</del>	242.5	252.5	<del>260</del>	602.5	389.577	
3	Danny Huynh	LA	90kg	88.9	23	190	205	<del>215</del>	112.5	122.5	130	240	252.5	257.5	592.5	385.511	
4	Henry Van Haneghan	AL	90kg	88.8	23	200	215	230	110	117.5	130	195	205	222.5	582.5	379.223	
5	Luke Ciccola	AL	90kg	87.5	19	<del>197.5</del>	197.5	215	112.5	120	127.5	215	230	<del>240</del>	572.5	375.572	
	100kg Open																
1	Ronald Tarvin	AL	100kg	98.3	32	<del>295</del>	295	<del>318</del>	190	200	<del>205</del>	285	302.5	315	810	502.33	
2	Garret Holland	AL	100kg	99.5	28	240	250	260	145	152.5	<del>155</del>	300	<del>317.5</del>	<del>322.5</del>	712.5	439.511	
3	Alexander Brooks	AL	100kg	98.1	30	240	250	<del>262.5</del>	162.5	167.5	<del>175</del>	250	262.5	265	682.5	423.643	
4	Holden Mitchell	AL	100kg	92.8	26	190	202.5	212.5	115	122.5	130	217.5	232.5	247.5	590	375.778	
	110kg Open																
1	Jeff Ray	AL	110kg	102.7	55	227.5	237.5	<del>251</del>	155	160	<del>165</del>	265	277.5	285	682.5	415.364	508.821
2	Bryant Wood	AL	110kg	106.6	29	207.5	220	227.5	152.5	162.5	170	262.5	275	285	682.5	409.14	
3	Dabney Dickenson	AL	110kg	108.6	24	165	175	182.5	85	90	<del>92.5</del>	195	212.5	227.5	500	297.578	
DQ	Ryan Griepenstroh	AL	110kg	109.5	38	<del>197.5</del>	<del>---</del>	<del>---</del>	135	145	<del>147.5</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
	125kg Open																
1	Dillan Montgomery	AL	125kg	122.4	27	220	235	242.5	140	150	155	245	262.5	272.5	670	382.289	
2	Troy Reed	MS	125kg	113	31	220	225	232.5	152.5	157.5	165	247.5	257.5	270	667.5	391.431	

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Open																
1	Charles Wagar	AL	140kg	138.1	15	160	167.5	175	<del>85</del>	85	95	165	175	185	455	250.312	
								(182.5)						(192.5)			
	<b>Men Raw Powerlifting</b>			<b>Submaster</b>													
	75kg Submaster																
1	Jason Haas-Christian	AL	75kg	73.9	36	185	195	202.5	120	125	130	230	242.5	252.5	585	423.709	
	82.5kg Submaster																
1	Ryan Kuhlmann	AL	82.5kg	78.2	36	195	207.5	215	117.5	125	130	245	262.5	272.5	617.5	431.63	
	110kg Submaster																
DQ	Ryan Griepenstroh	AL	110kg	109.5	38	<del>197.5</del>	<del>---</del>	<del>---</del>	135	145	<del>147.5</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
	<b>Men Raw Powerlifting</b>			<b>Master</b>													
	110kg Master 55-59																
1	Jeff Ray	AL	110kg	102.7	55	227.5	237.5	<del>251</del>	155	160	<del>165</del>	265	277.5	285	682.5	415.364	508.821
	140kg Master 40-44																
1	Jeremy Mcconnell	AL	140kg	132.9	40	170	190	<del>200</del>	112.5	120	<del>125</del>	210	225	240	550	305.95	305.95
	<b>Women Classic Raw Powerlifting</b>			<b>Master</b>													
	82.5kg Master 40-44																
1	Melissa McLain	AL	82.5kg	79.5	41	60	62.5	67.5	27.5	32.5	<del>37.5</del>	75	87.5	92.5	192.5	181.952	183.771
	<b>Men Classic Raw Powerlifting</b>			<b>Junior</b>													
	125kg Jr 16-17																
1	Will Bishop	AL	125kg	111.8	16	<del>220</del>	227.5	240	142.5	<del>157.5</del>	<del>---</del>	175	195	210	592.5	348.806	
								(220)									
	<b>Men Classic Raw Powerlifting</b>			<b>Open</b>													
	100kg Open																
1	Bobby Brown	AL	100kg	92	40	130	170	177.5	107.5	147.5	155	167.5	190	195	527.5	337.385	337.385
								(182.5)			(161)			(200)			
	<b>Men Classic Raw Powerlifting</b>			<b>Master</b>													
	90kg Master 40-44																
1	Jessie Lindsey	AL	90kg	87.6	42	187.5	202.5	217.5	125	137.5	<del>145</del>	200	215	230	585	383.543	391.214
	100kg Master 40-44																
1	Bobby Brown	AL	100kg	92	40	130	170	177.5	107.5	147.5	155	167.5	190	195	527.5	337.385	337.385
								(182.5)			(161)			(200)			

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
<b>Men Single Ply Powerlifting</b>				<b>Master</b>														
	100kg Master 65-69																	
1	Ken Jones	AL	100kg	99.9	65	150	<del>-177.5</del>		90			180	208		448	275.871	408.289	
<b>Women Raw Bench Only</b>				<b>Open</b>														
	75kg Open																	
1	Schlyer Arnold	AL	75kg	74.5	28				57.5	<del>62.5</del>	<del>62.5</del>				57.5	56.203		
	110+ Open																	
1	Carolyn Chambers	AL	110+	113.1	27				75	80	<del>85</del>				80	65.345		
<b>Women Raw Bench Only</b>				<b>Master</b>														
	75kg Master 40-44																	
1	Beatrice Wade Holloway	GA	75kg	72.5	40				<del>50</del>	55	60				60	59.511	59.511	
<b>Men Raw Bench Only</b>				<b>Open</b>														
	100kg Open																	
1	Bobby Brown	AL	100kg	92	40				107.5	147.5	155				155	99.137	99.137	
											(161)							
2	Dustin Gamblin	AL	100kg	96.9	33				145	147.5	150				150	93.624		
	125kg Open																	
1	Ellis Brown	GA	125kg	121.9	30				<del>175</del>	185	<del>187.5</del>				185	105.698		
<b>Men Raw Bench Only</b>				<b>Submaster</b>														
	82.5kg Submaster																	
1	Ryan Kuhlmann	AL	82.5kg	78.2	36				117.5	125	130				130	90.869		
<b>Men Raw Bench Only</b>				<b>Master</b>														
	100kg Master 40-44																	
1	Bobby Brown	AL	100kg	92	40				107.5	147.5	155				155	99.137	99.137	
											(161)							
<b>Men Single Ply Bench Only</b>				<b>Master</b>														
	100kg Master 65-69																	
1	Ken Jones	AL	100kg	99.9	65				90						90	55.42	82.022	
<b>Women Raw Deadlift Only</b>				<b>Open</b>														
	60kg Open																	
1	Holly Fisher	AL	60kg	59.7	27							85	97.5	107.5	107.5	119.547		
	110+ Open																	
1	Chelsea Hampton	LA	110+	148.3	28							167.5	<del>175</del>	<del>185</del>	167.5	129.179		

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Deadlift Only			Submaster													
	60kg Submaster																
1	Amberly Kuhlmann	AL	60kg	59.4	37							<del>155</del>	<del>165</del>	165	165	184.078	
	Women Raw Deadlift Only			Master													
	75kg Master 40-44																
1	Beatrice Wade Holloway	GA	75kg	72.5	40							137.5	150	<del>150</del>	150	148.777	148.777
	Men Raw Deadlift Only			Junior													
	67.5kg Jr 20-23																
1	Jeffery Varnon	AL	67.5kg	67.3	21							227.5	242.5	<del>250</del>	242.5	187.308	
	82.5kg JR (Guest Lifter)																
1	Carson Holt		82.5kg	78.9	12							62.5	70	82.5	82.5	57.358	
	Men Raw Deadlift Only			Open													
	100kg Open																
1	Anthony Nestasie	FL	100kg	92.1	35							220	235	237.5	237.5	151.823	
2	Dustin Gamblin	AL	100kg	96.9	33							222.5	227.5	230	230	143.558	
	Men Raw Deadlift Only			Submaster													
	82.5kg Submaster																
1	Ryan Kuhlmann	AL	82.5kg	78.2	36							245	262.5	272.5	272.5	190.476	
	100kg Submaster																
1	Anthony Nestasie	FL	100kg	92.1	35							220	235	237.5	237.5	151.823	
	Men Raw Deadlift Only			Master													
	110kg Master 55-59																
1	Jeff Ray	AL	110kg	102.7	55							265	277.5	285	285	173.449	212.475
	Men Single Ply Deadlift Only			Master													
	100kg Master 65-69																
1	Ken Jones	AL	100kg	99.9	65							180	208	<del>208</del>	208	128.083	189.563

USPA Drug Tested Alabama State Championship February 5, 2022 Rainbow City, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Best Lifters															<b>Record Color Codes</b>	
	Jeffery Varnon	Raw	PL	Jr	Men											State	
	Amberly Kuhlmann	Raw	PL	Open	Women											National	
	Ronald Tarvin	Raw	PL	Open	Men												
	Meet Director:	Charlie Lyons															
	Referees																
	International:	Charlie Lyons, Gary Brewer, Lauren Brewer															
	National:	Dustin Joiner, Mike Newbern, Courtney Jenkins, Chris Webster															
	State:	Tammy Mimms, Tracy Sparks, Emily Joiner, Chad Davis, Rob Morrow, Marcus McCord															
	Staff:	Ashley Lyons, Tiffany Webster															
	Spotter/Loaders:	Noah Pate, Dominic Cronin, Amanda Pate, Marrius Garth, Johnny Battles, Miguel Pascual															
	Tested Lifters:	Heather Grimes, Amberly Kuhlmann, Ronald Tarvin, James Kuhlmann, Johnathan Tentoni, Garret Holland															