

USPA Drug Tested 2023 New Hampshire State Championships February 18, 2023 Manchester, NH

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
52kg Jr 20-23																	
1	Zipporah Abraham Paiss	NH	52kg	48.75	23	97.5	102.5	107.5	60	65	70	97.5	107.5	115	292.5	373.227	
														(120)			
60kg Jr 18-19																	
1	Katharine Bramante	NH	60kg	56.95	19	65	-72.5	77.5	35	37.5	-42.5	70	77.5	82.5	197.5	226.405	
75kg Jr 20-23																	
1	Isabel Dunning	NH	75kg	73.36	23	115	-122.5	127.5	65	70	-75	120	125	130	327.5	322.762	
														(137.5)			
Women Raw Powerlifting			Open														
60kg Open																	
1	Ashley Carlson	NH	60kg	59.80	38	117.5	120	122.5	67.5	72.5	-75	140	145	147.5	342.5	380.479	
67.5kg Open																	
1	Tabitha Tucker	VT	67.5kg	62.50	38	107.5	110	115	60	-65	-65	137.5	145	-152.5	320	345.844	
75kg Open																	
1	Isabel Dunning	NH	75kg	73.36	23	115	-122.5	127.5	65	70	-75	120	125	130	327.5	322.762	
														(137.5)			
2	Julie Bailis	CT	75kg	68.65	48	100	102.5	105	52.5	57.5	-65	140	147.5	155	317.5	324.625	356.114
82.5kg Open																	
1	Ginamarie Caiafa	CT	82.5kg	79.15	26	165	175	182.5	82.5	87.5	92.5	170	182.5	190	465	440.495	
2	Mubarakah Ibrahim	CT	82.5kg	78.50	46	-135	140	147.5	62.5	67.5	72.5	137.5	145	157.5	377.5	359.098	383.517
3	Denise Alfonso-Rivera	MA	82.5kg	79.98	33	102.5	-105	105	42.5	47.5	50	97.5	105	107.5	262.5	247.371	
90kg Open																	
1	Nefertiti Borders	MA	90kg	89.55	39	120	127.5	-137.5	60	65	-72.5	150	157.5	165	357.5	319.427	
2	Zenaida Desiderio	MA	90kg	87.6	42	82.5	87.5	95	57.5	62.5	67.5	122.5	130	-135	292.5	263.947	269.226
100kg Open																	
1	Amanda Brooks	ME	100kg	99.24	31	125	-130	137.5	-55	57.5	60	157.5	165	-172.5	362.5	310.261	
110+ Open																	
DQ	Stephanie Reposa	MA	110+	119.85	33	-132.5	-132.5	-142.5	70	77.5	82.5	150	160	165	0	0	

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Women Raw Powerlifting			Submaster															
60kg Submaster																		
1	Ashley Carlson	NH	60kg	59.80	38	117.5	120	122.5	67.5	72.5	75	140	145	147.5	342.5	380.479		
67.5kg Submaster																		
1	Tabitha Tucker	VT	67.5kg	62.50	38	107.5	110	115	60	65	65	137.5	145	152.5	320	345.844		
90kg Submaster																		
1	Nefertiti Borders	MA	90kg	89.55	39	120	127.5	137.5	60	65	72.5	150	157.5	165	357.5	319.427		
Women Raw Powerlifting			Master															
75kg Master 45-49																		
1	Julie Bailis	CT	75kg	68.65	48	100	102.5	105	52.5	57.5	65	140	147.5	155	317.5	324.625	356.114	
82.5kg Master 45-49																		
1	Mubarakah Ibrahim	CT	82.5kg	78.50	46	135	140	147.5	62.5	67.5	72.5	137.5	145	157.5	377.5	359.098	383.517	
90kg Master 40-44																		
1	Zenaida Desiderio	MA	90kg	87.6	42	82.5	87.5	95	57.5	62.5	67.5	122.5	130	135	292.5	263.947	269.226	
Men Raw Powerlifting			Junior															
60kg Jr 18-19																		
1	Michael Goncalo	NH	60kg	59.05	18	185	192.5	197.5	112.5	115	115	210	217.5	230	527.5	451.152		
60kg Jr 20-23																		
1	Sam Cawley	NH	60kg	59.85	23	135	140	150	80	82.5	85	160	172.5	182.5	417.5	353.113		
67.5kg Jr 18-19																		
1	Christopher Eaton	MA	67.5kg	63.05	18	85	95	105	67.5	72.5	80	127.5	142.5	152.5	337.5	273.79		
75kg Jr 18-19																		
1	William Zheng	IL	75kg	72.94	19	142.5	152.5	157.5	70	77.5	80	157.5	167.5	177.5	412.5	301.341		
75kg Jr 20-23																		
1	Alexander Ries	NH	75kg	73.85	20	145	160	172.5	90	102.5	102.5	185	190	205	467.5	338.754		
82.5kg Jr 20-23																		
1	Matthew Lamberth	GA	82.5kg	81.35	21	160	172.5	185	100	105	110	165	182.5	190	467.5	319.232		

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	90kg Jr 20-23																
1	Zachary St Hilaire	NH	90kg	86.3	21	215	222.5	227.5	117.5	130	130	272.5	280	285	637.5	421.277	
2	Harrison Hassell	NH	90kg	85.4	23	180	190	200	122.5	127.5	135	227.5	240	255	590	392.089	
	100kg Jr 20-23																
1	Mike Delmore	NH	100kg	95.4	21	190	205	205	130	137.5	137.5	212.5	237.5	240	580	364.613	
	110kg Jr 20-23																
1	Tanner Jones	NH	110kg	110	22	230	245	260	125	130	135	225	240	245	635	376.09	
														(252.5)			
2	Blake Whitmer	AR	110kg	109.45	21	177.5	190	200	105	112.5	117.5	182.5	197.5	212.5	525	311.53	
	Men Raw Powerlifting																
	Open																
	60kg Open																
1	Michael Goncalo	NH	60kg	59.05	18	185	192.5	197.5	112.5	115	115	210	217.5	230	527.5	451.152	
	67.5kg Open																
1	Patrick Conroy	NH	67.5kg	67.3	26	142.5	152.5	162.5	92.5	97.5	102.5	170	182.5	187.5	437.5	337.927	
	75kg Open																
1	Jeffrey Sifferman	NH	75kg	74.6	31	130	135	142.5	85	87.5	90	215	220	227.5	457.5	329.348	
	82.5kg Open																
1	Jarrod Lewis	MA	82.5kg	81.75	27	200	212.5	217.5	115	120	120	240	260	272.5	600	408.556	
2	Brian Martins	MA	82.5kg	81.45	33	155	155	162.5	100	102.5	105	235	242.5	250	502.5	342.889	
3	Ryan Mills	ME	82.5kg	80.5	51	125	130	135	130	132.5	132.5	175	177.5	180	445	305.728	350.67
	90kg Open																
1	Connor Feathers	NH	90kg	86.7	27	260	275	282.5	170	177.5	182.5	287.5	302.5	308	755	497.699	
2	Zachary St Hilaire	NH	90kg	86.3	21	215	222.5	227.5	117.5	130	130	272.5	280	285	637.5	421.277	
3	Zachary Milot	NH	90kg	88.7	25	187.5	202.5	215	127.5	137.5	147.5	215	227.5	240	602.5	392.471	
	100kg Open																
1	Jonathan Chaisson	NH	100kg	97.7	32	215	227.5	230	170	182.5	185	230	247.5	257.5	660	410.424	
2	Mike Delmore	NH	100kg	95.4	21	190	205	205	130	137.5	137.5	212.5	237.5	240	580	364.613	
	110kg Open																
1	Tanner Jones	NH	110kg	110	22	230	245	260	125	130	135	225	240	245	635	376.09	
														(252.5)			

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1	Frank Butler	NH	125kg	124.4	23	75	---	---	195	202.5	208.5	75	---	---	358.5	203.492					
Men Classic Raw Powerlifting			Open																		
100kg Open																					
1	Thomas Richmond	NH	100kg	92.85	20	175	190	200	102.5	115	122.5	192.5	212.5	227.5	542.5	345.435					
125kg Open																					
1	Frank Butler	NH	125kg	124.4	23	75	---	---	195	202.5	208.5	75	---	---	358.5	203.492					
Men Raw Bench Only			Open																		
100kg Open																					
1	Jonathan Chaisson	NH	100kg	97.7	32				170	182.5	185				182.5	113.489					
Men Raw Deadlift Only			Open																		
100kg Open																					
1	Jonathan Chaisson	NH	100kg	97.7	32							230	247.5	257.5	247.5	153.909					
140+ Open																					
1	Theodore Proctor	NH	140+	147.3	27							305	325	342.5	325	175.63					
Men Raw Push-Pull			Open																		
100kg Open																					
1	Jonathan Chaisson	NH	100kg	97.7	32				170	182.5	185	230	247.5	257.5	430	267.398					
Best Lifters																					
Name		Equip	Events	Comp	Sex												Record Color Codes				
Michael Goncalo		Raw	PL	Jr	Men												State				
Ginamarie Caiafa		Raw	PL	Open	Women												National				
Connor Feathers		Raw	PL	Open	Men																
Meet Director:		Ann Hall																			
Referees																					
International:		Mark Sieminski, David Mansfield																			
National:		Phil Craven, Lucas Craig, Ann Hall																			
State:		Duke Reddoch, Caitlin Gusk, Raymond Saraiva																			
Practical		Jacob Young, Mia Angelini, Tina Caplan																			
Spotter/Loaders:		Elizabeth Pothel, Kevin Wilke, Morgan Taylor																			