

USPA Tested 2024 Western Regionals June 15 2024, Newport, Oregon

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	56kg Jr 20-23																
1	Sicity Neuschwander	OR	56kg	54.6	21	100.0	100.0	107.5	60	65	67.5	122.5	132.5	142.5	305	359.559	
	60kg Jr 20-23																
1	Oprah Nguyen	OR	60kg	58.4	22	87.5	102.5	102.5	50	57.5	57.5	95	100.0	110	262.5	296.048	
	67.5kg Jr 20-23																
1	Lily Frerichs	OR	67.5kg	61.6	22	90.0	95.0	100.0	50	55	55	140	150.0	156.0	306	333.68	
Women Raw Powerlifting			Open														
	56kg Open																
1	Sicity Neuschwander	OR	56kg	54.6	21	100.0	100.0	107.5	60	65	67.5	122.5	132.5	142.5	305	359.559	
	60kg Open																
1	Oprah Nguyen	OR	60kg	58.4	22	87.5	102.5	102.5	50	57.5	57.5	95	100.0	110	262.5	296.048	
2	Kim Gray	WA	60kg	59.6	41	75.0	82.5	90.0	42.5	47.5	50	90	95.0	95.0	220	244.914	247.363
	67.5kg Open																
1	Lily Frerichs	OR	67.5kg	61.6	22	90.0	95.0	100.0	50	55	55	140	150.0	156.0	306	333.68	
	100kg Open																
1	Hannah Fernandez	OR	100kg	94.0	31	135.0	140.0	145.0	55	60.0	65.0	130	140.0	145.0	345	301.866	
	110+ Open																
1	Lauren Crees	OR	110+	121.2	32	160.0	170.0	177.5 (182.5)	80	90.0	95.5 (97.5)	180	190.0	200.0	463	370.47	
Women Raw Powerlifting			Master														
	60kg Master 40-44																
1	Kim Gray	WA	60kg	59.6	41	75.0	82.5	90.0	42.5	47.5	50	90	95.0	95.0	220	244.914	247.363
	67.5kg Master 70-74																
1	Marybeth Chow	OR	67.5kg	65.2	73	53.0	55.0	57.5	40	42.5	45	92.5	97.5	102.5	197.5	208.077	365.383
	75kg Master 50-54																
DQ	Jennifer Silvia	OR	75kg	74.8	53	87.5	87.5	92.5	57.5	57.5	57.5	132.5	140.0	142.5	0	0	0
Men Raw Powerlifting			Junior														
	75kg Jr 20-23																
1	Jonathan Morris	OR	75kg	74.4	22	175.0	190.0	200.0	135	145	155	217.5	237.5	260.0	592.5	427.27	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Jr 18-19																
1	Myles Julien	OR	82.5kg	81.0	18	162.5	175.0	185.0	95	102.5	-110.0	167.5	177.5	195.0	482.5	330.298	
2	Caleb Shore	OR	82.5kg	78.2	18	145.0	152.5	175.0	100	117.5	125	142.5	150.0	160.0	460	321.538	
	82.5kg Jr 20-23																
1	Adam Conner	OR	82.5kg	81.4	23	150.0	160.0	-170.0	92.5	97.5	-100.0	175	182.5	187.5	445	303.761	
	90kg Jr 16-17																
1	Krishang Surapaneni	OR	90kg	87.2	17	-180.0	190.0	200.0	117.5	125.0	-130.0	202.5	215.0	227.5	552.5	363.106	
	100kg Jr 16-17																
1	Efren Ybarra	OR	100kg	98.2	16	185.0	200.0	-215.0	102.5	107.5	115.0	185	200.0	207.5	522.5	324.18	
	100kg Jr 18-19													(212.5)			
1	Charles Manthe	OR	100kg	98.2	19	247.5	252.5	-260.0	150	152.5	-	250	262.5	270.0	675	418.797	
	100kg Jr 20-23																
1	Konrad Meyer-Castellano	OR	100kg	99.8	20	207.5	220.0	-227.5	142.5	147.5	150.0	-245	265.0	-275.0	635	391.192	
	140+ Jr 16-17																
1	Cameron Caspino	OR	140+	147.5	16	192.5	200.0	220.0	115	125.0	130.0	237.5	247.5	260.0	610	329.523	
								(227.5)			(137.5)			(272.5)			
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Sang Mai	OR	67.5kg	67.4	28	180.0	192.5	-201.0	80	90	-97.5	180	195.0	205.0	487.5	376.142	
	75kg Open																
1	Jonathan Morris	OR	75kg	74.4	22	175.0	190.0	200.0	135	145	155	217.5	237.5	-260.0	592.5	427.27	
2	Jose Villa	OR	75kg	74.0	29	187.5	192.5	-195.0	120	125	127.5	232.5	240.0	-245.0	560	405.245	
	82.5kg Open																
1	Josh Garcia	OR	82.5kg	80.0	21	160.0	175.0	182.5	102.5	107.5	112.5	210	225.0	240.0	535	368.907	
2	Michael Schell	OR	82.5kg	82.4	48	165.0	173.0	180.0	115	120.0	125.0	192.5	205.0	215.0	520	352.486	386.678
														(220.0)			
3	Adam Conner	OR	82.5kg	81.4	23	150.0	160.0	-170.0	92.5	97.5	-100.0	175	182.5	187.5	445	303.761	
	90kg Open																
1	Randal Chow	OR	90kg	88.6	30	135.0	140.0	155.0	125	127.5	135.0	145.0	150.0	165.0	455	296.561	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Zachary Feil	OR	100kg	99.6	28	212.5	227.5	232.5	130	137.5	142.5	215	232.5	247.5	617.5	380.743	
2	Michael Lerch	OR	100kg	98.4	26	190.0	195.0	205.0	132.5	140.0	142.5	240	247.5	260.0	595	368.829	
3	Paul Zukowski	OR	100kg	97.8	31	190.0	205.0	217.5	120	130.0	132.5	212.5	225.0	232.5	570	354.295	
	110kg Open																
1	Kyle Singh	OR	110kg	108.2	30	140.0	150.0	160.0	110	120.0	122.5	210	227.5	250.0	507.5	302.471	
	125kg Open																
1	David Holden	OR	125kg	117.4	29	235.0	245.0	---	147.5	155.0	162.5	255	267.5	267.5	645	373.18	
	Men Raw Powerlifting		Submaster														
	100kg Submaster																
1	Ian Parks	OR	100kg	98.8	37	160.0	172.5	182.5	105	112.5	120.0	220	222.5	227.5	517.5	320.213	
	Men Raw Powerlifting		Master														
	82.5kg Master 45-49																
1	Michael Schell	OR	82.5kg	82.4	48	165.0	173.0	180.0	115	120.0	125.0	192.5	205.0	215.0	520	352.486	386.678
	82.5kg Master 60-64													(220.0)			
1	Brian Baertlein	OR	82.5kg	80.6	60	155.0	155.0	160.0	102.5	115.0	127.5	192.5	215.0	217.5	485	332.967	446.176
	82.5kg Master 65-69																
1	Roddy Coles	OR	82.5kg	78.2	66	107.5	115.0	117.5	72.5	78.0	78.0	160	170.0	175.5	365.5	255.483	386.035
	100kg Master 50-54																
1	Matthew Stephens	OR	100kg	97.8	54	130.0	135.0	140.0	92.5	97.5	102.5	172.5	177.5	180.0	410	254.844	306.832
	110kg Master 55-59																
1	Kirt Meyer	OR	110kg	108.0	55	145.0	160.0	170.0	120	130.0	137.5	170	182.5	187.5	487.5	290.758	356.179
2	Don Shilliam	OR	110kg	107.0	55	115.0	125.0	135.0	90	95.0	97.5	145	155.0	162.5	392.5	234.947	287.81
	125kg Master 65-69																
1	Gregory Riggs	WA	125kg	112.6	69	87.5	87.5	90.0	82.5	87.5	90.0	137.5	142.5	145.0	325	190.83	307.236
	140+ Master 45-49							(92.5)									
1	Michael Robinson II	OR	140+	146.8	45	227.5	245.0	262.5	182.5	187.5	190.5	227.5	240.0	240.0	667.5	361.05	380.907

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Classic Raw Powerlifting				Junior														
1	75kg Jr 20-23 Savannah Mal	OR	75kg	74.2	23	145.0	165.0	165.0	75	80	82.5	155	165.0	170.0	397.5	389.366		
Women Classic Raw Powerlifting				Master														
1	67.5kg Master 60-64 Sue Price	OR	67.5kg	65.0	60	90.0	95.0	---	67.5	70	73	125	130.0	135.0	300	316.643	424.302	
Men Classic Raw Powerlifting				Junior														
1	82.5kg Jr 20-23 Colton Ledbury	OR	82.5kg	80.4	23	202.5	210.0	210.0	97.5	105.0	110.0	195	202.5	210.0	517.5	355.796		
1	100kg Jr 13-15 Damitri Ukaoma	OR	100kg	97.8	14	147.5	160.0	182.5	100	105.0	107.5	75.0	---	---	342.5	212.888		
1	125kg Jr 18-19 Hudson Gould	OR	125kg	112.6	18	195.0	205.0	217.5	62.5	---	---	207.5	227.5	242.5 (248.0)	510	299.456		
Men Classic Raw Powerlifting				Open														
1	75kg Open Talon Slatosch	OR	75kg	73.6	30	162.5	170.0	177.5	120	127.5	127.5	170	175.0	185.0	490	355.844		
Women Raw Bench Only				Junior														
1	67.5kg Jr 20-23 Lily Frerichs	OR	67.5kg	61.6	22				50	55	55				50	54.523		
Women Raw Bench Only				Open														
1	67.5kg Open Lily Frerichs	OR	67.5kg	61.6	22				50	55	55				50	54.523		
Women Raw Bench Only				Master														
DQ	75kg Master 50-54 Jennifer Silvia	OR	75kg	74.8	53				57.5	57.5	57.5				0	0	0	
1	75kg Master 65-69 Jerrri Glanders	OR	75kg	70.4	65				55.0	55.5	57.5				55.5	55.946	82.8	
Men Raw Bench Only				Junior														
1	82.5kg Jr 18-19 Caleb Shore	OR	82.5kg	78.2	18				100	117.5	125				125	87.374		

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 13-15																
1	Damitri Ukaoma	OR	100kg	97.8	14				100	105.0	107.5				107.5	66.819	
	125kg Jr 13-15																
1	Xander Newman	OR	125kg	116.2	15				80	87.5	87.5				87.5	50.805	
	125kg Jr 18-19																
1	Hudson Gould	OR	125kg	112.6	18				62.5	---	---				62.5	36.698	
	140+ Jr 16-17																
1	Cameron Caspino	OR	140+	147.5	16				115	125.0	130.0				130	70.226	
											(137.5)						
	Men Raw Bench Only			Open													
	75kg Open																
1	Talon Slatosch	OR	75kg	73.6	30				120	127.5	127.5				127.5	92.592	
	90kg Open																
1	Ryan Achenbach	OR	90kg	89.8	39				152.5	170.0	172.5				170	110.046	
	Men Raw Bench Only			Submaster													
	90kg Submaster																
1	Ryan Achenbach	OR	90kg	89.8	39				152.5	170.0	172.5				170	110.046	
	Men Raw Bench Only			Master													
	82.5kg Master 65-69																
1	Roddy Coles	OR	82.5kg	78.2	66				72.5	78.0	78.0				72.5	50.677	76.573
	90kg Master 75-79																
1	Jamie Selko	OR	90kg	88.6	75				112.5	112.5	115.0				115	74.955	137.542
	140kg Master 60-64																
1	Joe Rodgers	OR	140kg	138.6	61				95	105.0	105.0				105	57.705	78.825
	140+ Master 45-49																
1	Michael Robinson II	OR	140+	146.8	45				182.5	187.5	190.5				182.5	98.714	104.143
	Men Single Ply Bench Only			Master													
	82.5kg Master 75-79																
1	Joe Beteta	OR	82.5kg	80.4	79				85	95.0	---				95	65.315	130.957

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Deadlift Only				Junior													
	67.5kg Jr 20-23																
1	Lily Frerichs	OR	67.5kg	61.6	22							140	150.0	156.0	156	170.112	
Women Raw Deadlift Only				Open													
	67.5kg Open																
1	Lily Frerichs	OR	67.5kg	61.6	22							140	150.0	156.0	156	170.112	
Women Raw Deadlift Only				Master													
	75kg Master 50-54																
1	Jennifer Silvia	OR	75kg	74.8	53							132.5	140.0	142.5	140	136.55	161.675
	75kg Master 65-69																
1	Jerri Glanders	OR	75kg	70.4	65							120	127.5	130.0 (132.5)	130	131.045	193.947
Men Raw Deadlift Only				Junior													
	100kg Jr 13-15																
1	Damitri Ukaoma	OR	100kg	97.8	14							75.0	---	---	75	46.618	
	100kg Jr 16-17																
1	Efren Ybarra	OR	100kg	98.2	16							185	200.0	207.5 (212.5)	207.5	128.741	
	125kg Jr 13-15																
1	Xander Newman	OR	125kg	116.2	15							142.5	147.5	152.5	152.5	88.546	
	125kg Jr 18-19																
1	Hudson Gould	OR	125kg	112.6	18							207.5	227.5	242.5 (248.0)	242.5	142.388	
	140+ Jr 16-17																
1	Cameron Caspino	OR	140+	147.5	16							237.5	247.5	260.0 (272.5)	260	140.452	
Men Raw Deadlift Only				Open													
	125kg Open																
1	David Holden	OR	125kg	117.4	29							255	267.5	267.5	255	147.536	
Men Raw Deadlift Only				Master													
	100kg Master 50-54																
1	Matthew Stephens	OR	100kg	97.8	54							172.5	177.5	180.0	177.5	110.329	132.836

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	140+ Master 45-49																
1	Michael Robinson II	OR	140+	146.8	45							227.5	240.0	240.0	240	129.816	136.955
Men Single Ply Deadlift Only				Master													
	100kg Master 75-79																
1	Montgomery Maddox	OR	100kg	96.6	75							115	125.0	127.5	125	78.13	143.369
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Jonathan Morris		Raw	PL	Jr	Men							National					
Lauren Crees		Raw	PL	Open	Women												
Jonathan Morris		Raw	PL	Open	Men												
Brian Baertlein		Raw	PL	Master	Men												
Caleb Shore		Raw	BPO	JR	Men												
Hudson Gould		Raw	DLO	Jr	Men												
Meet Director:		Peter Martin															
Referees																	
International:		Sam Pektol, Karen Matthews, Peter Martin															
National:		Holly Alexa, Lauren Plooster, Alex Stanley															
State:		Manami Kurata Lee															
Staff:		Jared Presler															
Spotter/Loaders:		Christian Howard, Jamel Fabela, Havvy Enrich, Kyle Young															
Tested Lifters:		Caleb Shore, Charles Manthe, Konrad Meyer-Castellanos, Ryan Achenbach															