

USPA Seminole Strength Showdown March 14, 2020 Tallahassee, FL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	75kg Open																
1	Tracy Johnson-Cantwell	FL	75kg	68.1	24	120.0	127.5	132.5	70	75	80	125	137.5	142.5	355	360.041	
2	Liv Burley	FL	75kg	70.7	26	97.5	107.5	112.5	57.5	67.5	67.5	122.5	132.5	142.5	312.5	308.781	
	90kg Open																
1	Susan Barge	FL	90kg	83.3	47	100	102.5	102.5	60	65	67.5	122.5	130	137.5	300	268.65	290.679
	90kg Master 45-49																
1	Susan Barge	FL	90kg	83.3	47	100	102.5	102.5	60	65	67.5	122.5	130	137.5	300	268.65	290.679
Men Raw Powerlifting																	
	75kg Jr 18-19																
1	Anthony Terry	FL	75kg	70.7	18	207.5	220	230	147.5	155	162.5	205	217.5	227.5	620	461.094	
	90kg Jr 20-23																
1	Christopher Phillely	FL	90kg	88.4	21	177.5	187.5	195	110	120	127.5	185	197.5	205	527.5	339.921	
2	Daniel Canas	GA	90kg	84.5	22	127.5	135	142.5	85	92.5	95	175	182.5	-----	405	267.543	
	100kg Jr 20-23																
1	Tyler West	GA	100kg	99.0	23	185.0	195	205	135	145	-----	250	262.5	275	602.5	368.188	
	110kg Jr 20-23																
1	Rafael Nieto - Flores	FL	110kg	106.2	22	162.5	175	185	97.5	107.5	115	182.5	197.5	205	505	300.576	
	67.5kg Open																
1	Dan Le	FL	67.5kg	65.1	29	122.5	127.5	132.5	87.5	87.5	92.5	162.5	170	177.5	397.5	315.695	
2	Zachary Leslie	FL	67.5kg	66.0	27	105.0	120	127.5	67.5	72.5	77.5	152.5	172.5	182.5	382.5	300.339	
	82.5kg Open																
1	Chris Grant	FL	82.5kg	81.7	44	207.5	222.5	233	102.5	110	120	207.5	217.5	227.5	560.5	377.721	393.963
2	Stephen Hudson	FL	82.5kg	80.7	26	167.5	182.5	187.5	90	102.5	107.5	180	192.5	195	490	332.71	
3	James Minor	FL	82.5kg	80.2	28	150	160	167.5	107.5	115	122.5	180	195	197.5	462.5	315.24	
DQ	Luis Gonzalez	FL	82.5kg	79.7	35	140.0	142.5	-----	92.5	-----	-----	-----	-----	-----	0	0	
	90kg Open																
1	Bryce Jenkins	FL	90kg	90.0	27	227.5	242.5	250	177.5	185	185	265	282.5	282.5	710	453.264	
2	Tyler Camaione	FL	90kg	89.0	30	192.5	207.5	215	150	150	155	275	285	290	655	420.576	
3	Joshua Onadeko	AL	90kg	86.4	24	210	225	232.5	155	155	160	250	272.5	272.5	637.5	415.841	
4	Hunter Smith	AR	90kg	89.7	27	195	207.5	212.5	140	140	147.5	227.5	235	242.5	595	380.503	
5	Christopher Phillely	FL	90kg	88.4	21	177.5	187.5	195	110	120	127.5	185	197.5	205	527.5	339.921	
	100kg Open																
1	Aaron Bannister	FL	100kg	99.2	25	245.0	255	265	142.5	147.5	152.5	307.5	317.5	332.5	735	448.791	
2	Gregory Rose	FL	100kg	100.0	31	175.0	187.5	200	120	137.5	145	225	245	250	595	362.117	

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	110kg Open																
1	Louis Kolling	FL	110kg	103.6	31	285	302.5	---	205	220	227.5	292.5	310	322.5	815	489.326	
2	Justin Cravens	GA	110kg	110.0	35	260.0	272.5	272.5	187.5	195	202.5	275	282.5	290	737.5	434.019	
3	Rafael Nieto - Flores	FL	110kg	106.2	22	162.5	175	185	97.5	107.5	115	182.5	197.5	205	505	300.576	
	125kg Open																
1	Bradley Dickey	FL	125kg	118.1	27	197.5	212.5	227.5	112.5	125	132.5	237.5	257.5	272.5	610	352.031	
2	Israel Roberson	FL	125kg	122.9	41	100.0	120	142.5	112.5	112.5	125	172.5	185	192.5	460	263.074	
	140kg Open																
1	John Morris	GA	140kg	138	27	225	240	252.5	175	185	192.5	277.5	295	---	740	414.4	
	82.5kg Submaster																
DQ	Luis Gonzalez	FL	82.5kg	79.7	35	140.0	142.5	---	92.5	---	---	---	---	---	0	0	
	100kg Submaster																
1	George Manganaro	FL	100kg	95.8	38	170.0	185	192.5	115	130	132.5	192.5	205	212.5	537.5	333.089	
	82.5kg Master 40-44																
1	Chris Grant	FL	82.5kg	81.7	44	207.5	222.5	233	102.5	110	120	207.5	217.5	227.5	560.5	377.721	393.963
	100kg Master 60-64																
1	Dennis Smith	FL	100kg	96.8	61	160.0	185	230	100	125	137.5	185	202.5	227.5	550	339.295	463.477
Men Classic Raw Powerlifting																	
	82.5kg Open																
1	Jamie Hargrove	FL	82.5kg	82.0	48	225.0	243.5	243.5	147.5	160.5	168	225	237.5	253	610.5	410.5	450.319
	125kg Open																
1	Tyler Cummings	GA	125kg	118.2	28	337.5	355	370	215	227.5	---	300	315	327.5	910	525.07	
	82.5kg Master 45-49																
1	Jamie Hargrove	FL	82.5kg	82.0	48	225.0	243.5	243.5	147.5	160.5	168	225	237.5	253	610.5	410.5	450.319
Women Raw Bench Only																	
	67.5kg Open																
1	Rachel Erb	FL	67.5kg	67.2	48				82.5	87.5	90.5				90.5	92.663	101.651
	67.5kg Master 45-49																
1	Rachel Erb	FL	67.5kg	67.2	48				82.5	87.5	90.5				90.5	92.663	101.651
Men Raw Bench Only																	
	82.5kg Master 70-74																
1	Roberto Chomat	FL	82.5kg	81.4	70				95	105	107.5				105	70.917	116.658

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	90kg Master 55-59																
1	Ron Anselmo	FL	90kg	86.5	58				137.5	145	150				145	94.526	122.032
	125kg Master 40-44																
1	Michael Renfroe	GA	125kg	113.7	43				192.5	205	212.5				212.5	123.845	127.684
Men Raw Push-Pull																	
	110kg Master 60-64																
1	Jeffrey Owens	GA	110kg	105.3	62				152.5	157.5	162.5	272.5	297.5	305	462.5	276.113	253.644
Best Lifters:																	
Anthony Terry		Raw Jr Men PL														Record Color Codes:	
Louis Kolling		Raw Open Men PL															
Meet Director: Richard Ficca																	
Thank you to our officials:																	
International:		Richard Ficca and Scott Simonson															
National:		Gary Brewer and Barry Gershman															
State:		Christian Schultze															
Staff Official:		Rebecca Simonson and Mike Long															