

USPA Southern Strength Showcase 4 November 23, 2019 New Orleans, LA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	60kg Jr 20-23																
1	Erin Kellar	LA	60kg	58.2	23	102.5	112.5	115	45	50	52.5	120	127.5	137.5	305	348.188	
2	April Sutton	LA	60kg	58.6	22	85	92.5	<del>102.5</del>	45	<del>50</del>	<del>50</del>	115	122.5	127.5	265	300.908	
	60kg Open																
1	Sara Frankovich-Hannie	LA	60kg	59.3	34	127.5	<del>135</del>	<del>135</del>	62.5	67.5	<del>70</del>	137.5	145	<del>150</del>	340	382.534	
	67.5kg Open																
1	Bridget Morgan	TX	67.5kg	65.9	33	117.5	130	135	62.5	70	<del>72.5</del>	125	142.5	147.5	352.5	366.071	
2	Jessica Skarin	LA	67.5kg	66.6	37	110	117.5	<del>120</del>	62.5	67.5	<del>70</del>	112.5	120	127.5	312.5	322.063	
DQ	Christina Apostolidis	LA	67.5kg	66.7	36	137.5	<del>142.5</del>	142.5	<del>75</del>	<del>75</del>	<del>75</del>	165	<del>177.5</del>	<del>---</del>	0	0	
	75kg Open																
1	Jodi Kennedy	TX	75kg	74.2	28	142.5	150	155	95	97.5	100	192.5	205	210	465	445.052	
2	Victoria Johnson	LA	75kg	72.5	26	100	107.5	<del>112.5</del>	<del>52.5</del>	52.5	<del>55</del>	122.5	<del>132.5</del>	<del>132.5</del>	282.5	274.477	
3	Elana Klinger	LA	75kg	74	61	80	85	92.5	56	57.5	60	102.5	<del>110</del>	<del>110</del>	255	244.469	333.944
	90kg Open																
1	Stephanie Valladares	LA	90kg	83.4	29	165	170	182.5	110	117.5	<del>120</del>	182.5	190	<del>197.5</del>	490	438.55	
	SHW Open																
1	Courtney Wilkinson	LA	SHW	105.5	29	117.5	<del>135</del>	135	70	77.5	<del>82.5</del>	117.5	137.5	147.5	360	295.488	
	67.5kg Submaster																
1	Jessica Skarin	LA	67.5kg	66.6	37	110	117.5	<del>120</del>	62.5	67.5	<del>70</del>	112.5	120	127.5	312.5	322.063	
DQ	Christina Apostolidis	LA	67.5kg	66.7	36	137.5	<del>142.5</del>	142.5	<del>75</del>	<del>75</del>	<del>75</del>	165	<del>177.5</del>	<del>---</del>	0	0	
	60kg Master 40-44																
1	Kelley Christopher	TN	60kg	59.5	42	110	120	127.5	65	67.5	70	142.5	155	<del>160</del>	352.5	395.54	403.451
	67.5kg Master 55-59																
1	Sherri Peppo	LA	67.5kg	66.9	56	75	82.5	87.5	45	<del>50</del>	50	107.5	115	122.5	260	267.072	332.772
	75kg Master 60-64																
1	Elana Klinger	LA	75kg	74	61	80	85	92.5	56	57.5	60	102.5	<del>110</del>	<del>110</del>	255	244.469	333.944
<b>Men Raw Powerlifting</b>																	
	56kg Jr 20-23																
1	Matthew Hettiger	LA	56kg	54.4	20	117.5	<del>122.5</del>	125	90	<del>95</del>	95	170	177.5	<del>182.5</del>	397.5	372.418	
	75kg Jr 18-19																
1	Andrew Ruiz	LA	75kg	74	19	172.5	187.5	195	95	102.5	107.5	210	225	<del>237.5</del>	527.5	379.431	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Jr 18-19																
1	Alex Davis	LA	82.5kg	82.5	18	217.5	<del>230</del>	230	115	127.5	<del>130</del>	242.5	260	<del>272.5</del>	617.5	413.663	
	75kg Open																
1	Matthew Mabile	LA	75kg	74.2	28	195	<del>207.5</del>	<del>207.5</del>	140	145	<del>147.5</del>	205	220	227.5	567.5	407.408	
2	Andrew Ruiz	LA	75kg	74	19	172.5	187.5	195	95	102.5	107.5	210	225	<del>237.5</del>	527.5	379.431	
	82.5kg Open																
1	Mark Monson	LA	82.5kg	80.5	38	237.5	<del>245</del>	245	160	165	<del>170</del>	250	265	272.5	682.5	464.1	
2	Michael Mahoney	LA	82.5kg	82.2	32	250	265	<del>280</del>	<del>90</del>	100	<del>110</del>	250	265	<del>280</del>	630	422.97	
3	Steven Luminais	LA	82.5kg	81.5	30	180	187.5	202.5	127.5	140	<del>150</del>	227.5	242.5	250	592.5	399.878	
	90kg Open																
1	Cole Barton	LA	90kg	88.9	30	255	282.5	<del>290</del>	175	185	<del>190</del>	277.5	290	<del>300</del>	757.5	486.618	
	100kg Open																
1	Frederick Hannie	LA	100kg	91.5	34	282.5	<del>295</del>	295	175	182.5	<del>185</del>	265	280	287.5	765	484.322	
2	Cody Large	LA	100kg	99	33	220	240	245	<del>145</del>	152.5	165	255	275	<del>292.5</del>	685	418.604	
3	Reese Allemore	LA	100kg	94.4	34	192.5	200	227.5	180	190	<del>205</del>	207.5	230	242.5	660	411.708	
4	Darrell Gattis	AL	100kg	94.1	26	202.5	215	227.5	127.5	137.5	142.5	260	272.5	282.5	652.5	407.617	
DQ	Demerrius Slocum	LA	100kg	99.7	34	275	297.5	<del>305</del>	<del>220</del>	<del>220</del>	<del>220</del>	<del>277.5</del>	<del>---</del>	<del>---</del>	0	0	
	110kg Open																
1	Lamar Holmes	LA	110kg	107.8	28	265	275	<del>280</del>	170	175	177.5	267.5	277.5	290	742.5	439.783	
2	Clinton Guess	LA	110kg	100.2	36	215	227.5	237.5	120	127.5	<del>132.5</del>	265	<del>275</del>	<del>275</del>	630	383.103	
3	Myles Boudreaux	LA	110kg	108.6	25	215	<del>230</del>	<del>---</del>	155	<del>172.5</del>	<del>172.5</del>	247.5	<del>267.5</del>	<del>272.5</del>	617.5	364.881	
4	Jeremy Brown	MS	110kg	105.3	34	<del>185</del>	187.5	190	152.5	<del>157.5</del>	157.5	205	230	260	607.5	362.678	
5	Sean Belcher	IA	110kg	104.7	27	202.5	215	220	127.5	137.5	<del>142.5</del>	212.5	227.5	237.5	595	355.929	
	125kg Open																
1	Vito Cardenal	LA	125kg	122.3	38	265	272.5	287.5	172.5	182.5	190	242.5	<del>262.5</del>	<del>262.5</del>	720	412.2	
DQ	Justin Kirk	LA	125kg	124.3	30	275	292.5	<del>307.5</del>	185	197.5	<del>202.5</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
	140kg Open																
1	Kyle Breaux	LA	140kg	128.6	29	240	257.5	<del>265</del>	197.5	205	<del>212.5</del>	227.5	247.5	<del>---</del>	710	402.357	
	SHW Open																
1	Dylan Walker	LA	SHW	167.5	26	247.5	260	<del>267.5</del>	160	<del>170</del>	170	250	272.5	<del>290</del>	702.5	382.441	
	82.5kg Submaster																
1	Mark Monson	LA	82.5kg	80.5	38	237.5	<del>245</del>	245	160	165	<del>170</del>	250	265	272.5	682.5	464.1	
	90kg Submaster																
1	Luke Hawx	LA	90kg	89.4	38	190	200	215	<del>167.5</del>	167.5	<del>172.5</del>	235	255	265	647.5	414.789	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	125kg Master 45-49																
1	Rick Smith	TN	125kg	115.6	45	182.5	200	205	120	127.5	135	225	250	<del>265</del>	590	342.377	361.208
<b>Men Classic Raw Powerlifting</b>																	
	SHW Jr 20-23																
1	Trey Ryder	LA	SHW	166.9	23	<del>310</del>	310	<del>330</del>	192.5	<del>210</del>	<del>210</del>	250	272.5	<del>282.5</del>	775	422.143	
	75kg Open																
1	Garrett Patterson	LA	75kg	74.1	30	<del>235</del>	235	<del>250</del>	125	<del>140</del>	<del>140</del>	242.5	<del>265</del>	<del>265</del>	602.5	432.957	
	82.5kg Open																
1	Joe Keith	MS	82.5kg	82.5	36	265	285	<del>295</del>	167.5	177.5	<del>187.5</del>	260	<del>277.5</del>	<del>282.5</del>	722.5	484.003	
2	Joseph Geerholt	FL	82.5kg	80.6	29	<del>175</del>	175	<del>190</del>	92.5	100	105	167.5	177.5	190	470	319.365	
	100kg Open																
1	Azariah Pierce	LA	100kg	99.3	27	237.5	247.5	252.5	170	177.5	185	305	315	320	757.5	462.302	
	125kg Open																
1	Tanner Jefferyes	LA	125kg	117.6	26	300	<del>317.5</del>	317.5	165	172.5	<del>---</del>	<del>285</del>	285	305	795	459.272	
2	Trey Ryder	LA	125kg	116.9	23	<del>310</del>	310	<del>330</del>	192.5	<del>210</del>	<del>210</del>	250	272.5	<del>282.5</del>	775	422.143	
<b>Women Raw Bench Only</b>																	
	60kg Open																
1	Paige Kimball	LA	60kg	59.7	29				67.5	72.5	75				75	83.94	
<b>Men Raw Bench Only</b>																	
	75kg Open																
1	Kyle Roberts	LA	75kg	74.7	35				127.5	137.5	<del>147.5</del>				137.5	98.258	
	100kg Open																
1	Reese Allemore	LA	100kg	94.4	34				180	190	<del>205</del>				190	118.522	
	140kg Open																
1	Kyle Breaux	LA	140kg	128.6	29				197.5	205	<del>212.5</del>				205	116.174	
	75kg Submaster																
1	Kyle Roberts	LA	75kg	74.7	35				127.5	137.5	<del>147.5</del>				137.5	98.258	
<b>Women Raw Deadlift Only</b>																	
	67.5kg Open																
1	Christina Apostolidis	LA	67.5kg	66.7	36							165	<del>177.5</del>	<del>---</del>	165	169.851	
	67.5kg Submaster																
1	Christina Apostolidis	LA	67.5kg	66.7	36							165	<del>177.5</del>	<del>---</del>	165	169.851	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Men Raw Deadlift Only</b>																	
	56kg Jr 20-23																
1	Matthew Hettiger	LA	56kg	54.4	20							170	177.5	<del>192.5</del>	177.5	166.3	
	82.5kg Open																
1	Mark Monson	LA	82.5kg	80.5	38							250	265	272.5	272.5	185.3	
	100kg Open																
1	Reese Allemore	LA	100kg	94.4	34							207.5	230	242.5	242.5	151.272	
	125kg Open																
1	Pete Rubish	TN	125kg	113.8	28							377.5	<del>410</del>	<del>410</del>	377.5	219.969	
2	Tanner Jefferyes	LA	125kg	117.6	26							<del>285</del>	285	305	305	176.199	
	82.5kg Submaster																
1	Mark Monson	LA	82.5kg	80.5	38							250	265	272.5	272.5	185.3	
<b>Men Raw Push-Pull</b>																	
	75kg Open																
1	Bill Beachy	LA	75kg	72.5	65				55	57.5	<del>62.5</del>	95	97.5	<del>100</del>	155	113.15	105.339
	90kg Open																
1	Nick Beachy	LA	90kg	89.3	25				145	<del>147.5</del>	147.5	235	<del>255</del>	<del>255</del>	382.5	245.183	
	100kg Open																
1	Reese Allemore	LA	100kg	94.4	34				180	190	<del>205</del>	207.5	230	242.5	432.5	269.794	
2	Russell Tassin	LA	100kg	92.3	34				150	160	<del>165</del>	225	235	242.5	402.5	253.776	
	110kg Open																
1	Myles Boudreaux	LA	110kg	108.6	25				155	<del>172.5</del>	<del>172.5</del>	247.5	<del>267.5</del>	<del>272.5</del>	402.5	237.837	
	125kg Open																
1	Jacob Kruebbe	LA	125kg	117.1	28				175	<del>185</del>	<del>---</del>	287.5	310	<del>---</del>	485	280.476	
	140kg Open																
1	Kyle Breaux	LA	140kg	128.6	29				197.5	205	<del>212.5</del>	227.5	247.5	<del>---</del>	452.5	256.432	
	SHW Open																
1	Dominick Matrana	LA	SHW	177.7	29				220	230	240	310	325	332.5	572.5	308.749	
	75kg Master 65-69																
1	Bill Beachy	LA	75kg	72.5	65				55	57.5	<del>62.5</del>	95	97.5	<del>100</del>	155	113.15	105.339

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Best Lifters:																
	Jodi Kennedy	Raw Open Women PL													<b>Record Color Codes:</b>		
	Cole Barton	Raw Open Men PL													State		
	Dominick Matrana	Raw Open Men PP													National		
	Joe Keith	Clraw Open Men PL															
	Meet Director: Kimmy Brooks																
	Thank you to our officials:																
	National: Kimmy Brooks and Amanda Walker																
	State: Tyler Brooks, Cale Gammon, Chris Summa, Lian Hoffman, Phillip Richard and Derek Gibson																
	Thanks to our spotter and loaders:																
	Tyler Brooks, Marcus Locue, Adam Hughes, Eric Adams, Victor Colon, Jordan Smith and John Pontello																
	Thanks to our Venue: Urban South Brewery																