

USPA Alaska State Championships September 10, 2022 Soldotna, AK

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Renee Rybak	AK	67.5kg	64.85	58	65.0	70.0	75.0	50	55.0	57.5	125	132.5	137.5	270	285.371	368.414
														(142.5)			
82.5kg Open																	
1	Mykaela Rybak	AK	82.5kg	76.5	26	82.5	87.5	92.5	60	60.0	65.0	102.5	110.0	115.0	267.5	257.851	
Women Raw Powerlifting		Master															
67.5kg Master 45-49																	
1	Colleen Kersgard	AK	67.5kg	66.5	47	47.5	67.5	80.0	37.5	45.0	55.0	65	72.5	82.5	217.5	226.5	245.073
67.5kg Master 55-59																	
1	Renee Rybak	AK	67.5kg	64.85	58	65.0	70.0	75.0	50	55.0	57.5	125	132.5	137.5	270	285.371	368.414
														(142.5)			
Men Raw Powerlifting		Junior															
52kg Jr 13-15																	
1	Weston Warner	AK	52kg	47.25	15	75.0	80.0	85.0	45	47.5	50.0	107.5	115.0	122.5	257.5	271.251	
2	Ian Warner		52kg	47.4	14	40.0	42.5	45.0	27.5	30.0	32.5	70	75.0	80.0	157.5	165.366	
56kg Jr 16-17																	
1	Caleb Warner	AK	56kg	53.7	17	92.5	97.5	102.5	55	57.5	60.0	125	132.5	140.0	295	274.192	
								(105.0)									
67.5kg Jr 18-19																	
1	John Saliva	AK	67.5kg	65.6	18	172.5	182.5	190.0	115	122.5	127.5	202.5	212.5	220.0	537.5	423.054	
75kg Jr 13-15																	
1	Charles Vermette	AK	75kg	68.0	14	82.5	87.5	92.5	67.5	70.0	72.5	42.5	52.5	60.0	225	172.499	
90kg Jr 13-15																	
1	Isaac Holcomb	AK	90kg	87.9	15	85.0	90.0	95.0	67.5	70.0	72.5	115	122.5	127.5	295	193.066	
														(130.0)			
110kg Jr 20-23																	
1	Caleb Bouw	AK	110kg	108.2	23	287.5	310.0	320.0	145	155.0	160.0	297.5	320.0	322.5	800	476.801	
125kg Jr 16-17																	
1	Joshua Booher	AK	125kg	115.65	17	165.0	175.0	182.5	90	97.5	105.0	215	222.5	222.5	495	287.888	

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Men Raw Powerlifting				Open													
	75kg Open																
1	Randy Houck	AK	75kg	74.7	34	167.5	175.0	182.5	110	117.5	125.0	182.5	200.0	210.0	510	366.826	
	82.5kg Open																
1	Jeffrey Dow	AK	82.5kg	82.5	27	165.0	172.5	180.0	87.5	95.0	95.0	185	205.0	210.0	477.5	323.455	
	110kg Open																
1	Caleb Bouw	AK	110kg	108.2	23	287.5	310.0	320.0	145	155.0	160.0	297.5	320.0	322.5	800	476.801	
Men Raw Powerlifting				Submaster													
	110kg Submaster																
1	Richard Wilkomm	AK	110kg	105.7	39	185.0	202.5	207.5	172.5	182.5	187.5	232.5	245.0	257.5	652.5	392.473	
Men Classic Raw Powerlifting				Junior													
	110kg Jr 13-15																
1	Alex Parks	AK	110kg	110.0	14	80.0	85.0	90.0	47.5	50.0	52.5	105	112.5	117.5	257.5	152.509	
Men Classic Raw Powerlifting				Open													
	90kg Open																
1	Robert Propst	AK	90kg	88.5	37	272.5	285.0	285.0	160	170.0	170.0	250.0	272.5	287.5	705	459.773	
	110kg Open																
1	Damian Mckinsey	AK	110kg	104.25	25	250.0	250.0	255.0	182.5	185.0	185.0	287.5	307.5	307.5	720	435.492	
Men Classic Raw Powerlifting				Submaster													
	90kg Submaster																
1	Robert Propst	AK	90kg	88.5	37	272.5	285.0	285.0	160	170.0	170.0	250.0	272.5	287.5	705	459.773	
Men Raw Bench Only				Junior													
	67.5kg Jr 18-19																
1	John Saliva	AK	67.5kg	65.6	18				115	122.5	127.5				127.5	100.352	
	125kg Jr 16-17																
1	Joshua Booher	AK	125kg	115.65	17				90	97.5	105.0				97.5	56.705	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Deadlift Only				Junior													
67.5kg Jr 18-19																	
1	John Saliva	AK	67.5kg	65.6	18							202.5	212.5	220.0	220	173.157	
125kg Jr 16-17																	
1	Joshua Booher	AK	125kg	115.65	17							215	222.5	222.5	215	125.042	
Women Raw Push-Pull				Junior													
67.5kg Jr 20-23																	
1	Juana Alvarez Henao	AK	67.5kg	63.7	20				45	50.0	55.0	112.5	120.0	127.5	182.5	194.971	
Men Raw Push-Pull				Junior													
125kg Jr 16-17																	
1	Joshua Booher	AK	125kg	115.65	17				90	97.5	105.0	215	222.5	222.5	312.5	181.748	

Best Lifters																		
Name	Equip	Events	Comp	Sex														Record Color Codes
Caleb Bouw	Raw	PL	JR	Men														State
Meet Director:	Jerem Feltman																	
Referees																		
National:	Rob Schmidt																	
State:	Jasmine Feltman, Tabatha Chanley, Kelsie Gavulic																	
Spotter/Loaders:	Danny Autery, Dan Parks, Dan Balmer, Fred Holcoubm, Don Newby																	