

USPA 2023 Winter Showdown December 2, 2023 Springfield, Missouri

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
	60kg Jr 20-23																
1	Mary Martinez	MO	60kg	60.0	20	85	92.5	-102.5	47.5	50	-52.5	110	117.5	127.5	270	299.307	
Women Raw Powerlifting		Open															
	90kg Open																
1	Erica Heston	IA	90kg	84.6	28	112.5	120	-125	85	90	-92.5	130	137.5	145	355	325.557	
Women Raw Powerlifting		Master															
	67.5kg Master 40-44																
1	Angie Wisely	MO	67.5kg	67	43	80	82.5	85	42.5	45	47.5	90	92.5	97.5	230	238.475	245.868
	90kg Master 60-64																
1	Susan Haralson	MO	90kg	86	63	67.5	-72.5	-72.5	45	47.5	-50	90	95	-100	210	191.111	271.569
	90kg Master 65-69																
1	Nancy Lowther	MO	90kg	84.8	65	-102.5	-102.5	102.5	70	-75	75	115	120	125	302.5	277.103	410.112
Men Raw Powerlifting		Junior															
	60kg Jr 16-17																
1	Peyton Cummings	MO	60kg	57.2	16	92.5	102.5	-107.5	57.5	65	-77.5	152.5	-157.5	-157.5	320	281.175	
	67.5kg Jr 16-17																
1	Nathan Gunnell	OK	67.5kg	64.4	16	165	-172.5	-172.5	93	93	-100	-185	190	-195	448	357.55	
	82.5kg Jr 16-17																
1	James Bench	MO	82.5kg	80	17	155	162.5	-172.5	92.5	97.5	-100	-222.5	232.5	-242.5	492.5	339.602	
	82.5kg Jr 20-23																
1	Johnathyn Wallace	MO	82.5kg	82.5	20	215	-227.5	227.5	122.5	132.5	-140	192.5	212.5	-222.5	572.5	387.807	
	90kg Jr 13-15																
1	Luis Serrano	MO	90kg	89.6	13	92.5	102.5	117.5	80	85	-87.5	125	140	157.5	360	233.301	
	90kg Jr 18-19																
1	Aidan Brock	MO	90kg	85.4	19	200	205	210	142.5	148	-150	227.5	232.5	237.5	595.5	395.745	

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Men Raw Powerlifting				Open													
67.5kg Open																	
1	Nathan Gunnell	OK	67.5kg	64.4	16	165	-172.5	-172.5	93	93	-100	-185	190	-195	448	357.55	
75kg Open																	
1	Devon Mcintyre	MO	75kg	73.9	28	202.5	215	-227.5	115	127.5	-137.5	227.5	237.5	-245	580	420.087	
82.5kg Open																	
1	Dalton Hansen	MO	82.5kg	79.0	24	227.5	237.5	250	125	130	137.5	240	255	272.5	660	458.515	
2	Johnathyn Wallace	MO	82.5kg	82.5	20	215	-227.5	227.5	122.5	132.5	-140	192.5	212.5	-222.5	572.5	387.807	
3	Christopher Minton	MO	82.5kg	78.8	26	187.5	197.5	207.5	-120	-120	120	207.5	220	227.5	555	386.156	
4	Jordan Eitel	MO	82.5kg	80.9	30	-145	150	-172.5	-145	145	-147.5	162.5	170	182.5	477.5	327.11	
90kg Open																	
1	James Taylor	MO	90kg	89.1	34	265	278	-282.5	130	142.5	152.5	-320	320	-342.5	750.5	487.753	
2	Jared Chalker	MO	90kg	89.8	31	205	215	227.5	120	125	-130	-215	215	-230	567.5	367.358	
100kg Open																	
1	Nick Tomljenovic	MO	100kg	98.2	28	275	-285	285	142.5	152.5	160	270	-275	-275	715	443.615	
2	Justin Friend	MO	100kg	95.9	47	235	242.5	247.5	155	162.5	-165	-260	260	-273	670	420.175	454.629
3	Aldous Cruz	CO	100kg	93.9	44	215	227.5	237.5	162.5	167.5	170	205	220	222.5	630	398.999	416.156
4	Tommy Ellis	MO	100kg	98.5	28	152.5	162.5	170	102.5	112.5	117.5	185	197.5	205	492.5	305.154	
110kg Open																	
1	Cody Brady	MO	110kg	107.8	31	277.5	297.5	305	185	197.5	-205	280	300	-307.5	802.5	478.976	
2	Brian Deliberato	OK	110kg	107.8	28	157.5	165	175	125	-135	135	175	182.5	-190	492.5	293.951	
125kg Open																	
1	Patrick Jeffries	MO	125kg	122.7	37	302.5	322.5	----	167.5	182.5	-187.5	255	277.5	-307.5	782.5	446.126	
2	Andy Amos	MO	125kg	118.8	26	212.5	227.5	237.5	152.5	162.5	172.5	245	-260	----	655	377.44	
3	Gage Boyd	MO	125kg	123.1	31	-185	185	190	150	-160	160	185	200	210	560	318.937	
Men Raw Powerlifting				Submaster													
125kg Submaster																	
1	Patrick Jeffries	MO	125kg	122.7	37	302.5	322.5	----	167.5	182.5	-187.5	255	277.5	-307.5	782.5	446.126	
2	Phillip Guison	MO	125kg	116.6	38	145	155	170	147.5	155	160	185	200	220	550	318.966	

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Men Raw Powerlifting				Master													
	82.5kg Master 65-69																
1	Lon Kilgore	MO	82.5kg	81.3	65	130	137.5	142.5	100	110	115	132.5	140	152.5	405	276.652	409.446
	100kg Master 40-44																
1	Aldous Cruz	CO	100kg	93.9	44	215	227.5	237.5	162.5	167.5	170	205	220	222.5	630	398.999	416.156
	100kg Master 45-49																
1	Justin Friend	MO	100kg	95.9	47	235	242.5	247.5	155	162.5	165	260	260	273	670	420.175	454.629
	125kg Master 40-44																
1	Josh Cavaness	KS	125kg	116.1	43	145	187.5	200	135	145	155	170	190	205	547.5	317.99	327.848
	140kg Master 50-54																
1	Steven Jones	MO	140kg	133.2	52	260	275	290	160	170	177.5	270	285	300	760	422.487	492.197
Women Classic Raw Powerlifting				Open													
	75kg Open																
1	Jessica Slivinski	MO	75kg	73	33	187.5	205	205	102.5	107.5	110	182.5	200	230	512.5	506.429	
	110+ Open																
1	Kristen Haney	MO	110+	122.8	28	160	180	185	62.5	72.5	75	147.5	165	172.5	430	342.849	
	Men Classic Raw Powerlifting			Junior													
	100kg Jr 20-23																
1	Anthony Cooper	MO	100kg	97.5	21	215	227.5	227.5	115	120	125	290	302.5	310	637.5	396.797	
	110kg Jr 20-23																
1	Brett Perry	MO	110kg	100.2	22	200	210	217.5	150	160	170.5	242.5	255	273	643	395.435	
	Men Classic Raw Powerlifting			Open													
	140kg Open																
1	John Ross	MO	140kg	136.6	35	282.5	285	285	165	175	182.5	255	267.5	287.5	755	416.65	
	Men Classic Raw Powerlifting			Master													
	100kg Master 55-59																
1	Jeff Brown	MO	100kg	96.4	55	242.5	255	260.5	160	167.5	170	272.5	285	293	721	451.082	552.576

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	140+ Master 60-64																
1	William E Duncan	MO	140+	157.2	64	132.5	150	---	92.5	97.5	101	135	142.5	150	380	201.82	292.64
	Men Single Ply Powerlifting			Open													
	90kg Open																
1	Rick Bertel	MO	90kg	89.5	57	205	215	227.5	137.5	145	155	212.5	220	227.5	600	389.055	493.321
	Men Single Ply Powerlifting			Master													
	90kg Master 55-59																
1	Rick Bertel	MO	90kg	89.5	57	205	215	227.5	137.5	145	155	212.5	220	227.5	600	389.055	493.321
	Women Raw Bench Only			Junior													
	52kg Jr 13-15																
1	Kylie Grieser	MO	52kg	51.8	15				25	27.5	30				27.5	33.61	
	Men Raw Bench Only			Junior													
	60kg Jr 16-17																
1	Peyton Cummings	MO	60kg	57.2	16				57.5	65	77.5				65	57.114	
	Women Raw Deadlift Only			Junior													
	52kg Jr 13-15																
1	Kylie Grieser	MO	52kg	51.8	15							52.5	62.5	70 (75)	70	85.552	
	Men Raw Deadlift Only			Junior													
	60kg Jr 16-17																
1	Peyton Cummings	MO	60kg	57.2	16							152.5	157.5	157.5	152.5	133.997	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	James Taylor	MO	90kg	89.1	34							320	320	342.5	320	207.969	
	Men Raw Push-Pull			Junior													
	60kg Jr 16-17																
1	Peyton Cummings	MO	60kg	57.2	16				57.5	65	77.5	152.5	157.5	157.5	217.5	191.111	
	Men Raw Push-Pull			Master													
	90kg Master 55-59																
1	Joel Blackburn	MO	90kg	88.7	58				110	115	120	182.5	187.5	192.5	312.5	203.564	161.885

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
Aidan Brock	Raw	PL	Jr	Men							National					
James Taylor	Raw	PL	Open	Men												
Steven Jones	Raw	PL	Master	Men												
Meet Director:	Frank Murrieta, Sheena Hodges															
Referees																
International:	Linda Ray, Ed Zimmerman, Frankie Murrieta,															
National:	Sheena Hodges, Ed Finnell, Phyllis Finnell															
Staff:	Zelda Gomez															
Spotter/Loaders:	Jaden Just, Jennifer Semsch, Adam Twardowski, Matthew Melson, Bryce, Dixon, Roman Denisyuk															