

USPA American Open and Military Nationals September 28, 2019 Atlanta, GA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	60kg Jr 20-23																
1	Bailey Baggett	GA	60kg	58	21	112.5	117.5	122.5	52.5	60	65	115	122.5	137.5	325	372.028	
	67.5kg Jr 20-23																
1	Megan Howerton	GA	67.5kg	61.3	23	71	75	85	45	45	47.5	94	102.5	105	235	257.701	
	75kg Jr 20-23																
1	Holly Hickman	GA	75kg	72.9	22	102.5	115	117.5	55	60	62.5	102.5	112.5	122.5	287.5	278.329	
	56kg Open																
1	Rebekah Heiland	AL	56kg	53.5	25	115	120	125	52.5	57.5	60	132.5	140	147.5	325	396.305	
	60kg Open																
1	Bailey Baggett	GA	60kg	58	21	112.5	117.5	122.5	52.5	60	65	115	122.5	137.5	325	372.028	
	67.5kg Open																
1	Megan Howerton	GA	67.5kg	61.3	23	71	75	85	45	45	47.5	94	102.5	105	235	257.701	
	75kg Open																
1	Melissa Avanesian	GA	75kg	71.5	30	130	140	150	70	75	80	160	172.5	182.5	402.5	394.692	
2	Alex Beasley	GA	75kg	69.8	24	120	125	127.5	72.5	77.5	82.5	130	135	140	345	343.896	
3	Casey Heitzke	TN	75kg	73.6	30	122.5	127.5	127.5	62.5	65	70	140	142.5	147.5	335	322.304	
4	Holly Hickman	GA	75kg	72.9	22	102.5	115	117.5	55	60	62.5	102.5	112.5	122.5	287.5	278.329	
	90kg Open																
1	Stefanie Stokes	GA	90kg	87.6	37	130	140	145	70	75	77.5	130	140	145	360	314.712	
2	Stacey Nattis	GA	90kg	85.8	39	102.5	110	112.5	52.5	57.5	60	130	137.5	142.5	315	278.019	
	SHW Open																
1	Jewel Sawyer	GA	SHW	113.7	32	112.5	130	140	85	95	100	102.5	130	142.5	377.5	304.907	
	90kg Submaster																
1	Stefanie Stokes	GA	90kg	87.6	37	130	140	145	70	75	77.5	130	140	145	360	314.712	
2	Stacey Nattis	GA	90kg	85.8	39	102.5	110	112.5	52.5	57.5	60	130	137.5	142.5	315	278.019	
	SHW Submaster																
1	Gina Malik	GA	SHW	113.5	39	102.5	107	110	67.5	70	75	135	142.5	155	335	270.647	
	SHW Master 40-44																
1	Carmin Nowlin	GA	SHW	95.7	40	85	90	90	70	80	90	110	120	132.5	302.5	255.401	255.401
Men Raw Powerlifting																	
	67.5kg Jr 16-17																
1	Ky-Vinh Nguyen	GA	67.5kg	66.4	17	160	172.5	180	102.5	110	110	192.5	207.5	217.5	507.5	396.51	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Jr 20-23																
1	Dalton Appling	GA	90kg	84.60	21	172.5	185	192	125	125	132.5	192.5	205	210	529.5	349.523	
	100kg Jr 20-23																
1	Brenden Sanborn	GA	100kg	98.2	22	215	230	245	145	152.5	155	260	275	290	660	404.646	
	125kg Jr 20-23																
1	Nicholas Billeter	GA	125kg	120	22	200	215	227.5	127.5	137.5	137.5	192.5	210	215	565	324.819	
	60kg Open																
1	Roderick Brown	AL	60kg	60	26	187.5	197.5	205	137.5	142.5	150	212.5	227.5	237.5	582.5	496.814	
	67.5kg Open																
1	Ky-Vinh Nguyen	GA	67.5kg	66.4	17	160	172.5	180	102.5	110	110	192.5	207.5	217.5	507.5	396.51	
	82.5kg Open																
1	Brian Smith	GA	82.5kg	82.5	41	197.5	210	227.5	170	175.5	177.5	235	255	255	658	440.794	445.202
2	Mike Heitzke	TN	82.5kg	82	33	192.5	202.5	202.5	135	140	145	230	242.5	255	587.5	395.035	
3	Cory Ferguson	GA	82.5kg	80.70	25	197.5	205	215	102.5	105	107.5	227.5	240	252.5	575	390.425	
4	Thomas Witt	GA	82.5kg	82.4	26	135	137.5	145	45	52.5	62.5	185	195	197.5	395	264.808	
	90kg Open																
1	Edward Acevedo	GA	90kg	88.1	28	200	210	215	150	155	157.5	280	285	285	645	416.348	
2	Matthew Chamberlain	GA	90kg	89.5	27	160	170	177.5	115	125	125	190	200	207.5	500	320.1	
	100kg Open																
1	Alex Granados	GA	100kg	99.7	28	320	330	340	187.5	195	197.5	275	287.5	295	830	505.719	
2	Nikita Koba	GA	100kg	100	26	250	255	260	170	172.5	175	300	315	325	757.5	461.015	
3	Matt Rucker	GA	100kg	99.40	30	287.5	287.5	287.5	187.5	187.5	187.5	277.5	287.5	287.5	752.5	459.1	
4	Colton Collins	GA	100kg	99.4	26	265	277.5	282.5	165	172.5	180	265	275	282.5	737.5	449.949	
5	Jordan Pleva	AL	100kg	91.6	29	240	272.5	280	180	187.5	195	205	252.5	272.5	720	455.616	
6	Justin Barnes	GA	100kg	95.60	28	225	232.5	247.5	150	157.5	165	245	260	272.5	685	424.906	
7	Brenden Sanborn	GA	100kg	98.2	22	215	230	245	145	152.5	155	260	275	290	660	404.646	
	140kg Open																
1	Josh Rodda	TN	140kg	132.6	38	312.5	320	327.5	227.5	235	242.5	322.5	337.5	352.5	922.5	519.921	
	125kg Submaster																
1	Christopher Young	GA	125kg	124.7	38	240	255	267.5	150	167.5	175	240	272.5	290	707.5	403.346	
	SHW Submaster																
1	Jeffrey Herbst	GA	SHW	155.6	35	190	255	265	142.5	155	165	265	290	305	725	399.04	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Master 40-44																
1	Brian Smith	GA	82.5kg	82.5	41	197.5	210	227.5	170	175.5	-177.5	235	-255	255	658	440.794	445.202
	90kg Master 55-59																
1	Gregory Simopoulos	GA	90kg	83.2	59	175	182.5	-185	85	90	-92.5	182.5	192.5	195	467.5	311.636	409.801
	110kg Master 40-44																
1	Casey Leong	GA	110kg	108.6	43	182.5	190	195	137.5	-145	-145	200	225	237.5	570	336.813	347.254
Women Classic Raw Powerlifting																	
	SHW Open																
1	Rae Ballard	GA	SHW	95.5	44	-105	110	115	57.5	-62.5	62.5	120	130	137.5	315	266.144	277.588
	SHW Master 40-44																
1	Rae Ballard	GA	SHW	95.5	44	-105	110	115	57.5	-62.5	62.5	120	130	137.5	315	266.144	277.588
Men Classic Raw Powerlifting																	
	90kg Jr 20-23																
1	Jeremy Tyson	GA	90kg	89.7	23	227.5	240	255	167.5	-180	-180	232.5	-247.5	-247.5	655	418.873	
	82.5kg Open																
1	Dustin Poston	AL	82.5kg	77.8	27	150	160	170	107.5	110	120	170	185	197.5	487.5	338.861	
	90kg Open																
1	Jeremy Tyson	GA	90kg	89.7	23	227.5	240	255	167.5	-180	-180	232.5	-247.5	-247.5	655	418.873	
2	Jevan Williams	TN	90kg	87.40	38	190	200	207.5	152.5	157.5	160	215	230	232.5	600	388.98	
	110kg Open																
1	Travis Simpson	AL	110kg	108.4	34	225	240	260	155	167.5	-172.5	260	282.5	295	722.5	427.142	
	125kg Open																
1	Brian Albrecht	SC	125kg	124.8	30	280	-302.5	307.5	192.5	205	210	270	-290	290	807.5	460.275	
2	Sacrobitt Marin	GA	125kg	120.7	23	262.5	272.5	282.5	192.5	202.5	-210	262.5	275	-287.5	760	436.392	
	90kg Submaster																
1	Jevan Williams	TN	90kg	87.40	38	190	200	207.5	152.5	157.5	160	215	230	232.5	600	388.98	
	100kg Submaster																
1	Larry Martin	AK	100kg	99.4	36	-205	205	227.5	125	-132.5	132.5	225	245	-267.5	605	369.111	
Men Raw Bench Only																	
	82.5kg Open																
1	Michael Suzuki	FL	82.5kg	81.90	51				-165	165	167.5				167.5	112.711	129.279

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	100kg Open																
1	Jamil Fernandez	GA	100kg	98.2	33				215	227.5	232.5				227.5	139.48	
	125kg Open																
DQ	Roland Deale	FL	125kg	112.6	58				218	218	---				0	0	0
	82.5kg Master 50-54																
1	Michael Suzuki	FL	82.5kg	81.90	51				165	165	167.5				167.5	112.711	129.279
	110kg Master 45-49																
1	Shaun Reid	GA	110kg	108.6	46				170	177.5	183				183	108.135	115.488
	125kg Master 45-49																
1	Chris Dimeo	GA	125kg	122.6	47				207.5	215	227.5				215	123.023	133.111
	125kg Master 50-54																
1	Robert Johnson	GA	125kg	124.30	52				175	182.5	182.5				182.5	104.116	121.295
	125kg Master 55-59																
DQ	Roland Deale	FL	125kg	112.6	58				218	218	---				0	0	0
Men Raw Deadlift Only																	
	82.5kg Open																
1	Thomas Witt	GA	82.5kg	82.4	26							185	195	197.5	197.5	132.404	
	SHW Submaster																
1	Jeffrey Herbst	GA	SHW	155.6	35							265	290	305	305	167.872	
	110kg Master 45-49																
1	Shaun Reid	GA	110kg	108.6	46							265	280	287.5	287.5	169.884	181.436

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Best Lifters:																
	Rebekah Heiland	Raw Open Women PL													Record Color Codes:		
	Josh Rodda	Raw Open Men PL													State		
	Brian Albrecht	Clraw Open Men PL													National		
	Meet Director: Steve Goggins																
	Thank you to our referees:																
	International: Steve Goggins and Anthony Calhoun																
	State: Reginald Jiles, Amanda Jonnala and Tricia King																
	Announcers: Reginald Jiles and Steve Goggins																
	Scores Table: Corbin Alexas and Minerva Islas																
	Spotters/Loaders: Ronnell Leftwich, Robert Morrison, Joe Zang and Alex Rennie																