

USPA Tested Iron Chapel Rumble February 28, 2026 Ankeny, Iowa

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
60kg Open																	
1	Delaney Goodell	HI	60kg	59.6	24	102.5	<del>-130.0</del>	<del>-140.0</del>	<del>-82.5</del>	<del>-87.5</del>	87.5	127.5	142.5	<del>-147.5</del>	332.5	370.154	
82.5kg Open																	
1	Julia Rhoades	IA	82.5kg	76.4	24	125.0	<del>-140.0</del>	<del>-140.0</del>	<del>65</del>	70.0	<del>-75.0</del>	145	152.5	167.5	362.5	349.662	
2	Amber Nuehring	IA	82.5kg	82.5	46	85.0	95.0	100.0	47.5	<del>-53.0</del>	<del>-53.0</del>	115	125.0	<del>-130.0</del>	272.5	252.916	270.114
100kg Open																	
1	Callie Garoutte	IA	100kg	96.9	38	135.0	147.5	160.0	72.5	77.5	82.5	155	170.0	<del>-185.0</del>	412.5	356.432	
2	Emily Howell	WI	100kg	93.1	24	95.0	<del>-105.0</del>	105.0	50	55.0	<del>-57.5</del>	125	137.5	142.5	302.5	265.758	
3	Mae Schell	IA	100kg	96.8	32	90.0	92.5	95.0	45	50.0	<del>-55.0</del>	115	127.5	137.5	282.5	244.204	
4	Hallie Evans	IA	100kg	98.2	24	75.0	82.5	<del>-92.5</del>	45	50.0	<del>-52.5</del>	97.5	110.0	117.5	250	214.866	
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Callie Garoutte	IA	100kg	96.9	38	135.0	147.5	160.0	72.5	77.5	82.5	155	170.0	<del>-185.0</del>	412.5	356.432	
2	Bailey Poolman	IA	100kg	97.2	36	<del>-125.0</del>	125.0	<del>-132.5</del>	57.5	62.5	67.5	120	130.0	<del>-137.5</del>	322.5	278.317	
Women Raw Powerlifting		Master															
82.5kg Master 45-49																	
1	Amber Nuehring	IA	82.5kg	82.5	46	85.0	95.0	100.0	47.5	<del>-53.0</del>	<del>-53.0</del>	115	125.0	<del>-130.0</del>	272.5	252.916	270.114
Men Raw Powerlifting		Junior															
67.5kg Jr 13-15																	
1	Judson Smith	IA	67.5kg	64.8	14	140.0	155.0	167.5	<del>-110</del>	<del>-122.5</del>	122.5	155	170.0	192.5	482.5	383.28	
90kg Jr 20-23																	
1	Treyton Shaw	IA	90kg	88.1	20	247.5	257.5	265.0	142.5	152.5	<del>-160.0</del>	257.5	272.5	<del>-280.0</del>	690	451.046	
2	Joseph Bork	MN	90kg	88.0	21	190.0	192.5	<del>---</del>	125	<del>-135.0</del>	<del>-135.0</del>	210.0	237.5	<del>-255.0</del>	555	363.012	
Men Raw Powerlifting		Open															
90kg Open																	
1	Sam Shepherd	IA	90kg	86.5	25	250.0	267.5	<del>-282.5</del>	140	150.0	157.5	250	265.0	277.5	702.5	463.658	
2	Joseph Bork	MN	90kg	88.0	21	190.0	192.5	<del>---</del>	125	<del>-135.0</del>	<del>-135.0</del>	210.0	237.5	<del>-255.0</del>	555	363.012	
100kg Open																	
1	Brendan Gray	IA	100kg	92.4	25	200.0	215.0	227.5	132.5	140.0	<del>-147.5</del>	245	260.0	272.5	640	408.476	

USPA Tested Iron Chapel Rumble February 28, 2026 Ankeny, Iowa

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Hunter Else	IA	125kg	114.0	25	237.5	255.0	267.5	130	137.5	<del>-142.5</del>	232.5	250.0	<del>---</del>	655	382.885	
DQ	Nick Claman	IA	125kg	123.4	26	265.0	277.5	<del>-285.0</del>	172.5	177.5	182.5	<del>---</del>	<del>---</del>	<del>---</del>	0	0	
	140kg Open																
1	Alejandro Contreras	IA	140kg	135.6	27	240.0	260.0	270.0	142.5	152.5	<del>-162.5</del>	250	260.0	270.0	692.5	382.967	
	Men Raw Powerlifting		Submaster														
	100kg Submaster																
1	Jerry Strawberry Thunde	IA	100kg	95.6	39	130.0	<del>-140.0</del>	<del>-150.0</del>	92.5	97.5	<del>-105.0</del>	132.5	145.0	155.0	382.5	240.223	
	Men Raw Powerlifting		Master														
	140kg Master 65-69																
1	Wayne Hammes	IA	140kg	135.4	67	130.0	150.0	160.0	127.5	140.0	145.0	172.5	187.5	197.5	502.5	278.012	428.972
	Women Classic Raw Powerlifting		Open														
	110+ Open																
1	Kaitlyn Kruse	MO	110+	150.2	30	<del>-145.0</del>	145.0	<del>-155.0</del>	80	90.0	<del>-95.0</del>	155	165.0	<del>-182.5</del>	400	308.286	
	Women Raw Bench Only		Open														
	100kg Open																
1	Callie Garoutte	IA	100kg	96.9	38				72.5	77.5	82.5				82.5	71.286	
	Women Raw Bench Only		Submaster														
	100kg Submaster																
1	Callie Garoutte	IA	100kg	96.9	38				72.5	77.5	82.5				82.5	71.286	
	Women Raw Deadlift Only		Open														
	100kg Open																
1	Callie Garoutte	IA	100kg	96.9	38							155	170.0	<del>-185.0</del>	170	146.893	
	Women Raw Deadlift Only		Submaster														
	100kg Submaster																
1	Callie Garoutte	IA	100kg	96.9	38							155	170.0	<del>-185.0</del>	170	146.893	
	Men Raw Deadlift Only		Open														
	90kg Open																
1	Sam Shepherd	IA	90kg	86.5	25							250	265.0	277.5	277.5	183.153	

USPA Tested Iron Chapel Rumble February 28, 2026 Ankeny, Iowa

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Push-Pull				Master													
140kg Master 65-69																	
1	Wayne Hammes	IA	140kg	135.4	67				127.5	140.0	145.0	172.5	187.5	197.5	342.5	189.491	168.601
Best Lifters												<b>Record Color Codes</b>					
Name		Equip	Events	Comp	Sex							<b>State</b>					
Delaney Goodell		Raw	PL	Open	Women							<b>National</b>					
Sam Shepherd		Raw	PL	Open	Men												
Meet Director:		Randy and Heather Fry															
Referees																	
International:		Linda Ray, Ed Zimmerman															
National:		Al Koch, Heather Fry															
State:		Bonnie Carlson, Abigail Nelson															
Spotter/Loaders:		Anthony Wilson, Janessa Milbrodt, Jake Harre, Kelly Burk, Trey Lovell, Mike Funk, Jim Morris, Rich Kneifl															
Tested Lifters:		Sam Shepherd, Delaney Goodell															