

USPA 2024 Oklahoma State Powerlifting Meet March 23, 2024 Moore, Oklahoma

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	56kg Jr 16-17																
1	Cheyenne Range	OK	56kg	53.6	16	32.5	40	42.5	<del>25</del>	25	27.5	65	75	77.5	147.5	176.076	
	67.5kg Jr 18-19																
1	Jaelyn Sheffler	KS	67.5kg	65.4	19	55	77.5	87.5	42.5	50	<del>55</del>	60	82.5	92.5	230	241.878	
	75kg JR																
1	Paisley Davis	OK	75kg	72.1	12	72.5	87.5	102.5	52.5	<del>57.5</del>	<del>57.5</del>	85	102.5	<del>115</del>	257.5	256.172	
	110kg Jr 13-15																
1	Dakota Range	OK	110kg	101.5	14	120	<del>127.5</del>	<del>127.5</del>	47.5	52.5	<del>60</del>	<del>127.5</del>	132.5	142.5	315	267.268	
Women Raw Powerlifting			Open														
	56kg Open																
1	Lauren Denny	OK	56kg	54.7	31	105	<del>122.5</del>	122.5	60	75	<del>77.5</del>	100	122.5	127.5	325	382.665	
	60kg Open																
DQ	Julie Gayanich	OK	60kg	59.2	54	<del>85</del>	<del>85</del>	<del>92.5</del>	52.5	<del>57.5</del>	<del>57.5</del>	122.5	137.5	<del>142.5</del>	0	0	0
	67.5kg Open																
1	Jaelyn Sheffler	KS	67.5kg	65.4	19	55	77.5	87.5	42.5	50	<del>55</del>	60	82.5	92.5	230	241.878	
Women Raw Powerlifting			Master														
	60kg Master 50-54																
DQ	Julie Gayanich	OK	60kg	59.2	54	<del>85</del>	<del>85</del>	<del>92.5</del>	52.5	<del>57.5</del>	<del>57.5</del>	122.5	137.5	<del>142.5</del>	0	0	0
Men Raw Powerlifting			Junior														
	75kg Jr 16-17																
1	Thomas Davis	OK	75kg	74.0	17	135	142.5	150	87.5	<del>92.5</del>	<del>92.5</del>	175	180	185	422.5	305.743	
	75kg Jr 20-23																
1	Mason Topping	OK	75kg	74.4	22	<del>140</del>	147.5	160	97.5	102.5	107.5	172.5	185	192.5	460	331.72	
	82.5kg Jr 18-19																
1	Josten Dauzat	OK	82.5kg	78.2	18	202.5	210	217.5	110	<del>115</del>	115	200	210	220	552.5	386.195	
2	Jace Black	OK	82.5kg	79.4	19	170	<del>182.5</del>	<del>182.5</del>	95	100	<del>115</del>	175	190	205	475	328.998	

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Men Raw Powerlifting				Open													
60kg Open																	
1	Ivan Garcia	OK	60kg	59.7	28	102.5	115	<del>120</del>	57.5	<del>67.5</del>	<del>67.5</del>	117.5	130	<del>132.5</del>	302.5	256.378	
82.5kg Open																	
1	Andrew Galura	OK	82.5kg	79.3	33	<del>225</del>	225	245	165	175	180	265	<del>285</del>	<del>285</del>	690	478.272	
90kg Open																	
1	Barak Waters	OK	90kg	87.8	27	200	<del>210</del>	210	<del>127.5</del>	127.5	132.5	250	265	275	617.5	404.37	
100kg Open																	
1	Daniel Robinson	TX	100kg	94.1	25	180	200	215	120	127.5	137.5	195	215	230	582.5	368.544	
125kg Open																	
1	William Nichols	OK	125kg	118	49	207.5	222.5	237.5	145	150	155.5	260	<del>272.5</del>	<del>---</del>	653	377.15	419.768
Men Raw Powerlifting				Master													
82.5kg Master 45-49																	
1	Damon Ford	OK	82.5kg	81.8	48	<del>175</del>	175	185	140	150	<del>152.5</del>	182.5	192.5	200	535	364.168	399.493
110kg Master 60-64																	
1	Brent Hale	OK	110kg	108.5	62	<del>130</del>	147.5	167.5	142.5	<del>147.5</del>	<del>147.5</del>	225	235	<del>240</del>	545	324.475	451.993
125kg Master 45-49																	
1	William Nichols	OK	125kg	118	49	207.5	222.5	237.5	145	150	155.5	260	<del>272.5</del>	<del>---</del>	653	377.15	419.768
Women Classic Raw Powerlifting				Open													
82.5kg Open																	
1	Canisha Harjo	OK	82.5kg	78.8	33	105	115	122.5	70	77.5	82.5	160	175	185	390	370.273	
90kg Open																	
1	Alexis Durham	OK	90kg	86.9	26	107.5	117.5	<del>125</del>	52.5	57.5	<del>62.5</del>	115	125	<del>135</del>	300	271.709	
110+ Open																	
DQ	Leisha Padilla	TX	110+	150.2	31	<del>125</del>	125	130	<del>70</del>	<del>72.5</del>	<del>72.5</del>	137.5	142.5	145	0	0	

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Men Classic Raw Powerlifting				Open													
1	110kg Open Adam Gibson	OK	110kg	108.4	33	272.5	282.5	<del>292.5</del>	165	172.5	<del>180</del>	272.5	<del>292.5</del>	<del>292.5</del>	727.5	433.283	
Men Classic Raw Powerlifting				Master													
1	82.5kg Master 40-44 Ben Denny	OK	82.5kg	81.4	41	125	<del>145</del>	145	130	140	<del>142.5</del>	182.5	192.5	200	485	331.065	334.376
1	90kg Master 50-54 Tobin Brown	OK	90kg	89.1	50	172.5	182.5	192.5	105	115.5	120	182.5	192.5	205.5	518	336.65	380.415
1	140kg Master 60-64 Kurt Gray	OK	140kg	130.7	60	200	222.5	238	130	137.5	<del>142.5</del>	240	250	<del>260</del>	625.5	349.678	468.569
Men Single Ply Powerlifting				Open													
1	140kg Open Joshua Jenkins	TX	140kg	137	30	332.5	340	362.5	215	227.5	<del>232.5</del>	327.5	340	362.5	952.5	525.201	
2	Michael Warren	TX	140kg	133.2	37	<del>267.5</del>	267.5	<del>287.5</del>	220	<del>235</del>	<del>235</del>	222.5	<del>250</del>	<del>---</del>	710	394.692	
Men Single Ply Powerlifting				Master													
1	100kg Master 45-49 Heath Dodgen	TX	100kg	100.0	45	<del>215</del>	227.5	242.5	175	187.5	<del>---</del>	215	227.5	<del>245</del>	657.5	404.702	426.96
1	110kg Master 50-54 Fred Selensky	OK	110kg	104.9	50	192.5	210	227.5	<del>115</del>	115	125	192.5	210	227.5 (232.5)	580	349.93	395.421
Men Multi Ply Powerlifting				Open													
1	125kg Open Richard Yarber	OK	125kg	123.4	40	<del>317.5</del>	317.5	340	<del>250</del>	<del>250</del>	250	272.5	292.5	<del>317.5</del>	882.5	502.218	502.218
Men Multi Ply Powerlifting				Master													
1	125kg Master 40-44 Richard Yarber	OK	125kg	123.4	40	<del>317.5</del>	317.5	340	<del>250</del>	<del>250</del>	250	272.5	292.5	<del>317.5</del>	882.5	502.218	502.218
Women Raw Bench Only				Open													
1	82.5kg Open Canisha Harjo	OK	82.5kg	78.8	33				70	77.5	82.5				82.5	78.327	

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Women Raw Bench Only				Master													
	75kg Master 60-64																
1	Monica Hale	OK	75kg	69.7	62				67.5	75	82.5				82.5	83.63	116.497
Men Raw Bench Only				Junior													
	82.5kg Jr 18-19																
1	Josten Dauzat	OK	82.5kg	78.2	18				110	<del>115</del>	115				115	80.384	
Men Raw Bench Only				Open													
	82.5kg Open																
1	Michael Cooper	OK	82.5kg	82.4	46				175	182.5	<del>188</del>				182.5	123.709	132.121
	90kg Open																
1	Christopher Robinson	OK	90kg	89.3	39				<del>172.5</del>	172.5	<del>177.5</del>				172.5	111.98	
	140+ Open																
1	Ray Willingham	OK	140+	194.1	47				215	<del>230</del>	235 (245.5)				235	118.344	128.049
Men Raw Bench Only				Submaster													
	90kg Submaster																
1	Christopher Robinson	OK	90kg	89.3	39				<del>172.5</del>	172.5	<del>177.5</del>				172.5	111.98	
Men Raw Bench Only				Master													
	82.5kg Master 45-49																
1	Michael Cooper	OK	82.5kg	82.4	46				175	182.5	<del>188</del>				182.5	123.709	132.121
2	Damon Ford	OK	82.5kg	81.8	48				140	150	<del>152.5</del>				150	102.103	112.007
	90kg Master 50-54																
1	Tobin Brown	OK	90kg	89.1	50				105	115.5	120				120	77.989	88.127
	90kg Master 60-64																
1	Dan Robbins	OK	90kg	89.3	60				115	127.5	<del>130</del>				127.5	82.768	110.909
	110kg Master 45-49																
1	Marc Hansen	OK	110kg	105.8	48				160	165	170				170	102.215	112.13

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 50-54																
1	Scott Van Patten	KS	110kg	104.5	52				135	153	<del>153.5</del>				153	92.452	107.707
	110kg Master 60-64																
1	Brent Hale	OK	110kg	108.5	62				142.5	<del>147.5</del>	<del>147.5</del>				142.5	84.84	118.182
	140+ Master 45-49																
1	Ray Willingham	OK	140+	194.1	47				215	<del>230</del>	235 (245.5)				235	118.344	128.049
	Men Single Ply Bench Only			Master													
	110kg Master 50-54																
1	Fred Selensky	OK	110kg	104.9	50				<del>115</del>	115	125				125	75.416	85.22
	Men Multi Ply Bench Only			Junior													
	140+ Jr 20-23																
1	Carter Kearby	OK	140+	210	21				<del>345</del>	345	<del>372.5</del>				345	170.989	
	Men Multi Ply Bench Only			Open													
	125kg Open																
1	Richard Yarber	OK	125kg	123.4	40				<del>250</del>	<del>250</del>	250				250	142.271	142.271
	140+ Open																
1	Carter Kearby	OK	140+	210	21				<del>345</del>	345	<del>372.5</del>				345	170.989	
	Men Multi Ply Bench Only			Master													
	125kg Master 40-44																
1	Richard Yarber	OK	125kg	123.4	40				<del>250</del>	<del>250</del>	250				250	142.271	142.271
	Women Raw Deadlift Only			Open													
	82.5kg Open																
1	Canisha Harjo	OK	82.5kg	78.8	33							160	175	185	185	175.643	
	110+ Open																
1	Leisha Padilla	TX	110+	150.2	31							137.5	142.5	145	145	111.754	

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Men Raw Deadlift Only				Junior													
1	82.5kg Jr 18-19 Josten Dauzat	OK	82.5kg	78.2	18							200	210	220	220	153.779	
Men Raw Deadlift Only				Open													
1	110kg Open Adam Gibson	OK	110kg	108.4	33							272.5	<del>292.5</del>	<del>292.5</del>	272.5	162.295	
Men Raw Deadlift Only				Master													
1	90kg Master 50-54 Tobin Brown	OK	90kg	89.1	50							182.5	192.5	205.5	205.5	133.555	150.918
Men Single Ply Deadlift Only				Open													
1	140kg Open Joshua Jenkins	TX	140kg	137	30							327.5	340	362.5	362.5	199.88	
Men Single Ply Deadlift Only				Master													
1	110kg Master 50-54 Fred Selensky	OK	110kg	104.9	50							192.5	210	227.5 (232.5)	227.5	137.257	155.101
Men Multi Ply Deadlift Only				Open													
1	125kg Open Richard Yarber	OK	125kg	123.4	40							272.5	292.5	<del>317.5</del>	292.5	166.457	166.457
Men Multi Ply Deadlift Only				Master													
1	125kg Master 40-44 Richard Yarber	OK	125kg	123.4	40							272.5	292.5	<del>317.5</del>	292.5	166.457	166.457
Women Raw Push-Pull				Open													
1	56kg Open Lauren Denny	OK	56kg	54.7	31				60	75	<del>77.5</del>	100	122.5	127.5	202.5	238.43	
Men Raw Push-Pull				Master													
1	82.5kg Master 40-44 Ben Denny	OK	82.5kg	81.4	41				130	140	<del>142.5</del>	182.5	192.5	200	340	232.087	137.887
1	110kg Master 60-64 Brent Hale	OK	110kg	108.5	62				142.5	<del>147.5</del>	<del>147.5</del>	225	235	<del>240</del>	377.5	224.751	194.896

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Andrew Galura		Raw	PL	Open	Men							National					
Michael Cooper		Raw	BPO	Master	Men												
Meet Director:		Gary Hunter Jr															
Referees																	
International:		Kay Walden, Joe Walden															
National:		Linda Badillo															
State:		Logan Durham															
Staff:		Khadijah Artis															
Announcer:		Jon Aguilera															
Spotter/Loaders:		Zac Decker, Brandon Richardson, Josh White, Skyler Mayer, Eric McCown, Shaun Nguyen															