

## USPA Boise Championships August 17, 2019 Boise, ID

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	75kg Jr 13-15														
1	Spencer Haro	ID	75kg	70.4	13	85	35	100	220	218.02		187.4	77.2	220.5	485
	56kg Open														
1	Michelle Lowen	ID	56kg	55.1	26	80	37.5	117.5	235	280.026		176.4	82.7	259	518.1
	67.5kg Open														
1	Pita German	OR	67.5kg	66.9	25	120	60	145	325	333.84		264.6	132.3	319.7	716.5
2	Michelle Hancock	ID	67.5kg	62.3	44	92.5	57.5	130	280	303.268	316.309	203.9	126.8	286.6	617.3
	90kg Open														
1	Rachel Heath	ID	90kg	87	33	145	87.5	177.5	410	359.529		319.7	192.9	391.3	903.9
	SHW Open														
1	Teresa Thompson	ID	SHW	103	31	160	80	180	420	346.836		352.7	176.4	396.8	925.9
								4th: 185							
	67.5kg Master 40-44														
1	Michelle Hancock	ID	67.5kg	62.3	44	92.5	57.5	130	280	303.268	316.309	203.9	126.8	286.6	617.3
	75kg Master 40-44														
1	Rebecca Larsen	ID	75kg	73.9	42	110	57.5	142.5	310	297.476	303.426	242.5	126.8	314.2	683.4
	90kg Master 55-59														
1	Marie Wallace	ID	90kg	87.6	58	90	45	105	240	209.808	270.862	198.4	99.2	231.5	529.1
	<b>Men Raw Powerlifting</b>														
	82.5kg Jr 18-19														
DQ	Ismael Valentin	OR	82.5kg	81.2	19	155	0	0	0	0		341.7	0	0	0
	110kg Jr 18-19														
1	Hunter Giesbers	OR	110kg	109.8	18	185	110	197.5	492.5	289.984		407.9	242.5	435.4	1085.8
2	Cole Kennedy-Gooch	OR	110kg	109.5	18	192.5	115	167.5	475	279.918		424.4	253.5	369.3	1047.2
	140kg Jr 18-19														
1	Joseph Lopez	OR	140kg	128.2	18	217.5	105	217.5	540	306.18		479.5	231.5	479.5	1190.5
	75kg Open														
1	Bryan Hannan	ID	75kg	74.8	29	215	142.5	245	602.5	430.125		474	314.2	540.1	1328.3
	82.5kg Open														
1	Shane Needham	ID	82.5kg	81.7	48	185	150	215	550	370.645	406.598	407.9	330.7	474	1212.5
2	Vince (Gilbert) Cabrera	ID	82.5kg	81.7	30	190	127.5	202.5	520	350.428		418.9	281.1	446.4	1146.4

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	90kg Open														
1	Joshua Nalder	ID	90kg	90	40	205	150	237.5	592.5	378.252	378.252	451.9	330.7	523.6	1306.2
	110kg Open														
1	Jerry Palinsky	OR	110kg	109.9	29	215	160	210	585	344.39		474	352.7	463	1289.7
2	Nick Bland	ID	110kg	102.5	25	190	132.5	227.5	550	331.54		418.9	292.1	501.5	1212.5
3	Hunter Giesbers	OR	110kg	109.8	18	185	110	197.5	492.5	289.984		407.9	242.5	435.4	1085.8
	125kg Open														
1	Francisco Villegas	OR	125kg	123.6	25	235	132.5	212.5	580	331.296		518.1	292.1	468.5	1278.7
	140kg Open														
1	Stephen Anderson	UT	140kg	130.1	34	222.5	165	235	622.5	352.024		490.5	363.8	518.1	1372.4
2	Joseph Lopez	OR	140kg	128.2	18	217.5	105	217.5	540	306.18		479.5	231.5	479.5	1190.5
	82.5kg Master 45-49														
1	Shane Needham	ID	82.5kg	81.7	48	185	150	215	550	370.645	406.598	407.9	330.7	474	1212.5
	90kg Master 40-44														
1	Joshua Nalder	ID	90kg	90	40	205	150	237.5	592.5	378.252	378.252	451.9	330.7	523.6	1306.2
2	Sean Briggs	ID	90kg	89.1	43	150	95	182.5	427.5	274.327	282.831	330.7	209.4	402.3	942.5
	90kg Master 75-79														
1	Bob Kinsey	CA	90kg	83.6	77	95	67.5	142.5	305	202.734	388.843	209.4	148.8	314.2	672.4
	100kg Master 40-44														
DQ	Dave Smith	OR	100kg	91.9	40	182.5	0	227.5	0	0	0	402.3	0	501.5	0
	125kg Master 45-49														
1	Robi Ison	UT	125kg	124.2	48	165	105	202.5	472.5	269.609	295.761	363.8	231.5	446.4	1041.7
								4th: 205							
	125kg Master 55-59														
1	Joe Wallace	ID	125kg	116.8	56	155	132.5	192.5	480	277.776	346.109	341.7	292.1	424.4	1058.2
	140kg Master 40-44														
1	Doug Hulett	ID	140kg	139	43	275	182.5	330	787.5	440.528	454.184	606.3	402.3	727.5	1736.1
	<b>Women Classic Raw Powerlifting</b>														
	75kg Open														
1	Jessica French	ID	75kg	74.2	33	137.5	75	140	352.5	337.378		303.1	165.3	308.6	777.1
								4th: 142.5							



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<b>Men Raw Deadlift Only</b>															
	67.5kg Master 60-64														
1	Steve Winslow	ID	67.5kg	61.8	61			200	200	166.1	226.893			440.9	440.9
	82.5kg Master 80+														
1	Robert McMahon	OR	82.5kg	76.7	80			110	110	77.187	158.233			242.5	242.5
<b>Men Raw Push-Pull</b>															
	110kg Open														
1	Luis Martinez	ID	110kg	108.8	32		147.5	185	332.5	196.341			325.2	407.9	733
Best Lifters:															
Open Women Raw : Rachel Heath															
Junior Men Raw : Joseph Lopez															
Open Men Raw : Bryan Hannan															
Master Men Raw : Doug Hulett															
Open Men Bench Only : Mike Mcelroy															
Meet Directors:															
Peter Martin, Brad Shellman and Jeanie Shellman															
Meet Announcer:															
Brad Shellman															
Thank you to our referees:															
Peter Martin - National															
Josiah Price - National															
Brad Shellman - State															
Jeanie Shellman - State															
Peter Nguyen - State															
Stephen Do - State															
Panna Ong - State															
Alyssa Laabs - Staff Official															
Thank you to our spotters and loaders:															
DJ Brown, Kyle Davis and Jenna Damron															
Thank you to our sponsors:															
Boise Crossfit, Dutch Bros. Boise an Lifting Large															