

## 2019 OTAC Iron Open September 14, 2019 Warrenton, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	67.5kg Jr 18-19																
1	Nicole Andrews	VA	67.5kg	62.4	19	102.5	112.5	122.5	52.5	60	<del>62.5</del>	117.5	<del>127.5</del>	137.5	320	346.176	
	48kg Open																
1	Koube Ngaaje	MD	48kg	47.7	34	90	95	97.5	45	50	52.5	122.5	132.5	140.0	290	385.845	
	67.5kg Open																
1	Morgan Morrell	VA	67.5kg	64.4	31	110	115	120	62.5	67.5	<del>70</del>	150	155.0	160.0	347.5	367.099	
	75kg Open																
1	Hallie Breidenthal	VA	75kg	75	23	127.5	142.5	150	82.5	92.5	<del>97.5</del>	155	165.0	177.5	420	399.252	
2	Anna Moreira	VA	75kg	72.2	27	92.5	95	102.5	52.5	<del>55</del>	<del>60</del>	102.5	107.5	112.5	267.5	260.599	
3	Miranda Kenneally	VA	75kg	69.3	37	87.5	95	<del>102.5</del>	42.5	47.5	<del>52.5</del>	115	120.0	122.5	265	265.477	
	82.5kg Open																
1	Michelle Risse	VA	82.5kg	82	30	95	100	105	45	50	<del>52.5</del>	122.5	130.0	132.5	287.5	259.555	
2	Allison Gasca-Backman	VA	82.5kg	81.4	30	97.5	102.5	107.5	50	55	57.5	107.5	112.5	115.0	280	253.792	
	90kg Open																
1	Rita Obi	VA	90kg	85	32	55	60	65	40	45	50	115	122.5	130.0	245	217.217	
	67.5kg Master 50-54																
1	Karen Ward	VA	67.5kg	66.2	51	87.5	92.5	97.5	55	60	<del>65</del>	110	115.0	120.0	277.5	287.24	329.465
<b>Men Raw Powerlifting</b>																	
	67.5kg Jr 20-23																
1	Mahiteme Tigabu	VA	67.5kg	67.1	20	155	<del>160</del>	<del>160</del>	<del>92.5</del>	92.5	<del>97.5</del>	172.5	185.0	<del>190.0</del>	432.5	335.058	
	75kg Jr 20-23																
1	Dagim Tigabu	VA	75kg	73.5	20	192.5	<del>197.5</del>	<del>197.5</del>	105	110	<del>115</del>	230	235.0	<del>240.0</del>	537.5	388.505	
2	Tyrel Powell	NY	75kg	72.5	20	165	170	180	117.5	122.5	<del>127.5</del>	190	210.0	<del>225.0</del>	512.5	374.125	
	82.5kg Jr 16-17																
1	Gabriel Slate	VA	82.5kg	80.5	17	150	165.5	172.5	85	<del>102.5</del>	<del>102.5</del>	165	185.0	<del>195.5</del>	442.5	300.9	
	90kg Jr 18-19																
1	Jake Johnson	VA	90kg	89.3	18	142.5	157.5	162.5	100	110	<del>117.5</del>	200	215.0	227.5	500	320.5	
	100kg Jr 20-23																
1	Wyatt Powell	VA	100kg	99.5	21	207.5	225	<del>237.5</del>	165	<del>182.5</del>	<del>182.5</del>	220	237.5	252.5	642.5	391.797	
2	Jesus Martinez	VA	100kg	93.9	23	172.5	185	192.5	130	132.5	142.5	197.5	215	<del>227.5</del>	550	343.97	
	67.5kg Open																
1	George Sangiolo	VA	67.5kg	62.3	23	145	150.0	155	97.5	<del>102.5</del>	<del>102.5</del>	172.5	185.0	<del>197.5</del>	437.5	360.763	
2	Luke Jenkins	VA	67.5kg	67	26	125	132.5	145	75	<del>85</del>	85	160	172.5	182.5	412.5	319.935	
DQ	Nick Thomas	VA	67.5kg	67.2	28	<del>175</del>	<del>175</del>	<del>175</del>	122.5	132.5	<del>137.5</del>	180	187.5	195.0	0	0	

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	75kg Open																
1	Dagim Tigabu	VA	75kg	73.5	20	192.5	<del>197.5</del>	<del>197.5</del>	105	110	<del>115</del>	230	235.0	<del>240.0</del>	537.5	388.505	
2	Tyrel Powell	NY	75kg	72.5	20	165	170	180	117.5	122.5	<del>127.5</del>	190	210.0	<del>225.0</del>	512.5	374.125	
3	Alfred Aucedo	VA	75kg	71.3	21	167.5	172.5	<del>177.5</del>	105	110	115	192.5	<del>205.0</del>	205.0	492.5	363.958	
	90kg Open																
1	Richard Hillman	VA	90kg	89.2	27	175	180	185	97.5	<del>105</del>	105	200	210.0	<del>215.0</del>	500	320.65	
DQ	Barrett Smith	VA	90kg	85.7	28	145	150.0	157.5	<del>110</del>	<del>110</del>	<del>110</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	0	0	
	100kg Open																
1	Brandon Dontogan	VA	100kg	93	23	165	182.5	195	125	140	<del>147.5</del>	210	230	237.5	572.5	359.645	
	110kg Open																
1	Charles Nicotera	VA	110kg	106.5	31	175	185	195	145	152.5	<del>160</del>	240	252.5	265	612.5	364.193	
2	Robert Sorensen	VA	110kg	109.2	32	<del>185</del>	<del>185</del>	185	117.5	125	<del>137.5</del>	210	230	<del>240</del>	540	318.492	
3	Hunter Hankley	VA	110kg	105.8	38	160	175	185	130	135	137.5	187.5	200	215	537.5	320.35	
	110kg Submaster																
1	Hunter Hankley	VA	110kg	105.8	38	160	175	185	130	135	137.5	187.5	200	215	537.5	320.35	
	125kg Master 45-49																
1	Alfred Maass	VA	125kg	115.9	46	205	227.5	<del>-----</del>	150	<del>162.5</del>	<del>162.5</del>	252.5	277.5	<del>282.5</del>	655	379.835	405.663
	<b>Women Classic Raw Powerlifting</b>																
	67.5kg Open																
1	Lizeth Cruz	VA	67.5kg	66.2	32	115	<del>120</del>	<del>120</del>	40	45	<del>50</del>	127.5	132.5	<del>137.5</del>	292.5	302.767	
	<b>Men Classic Raw Powerlifting</b>																
	100kg Submaster																
1	Christopher Leslie	MD	100kg	99.1	39	215	<del>222.5</del>	<del>222.5</del>	142.5	152.5	<del>157.5</del>	230	<del>242.5</del>	<del>247.5</del>	597.5	364.953	
	<b>Women Raw Bench Only</b>																
	67.5kg Master 50-54																
1	Karen Ward	VA	67.5kg	66.2	51				55	60	<del>65</del>				60	62.106	71.236
	<b>Women Raw Deadlift Only</b>																
	48kg Open																
1	Koube Ngaaje	MD	48kg	47.7	34							122.5	132.5	140.0	140	186.27	
	67.5kg Open																
1	Morgan Morrell	VA	67.5kg	64.4	31							150	155.0	160.0	160	169.024	
	<b>Men Raw Deadlift Only</b>																
	90kg Jr 20-23																
1	Jaylen Brown	VA	90kg	88.7	23							285	<del>321.0</del>	<del>321.0</del>	285	183.312	

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<b><u>Best Lifters:</u></b>																		
	Wyatt Powell	Raw Jr. Men PL														<b>Record Color Codes:</b>		
	Hallie Breidenthal	Raw Open Women PL														State		
	Dagim Tigabu	Raw Open Men PL														National		
<b><u>Thank you to our referees:</u></b>																		
	National	Spencer Flanagan, John James and Gary Perlow																
	State	Rose Brown Eagle, Al Arvey and Christopher Nicolai																
<b><u>Thank you to our spotters and loaders:</u></b>																		
	Eddie Grizzle, Eric Weaver and Kyle Thacker																	