

USPA 2024 Mississippi State Powerlifting Championships August 4, 2024 Richland, Mississippi

| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|------------------------|--------------------------|-----------|--------|--------|-----|------------------|----------------|------------------|-----------------|------------------|------------------|----------------|-------|------------------|----------|------------|-----------|
| Women Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 75kg Open | | | | | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | 92.5 | 102.5 | 115 | 62.5 | 65 | 70 | 115 | 127.5 | 137.5 | 322.5 | 321.325 | 400.371 |
| 82.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Jameka Franklin-Williams | LA | 82.5kg | 79.0 | 32 | 110 | 125 | 137.5 | 65 | 75 | 85 | 115 | 142.5 | 157.5 | 370 | 350.836 | |
| Women Raw Powerlifting | | Master | | | | | | | | | | | | | | | |
| 75kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | 92.5 | 102.5 | 115 | 62.5 | 65 | 70 | 115 | 127.5 | 137.5 | 322.5 | 321.325 | 400.371 |
| 110kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Marketa Jackson | MS | 110kg | 105.3 | 48 | 112.5 | 120 | 130 | 72.5 | 77.5 | 85 | 112.5 | 125 | 137.5 | 342.5 | 286.663 | 314.47 |
| Men Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 100kg Open | | | | | | | | | | | | | | | | | |
| 1 | Jared Griffin | MS | 100kg | 94.5 | 33 | 265 | 275 | 285 | 175 | 182.5 | 190 | 315 | 325 | 332.5 | 807.5 | 509.88 | |
| 2 | Lucas Fleming | MS | 100kg | 97.8 | 31 | 240 | 260 | 272.5 | 150 | 165 | 172.5 | 290 | 305 | 317.5 | 737.5 | 458.408 | |
| 3 | Austin Dreyer | MS | 100kg | 96.9 | 26 | 197.5 | 210 | 217.5 | 142.5 | 152.5 | 160 | 250 | 270 | 275 | 652.5 | 407.266 | |
| 4 | Matthew Mann | MS | 100kg | 93.7 | 24 | 147.5 | 165 | 177.5 | 110 | 122.5 | 135 | 205 | 222.5 | 240 | 540 | 342.346 | |
| 110kg Open | | | | | | | | | | | | | | | | | |
| 1 | Chris Williams | MS | 110kg | 110 | 34 | 255 | 265 | 280 | 177.5 | 192.5 | 197.5 | 275 | 285 | 290 | 762.5 | 451.604 | |
| 2 | Brent Clark | MS | 110kg | 105.0 | 37 | 162.5 | 172.5 | 182.5 | 120 | 125 | 130 | 170 | 177.5 | 182.5 | 490 | 295.517 | |
| Men Raw Powerlifting | | Submaster | | | | | | | | | | | | | | | |
| 90kg Submaster | | | | | | | | | | | | | | | | | |
| 1 | Shelby Shelley | MS | 90kg | 88.4 | 35 | 152.5 | 160 | 165 | 135 | 137.5 | 137.5 | 187.5 | 192.5 | 197.5 | 487.5 | 318.114 | |
| 110kg Submaster | | | | | | | | | | | | | | | | | |
| 1 | Brent Clark | MS | 110kg | 105.0 | 37 | 162.5 | 172.5 | 182.5 | 120 | 125 | 130 | 170 | 177.5 | 182.5 | 490 | 295.517 | |
| Men Raw Powerlifting | | Master | | | | | | | | | | | | | | | |
| 100kg Master 50-54 | | | | | | | | | | | | | | | | | |
| 1 | Michael Mallette | MS | 100kg | 97.3 | 51 | 185 | 195 | 205 | 135 | 140 | 145 | 180 | 185 | 192.5 | 537.5 | 334.864 | 384.089 |
| 125kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Chris Lowery | MS | 125kg | 119.5 | 49 | 172.5 | 192.5 | 200 | 92.5 | 100 | 120 | 160 | 170 | 185 | 497.5 | 286.116 | 318.447 |

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|------------------------------|---------------------|-------|--------|--------|-----|-------|-------|-------|-------|------------------|----------------|-------|-------|-------|----------|------------|-----------|
| | 140kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Roger Troney | MS | 140kg | 138.9 | 44 | 172.5 | 187.5 | 200 | 115 | 127.5 | 140 | 182.5 | 202.5 | 227.5 | 567.5 | 311.693 | 325.096 |
| Men Classic Raw Powerlifting | | | | Master | | | | | | | | | | | | | |
| | 82.5kg Master 55-59 | | | | | | | | | | | | | | | | |
| 1 | Tim O'Brien | FL | 82.5kg | 80.0 | 58 | 185 | 202.5 | 217.5 | 125 | 130 | 137.5 | 185 | 202.5 | 210 | 565 | 389.594 | 502.966 |
| | 90kg Master 45-49 | | | | | | | | | | | | | | | | |
| 1 | Larry Lee | MS | 90kg | 87.8 | 45 | 180 | 200 | 205 | 125.5 | 127.5 | 127.5 | 190 | 200 | 212.5 | 545 | 356.893 | 376.522 |
| Women Raw Bench Only | | | | Open | | | | | | | | | | | | | |
| | 75kg Open | | | | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | | | | 62.5 | 65 | 70 | | | | 70 | 69.745 | 86.902 |
| Women Raw Bench Only | | | | Master | | | | | | | | | | | | | |
| | 75kg Master 55-59 | | | | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | | | | 62.5 | 65 | 70 | | | | 70 | 69.745 | 86.902 |
| Men Raw Bench Only | | | | Junior | | | | | | | | | | | | | |
| | 67.5kg Jr 13-15 | | | | | | | | | | | | | | | | |
| 1 | Bailey Russell | MS | 67.5kg | 62.7 | 14 | | | | 72.5 | 75 | 80 | | | | 80 | 65.181 | |
| Men Raw Bench Only | | | | Open | | | | | | | | | | | | | |
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Jonathan Mccardle | MS | 100kg | 99.3 | 44 | | | | 120 | 130 | 137.5 | | | | 137.5 | 84.893 | 88.543 |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Ted Mangum | MS | 110kg | 108.4 | 60 | | | | 145 | 150 | 155 | | | | 155 | 92.315 | 123.701 |
| Men Raw Bench Only | | | | Master | | | | | | | | | | | | | |
| | 100kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jonathan Mccardle | MS | 100kg | 99.3 | 44 | | | | 120 | 130 | 137.5 | | | | 137.5 | 84.893 | 88.543 |
| | 110kg Master 60-64 | | | | | | | | | | | | | | | | |
| 1 | Ted Mangum | MS | 110kg | 108.4 | 60 | | | | 145 | 150 | 155 | | | | 155 | 92.315 | 123.701 |
| | 140+ Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jeremy Sumrall | MS | 140+ | 150.5 | 43 | | | | 217.5 | 225 | 225 | | | | 217.5 | 116.859 | 120.481 |

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|--------------------------|------------------|--|--------|--------|--------|-----|-----|-----|-------|-------|-----------------|--------------------|-------|------------------|----------|------------|-----------|
| Women Raw Deadlift Only | | | | Open | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | | | | | | | 115 | 127.5 | 137.5 (140) | 137.5 | 136.999 | 170.701 |
| Women Raw Deadlift Only | | | | Master | | | | | | | | | | | | | |
| 1 | Shannon Verucchi | MS | 75kg | 71.9 | 56 | | | | | | | 115 | 127.5 | 137.5 (140) | 137.5 | 136.999 | 170.701 |
| Men Raw Deadlift Only | | | | Open | | | | | | | | | | | | | |
| 1 | Jake Shelton | MS | 140kg | 133.7 | 29 | | | | | | | 250 | 260 | 272.5 | 260 | 144.376 | |
| Women Raw Push-Pull | | | | Master | | | | | | | | | | | | | |
| 1 | Belinda Bodie | MS | 90kg | 85.1 | 51 | | | | 55 | 57.5 | 60 | 105 | 110 | 115 | 172.5 | 157.755 | 120.63 |
| 1 | Vicky Fox | MS | 100kg | 98.8 | 56 | | | | 52.5 | 55.5 | 58.5 | 130 | 138 | 140.5 | 196 | 168.049 | 150.098 |
| Men Raw Push-Pull | | | | Open | | | | | | | | | | | | | |
| 1 | Jake Shelton | MS | 140kg | 133.7 | 29 | | | | 182.5 | 187.5 | 192.5 | 250 | 260 | 272.5 | 452.5 | 251.27 | |
| Men Raw Push-Pull | | | | Master | | | | | | | | | | | | | |
| 1 | Jody Johnson | MS | 90kg | 88.9 | 52 | | | | 152.5 | 160 | 165.5 | 227.5 | 247.5 | 262.5 | 428 | 278.479 | 198.977 |
| Best Lifters | | | | | | | | | | | | Record Color Codes | | | | | |
| Name | | Equip | Events | Comp | Sex | | | | | | | State | | | | | |
| Jared Griffin | | Raw | PL | Open | Men | | | | | | | National | | | | | |
| Jameka Franklin-Williams | | Raw | PL | Open | Female | | | | | | | | | | | | |
| Meet Director: | | Joe Keith | | | | | | | | | | | | | | | |
| Referees | | | | | | | | | | | | | | | | | |
| International: | | John Micka, Amanda Micka | | | | | | | | | | | | | | | |
| National: | | Jay Goussett, April Goff | | | | | | | | | | | | | | | |
| State: | | Bobby Morgan, Angelo Amos | | | | | | | | | | | | | | | |
| Spotter/Loaders: | | Kayson Harris, Cody Pickle, Bobby Finnegan, Will Mayberry, Charlie Lowery, Jim Smith | | | | | | | | | | | | | | | |