

USPA Capitol City Classic February 22, 2020 Sacramento, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	60kg Jr 13-15																
1	Madeleine Stewart	CA	60kg	59.65	15	100.0	108	112.5	42.5	45	47.5	95	102.5	107.5	262.5	294	
	67.5kg Jr 20-23																
1	Ashlyn Barbieri	CA	67.5kg	67.3	22	95.0	105	110	52.5	57.5	62.5	125	132.5	137.5	305	311.954	
	90kg Jr 20-23																
1	Mindy Wong	CA	90kg	87.6	22	160.0	167.5	172.5	67.5	70	72.5	165	175.0	182.5	417.5	364.979	
	67.5kg Open																
1	Natalie Rafferty	CA	67.5kg	62.0	31	102.5	112.5	112.5	65	70	75	120	135.0	140	317.5	345.154	
	75kg Open																
DQ	Lisa Wilson	CA	75kg	68.35	38	100.0	110	117.5	72.5	77.5	77.5	117.5	122.5	137.5	0	0	
	82.5kg Open																
1	Kira Clark	CA	82.5kg	81.65	34	115.0	122.5	127.5	75	80	80	142.5	145.0	150	347.5	314.453	
	90kg Open																
1	Jessica Taylor	CA	90kg	89.5	24	192.5	200	210	75	85	92.5	185	190.0	200	485	420.059	
2	Kelly Ponath	CA	90kg	84.35	30	132.5	140	147.5	70	75	77.5	175	185.0	190	415	369.309	
	SHW Open																
1	Tiana Rester	CA	SHW	96.2	40	175.0	185	190	102.5	110.0	115.0	167.5	182.5	192.5	497.5	419.293	
2	Jeana Jenkins	CA	SHW	93.35	33	160.0	170	177.5	90	97.5	100	197.5	207.5	223	485	413.123	
3	Makailuh Morrison	CA	SHW	171.15	24	130.0	142.5	157.5	65	70.0	77.5	137.5	147.5	157.5	377.5	301.245	
	75kg Submaster																
DQ	Lisa Wilson	CA	75kg	68.35	38	100.0	110	117.5	72.5	77.5	77.5	117.5	122.5	137.5	0	0	
	56kg Master 45-49																
1	Lina Layiktez	CA	56kg	54.45	49	72.5	77.5	82.5	42.5	47.5	47.5	110	115.0	115	240	288.672	321.292
	67.5kg Master 60-64																
1	Linda Franklin	CA	67.5kg	66.35	63	105.0	115	120	57.5	65	70	135	147.5	152.5	337.5	348.773	495.606
	75kg Master 40-44																
1	Lynne Arcangel	CA	75kg	73.95	42	110.0	110.0	117.5	65	70	72.5	120	127.5	137.5	325	311.74	317.975
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	88.05	46	107.5	107.5	118	60	68	72.5	140	150.0	155	330.5	288.262	307.864

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Men Raw Powerlifting																	
	67.5kg Jr 20-23																
1	William Rivera	CA	67.5kg	66.9	23	172.5	172.5	182.5	105	112.5	112.5	210	220	227.5	515	399.949	
	75kg Jr 13-15																
1	Eamonn Weinstock	CA	75kg	73.4	15	107.5	117.5	130	72.5	82.5	82.5	140	152.5	162.5	355	256.843	
	82.5kg Jr 20-23																
1	Israel Guzman	CA	82.5kg	78.9	23	165	175	182.5	107.5	112.5	115.0	170	185	200	497.5	342.678	
	100kg Jr 18-19																
DQ	Israel Figueroa	CA	100kg	97.7	19	215.0	225	230	135	145	145	237.5	---	---	0	0	
	100kg Jr 20-23																
1	Carlos Ferreyra	CA	100kg	98.45	23	240.0	252.5	252.5	155	162.5	170	227.5	242.5	250.0	672.5	411.906	
2	Liam Weinstock	CA	100kg	97.2	20	200.0	215	232.5	135	142.5	145	277.5	287.5	297.5	645	397.191	
	110kg Jr 20-23																
1	Arsander Esteban	CA	110kg	107.5	22	220.0	230.0	235.0	137.5	142.5	145	220	227.5	235.0	607.5	360.126	
	90kg Open																
1	Tim Hartley	CA	90kg	89.95	31	210.0	227.5	232.5	142.5	150	150	257.5	272.5	272.5	632.5	403.915	
	100kg Open																
1	Carlos Ferreyra	CA	100kg	98.45	23	240.0	252.5	252.5	155	162.5	170	227.5	242.5	250.0	672.5	411.906	
2	Myles Shepard	CA	100kg	96.55	31	212.5	220	227.5	175	185	187.5	227.5	237.5	245.0	660	407.616	
3	Liam Weinstock	CA	100kg	97.2	20	200.0	215	232.5	135	142.5	145	277.5	287.5	297.5	645	397.191	
DQ	Israel Figueroa	CA	100kg	97.7	19	215.0	225	230	135	145	145	237.5	---	---	0	0	
	110kg Open																
1	Michael Hannon	CA	110kg	108.85	30	260.0	272.5	277.5	170	182.5	182.5	300	310.0	320.0	757.5	447.228	
2	Ryan Taylor	CA	110kg	107.95	29	255.0	255.0	---	165	175	182.5	290	305.0	305.0	720	426.24	
3	Jacob Sandy	CA	110kg	102.75	26	240.0	255	265	135	140	142.5	242.5	260.0	272.5	680	409.564	
4	Juan Ramirez	CA	110kg	106.9	25	227.5	232.5	237.5	155	160	167.5	252.5	265.0	265.0	670	397.913	
5	Thomas Weinstock	CA	110kg	108.35	24	205.0	217.5	227.5	150	157.5	162.5	227.5	240.0	247.5	637.5	376.954	
	SHW Open																
1	Joseph Pratt	CA	SHW	180.9	28	230.0	247.5	260.0	160	170	175	260	270.0	282.5	717.5	385.8	
	100kg Master 40-44																
1	Daniel Melgoza	CA	100kg	98.55	44	205.0	212.5	222.5	157.5	162.5	---	212.5	227.5	240.0	625	382.625	399.078
	100kg Master 60-64																
1	David Beaulieu	CA	100kg	97.8	61	182.5	197.5	207.5	115	122.5	130	182.5	197.5	210.0	547.5	336.275	459.351

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	110kg Master 65-69																
DQ	Neal Dempsey	CA	110kg	108.2	66	132.5	132.5	132.5	87.5	97.5	97.5	165	175.0	---	0	0	0
	125kg Master 60-64																
DQ	Rick Byers	CA	125kg	114.05	60	165.0	172.5	182.5	105	112.5	112.5	187.5	192.5	200.0	0	0	0
	125kg Master 65-69																
1	Royce Saunders	CA	125kg	117.7	67	135.0	140.0	140.0	105	110	117.5	175	185.0	192.5	450	259.92	401.057
Women Classic Raw Powerlifting																	
	SHW Master 50-54																
DQ	Tish Horne	CA	SHW	110.95	51	107.5	115	120	70	75.0	75.0	---	---	---	0	0	0
Men Classic Raw Powerlifting																	
	100kg Open																
1	Josh Bevan	CA	100kg	98.2	29	250.0	272.5	290	155	165	172.5	282.5	305.0	---	720	441.432	
Women Multi Ply Powerlifting																	
	67.5kg Master 50-54																
1	Janine Jadallah	CA	67.5kg	66.2	54	137.5	147.5	157.5	92.5	97.5	100	175	182.5	185	442.5	458.032	551.47
											4th: 102.5						
Women Raw Bench Only																	
	56kg Master 45-49																
1	Lina Layiktez	CA	56kg	54.45	49				42.5	47.5	47.5				47.5	57.133	63.589
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	88.05	46				60	68	72.5				68	59.31	63.343
Men Raw Bench Only																	
	110kg Open																
1	James Alston	CA	110kg	108.6	33				182.5	190.0	197.5				197.5	116.703	
	110kg Submaster																
DQ	Aaron Molinsky	CA	110kg	100.95	38				137.5	150	150				0	0	
	82.5kg Master 45-49																
1	Kevin Canant	CA	82.5kg	80.75	47				145	167.5	175.0				175	118.773	128.512
	100kg Master 60-64																
1	Al Galvez	CA	100kg	92.9	63				122.5	130	135				135	84.848	120.568
											4th: 137.5						
	100kg Master 70-74																
1	Steven Obrien	CA	100kg	91.05	71				115	125	127.5				125	79.338	133.366

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Women Raw Deadlift Only																	
	90kg Open																
1	Jessica Taylor	CA	90kg	89.5	24							185	190.0	200	200	173.22	
	SHW Open																
1	Jeana Jenkins	CA	SHW	93.35	33							197.5	207.5	223	207.5	176.749	
	56kg Master 45-49																
1	Lina Layiktez	CA	56kg	54.45	49							110	115.0	115	115	138.322	153.952
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	88.05	46							140	150.0	155	155	135.191	144.384
Men Raw Deadlift Only																	
	110kg Open																
1	Ryan Taylor	CA	110kg	107.95	29							290	305.0	305.0	290	171.68	
Men Multi Ply Deadlift Only																	
	100kg Master 50-54																
1	Michael Headley	CA	100kg	97.15	51							230.0	230.0	250.0	250	153.975	176.609
Best Lifters:																	
Carlos Ferreyra		Raw Jr Men PL														Record Color Codes:	
Jessica Taylor		Raw Open Women PL														State	
Michael Hannon		Raw Open Men PL														National	
Meet Director: Old Skool Iron																	
Thank you to our officials:																	
International:		Keith Kanemoto and MJ Fresnoza															
National:		Eric Cranage, Darren Monahan, Chandra Jenkins, Dani Shamblin and Larry Shamblin															
State:		Teneya Tuteur, Javier Tinoco, Robert Morrow and Tracy Burman															
Announcer:		Jessica Chitwood															
Spotter/Loaders: Tom Pheil, Dennis Harden, Romero Dublin, Andre Blugh, Doug Allen, Jise Bernal and Edwardo Castenada																	