

USPA Colorado State Championships April 6-7, 2019 Denver, CO

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	52kg Jr 20-23														
1	Amanda Ochoa	CO	52kg	51.95	23	92.5	52.5	115	260	324.376		203.9	115.7	253.5	573.2
	56kg Jr 20-23														
DQ	Linh Hoang	CO	56kg	55.55	23	0	0	0	0	0		0	0	0	0
	67.5kg Jr 20-23														
1	Marie (Meg) Guerrero	CO	67.5kg	65.8	22	125	65	170	360	374.292		275.6	143.3	374.8	793.7
	48kg Open														
1	Aimee Markwardt	CO	48kg	46.95	39	87.5	45	117.5	250	336.475		192.9	99.2	259	551.2
2	Yarizeth Sosa	CO	48kg	45	25	60	32.5	80	172.5	239.223		132.3	71.6	176.4	380.3
	52kg Open														
1	Alisha Luna	CO	52kg	50	24	105	70	152.5	327.5	420.707		231.5	154.3	336.2	722
2	Mackensie Emco	CO	52kg	50.45	25	110	52.5	137.5	300	382.77		242.5	115.7	303.1	661.4
	60kg Open														
1	Jenny Skaufel	CO	60kg	60	46	135	87.5	137.5	360	401.364	428.657	297.6	192.9	303.1	793.7
2	Jennifer De Leon	CO	60kg	59.9	35	95	67.5	130	292.5	326.518		209.4	148.8	286.6	644.8
	67.5kg Open														
1	Desiree Hooper	CO	67.5kg	61.95	25	105	62.5	127.5	295	320.901		231.5	137.8	281.1	650.4
2	Erin Heberlein	CO	67.5kg	66.5	33	102.5	57.5	117.5	277.5	286.297		226	126.8	259	611.8
	75kg Open														
1	Kassandra Kappelin	CA	75kg	72.2	32	167.5	85	205	457.5	445.697		369.3	187.4	451.9	1008.6
2	Alexandra Peek	CO	75kg	69.75	25	112.5	85	150	347.5	346.562		248	187.4	330.7	766.1
3	Bri Bonato	CO	75kg	73.5	24	115	50	110	275	264.798		253.5	110.2	242.5	606.3
	82.5kg Open														
1	Megan Miller	WY	82.5kg	76.8	24	160	72.5	177.5	410	384.129		352.7	159.8	391.3	903.9
	90kg Open														
1	Michelle Perez	CO	90kg	89.85	27	165	72.5	172.5	410	354.527		363.8	159.8	380.3	903.9
2	Dana Peterson	CO	90kg	88.1	28	117.5	55	140	312.5	272.5		259	121.3	308.6	688.9
DQ	Gabriela Olivas	CO	90kg	90	27	152.5	0	0	0	0		336.2	0	0	0
	SHW Open														
1	Carly Blair	CO	SHW	103.6	23	172.5	70	160	402.5	331.861		380.3	154.3	352.7	887.4
	48kg Submaster														
1	Aimee Markwardt	CO	48kg	46.95	39	87.5	45	117.5	250	336.475		192.9	99.2	259	551.2

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	60kg Submaster														
1	Jennifer De Leon	CO	60kg	59.9	35	95	67.5	130	292.5	326.518		209.4	148.8	286.6	644.8
	67.5kg Submaster														
1	Janelle Gaikowski	CO	67.5kg	64.35	36	77.5	42.5	125	245	258.965		170.9	93.7	275.6	540.1
	82.5kg Submaster														
1	Amanda Smith	CO	82.5kg	82.45	37	107.5	67.5	145	320	288.096		237	148.8	319.7	705.5
	SHW Submaster														
1	Tristin Williams	WY	SHW	103.9	38	165	85	177.5	427.5	352.217		363.8	187.4	391.3	942.5
2	Rachel Burkholder	CO	SHW	113.3	38	117.5	70	147.5	335	270.747		259	154.3	325.2	738.5
	52kg Master 65-69														
1	CoCo Ralston	CO	52kg	51.25	67	67.5	40	87.5	195	245.837	379.326	148.8	88.2	192.9	429.9
	60kg Master 45-49														
1	Jenny Skaufel	CO	60kg	60	46	135	87.5	137.5	360	401.364	428.657	297.6	192.9	303.1	793.7
	67.5kg Master 60-64														
1	Susan Lackey	CO	67.5kg	64.3	64	70	32.5	115	217.5	230.028	333.541	154.3	71.6	253.5	479.5
	82.5kg Master 40-44														
1	Jennifer Martinez	CO	82.5kg	82.4	40	75	42.5	107.5	225	202.613	202.613	165.3	93.7	237	496
	Men Raw Powerlifting														
	67.5kg Jr 13-15														
1	Xander Vasu	CO	67.5kg	60.25	15	105	75	137.5	317.5	269.78		231.5	165.3	303.1	700
	67.5kg Jr 18-19														
1	Weston Cruz	CO	67.5kg	66.75	19	185	115	220	520	404.56		407.9	253.5	485	1146.4
	67.5kg Jr 20-23														
1	Josh Davis	NE	67.5kg	65.7	22	147.5	110	170	427.5	336.913		325.2	242.5	374.8	942.5
	75kg Jr 18-19														
1	Traevonn Walton	CO	75kg	70.9	19	158	137.5	170	465.5	345.494		348.3	303.1	374.8	1026.2
	82.5kg Jr 18-19														
1	Maxwell Belshe	CO	82.5kg	80.9	18	192.5	137.5	230	560	379.624		424.4	303.1	507.1	1234.6
2	Talor Devie	CO	82.5kg	78.8	18	175	115	185	475	327.418		385.8	253.5	407.9	1047.2

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	82.5kg Jr 20-23														
1	Brendon Martinez	CO	82.5kg	82.5	22	237.5	155	287.5	680	455.532		523.6	341.7	633.8	1499.1
2	Jonathan Ortiz	CO	82.5kg	81.6	20	200	140	227.5	567.5	382.722		440.9	308.6	501.5	1251.1
	100kg Jr 16-17														
1	Jordan Dobrick	CO	100kg	94.2	16	165	112.5	200	477.5	298.151		363.8	248	440.9	1052.7
	100kg Jr 18-19														
1	Adam Zink	CO	100kg	95.2	18	227.5	145	240	612.5	380.608		501.5	319.7	529.1	1350.3
						4th: 237.5		4th: 250							
2	Sidney Gaylord	CO	100kg	95	18	172.5	92.5	237.5	502.5	312.555		380.3	203.9	523.6	1107.8
	100kg Jr 20-23														
1	Graham Barlow	WY	100kg	96.4	23	230	182.5	327.5	740	457.32		507.1	402.3	722	1631.4
2	Logan Clark	CO	100kg	99.4	23	280	165	275	720	439.272		617.3	363.8	606.3	1587.3
	110kg Jr 20-23														
1	Marc Sanchez	CO	110kg	108	21	287.5	140	300	727.5	430.607		633.8	308.6	661.4	1603.8
	125kg Jr 20-23														
1	William Murillo	UT	125kg	122.7	22	212.5	137.5	225	575	328.958		468.5	303.1	496	1267.6
	67.5kg Open														
1	Daniel Conly	CO	67.5kg	66.9	30	165	112.5	185	462.5	359.178		363.8	248	407.9	1019.6
2	Conner Huiss	CO	67.5kg	65.6	25	140	95	172.5	407.5	321.558		308.6	209.4	380.3	898.4
	75kg Open														
1	Cody Cassidy	CO	75kg	74.6	26	200	127.5	275	602.5	430.908		440.9	281.1	606.3	1328.3
2	Kei Kawamata	CO	75kg	72.3	24	170	130	202.5	502.5	367.579		374.8	286.6	446.4	1107.8
3	Napoleon Ross Jr	CO	75kg	72.05	29	165	115	210	490	359.317		363.8	253.5	463	1080.3
	82.5kg Open														
1	Mark Allen	CO	82.5kg	78.2	25	215	137.5	265	617.5	427.742		474	303.1	584.2	1361.3
2	Talor Devie	CO	82.5kg	78.8	18	175	115	185	475	327.418		385.8	253.5	407.9	1047.2
	90kg Open														
1	James Wierzba	WA	90kg	90	26	262.5	165	305	732.5	467.628		578.7	363.8	672.4	1614.9
2	Ryne Golesh	CO	90kg	88.7	25	235	175	240	650	418.08		518.1	385.8	529.1	1433
3	Robert Howell	CA	90kg	90	26	232.5	135	237.5	605	386.232		512.6	297.6	523.6	1333.8
4	George Woolley	CO	90kg	88.25	35	217.5	150	227.5	595	383.716		479.5	330.7	501.5	1311.7
5	Edwin Sierra-Cupeles	CO	90kg	87	34	127.5	90	182.5	400	259.96		281.1	198.4	402.3	881.8

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	67.5kg Open														
1	Matthew Rutledge	CO	67.5kg	66.1	33	172.5	120	200	492.5	386.219		380.3	264.6	440.9	1085.8
	82.5kg Open														
1	Joe Greene	CO	82.5kg	80.8	27	262.5	167.5	235	665	451.203		578.7	369.3	518.1	1466.1
2	Allen Laubenstein	CO	82.5kg	79.05	29	220	145	230	595	409.301		485	319.7	507.1	1311.7
	90kg Open														
1	Russell Clark	CO	90kg	89.3	57	260	147.5	265	672.5	431.073		573.2	325.2	584.2	1482.6
	100kg Open														
1	John Addison	CO	100kg	96.3	33	245	167.5	297.5	710	438.993		540.1	369.3	655.9	1565.3
2	Jorge Reyes	CO	100kg	97.85	32	257.5	152.5	257.5	667.5	409.845		567.7	336.2	567.7	1471.6
3	William Howell	KS	100kg	99	28	240	165	250	655	400.271		529.1	363.8	551.2	1444
	110kg Open														
1	Nathan Fetty	CO	110kg	107.1	28	272.5	182.5	262.5	717.5	425.836		600.8	402.3	578.7	1581.8
2	David Muckel	CO	110kg	108.6	32	210	160	265	635	375.222		463	352.7	584.2	1399.9
	125kg Open														
1	Christopher Ballard	CO	125kg	122.2	31	220	115	210	545	312.067		485	253.5	463	1201.5
	82.5kg Master 75-79														
1	David Robinson	CO	82.5kg	80.6	78	85	85	121	291	197.735	387.757	187.4	187.4	266.8	641.5
	100kg Master 40-44														
1	Frederick Hughes	CO	100kg	99	41	227.5	150	262.5	640	391.104	395.015	501.5	330.7	578.7	1410.9
Women Single Ply Powerlifting															
	52kg Master 55-59														
1	Diana Fisler	CO	52kg	51.75	55	75	57.5	100	232.5	290.927	356.386	165.3	126.8	220.5	512.6
Men Single Ply Powerlifting															
	110kg Open														
1	John Kelley	CO	110kg	108.5	38	275	235	255	765	452.115		606.3	518.1	562.2	1686.5
	125kg Master 55-59														
1	Jason Julian	CO	125kg	116.3	59	245	225	237.5	707.5	409.855	538.959	540.1	496	523.6	1559.8
Men Raw Bench Only															
	90kg Master 45-49														
1	Don Burris	CO	90kg	86.85	49		122.5		122.5	79.686	88.691		270.1		270.1

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	Thank you to our referees:														
	International: Bruce Takala and Robb Grisham														
	National: James Casias, Jim Frye and Salina Vega														
	State: Michael Espinosa, James Casterline, Alexandria Vallejo, Melissa Hull, Nicole Nies Montes, Danielle Massingill and Samantha Todd														
	Apprentice: Ivory Moody														