

USPA Drug Tested Maryland State Championship August 3, 2019 Frederick, MD

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	60kg Jr 20-23														
1	Jodie Flores	MD	60kg	56.7	22	102.5	50	117.5	270	314.604		226	110.2	259	595.2
	67.5kg Jr 20-23														
1	Claris Gandionko	MD	67.5kg	66.5	22	137.5	60	137.5	335	345.62		303.1	132.3	303.1	738.5
	SHW Jr 20-23														
1	Kendahl Hanlon	MD	SHW	100.4	22	50	27.5	77.5	155	128.898		110.2	60.6	170.9	341.7
	56kg Open														
1	Allison Whorton	MD	56kg	56	24	110	50	137.5	297.5	350.039		242.5	110.2	303.1	655.9
	67.5kg Open														
1	Claris Gandionko	MD	67.5kg	66.5	22	137.5	60	137.5	335	345.62		303.1	132.3	303.1	738.5
	75kg Open														
1	Shelby Northern	MD	75kg	69.1	26	132.5	82.5	160	375	376.425		292.1	181.9	352.7	826.7
2	Nhi Nguyen	MD	75kg	73	25	95	50	120	265	256.308		209.4	110.2	264.6	584.2
	82.5kg Open														
1	Rebecca Moore	MD	82.5kg	77.7	25	155	65	127.5	347.5	323.314		341.7	143.3	281.1	766.1
	90kg Open														
1	Betty Liu	VA	90kg	87.1	27	120	75	152.5	347.5	304.584		264.6	165.3	336.2	766.1
	SHW Open														
1	Morgan Luschenat	MD	SHW	136.6	32	155	87.5	182.5	425	332.01		341.7	192.9	402.3	937
	67.5kg Master 40-44														
1	Nicole Alvarez	MD	67.5kg	62.4	40	97.5	55	110	262.5	283.973	283.973	214.9	121.3	242.5	578.7
Men Raw Powerlifting															
	67.5kg Jr 20-23														
1	Aaron Le	MD	67.5kg	66.1	20	185	110	200	495	388.179		407.9	242.5	440.9	1091.3
	75kg Jr 20-23														
1	Lal Ruata	MD	75kg	73.1	22	200	127.5	220	547.5	397.266		440.9	281.1	485	1207
	90kg Jr 18-19														
1	Dylan Goldberg	MD	90kg	87	18	180	125	250	555	360.695		396.8	275.6	551.2	1223.6
	100kg Jr 20-23														
1	Benjamin Wilson	IL	100kg	92.7	23	215	132.5	225	572.5	360.217		474	292.1	496	1262.1

USPA Drug Tested Maryland State Championship August 3, 2019 Frederick, MD

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	110kg Jr 13-15														
1	Trevor Broadwater	MD	110kg	108.7	15	175	102.5	185	462.5	273.199		385.8	226	407.9	1019.6
	67.5kg Open														
1	Aaron Le	MD	67.5kg	66.1	20	185	110	200	495	388.179		407.9	242.5	440.9	1091.3
2	Chris Belk	MD	67.5kg	65.7	30	152.5	117.5	167.5	437.5	344.794		336.2	259	369.3	964.5
	75kg Open														
1	Jonathan Pinker	MD	75kg	74.8	27	197.5	130.5	252.5	580.5	414.419		435.4	287.7	556.7	1279.8
	82.5kg Open														
1	Anthony Perry	MD	82.5kg	82.4	28	242.5	162.5	250	655	439.112		534.6	358.2	551.2	1444
2	Derrick Chance	MD	82.5kg	80.4	30	207.5	157.5	245	610	415.166		457.5	347.2	540.1	1344.8
3	Samuel Lian	MD	82.5kg	81.2	27	200	130	235	565	382.166		440.9	286.6	518.1	1245.6
4	Jack Chilcoat	MD	82.5kg	81.3	24	165	125	207.5	497.5	336.26		363.8	275.6	457.5	1096.8
5	Micaiah Branch	WV	82.5kg	81.9	27	235	155	60	450	302.805		518.1	341.7	132.3	992.1
6	Jeremy Kim	MD	82.5kg	81.4	24	165	97.5	167.5	430	290.422		363.8	214.9	369.3	948
7	David Joy	PA	82.5kg	81.1	34	140	100	142.5	382.5	258.914		308.6	220.5	314.2	843.3
	90kg Open														
1	Gary Bone	VA	90kg	89.2	26	245	185	265	695	445.704		540.1	407.9	584.2	1532.2
2	Matthew Lawson	MD	90kg	86.8	25	240	162.5	290	692.5	450.61		529.1	358.2	639.3	1526.7
3	Christopher Burgess	MD	90kg	87.3	29	227.5	165	272.5	665	431.386		501.5	363.8	600.8	1466.1
4	John Kephart	MD	90kg	88.8	30	227.5	150	262.5	640	411.392		501.5	330.7	578.7	1410.9
5	Gene Santomartino	MD	90kg	89.5	54	210	140	255	605	387.321	466.334	463	308.6	562.2	1333.8
6	Cameron McDonald	MD	90kg	88.7	24	165	115	232.5	512.5	329.64		363.8	253.5	512.6	1129.9
7	Justin Roth	MD	90kg	89	34	182.5	107.5	182.5	472.5	303.392		402.3	237	402.3	1041.7
	100kg Open														
1	Donovan Parker Aleem	MD	100kg	98.4	25	287.5	182.5	305	775	474.765		633.8	402.3	672.4	1708.6
2	Charles Walls	PA	100kg	98.4	27	177.5	137.5	237.5	552.5	338.462		391.3	303.1	523.6	1218
	110kg Open														
1	Ryan Moore	MD	110kg	107.1	31	210	147.5	212.5	570	338.295		463	325.2	468.5	1256.6
	125kg Open														
1	Allen Jefferson	MD	125kg	124.2	36	268	190	295	753	429.662		590.8	418.9	650.4	1660.1
	SHW Open														
1	Drew Poland	MD	SHW	168.2	34	200	127.5	195	522.5	284.292		440.9	281.1	429.9	1151.9
	125kg Submaster														
1	Allen Jefferson	MD	125kg	124.2	36	268	190	295	753	429.662		590.8	418.9	650.4	1660.1
2	Adam Broe	MD	125kg	119.8	37	212.5	122.5	245	580	333.558		468.5	270.1	540.1	1278.7

USPA Drug Tested Maryland State Championship August 3, 2019 Frederick, MD

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	90kg Master 40-44														
1	Barry Adamson	MD	90kg	86.1	40	147.5	117.5	177.5	442.5	289.218	289.218	325.2	259	391.3	975.5
	90kg Master 50-54														
1	Gene Santomartino	MD	90kg	89.5	54	210	140	255	605	387.321	466.334	463	308.6	562.2	1333.8
	90kg Master 55-59														
1	Donald Berry	MD	90kg	89	59	172.5	117.5	185	475	304.998	401.072	380.3	259	407.9	1047.2
	100kg Master 60-64														
1	Timothy Spickler	MD	100kg	97.2	60	142.5	97.5	182.5	422.5	260.176	348.635	314.2	214.9	402.3	931.4
	110kg Master 50-54														
1	James Mingle	MD	110kg	108.8	50	212.5	122.5	237.5	572.5	338.061	382.009	468.5	270.1	523.6	1262.1
Women Classic Raw Powerlifting															
	67.5kg Jr 20-23														
1	Alyssa Lewis	MD	67.5kg	66.7	23	152.5	80	158.5	391	402.495		336.2	176.4	349.4	862
	67.5kg Open														
1	Alyssa Lewis	MD	67.5kg	66.7	23	152.5	80	158.5	391	402.495		336.2	176.4	349.4	862
	75kg Submaster														
1	Jillian Marrero	DE	75kg	75	35	125	65	133.5	323.5	307.519		275.6	143.3	294.3	713.2
	82.5kg Master 65-69														
1	Linda Arvey	PA	82.5kg	81.1	68	110	67.5	147.5	325	295.165	465.18	242.5	148.8	325.2	716.5
Men Classic Raw Powerlifting															
	90kg Jr 18-19														
1	Niko Berns	MD	90kg	88.7	19	200	132.5	182.5	515	331.248		440.9	292.1	402.3	1135.4
	90kg Master 70-74														
1	Al Arvey	PA	90kg	86.6	73	105	75	110	290	188.935	331.77	231.5	165.3	242.5	639.3
	110kg Master 55-59														
1	Mark Keshishian	MD	110kg	109.9	57	207.5	140	230	577.5	339.974	431.087	457.5	308.6	507.1	1273.2
								4th: 240.5							
Men Raw Bench Only															
	82.5kg Open														
1	Pete Miller	VA	82.5kg	79.9	76		70		70	47.824	89.718		154.3		154.3
	82.5kg Master 75-79														
1	Pete Miller	VA	82.5kg	79.9	76		70		70	47.824	89.718		154.3		154.3

USPA Drug Tested Maryland State Championship August 3, 2019 Frederick, MD

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Men Raw Deadlift Only															
	82.5kg Open														
1	Pete Miller	VA	82.5kg	79.9	76			167.5	167.5	114.436	214.682			369.3	369.3
								4th: 170							
	82.5kg Master 75-79														
1	Pete Miller	VA	82.5kg	79.9	76			167.5	167.5	114.436	214.682			369.3	369.3
								4th: 170							
Men Raw Push-Pull															
	SHW Open														
1	Drew Poland	MD	SHW	168.2	34		127.5	195	322.5	175.472			281.1	429.9	711
Powerlifting Best Lifters:															
	Women's Open Raw	Shelby Northern													
	Men's Junior Raw	Lal Ruata													
	Men's Open Raw	Donovan Parker Aleem													
	Men's Master Raw	Gene Santomartino													
Judges:															
	International	Johnny Layne													
	National	John James and Spencer Flanagan													
	State	Rose BrownEagle and Ogechi Akalegbere													
Support Staff:															
	Spotter/Loaders	Dave May-Platform Manager, Tracy Anderson, Cody Figgatt, Brenna Spickler, Kat Royer and Alexandra Biris													
Announcer															
	Meet Director:	Johnny Layne													
Sponsors:															
		Bench Bloz, Intense Attire, Platform Ready & Combined Insurance and Pioneer Leathercraft													